Peer Run Organizations as a Recovery Resource

Housing University 2019
Monday September 16, 2019
1:45-2:45
The Panel.....

- Sharon Fitzpatrick- Mental Health & Addiction Services
- Juliet Dorris-Williams- The P.E.E.R. Center, Columbus, Ohio
- Joey Supina- Sandusky Artisans Recovery Community Center, Sandusky, Ohio
- Chris Pedoto- The Recovery Center of Hamilton County, Cincinnati, Ohio
- Ginger Schmalenberg- The Gathering Place, Athens, Ohio
Overview of Peer Recovery Organizations

Sharon Fitzpatrick, Community Recovery Initiatives Lead
Peer Recovery Support

“Peer support is the act of people who have had similar experiences giving each other encouragement, hope, assistance, guidance, and understanding that aids in recovery. It can be done anytime or anywhere when two or more peers are in a mutual, supportive relationship.”

• Appalachian Consulting Group, 2011
Who Comes To PRO

• An individual with a lived experience of mental health and/or substance use disorder who may or may not actively in recovery.
Peer Recovery Organizations

• May provide work ordered structured days, and schedule activities that emphasize the opportunity for individuals to support each other in a manner that supports moving forward in recovery.
PRO services promote self-directed recovery by assisting an individual in:

- Ongoing exploration of recovery needs
- Encouraging hope
- Developing and working toward achievement of personal recovery goals
- Modeling personal responsibility for recovery
PRO’s promote self-directed recovery by assisting an individual in:

- Providing educational supports via one on one peer support settings or support groups.
- Assisting with developing natural support systems in the community
- Promote coordination and linkage among community resources
- Provide crisis interventions as needed
- Conduct outreach events for community awareness
Additional Questions

Sharon.Fitzpatrick@mha.ohio.gov
Our Mission

To provide a safe place where individuals receive respect, encouragement and hope that supports and strengthens their recovery with mental illness, addictions, and/or trauma.

Our Vision

To be a leader and a model of excellence in Ohio, providing recovery-focused consumer (peer) operated peer support to individuals and their families.

100% of our staff and a majority of our board of directors are people with lived experience of mental health, addictions and/or trauma.
# September 2019

**A Journey and a Destination. Recovery Happens Here!**

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**A Place Where Everyone Matters**

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**NATIONAL RECOVERY MONTH 2019**

Celebrating Sobriety's Pathway to Recovery

**The PEER Center’s Annual Recovery Month Celebration**

Celebrating Sobriety's Pathway to Recovery

*The PEER Center’s Annual Recovery Month Celebration*

Celebrating Sobriety's Pathway to Recovery

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**305 N.Hamilton Rd. Columbus, OH 43215**

**P: 614-493-4330**

**F: 614-493-4332**

www.theppeercenter.org

**“Peer”**

M-F: 7am-7pm

Sat-Sun: 7am-3pm

Holidays: 9am-7pm

**“Daily Wellness”**

**st. athens.tale (9255) 715-2020**

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**“Daily Activity”**

Peer Support

Recovery Resource Center

Media Center

Arts & Crafts

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**“A Place Where EVERYONE MATTERS”**

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**Click to edit Master subtitle style**
SANDUSKY ARTISANS RECOVERY COMMUNITY CENTER

138 E. MARKET ST. SANDUSKY, O.
Vision: SARCC envisions a world community where recovery from substance use and/or mental health challenges are viewed as public health issues, SARCC promotes universal access to prevention, treatment and recovery and the immediate resources and support to achieve those goals of health and wellness, to lead a self-directed life and to reach the full potential that long term recovery brings, free from stigma and discrimination.
Mission: SARCC is a peer to peer operated Recovery Community Center dedicated to organizing and mobilizing peers in recovery, their families, friends, allies of the recovery movement, community organizations and networks that promote access to immediate treatment and the resources to long term recovery through peer to peer support services, education, the elimination of stigma and discrimination, the arts and to further the development of the rights and dignity of those in Recovery.
SARCC PROGRAMS: FREE & NO MEMBERSHIP REQUIRED
Ohio Certified Peer Recovery Supporters
24/7/365 QRT to Overdoses & Daily Detox Recovery Outreach
Ohio JFS START Program
Tele-Health Peer Support
SAMHSA 8 Dimensions of Wellness & Whole Health Action Management (WHAM)
High School Classes for Transitional Age Youth
ODRC Parole & Citizen Circle (Re-entry for recently released incarcerated)
NARCAN Distribution & Training
12 Step, Non-Traditional Recovery Meetings, Connections, Yoga, Meditation, Spiritual Recovery
Taking Back Ohio Alternative Recovery Meeting
Surviving Our Losses And Continuing Everyday Family Support,
Recovery Outreach to the Northern Ohio Juvenile Community Corrections Facility
Recovery Art Programming
PLUS MUCH MORE CHECK OUR WEBSITE: sanduskyartisansrecovery.com
COME JOIN US

SEE YOU THERE
The Recovery Center of Hamilton County

2340 Auburn Avenue  Cincinnati, Ohio 45219     (513) 241-1411
Chris Pedoto - Exec. Director      chrisp@recoverycenterhc.org
Goal:

Increase empowerment, improve quality of life, and promote community involvement for people overcoming the challenges of mental illness by providing individual peer support and group education at a Recovery Center.
Mission:
Empowering people to live healthy and meaningful lives in the community
Types of Services Offered:

• Peer Support
• Recovery Education
• Support Groups
• Wellness
• Leadership
• Self Development
• Computers
• Creative Expression/Arts
• Volunteer Opportunities
• Community Outreach
• Job Readiness and GED Preparation
Membership Information:

• 18 or older
• Live in Hamilton County
• Self identify with having a mental health issue
• Presently engaged in one’s recovery
• For individuals not residing in Hamilton County, the Recovery Center of Hamilton County has created a You Tube channel with peer led recovery and wellness videos so recovery can happen anywhere, anytime, for anyone.
Member Testimonial

My name is Alice Reed. The Recovery Center has changed my life. When I came to the Recovery Center I didn’t speak much. Now 3 years later I can communicate with people, I volunteer at the front desk and I help in the kitchen. Also I have got to work at Ihop and I love the new me! The Recovery Center has changed me a lot. I’m also able to ask questions if needed and I also help others when needed.

Thanks Recovery Center!
• The Gathering Place
• 7 North Congress St.
• Athens, Ohio 45701
• 740-594-7337
• www.thegpathens.org
• Contact: Ginger Schmalenberg, Executive Director
• ginger@thegpathens.com
The Gathering Place is a peer operated recovery center for adults living with a mental health and/or co-occurring substance use disorder. Services are designed to promote recovery by enriching and empowering each individual so that s (he) can create a meaningful and joyful life. Staff and members work together to provide peer support, linkage services, advocacy, mental health education, recreational and wellness activities, access to healthy food, and community integration opportunities.
Assertive linkage services to other mental health agencies and social service organizations.

A Safe Homelike Environment where Peer Support Networks can form

Vocational/Volunteer/Educational Support

Healthy Meals/Food Pantry

Meaningful Activities/Health and Wellness Programming

Resource Center/phone line/physical mailing address/Shower/Laundry

Mental and Physical Health Advocacy and Education
Health & Wellness Activities

- Peer Support
  - Gardening
- Holiday Celebrations
  - Summer Trips
- Daily Meals
  - Chair Yoga
- Member Support Groups
  - Bowling/Movies/Outdoor Rec Activities
- Art Residencies
  - Karaoke
- Poetry/Writing Group
  - Field Trips
- Music Therapy
  - Card Tournaments/Board Games
- Group Volunteer Activities
  - Community Advocacy Events
Membership Benefits/Outcomes

- **Open 365 days per year-68 hours weekly-Drop-In**: Monday –Saturday 10am-8pm, Sunday 10am-6pm
- **FY 2018-168 unique individuals came to The GP for information and assistance**
- **Average of 25-30 per day**
- **55 Unique individuals per month**
- **Voted in by membership at weekly RAP meeting**
- **$5 annual membership fee/can barter with a chore**
- **Members can run for board, vote on new policies & by-law updates**
- **Work with staff & volunteers to develop new programming/projects**