Social Model of Recovery Housing
The Woodrow Project & Briermost Foundation
Erin Helms, Executive Director
Mission

Our mission is to provide safe, sober and supportive housing to women in recovery from drugs & alcohol and provide purpose in living through learning and training opportunities.
What is the Social Model of Recovery Housing?

A recovery-oriented, chronic care approach to substance use disorders:

- Philosophy and practices are different than medical/clinical based treatment models
- Emphasizes social and interpersonal aspects of recovery using recovery as the common bond
- Values experiential knowledge and mutual support
- Views recovery as a person-driven, life-long and holistic process
Building a Support System

• Treatment Provider
• Recovery House
• Recovery Community
• Greater Community
Recovery House

• Schedule – 2 week restriction
• Riding the Bus
• Getting rides to meetings
• Weekend social activities
• Service Work
• House meetings
Everyday

Family Meals

Cancer Free

Graduating from College
Recovery House Gatherings
Outings

Facing Addiction
Washington D.C.

Lakewood Holiday Celebration
Training Farm
Tiling
Planting
Growing plants
Harvesting
Pies, Jams, Jellies
Farmer’s Market
Empowering Women

- Increase Self-esteem through the Recovery Process
- Develop Individual Sense of Purpose
- Enrich the Greater Community
The Woodrow Project
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