RECOVERY HOUSING FOR FAMILIES

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WHY DO WE SERVE THIS POPULATION?

- When entering recovery, children are often the first concern of their parents.
- Mothers often have custody – with no other living options for their children.
- The whole family must recover.
- 100% of the children are high risk for many issues (Academic and development issues, substance misuse/abuse, behavioral concerns, etc.).
- Not doing RH with parents is a barrier.
HOW MCKINLEY HALL STARTED SERVING THIS POPULATION

- Purchased a 3 unit apartment building – secured Section 8 certification
- Moved to Transitional Housing – HUD funding
- Moved to Recovery Housing
CHALLENGES

a. Spacious Rooms Needed – (50sq. feet per every person after the first person)

BELIEF SYSTEMS – COMMUNICATION

b. Synchronized Bedtimes!

c. Meal planning – nutrition

d. Various means of disciplining
CHALLENGES

e. Structure – Schedules

f. Keeping Children in their home schools

g. Ensuring parents have down time

h. Bathroom time!

i. Childcare! (housemates vs. external)
REWARDING

- Reunification!!!!
- Good Report Cards!!
- Moving into their own homes!!
- Seeing growth and bonding!!
SOME OF OUR PERSONAL BEST PRACTICES:

1. Childcare - written agreements are a must!
2. Housemates cannot physically discipline or yell at another housemate’s child
3. Children need case management services to help mom/dad access resources.
4. Children/teens cannot be left alone unattended
5. Identify a bedtime for children in the house
Best Practice Guidance: Parents with Children Living in Recovery Housing

- Ensuring a physically and emotionally safe environment for both parents and children
- Assisting parents with navigating a complicated service system to connect parents and children to services and supports that are available in the community
- Developing administrative capacity to address legal issues, insurance, and other operational considerations
- Creating a culture of recovery and peer support in a home that serves families and their children
THANK YOU QUESTIONS?