



Promoting wellness and recovery

John R. Kasich, Governor • Tracy J. Plouck, Director • 30 E. Broad St. • Columbus, OH 43215 • (614) 466-2596 • [mha.ohio.gov](http://mha.ohio.gov)

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**Eric Wandersleben, Director of Media Relations & Outreach**

**614.728.5090 | [eric.wandersleben@mha.ohio.gov](mailto:eric.wandersleben@mha.ohio.gov)**

## **State Doctor Elected to American College of Psychiatrists**

NORTHFIELD – Northcoast Behavioral Healthcare (NBH) Medical Director Dr. Muhammad Momen has been elected as a member of the prestigious American College of Psychiatrists (ACP). ACP is a not-for-profit honorary association dedicated to providing continuing education to its members, promoting the latest advances in the specialty and supporting the highest standards in psychiatry.

“This accomplishment is well-deserved and is a reflection of the quality leadership we have here at Northcoast,” said NBH CEO Douglas Kern.

Membership to the College is limited to 750 practicing psychiatrists who have demonstrated outstanding competence and national recognition in the field of psychiatry. Dr. Momen is only the 23rd member from Ohio and the first from an Ohio Department of Mental Health and Addiction Services (OhioMHAS) operated Regional Psychiatric Hospital. He will be inducted at the organization’s annual meeting in February 2015.

“This well-deserved honor is a reflection of our hospital staff’s commitment to providing the highest level of quality and safety to the patients and families they serve,” said OhioMHAS Director Tracy Plouck. “We are grateful for Dr. Momen’s outstanding service to Ohioans with a mental illness and his contributions to the behavioral health care field.”

Dr. Momen completed his Medical School training at the University of Dhaka in Bangladesh. He started his career in medicine in the United Kingdom in the 1990s. He then moved to New Zealand, where in addition to his training in medicine, he completed a Diploma in Mental Health at the University of Auckland. Dr. Momen then relocated to the United States to specialize in psychiatry and join the Residency Program at the Medical College of Georgia.

Dr. Momen and his family are now United States citizens and call this country their home. Dr. Momen and his wife, who is an Architect, reside in Solon. They have two adult children -- a son in law school and a daughter in the Psychiatric Residency Program at the Medical College of Georgia.

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### **About NBH:**

Northcoast Behavioral Healthcare is one of six regional psychiatric hospitals operated by the Ohio Department of Mental Health and Addiction Services. These specialized facilities provide short-term, intensive treatment to patients in both inpatient and community-supported environments. They also deliver comprehensive care to patients committed by criminal courts.

### **About OhioMHAS:**

The Ohio Department of Mental Health and Addiction Services is a Cabinet-level state agency established in July 2013 by the consolidation of the former departments of Alcohol and Drug Addiction Services and Mental Health. The Department’s mission is to provide statewide leadership of a high-quality mental health and addiction prevention, treatment and recovery services system that is effective and valued by all Ohioans.