SITUATIONAL AWARENESS

SAFETY IS THINKING AT THE SPEED OF LIFE!

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WHAT IS SITUATIONAL AWARENESS?

Situational awareness or situation awareness (SA) is the perception of environmental elements with respect to time or space, the comprehension of their meaning, and the projection of their status after some variable has changed, such as time, or some other variable, such as a predetermined event.
MINDSET COLOR CODES
WHITE

Your head is in the clouds

You are constantly distracted

Your mind is not on your surroundings

You should be paying attention to your job!

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Being casual and relaxed

Constantly scanning but not in a way that people notice

Knowing but not showing versus showing but not knowing...Be Proactive!
Your hair is standing up on the back of your neck

Something doesn’t feel right!

Start scanning and BREATHE!

Be ready for Action!

ORANGE...SPIDEY SENSES START TINGLING

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RED...DANGER! TAKE ACTION!

Fight, flight response!...Don’t Freeze!

Heart rate goes up, breathing gets faster, tunnel vision sets in, adrenalin is pumping

Things appear to move slowly, seconds seem like minutes

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BLACK...BLIND PANIC!

Freeze response takes over

Your mind processes so quickly that unless you have trained extensively you do nothing

This momentary response may cost you your life!

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HOW DOES THIS APPLY TO YOU?

• You need to start being more aware of your surroundings than you have ever been
• Body language never lies...it’s just that many of us don’t trust our own instincts and avoid conflict even to the point of denial!
• Color Code mind states
WILL YOU BE READY WHEN VIOLENCE KNOCKS ON YOUR DOOR?

It is better to have a plan and not need it than to need a plan and not have it

Jesus M. Villahermosa, Jr.
SAFETY BEGINS WITH YOU!

All of the best mechanical/electronic security in the world means nothing if employees are not vigilant and aware.

Accountability starts with supervisors.

Make safety awareness a partnership with your employer.

The most aware employee will not report if they don’t have a supervisor or administration that believes in school safety planning.

Invest into your own safety and be aware of your workplace environment.