Perceptions of Alcohol Use: Monthly Questionnaire

Directions: Please try to answer all of the following questions in pencil or black pen. Your responses will be kept confidential. Thank you for your help.

Correct mark: ☐   Incorrect mark: ☐

1. What grade are you in?  ○ 7  ○ 8  ○ 9  ○ 10  ○ 11  ○ 12

2. How old are you?  □  years old

3. Are you:  ○ Male  ○ Female

4. Have you ever had alcohol to drink—more than a few sips?  ○ Yes  ○ No

5. Have you ever gotten drunk?  ○ Yes  ○ No

How often in the last month have you:

<table>
<thead>
<tr>
<th></th>
<th>None</th>
<th>1-2 times</th>
<th>3-9 times</th>
<th>10-19 times</th>
<th>20 or more times</th>
</tr>
</thead>
<tbody>
<tr>
<td>6. Had alcohol to drink?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>7. Gotten drunk?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>

8. How do you like to drink?
○ I do not drink  ○ Just a glass or two  ○ Enough to feel the effects of alcohol a little  ○ Enough to feel the effects of alcohol a lot  ○ Until I get really drunk

A Standard Drink is...

- 4 oz. glass of wine
- 12 oz. beer
- 1 oz. hard liquor = 1 straight/mixed drink
- One pitcher = 6 drinks

Think about your drinking pattern over the past month.

9. Considering all types of alcoholic beverages, how many times during the past month did you have more than 5 drinks on an occasion?

□□ Number of times. (If you are a non-drinker, write "0".)

10. During the past month, what is the largest number of drinks you had on any occasion?

□□□ Number of drinks. (If you are a non-drinker, write "0".)
Questions 11-17 below are used to describe your drinking pattern during a typical week. Please choose the number for each day of the week indicating the average number of drinks you consumed on that day. For days you do not drink, choose zero. If you are a non-drinker, choose all zeros.

What is the average number of drinks you consume on:

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
<th>11 or more</th>
</tr>
</thead>
<tbody>
<tr>
<td>11. Mondays?</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
</tr>
<tr>
<td>12. Tuesdays?</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
</tr>
<tr>
<td>13. Wednesdays?</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
</tr>
<tr>
<td>14. Thursdays?</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
</tr>
<tr>
<td>15. Fridays?</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
</tr>
<tr>
<td>16. Saturdays?</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
</tr>
<tr>
<td>17. Sundays?</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
</tr>
</tbody>
</table>

18. How much would your friends try to stop you from getting drunk?
   - A lot
   - Some
   - Not much
   - Not much at all

19. How often have your friends asked you to get drunk?
   - A lot
   - Some
   - Not much
   - Not much at all

20. How much do you try to stop your friends from getting drunk?
   - A lot
   - Some
   - Not much
   - Not much at all

21. How often have you asked your friends to get drunk?
   - A lot
   - Some
   - Not much
   - Not much at all

How often do you think people harm themselves (physically or otherwise) if they:

<table>
<thead>
<tr>
<th></th>
<th>No harm</th>
<th>Very little harm</th>
<th>Some harm</th>
<th>A lot of harm</th>
</tr>
</thead>
<tbody>
<tr>
<td>22. Use alcohol 1 or 2 times a year</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
</tr>
<tr>
<td>23. Use alcohol often</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
</tr>
<tr>
<td>24. Get drunk 1 or 2 times a year</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
</tr>
<tr>
<td>25. Get drunk often</td>
<td>o</td>
<td>o</td>
<td>o</td>
<td>o</td>
</tr>
</tbody>
</table>

26. In using alcohol, are you a:
   - Non-user
   - Very light user
   - Light user
   - Moderate user
   - Heavy user
   - Very heavy user

27. If you are a non-user, do you think you will drink alcohol before you are 21?
   - Yes
   - No
   - This question does not apply to me

28. How many of your friends get drunk once in a while?
   - None
   - One or two
   - Some of them
   - Most of them

29. How many of your friends get drunk almost every weekend?
   - None
   - One or two
   - Some of them
   - Most of them

30. When I answered these questions:
   - I was very honest
   - I said I used more alcohol than I really do
   - I said I used less alcohol than I really do

   [ ] [ ] [ ]