

Framework for Comprehensive Suicide Prevention

1. Screening and Assessment
 - a. PHQ-9 (Screening Tool)
 - b. PHQ-2 (Screening Tool)
 - c. Ask Suicide-Screening Questions ASQ (Screening Tool)
 - d. Columbia Suicide Severity Rating Scales (Assessment Tools)

2. Clinical Best Practices and Effective Approaches
 - a. Zero Suicide Implementation
 - b. Cognitive Behavior Therapy for Suicidality (CBT) or CBT-S
 - c. Dialectical Behavior Therapy (DBT)
 - d. Collaborative Assessment and Management of Suicidality (CAMS)
 - e. Assessment and Management of Suicide Risk (AMSR)
 - f. Care Coordination
 - g. Caring Contacts
 - h. Kognito Training
 - i. Signs of Suicide (SOS) Middle School and High School Prevention Programs

3. Comprehensive and Responsive Crisis Services
 - a. Encourage all Behavioral Health Crisis Hotlines becoming affiliated with the National Suicide Prevention Hotline (NSPL)
 - b. Wide distribution of Crisis Text Line and Crisis Hotline numbers

4. Gatekeeper Training
 - a. Mental Health First Aid
 - b. Question, Persuade, Refer (QPR)
 - c. Applied Suicide Intervention Skills Training (ASIST)

5. Post-Ventio
 - a. Local Outreach to Suicide Survivor (LOSS) Teams
 - b. Survivors of Suicide Support Groups
 - c. Responsible reporting by media outlets, access published media guidelines