



# **Application for Maternal Opiate Medical Supports (MOMS)Trainer Grant MHA-18-MEDDIR-MOMS-018**

**Funding Period SFY 2018: July 1, 2017 – April 30, 2018**

**John R. Kasich, Governor**  
**Tracy J. Plouck, Director**

## **RFA PURPOSE**

The 21st Century Cures Act was passed by Congress and signed into law in late 2016. It is designed to modernize health care through enhanced innovation, research and communication, leading to better patient outcomes. The Act also makes available to states new funding through the Substance Abuse and Mental Health Services Administration to combat the prescription opioid and heroin crisis. SAMHSA's State Targeted Response (STR) project funding will provide over \$970 million to states and territories over the next two years, beginning in fiscal year 2017. Ohio will receive over \$26 million dollars in FY 2017 and is eligible for additional funding in FY 2018.

Ohio's Opioid STR project goals focus on building a community system of care (prevention, early intervention, treatment and recovery support) that emphasizes service integration between physical health care, emergency health care, behavioral health care, criminal justice, and child welfare. Strategies and activities undertaken for this effort build upon Ohio's on-going efforts to address the opioid epidemic and are designed to reduce overdose deaths and enhance the ability of individuals with opioid use disorder to receive treatment using evidence-based approaches. This focus represents a high-impact opportunity to strengthen Ohio's comprehensive response to the state's opioid issues.

OhioMHAS seeks to award funding to one opioid treatment program (OTP) to provide training on the Maternal Opiate Medical Supports (MOMS; <http://momsOhio.org/moms/>) model of care for pregnant women with opioid use disorder. The awardee will be responsible for helping six OTPs develop an integrated maternal care home model of care in the first year of the grant, utilizing the MOMS toolkit to support clinical practices for this population, and conducting ongoing training and technical assistance with the OTPs. The awardee will be expected to develop curricula for live in-person and web-based training events in consultation with OhioMHAS. Additionally, the awardee will be required to provide at least one MOMS service to pregnant women with opioid use disorder (e.g., contracting with OB to provide services on site). Awardee will participate in in evaluation of MOMS services.

## **OHIO MOMS Trainer Project Goals**

### MOMS Model Development

The awardee is expected to provide ongoing consultation and collaboration with the OTPs developing MOMS programs, giving the new programs the support they need to become successful. MOMS trainers will help OTPs develop an integrated maternal care home model of care, utilizing the MOMS toolkit to support clinical practices for this population. The awardee will assist each site with the MOMS readiness process - from formation of the initial administrative oversight team to the implementation of the model. The awardee also will be expected to participate in a one-month planning phase with OhioMHAS before the new MOMS programs are selected by the Department, to develop curricula and other supports for new programs. MOMS model development will take place with six OTPs in the first year. If additional funding is made available for a second year an additional six OTPs will receive training and technical assistance. The awardee is required to provide timely technical assistance through phone calls and email for all new MOMS providers. Newly developed MOMS programs that participate in the first year of the grant are also expected to participate in the second year of the grant.

### MOMS Learning Community

The awardee is required to create a MOMS learning community for the purpose of disseminating best practices for treating pregnant women with opioid use disorder. The learning community will consist of

group skill building trainings (with all participating OTP sites in attendance) as well as individual trainings tailored to the individual OTP participants. Group trainings will be held once a month throughout the project through face-to-face meetings or calls/webinars, and these trainings will last at least one-hour. Individual site trainings will be held at least three times a month for the first six months, and at least once a month thereafter. Individual site trainings may occur through on-site visits or through calls/webinars. All trainings must discuss best practices in MOMS program administration and patient care. The awardee will submit all trainings to OhioMHAS staff for review before the training is conducted.

In addition to training activities hosted by the awardee, one of the learning community's goals is to encourage each OTP partner to train other OTP partners. To this end, each of the new MOMS sites will be asked to coordinate with awardee and present on at least one topic during monthly technical assistance calls. Presentations should be reviewed by the awardee and by OhioMHAS staff before the presentation. Presentations by the new MOMS sites should last at least 30 minutes.

The following list should serve as a suggested guide in the development of trainings:

#### Administrative Trainings

- Best practices in billing
- Collaborating with managed care providers
- Policies and procedures related to pregnant women
- Best practices for patient incentives
- Strategies for patient recruitment
- Vicarious trauma among staff
- Quality improvement processes
- Program sustainability

#### Provider Trainings for Patient Care

- Care coordination
- Patient retention before and after delivery
- Identification of co-occurring behavioral health or developmental disorders
- Strategies for dealing with patient relapse
- Trauma informed care
- Culturally competent treatment
- Peer support services
- Child welfare collaboration
- Criminal Justice collaboration
- Tobacco cessation
- Ancillary support provision (e.g., housing, education, and employment)

#### Continuing MOMS Maternal Care Home Operations

Awardee will be required to continue to operate its MOMS program and to recruit pregnant women with opioid use disorder to be part of its MOMS maternal care home. While there are no exclusion criteria for these women to be part of the MOMS program (e.g., trimester), pregnant women are required to adhere to OTP policies and procedures to maintain membership in the program.

Care coordination should continue establishing relationships between the OTP and women's healthcare and social service providers including primary care physicians, child welfare caseworkers, and legal caseworkers. If women do not have a primary care provider, they will be referred to one that can easily bill for care coordination (e.g., one who is associated with an ACO, CPC, or FQHC). Awardee will be expected to work closely with Medicaid managed care programs and other insurance providers to place participating women in high-risk case management caseloads.

#### MOMS Evaluation

Awardees are required to provide data needed for evaluation of the MOMS project by OhioMHAS. Department staff will submit an Internal Review Board (IRB) application to the Ohio Department of Health, so that patient and infant outcomes can be monitored throughout the project. Upon IRB approval, all women who want to join the program will be offered forms that allow participating organizations to release the woman's information. Women that refuse to sign the release of information form may still participate in the MOMS program. Site data collection generally will include program metrics (e.g., housing status and retention), information on the participants (e.g., patient demographics and medication routine), and information on the infants and their health outcomes (e.g., infant demographics, including Medicaid ID).

#### Other General Expectations of MOMS Services

##### *Service Provision – Program will provide or utilize:*

- Services in the woman's preferred language and cultural context that is most appropriate, and a service location that is readily accessible to the population served;
- Gender specific substance abuse treatment and other therapeutic series, including trauma-informed care when appropriate;
- Therapeutic interventions for children in custody of women in treatment which may address, among other things, their developmental needs and trauma;
- Sufficient treatment support and care coordination (case management), to include all necessary support activities to insure that women and their children have access to the services listed above;
- Clinical approaches that support managed care (improved utilization management systems, such as, enhanced engagement, step down provisions for consumers in residential settings, aftercare and/or linkage to other services);
- Enhanced collaboration with children's services, the criminal justice system, vocational
- Identification and tracking methods of service utilization for all participants; and
- Tobacco cessation programs, or referrals to tobacco cessation programs for women who use tobacco products (e.g., cigarettes and e-cigarettes).

##### *Case Management /Maternal Opiate Support – Program will provide:*

- Coordination and integration of services, and support with navigating systems of care to implement the individualized and family service plans;
- Assessment and monitoring of the extent to which required services are appropriate for women, children, and the family members of the women and children;
- Assistance with community reintegration, before and after discharge, including referrals to appropriate services and resources;

- Assistance in accessing resources from Federal, State, and local programs that provide a range of treatment and support services, including substance abuse, health, mental health, housing, employment, education and training; and
- Connection to safe, stable, and affordable housing that can be sustained over time.

## **DATA COLLECTION AND REPORTING**

As authorized in Ohio Revised Code Section 5119.61, the Ohio Department of Mental Health and Addiction Services (OhioMHAS) will collect information and data from awardee. This information and data are outlined in the Reporting Requirements, which will be distributed with all the Notice of Award. These Reporting Requirements will be available on the OhioMHAS website. Reporting requirements, such as expenditure reports and quarterly program summary reports, will be reviewed by OhioMHAS staff. Failure to comply with reporting requirements may be considered a breach of the funding award and shall result in further action by OhioMHAS.

### **Additional Data Collection for Women Served by the OTP Awardee**

Data collected and reported by awardee will include, but may not be limited to:

#### *Training metrics*

- Number of trainings stratified by OTP and type of training
- Number of persons trained stratified by OTP and type of training
- Training satisfaction scores on a questionnaire to be developed by the Department
- Number of technical assistance call to OTPS stratified by OTP and reason for call

#### *Program metrics*

- Housing status (assessment at every visit)
- Whether your agency offered or referred to stable housing
- Employment status
- Whether your agency offered or referred to educational or vocational services
- Patient retention (e.g., admission dates, discharge dates, number of no shows)
- Criminal justice involvement
- Tobacco Use
- Whether your agency offered or referred to tobacco cessation classes

#### *Other Information on the participants*

- Patient demographics (e.g., age, race, ethnicity, Medicaid ID, AOD diagnoses, tobacco use and frequency of use)
- Medication information (e.g., MAT type and dosage)
- Expected date of delivery
- Number of negative and positive toxicology screens
- Number of positive toxicology screens with an unexpected outcome (i.e., outcome not due to a prescribed drug)
- Drug(s) found in each positive toxicology screen
- Number of and type of behavioral health services received
- Service satisfaction scores on a questionnaire to be developed by the Department

### *Information on the infants*

- Infant demographics (e.g., sex, race, ethnicity, Medicaid ID, social security number)
- Birth outcomes (i.e., live birth, miscarriage, stillbirth, termination)

Other information will be collected by the Department through Medicaid databases, including variables such as infant diagnosis of NAS, infant NICU length of stay, infant date of delivery, infant pediatric visits, infant health outcomes (e.g., gestational age, birth weight, feeding difficulties, respiratory conditions, and other complications) mother's prenatal care attendance, mother's behavioral healthcare attendance during prenatal and postnatal periods.

### **Performance Assessment**

Awardee is expected to participate in a performance assessment as needed, including monthly reviews with OhioMHAS staff.

## **PROGRAM OPERATIONS AND MANAGEMENT**

### **Eligible Applicants**

Applications will be accepted only from federally licensed opioid treatment programs, and all applicants must have participated in the original MOMS pilot project sponsored by the Ohio Departments of Medicaid and Mental Health and Addiction Services.

### **Special Requirements**

Applicants must be able to demonstrate a minimum of two years of experience in treating opioid dependent pregnant women, including the use of FDA-approved medications for pregnant opioid dependent women as well as other addiction services. Applicants must demonstrate: past training experience on program implementation; staff education or experience in providing training and technical assistance; or, a plan to hire someone with experience training on program implementation.

Applicants must provide effective controls and procedures to guard against tampering and diversion of controlled substances. Applicants must adhere to all federal and state guidelines for opioid treatment programs, and they must be in good standing with state and federal entities.

Applicants must commit to ongoing communication and collaboration with the local Alcohol, Drug Addiction and Mental Health Services Board, law enforcement, the local public children services agency, and the justice systems.

**Permissible Use of Funds:** Costs may be related to the development of the learning community, development of training curricula, salary for the training facilitator(s), and travel and supplies associated with training events. Up to one-half of the grant award money may also be used to provide for any services that were discontinued when the former MOMS program funding was discontinued, including salary for one clinical care coordinator, contracting with one or more obstetric physicians, purchasing new obstetric equipment (e.g., examination table and/or ultrasound), and provision of child care during behavioral health appointments.

Any use of funds for equipment other than the obstetric equipment noted above (including electronic devices such as computers, tablets and cell phones), furniture or computer software (including licenses) must be justified in terms of the relationship of the equipment, furniture or computer software to the

program or activity. Justification to purchase equipment, furniture, computer software must be submitted to OhioMHAS for prior approval and include consideration of how the equipment, furniture or computer software will be used, why the purchase is necessary, what alternatives were considered, how the cost was determined and why the program considers the cost reasonable. Funds cannot be expended for equipment, furniture or computer software until approved by the Department.

Equipment, furniture or computer software purchased under a grant is the property of OhioMHAS, except for equipment related to the obstetric care of women. A list of equipment, furniture and computer software, including serial numbers must be submitted to the Community Funding unit through an equipment itemization form obtained from the 21<sup>st</sup> Century CURES Project Director post-award. See Item #10 in the general Agreement and Assurances in the event of termination or non-renewal.

## **APPLICATION GUIDELINES**

Application page limit is eight, single-spaced pages in 12 point Times New Roman font. This page limit does NOT include the face sheet (Attachment 2), the budget narrative, or budget expenditure form (Appendices 1 and 2). Applications must include the following:

### A. Scope of Work

1. Face sheet (Attachment 2)

2. Abstract - Summary of how MOMS training and consultative services will be developed and plan for assisting OTPs with implementation of the maternal care home model, plan for continuing and/or augmenting applicant's MOMS program, and total amount of funding requested. (300 words or less)

3. Project Description- Provide a description of the proposed project that includes the following:

- a. Demonstration that applicant meets the minimum requirements to apply for the grant
- b. Strategies for helping designated OTPs utilize the MOMS site readiness process tool
- c. Plans for developing MOMS learning communities and related training materials
- d. Plans for helping designated OTPs implement the maternal care home model, including plans to help coordinate relationships between the OTP and women's healthcare providers
- e. Plans to help sites learn to sustain the MOMS project after the discontinuation of funding
- f. Reasonable plan to conduct technical assistance with OTP awardee
- g. Plans for continuing its own maternal care home model, including plans to coordinate additional relationships between the OTP and women's healthcare providers
- h. Plan for coordination of collection and reporting of data, including submitting monthly reports to OhioMHAS
- i. Budget Expenditure Form (Appendix 1) and Budget Narrative (Appendix 2) documenting implementation period funds. Applications must include a budget and budget narrative that identifies all costs to complete the project as described in the application, as well as how OhioMHAS funds, and other resources will be used.

### B. RFA Questions and Updates

1. The RFA, accompanying documents and all questions and answers will be posted on the OhioMHAS website at: <http://mha.ohio.gov/http://mha.ohio.gov/http://mha.ohio.gov/Default.aspx?tabid=725>

2. All questions must be submitted electronically no later than **Monday July 24<sup>th</sup> 2017 by 5:30PM** to OhioMHAS at: [CURESTREATMENT@mha.ohio.gov](mailto:CURESTREATMENT@mha.ohio.gov)

3. No questions will be answered after the deadline. You may **NOT** contact any OhioMHAS staff member directly with questions regarding this RFA. Contacting staff directly with questions could result in disqualification of an application.

4. Responses to all frequently asked questions (FAQ) will be posted to the OhioMHAS website at <http://mha.ohio.gov/http://mha.ohio.gov/http://mha.ohio.gov/Default.aspx?tabid=725> and will be updated frequently.

C. Application Submission

1. All applications must be submitted electronically to: [CURESTREATMENT@mha.ohio.gov](mailto:CURESTREATMENT@mha.ohio.gov) by Friday, **July 28<sup>th</sup> 2017 at 5:30PM EDT.**

2. No faxed, mailed or hand carried applications will be accepted.

D. Award

1. Awards are expected to be announced in July for project implementation to begin no later than July 30, 2017.

2. All state fiscal year 2018 funds should be obligated by April 30, 2018. No cost extensions are permissible with prior approval from the Department.

3. Grant awards will not exceed \$117,000 in the first year of the grant and \$117,000 in the second year of the grant.

Review Criterion	Points Possible
<b>Scope of Work</b>	
Abstract: Plan for developing MOMS trainings and consultative services and for assisting OTPs with implementation of maternal care home model, and funding requested reflect a clear understanding of the 21 <sup>st</sup> Century CURES MOMS Trainer project	5
Project description components:	
a. Demonstration that applicant meets the minimum requirements to apply for the grant	5
b. Reasonable strategies for helping designated OTPs utilize the MOMS site readiness process tool	10 10
c. Reasonable plans for developing MOMS learning communities and related training materials	20
d. Reasonable plans for helping designated OTPs implement the maternal care home model, including plans to help coordinate relationships between the OTP and women's healthcare providers	20
e. Reasonable plans to help sites learn to sustain the MOMS project after the discontinuation of funding	10
f. Reasonable plan to conduct technical assistance with OTP awardee	10
g. Reasonable plans for continuing applicant's maternal care home model, including plans to coordinate additional relationships between the OTP and women's healthcare providers	10



h. Reasonable plan for coordination of collection and reporting of data, including submitting monthly reports to OhioMHAS	10										
Technical Score	110										
Budget: Program cost is reasonable and realistic	20										
Total Score	130										
<table border="1"> <thead> <tr> <th>Rating</th> <th>Explanation</th> </tr> </thead> <tbody> <tr> <td>0</td> <td>Is Not Addressed. Application does not comply with the requirement and/or does not address expectations.</td> </tr> <tr> <td>1-2</td> <td>Weak. Application does not substantially meet the requirement and/or does not substantially meet expectations.</td> </tr> <tr> <td>3-4</td> <td>Meets. Application meets the requirement, and meets expectations.</td> </tr> <tr> <td>5</td> <td>Exceeds. Application exceeds the requirement and exceeds expectations.</td> </tr> </tbody> </table>		Rating	Explanation	0	Is Not Addressed. Application does not comply with the requirement and/or does not address expectations.	1-2	Weak. Application does not substantially meet the requirement and/or does not substantially meet expectations.	3-4	Meets. Application meets the requirement, and meets expectations.	5	Exceeds. Application exceeds the requirement and exceeds expectations.
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### Conditions of Award

- Awardee will work with OhioMHAS and other stakeholders on all aspects of the 21<sup>st</sup> Century CURES MOMS project throughout the duration of this grant period.
- Awardee will attend required training, technical assistance and/or meetings as per SAMHSA and/or OhioMHAS request including monthly status meetings with the project director.
- As authorized in Ohio Revised Code Section 5119.61, OhioMHAS will collect information and data from awardee. Awardee will provide required information and data electronically, through online reporting systems. All information and data will be reviewed by project staff. Failure to comply with reporting requirements shall result in further action by OhioMHAS, which may include withholding of funds.
- The Department reserves the right to make no award, make an award for a lesser amount, make an alternative award for the specified project or make an award for a shorter duration. The Department reserves the right to ask clarifying questions, issue conditional awards, and negotiate a best and final application with one or more applicants(s). The Department reserves the right to waive errors and omissions that do not materially affect the application. Errors and omissions may result in lower evaluation scores or rejection of the application.
- Awardee will be solely responsible for reporting, withholding, and paying all employment related taxes, payments, and withholdings for his/her self and any personnel, including but not limited to: Federal, State, and local income taxes, social security, unemployment or disability deductions, withholdings, and payments.
- All trainings and materials developed by the awardee are considered the property of OhioMHAS, which may be freely disseminated to others interested in implementing the MOMS model.
- Awardee must execute OhioMHAS Agreement and Assurances upon notice of award. (For reference, a copy of the Agreement and Assurances can be found in Attachment 1).
- The Department reserves the right to change the conditions of the grant or discontinue the grant in its second year if money is not allocated to the states as expected or if the federal government changes the conditions of the federal grant, or if the awardees performance is not adequate.

**Deadline for submission of all applications is Friday, July 28<sup>th</sup>, 2017 by 5:30PM  
Eastern Daylight Savings Time to:  
[CURESTREATMENT@mha.ohio.gov](mailto:CURESTREATMENT@mha.ohio.gov)**