Recovery Housing for Parents and Children
Ohio MHAS Recovery Housing University – 2019
Recovery Housing for Parents and Children

• Why we serve this population
• How we got started
• Major Challenges
• Major Rewards / Benefits
• Best Practices
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• **Serving the Need**
  • Addicted birth-rate increase according to DRUGABUSE.GOV, in the U.S.
    “every 15 minutes a baby is born suffering from Opioid withdrawal”
  • Providing a safe, supportive and stable home environment for both mother and child
  • Children in the home is a motivator to Mothers to stay clean and sober and leads to increased personal growth, reduces trauma and negative impact on children from being separated from their mother

![1,875 NAS babies were born in Ohio in 2014.](image)

**Infographic**

- Those babies spent an average of 16 days in the hospital
- 77% of the babies are on Medicaid
- And they cost the health system, on average, $56K+ each

**Source:** Ohio Mental Health and Addiction Services, 2014
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How we got started

• Stepping Stone House opened in 1992 as a residential treatment program in Portsmouth, Ohio (Scioto County)
• Transitioned to Level III Recovery Housing with 24/7 Recovery Support Services
• In the last decade alone has contributed to @ 300 births
Major Challenges

• Behavioral health of our children coming from various environments

• Congregate living can take adjustments for first time mothers and children

• Building and rebuilding relationships between mothers and children
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**Major Rewards / Benefits**

- Healthy babies – Healthy mothers
- Successful reunification of mothers with children through CPS
- Mothers moving on to be productive members of society and being equipped to live as a family on their own
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• **Best Practices**
  • Learning practical budgeting skills
  • Finding affordable daycare services
  • Engaging in youth programming and development
    • O.T. Services and Counseling made available by partnering agencies as needed
• Continual Staff Training
• Relapse Planning and Prevention
Thank you

Best Practice Guides

These best practice guides seek to provide accurate information and best practice guidance. These guides are not intended to replace the advice of legal counsel. All recovery housing operators should consult with an attorney concerning their programs and any questions about landlord-tenant law, fair housing rights, or other legal matters. These guides were made in coordination with recovery housing operators and the Ohio Department of Mental Health and Addiction Services.

Parents and Children

Best Practices for Recovery Housing for Parents with Their Children

Click here to download guide
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• Extra Slide – CPH “New” Level III Stepping Stone House in Ironton, Ohio (Lawrence County)