



Attachment 4 Recovery Support Services Definitions

Housing - Resources and Definitions for housing for individuals in recovery from Mental Illness and/or Substance Use Disorders

- [OhioMHAS Housing Definitions](#)
[OhioMHAS Housing Crosswalk](#)

Employment Services, Job Training, and Education: These activities are directed toward improving and maintaining employment and education. Services include skills assessment and development, job coaching, career exploration or placement, job shadowing or internships, résumé writing, interviewing skills, and tips for retaining a job. Other services include training in a specific skill or trade to assist individuals to prepare for, find, and obtain competitive employment such as skills training, technical skills, vocational assessment, and job referral. Education services include academic counseling, assistance with academic and financial applications, and aptitude and achievement testing to assist in planning services and support. Vocational training and education also provide support for clients pursuing adult basic education, i.e., general education development (GED) and college education.

Peer Recovery Supporter: Mutual assistance in promoting recovery may be offered by other persons who have experienced similar substance abuse challenges. These services focus more on wellness than illness. Mentoring and coaching may include assistance from a professional who provides the client counsel and/or spiritual support, friendship, reinforcement, and constructive example. Mentoring also includes peer mentoring which refers to services that support recovery and are designed and delivered by peers—people who have shared the experiences of addiction recovery. *Recovery support* is included here as an array of activities, resources, relationships, and services. designed to assist an individual’s integration into the community, participation in treatment, improved functioning or recovery.

Transportation: Commuting services are provided to clients who are engaged in treatment- and/or recovery support-related appointments and activities and who have no other means of obtaining transportation. Forms of transportation services may include public transportation or a licensed and insured driver who is affiliated with an eligible program provider.

Life Skills: Life skills services address activities of daily living, such as budgeting, time management, interpersonal relations, household management, anger management, family engagement, parenting, marriage counseling and other issues.

Relapse Prevention/Recovery Checkups: These services include a client’s current stage of recovery and establishing a recovery plan to identify and manage the relapse warning signs.

Spiritual Support: These services assist an individual or group to develop spiritually. Activities might include, but are not limited to, establishing or reestablishing a relationship with a higher power, acquiring skills needed to cope with life-changing incidents, adopting positive values or principles, identifying a sense of purpose and mission for one's life, and achieving serenity and peace of mind. Faith-based services include those provided to clients and using spiritual resources designed to help persons in recovery to integrate better their faith and recovery. Such services are usually provided in a religious or spiritual setting by spiritual leaders or other staff who are knowledgeable about the spiritual values of the community and are equipped to assist individuals in finding spirituality. Services include, but are not limited to, social support and community-engagement services, faith, or spirituality to assist clients with drawing on the resources of their faith tradition and community to support their recovery; mentoring and role modeling; and pastoral or spiritual counseling and guidance.

Identification Fund: Assistance with obtaining necessary identification that includes but not limited to: birth certificate, State ID, Social Security Card.

Other Non-Clinical Supports: Supports, as determined necessary, to assist individuals obtain appropriate attire for job interviews, and necessary personal items to ensure proper hygiene for job seeking and employment