

## State Agencies Partner to Launch Mental Health Campaign for Ohio Farmers

Ohio farmers are a proud and hardy bunch, accustomed to facing challenges without much assistance. For many of them, the idea of asking for help is difficult to process. It is a mindset the Ohio departments of Agriculture and Mental Health and Addiction Services, along with RecoveryOhio and the Ohio Farm Bureau, are working to change with the **#GotYourBack** campaign.

Studies show the suicide rate among farmers is higher than that of the general population. So many factors in farming are out of a farmer's control, and that can be stressful. Wondering if the weather will cooperate, long hours working alone — it can all affect a farmer's mental well-being.

**Got Your Back** reminds farmers that it's OK to address their own mental health, raises awareness about the high rate of suicide among farmers, connects farmers around the state with mental health resources in their area, and helps combat the stigma that surrounds the issue.

Farmer Nathan Brown said his livelihood is dependent on the land and the mercy of the changing weather. "In the last couple years, farmers have really struggled to make their ends meet," Brown told reporters at a **Sept. 3 launch event** at Weber Farms in Hilliard. "People are starting to struggle."

"Imagine if you worked for an entire year and never got paid. That's what our farmers are up against," Department of Agriculture Director, Dorothy Pelanda said. "For farmers to come forward and start to talk for the first time about these things, we recognize, is going to be a challenge," she said. "So we're here to provide them with the resources and the opportunities for us to reach out to them with some expert help."



*Ohio Department of Agriculture Director Dorothy Pelanda (left) poses with OhioMHAS Director Lori Criss at the launch of the #GotYourBack campaign. View [more photos](#).*



## Dayton Rally Ushers in Recovery Month in Ohio

More than 3,000 people and 70 community partners attended the Sixth Annual Rally 4 Recovery hosted by **Families of Addicts** (FOA) on Aug. 25 in downtown Dayton. The goal of the annual rally, which has become the defacto kick-off to **National Recovery Month** in Ohio, is to eliminate stigma, educate the public about addiction and mental health and celebrate individuals in recovery.

"In our little corner of #DaytonStrong, the love, connection, healing, and message were clearly abundant and relevant; the BIG PIC is proof of that," said FOA founder and executive director Lori Erion.



## Ohio START Program Expands to 14 Additional Counties

A family-centered treatment and trauma-informed care pilot program has expanded to 14 additional counties: Allen, Ashland, Auglaize, Cuyahoga, Harrison, Licking, Lucas, Mahoning, Medina, Portage, Tuscarawas, Union, Wayne, and Williams.

“Working to keep families together while parents begin treatment for substance use disorders, helps minimize trauma children face,” Governor Mike DeWine said. “Expanding Ohio START’s unique approach helps give families the tools they need to support long-term recovery and put them on paths to brighter futures.”

The Ohio Sobriety, Treatment, and Reducing Trauma (START) program



brings together children services, juvenile courts, and behavioral health treatment providers to support families struggling with co-occurring child maltreatment and substance abuse. In addition, family peer mentorship is a critical part of the program. The mentors are individuals who have personal experience with addiction, who have achieved sustained recovery, and who have had prior engagement with the child welfare system as a child or a parent. The accountability and support they provide helps create a community collaboration aimed at helping families succeed.

“Thanks to the support of Governor DeWine, Public Children Services Association of Ohio, and our local children services agencies, Ohio START has made a difference in the lives of families all across the state,” Ohio Department of Job and Family Services Director Kimberly Hall said. “With these newest additions, there are a total of 46 Ohio START counties and we look forward to expanding that number to 62 over the next two years.”

Governor DeWine launched Ohio START in 2017 during his time as Ohio Attorney General, with a mission of helping entire families impacted by child maltreatment and parental substance abuse disorders.

“There is no place children and parents would rather be than together,” said OhioMHAS Director Lori Criss. “OhioSTART helps to keep families healthy and together by connecting them to treatment and peer support to break the cycle of addiction and trauma.”

To date, Ohio START has served 894 people, including 389 children. The initiative is helping mothers struggling with substance use disorder give birth to drug-free babies, reuniting families, and helping parents gain independence and maintain sobriety.

A brief recap of some of Dir. Criss’ recent activities:

- 8.3 Staffed OhioMHAS exhibit at the 2019 Ohio State Fair.
- 8.6 Attended Governor’s press conference on proposals to reduce gun violence and increase mental health prevention and treatment.
- 8.8 Attended the Governor’s press conference in Dayton to announce a day-long conference that will focus on kids and mental health issues.
- 8.15 Along with Ohio Department of Medicaid Director Maureen Corcoran, participated in interview with Karen Kasler from Statehouse News on behavioral health redesign.
- 8.19 Met with representatives from the Ohio Suicide Prevention Foundation to discuss their draft strategy for the State of Ohio Suicide Prevention Plan.
- 8.20 Along with RecoveryOhio Director Alisha Nelson, met with representatives from Heartland High School, Ohio’s first school for students in recovery.
- 8.27 Provided remarks at the board of directors meeting for the Mental Health and Addiction Advocacy Coalition.
- 8.28 Visited the Adam-Amanda Mental Health Rehabilitation Center and an adult care facility in Athens.
- 8.30 Visited Northcoast Behavioral Healthcare in Northfield; toured Stella Maris’ new detox building in Cleveland and St. Vincent Charity Medical Center’s Psychiatric Emergency Department.

## Governor DeWine Announces Plans for Ohio School Safety Center

Ohio Governor Mike DeWine recently issued an **executive order** creating a specialized division of Ohio Homeland Security (OHS) devoted exclusively to the safety of Ohio's students and schools.

As the new comprehensive, statewide office in Ohio focused exclusively on enhancing the safety of our schools, the Ohio School Safety Center (OSSC), will assist local schools and law enforcement in preventing, preparing for, and responding to threats and acts of violence, including self-harm, through a holistic, solutions-based approach to improving school safety.

"Given that schools are often targets of violence, school safety proposals are a prominent part of STRONG Ohio, my 17-point plan to reduce violence with dangerous weapons and increase mental health treatment," said Governor DeWine. "Having one office where the staff solely focuses on keeping our students safe and our schools secure, will allow analysts to nimbly assess threats, proactively address potential issues, and expertly train and support school faculty in a more streamlined manner."

The OSSC will be headquartered at the OHS offices within the Ohio Department of Public Safety in Columbus and will continue the current work of OHS staff to annually review approximately 5,500 school emergency management plans and offer free risk and threat assessments to schools throughout the state. OSSC staff will also:

- Promote and expand use of the SaferOH Tip Line: **1-844-SAFEROH** (844-723-3764)



**Ohio Governor Mike DeWine signs an executive order establishing the Ohio School Safety Center while (l-r) OhioMHAS Dir. Lori Criss, Sen. Frank Hoagland (R-Mingo Junction), Rep. Gayle Manning (R-North Ridgeville), Ohio Department of Public Safety Director Tom Stickrath and RecoveryOhio Director Alisha Nelson look on.**

- Proactively scan social media and websites for threats to schools through use of enhanced technology to identify threat language.
- Review emergency management plans and implement threat assessment team training.
- Consolidate school safety resources in a centralized location via [saferschools.ohio.gov](http://saferschools.ohio.gov) to include resources on school safety from various state agencies.
- Host an annual school safety summit where school safety, public safety, and mental health professionals can share best practices, training, and resources with schools and

community leaders from across the state. The conference will focus on physical security, mental health, school climate, critical incident response, and threat assessment.

Governor DeWine's executive order also includes the creation of the Ohio School Safety Working Group, which will consist of experts in the fields of public safety, education, mental health, emergency management, and others. The group will meet quarterly to discuss current issues and trends regarding school safety and local needs and report annually on the state of school safety in Ohio.

## September Awareness Months

Ohio Governor Mike DeWine has designated September as **National Recovery Month** and **National Suicide Prevention Month** in Ohio. Please click the links to view and share the Governor's proclamations.

National **Recovery Month**, now in its 30th year, encourages people with lived experience of mental health and substance use disorders to achieve and sustain recovery with the support of their relatives, friends, and communities. This year's theme is *Join the Voices of Recovery: Together We Are Stronger*.

#BeThe1To is the National Suicide Prevention Lifeline's message for **National Suicide Prevention Month** and beyond, which helps spread the word about actions we can all take to prevent suicide.

This September, 14 counties in Ohio will activate QPR (Question, Persuade, Refer) trainings through the *Stand Up to Suicide* campaign. QPR training equips people with the skills to recognize and intervene when someone is showing signs of a suicidal crisis. For more information on QPR trainings visit <http://standuptosuicide.org>.

## Governor DeWine Announces Proposals to Reduce Gun Violence, Increase Mental Health Prevention, Treatment in Ohio

Ohio Governor Mike DeWine has **announced** a series of legislative reforms to address gun violence and outlined further action to increase mental health prevention, identification, and treatment to better protect Ohioans.

“Gun violence doesn’t just take the form of mass shootings, people are victims every day in Ohio and across the country,” said Governor DeWine. “I believe that this is both a public safety issue and an individual wellness issue — we must address both sides to help solve the problem. It’s time to do something, and that is exactly what we are going to do.”

The governor’s proposals include:

**Safety Protection Orders.** Governor DeWine is asking the legislature to pass a law to allow courts to issue Safety Protection Orders which would remove firearms from potentially dangerous individuals and get them the mental health treatment they need, all while maintaining an individual’s right to due process.

**Increased Access to Inpatient Psychiatric Care.** Over the past several years, Ohio’s state psychiatric hospitals have become predominantly used by patients who are court-ordered there for restoration to competency to stand trial. OhioMHAS is working to create a process where courts and community-based providers can work together to restore competency for those to stand trial in an outpatient setting, which will free more hospital beds and decrease wait time for admission.

**Early Intervention.** As part of the 2019-2020 biennium operating budget, the state is investing \$675 million in wrap-around services for schools to design individualized programs, working with local mental health providers or social service organizations, to address the social/emotional challenges students face.

**Access to Behavioral Health Services.** The Ohio Department of Medicaid is investing \$15 million in telehealth mental health services for students, so no matter where a child lives, they have access to high-quality mental health care.

**Risk Factor and Resource Identification.** OhioMHAS will be working with communities to increase knowledge of risk factors, help parents identify when their child is showing signs of a



**Governor Mike DeWine calls for reduced gun violence and increased mental health prevention during an Aug. 6 press conference at the Ohio Statehouse. Credit: AP.**

mental illness. The department will share screening tools with clinicians and help connect community-based services to link parents, families, and schools with proven supports and strategies to manage a child’s wellness over the child’s lifetime.

**School Safety and Intervention Programs.** Working closely with Sandy Hook Promise, Ohio’s schools are implementing their “Know the Signs” safety program across the state. This program equips school staff with knowledge and skills to identify potential threats of violent action and take steps to intervene. There are 23 training dates already scheduled.

The governor’s plan also calls for background checks, increased penalties for illegally possessing/purchasing/obtaining firearms and improperly providing firearms to minors, widescale usage of a school tip line, hardening “soft targets,” and monitoring social media for potential threats. Click [HERE](#) to learn more about the governor’s proposals.

## RecoveryOhio Assists With Creation of Guide for MAT in Criminal Justice Settings

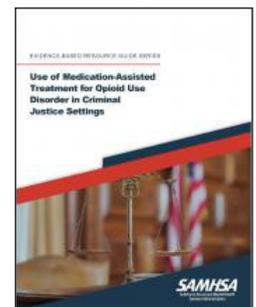
Individuals involved with the criminal justice system are increasingly vulnerable to opioid overdose. A recently released Substance Abuse and Mental Health Services Administration publication funded by the 21st Century Cures Act, **Use of Medication-Assisted Treatment for Opioid Use Disorder in Criminal Justice Settings**, provides critical information on best practices to mitigate overdose risk in the criminal justice system involved population.

According to SAMHSA, drug overdose is the leading cause of death among formerly incarcerated individuals.

This guide focuses on policies and practices that can be implemented during an individual’s time in the correctional system and after release that reduce the risk of overdose for

persons with substance use disorder, while acknowledging that implementing medication assisted treatment (MAT) is a complicated venture. The guide provides guidance on the three types of MAT, best practices for reentry, specific examples of programming on several states, tips for overcoming challenges of implementation, and resources for individuals in medication assisted treatment.

RecoveryOhio’s Community Health Advisor Carol Baden participated in the panel that created the guide.



## Responsible Gaming Education Week is Sept. 15-21

Ohio's partnership aimed at keeping gambling safe for Ohioans is called Ohio for Responsible Gambling or ORG. ORG includes the Ohio Commissions of Casino Control, Lottery, Racing and OhioMHAS. Since 2013, ORG has worked closely with Ohio's gaming industry to ensure consumer protections. Next week's Responsible Gaming Education Week is designed to help the industry focus on how best to protect its customers.

Led by the American Gaming Association and its members, Responsible Gaming Education Week highlights the many steps necessary to keep gambling transparent and to help industry staff to recognize and intervene with gamblers who may be playing out of control. Ohio's ORG group and many community partners work closely with most of the state's gaming industry to promote positive play and to mitigate negative consequences.

To learn more about Responsible Gaming Education Week, check out this [infographic](#). Ohio's gaming industry employees and management undergo ongoing, consistent training and are empowered with up-to-date knowledge and tools to ensure that responsible gaming is top of mind for patrons.

Bobbie Boyer, deputy director of the OhioMHAS Office of Prevention Services, explained, "The most recent Ohio Gambling Survey shows 1 of 10



Ohio adults at-risk of problem gambling, and young adults, especially males ages 18-24, are at the highest risk for negative gambling consequences. Any education in the community that helps Ohioans become more aware of this issue is positive for our families."

The ORG partners want to make sure that if someone gambles, he/she gambles responsibly. Consider these questions:

- Have you ever bet more than you could afford to lose?
- When you gambled, did you go back another day to try to win back the money you lost?
- Have you ever borrowed money or sold anything to get money to gamble or pay bills?
- Have you felt that you might have a problem with gambling or felt guilty about gambling?

To learn more or get help for yourself or a loved one, visit [www.beforeyoubet.org](http://www.beforeyoubet.org), webchat with a counselor, or talk to the Ohio Problem Gambling Helpline at 1-800-589-9966. To text with someone who cares, text "4hope" to 741-741.

## OSU Study: Suicide Rates Climbing, Especially in Rural America

Suicide is becoming more common in America, an increase most pronounced in rural areas, according to researchers from The Ohio State University. The [study](#), which appeared Sept. 6 in the journal *JAMA Network Open*, also highlights a cluster of factors, including lack of insurance and the prevalence of gun shops, that are associated with high suicide rates.

Researchers evaluated national suicide data from 1999 to 2016, and provided a county-by-county national picture of the suicide toll among adults. Suicide rates jumped 41 percent, from a median of 15 per 100,000 county residents in the first part of the study to 21.2 per 100,000 in the last three years of the analysis.

Suicide rates were highest in less-populous counties and in areas where people have lower incomes and fewer resources. In urban areas, counties with more gun shops tended to have higher suicide rates.

"While our findings are disheartening, we're hopeful they will help guide efforts to support Americans who are struggling, especially in rural areas where suicide has increased the fastest," said lead researcher Danielle Steelesmith



## ONDCP Director Visits Columbus

Office of National Drug Control Policy Director James W. Carroll (blue tie) visited Columbus on Aug. 20 to speak with people who are working diligently to help people sustain their recovery. Richard Mason and Todd Henson, of the [House of Hope](#), were invited to lunch with Director Carroll to discuss best practices. Lunch was held at Hot Chicken Takeover, whose [mission is to help give people a second chance](#). Also in attendance was Alisia Clark, Assistant Director of OhioMHAS, Alisha Nelson, Director of Recovery Ohio, Tia Moretti, Deputy Director of Recovery Ohio, Kathleen Young-Riley, Central Ohio Regional Liaison Ohio Governor's Office, Greg Delaney, Woodhaven and Adrian Miller, GM of Hot Chicken Takeover.

## News & Research Roundup

### New OSAM Drug Trend Report

The Ohio Substance Abuse Monitoring (OSAM) Network has released its most recent Drug Trend Report: Surveillance of Drug Abuse Trends in the State of Ohio: June 2018 — January 2019. Click [HERE](#) to view/download.

**OSAM**

Ohio Substance Abuse Monitoring Network

### Columbus State Hospital Cemetery Reclamation's "Silent Voices Speak" — Oct. 10

Twin Valley Behavioral Healthcare Hospital's Cemetery Reclamation Committee is hosting a "Silent Voices Speak" event on Oct. 10 from 11:30a.m.-1p.m. to highlight reclamation efforts at the Columbus State Hospital Cemetery (located next to the Columbus Police Department heliport). Attendees will hear an update on reclamation efforts, read researched biographies, and take a self-guided tour. Light refreshments will be provided. For more information or to RSVP, contact Maureen Fahy at 614.641.4326.

### OSPF Launches YouTube Channel



The Ohio Suicide Prevention Foundation (OSPF) has a [new YouTube Channel](#). Look out for our weekly videos this September for National Suicide Prevention Month. OSPF will feature storytelling and inspirational videos of suicide loss survivors, suicide attempt survivors, advocates, informational videos and more.

### Ohio Statewide Family Engagement Center Launches Website

The Ohio Statewide Family Engagement Center at The Ohio State University has launched a [new website](#). The website is intended to be a resource for both families and schools as they work together to ensure success for each child.



### Crisis Dollars Flowing

The SFY 2020-21 budget directed nearly \$37 million to maintain and develop programs that are currently working to address and prevent crisis. This investment will support communities to develop standardized and quality crisis access to act as an appropriate alternative to arrest or emergency room visits. In recent weeks, OhioMHAS has reached out to county boards to get those dollars flowing. Across Ohio, individuals of all ages (children, adolescents, adults, and the elderly) and their families are seeking care for substance use and mental health problems in record numbers. Frequently these individuals are exhibiting severe symptoms, such as psychosis, suicidal thoughts, and agitation and aggression and/or are exhibiting symptoms of substance withdrawal or the toxic effects of substance ingestion. In many communities, these individuals present to emergency departments that may lack the full-spectrum of resources to adequately assess, stabilize, and integrate these patients back into the community. Additionally, law enforcement is frequently called upon to respond to a behavioral health crisis. These funds may be used to meet intermittent needs so that people and families can successfully maintain their recovery with the least restrictive, lowest cost service possible. This flexible crisis fund will be a tool for communities to provide supports and services that are not covered by Medicaid or other third-party payers. Technical assistance to communities will also be available related to best practices in crisis management and infrastructure development.

### ODH Announces New Initiatives to Combat Youth Vaping Amid CDC Warnings

The Ohio Department of Health (ODH) has [announced new initiatives](#) to prevent and reduce youth vaping following recent warnings from the U.S. Centers for Disease Control and Prevention (CDC) about severe pulmonary illnesses reported following vaping. State and local public health officials in Ohio [have confirmed](#) that 13 reports of severe pulmonary illness are likely due to vaping and are investigating an additional 14 reports of illness. Nationally in 36 states, CDC is reporting 380 confirmed and probable cases of lung disease associated with vaping and six deaths. ODH issued a [health alert](#) to healthcare providers on August 23, along with a CDC health alert, to ask them to report to local or state public health officials for all suspected cases of serious pulmonary illness where the cause is unclear and there is a history of vaping. ODH sent a letter to school districts urging them to prohibit the use of vaping products and to warn parents, students, and others about the dangers of vaping and where to go for free help to quit. ODH also plans to invest \$3.3 million toward the development of a web-based youth vaping prevention education module, parent/caregiver awareness education, public awareness initiatives, and outreach to community stakeholders, and another \$800,000 for public education campaigns targeting youth and their parents about vaping. Meanwhile, Ohio's new law prohibiting the sale of tobacco, including vaping products, to individuals younger than 21 takes

## News & Research Roundup, cont.

effect on Oct. 17, 2019. Information about vaping and risks associated with e-cigarette use is available on the [ODH website](#) and the [CDC website](#). Information about resources to help people quit smoking and vaping are available on the [cessation page of the ODH website](#), including the Ohio Tobacco Quit Line (1-800-QUIT-NOW).

### \$1.8 Billion Awarded to States to Continue Combating Opioid Crisis

The U.S. Department of Health and Human Services (HHS) recently **announced** more than \$1.8 billion in funding to states to continue efforts to combat the opioid crisis by expanding access to treatment and supporting near real-time data on the drug overdose crisis. The Centers for Disease Control and Prevention announced more than \$900 million in new funding for a three-year cooperative agreement with states, territories, and localities to advance the understanding of the opioid overdose epidemic and to scale-up prevention and response activities, releasing \$301 million for the first year. The Substance Abuse and Mental Health Services Administration awarded approximately \$932 million to all 50 states as part of its State Opioid Response grants. Ohio's portion is approximately \$56 million. By the end of 2019, HHS will have awarded more than \$9 billion in grants to states and local communities to help increase access to treatment and prevention services.



### National Prescription Drug Take Back Day Slated for Oct. 26

The U.S. Drug Enforcement Administration will host its next **National Prescription Drug Take Back Day** on Saturday, Oct. 26.

### 2018 National Survey on Drug Use and Health (NSDUH) Report Data Findings

SAMHSA released the **latest data findings from the 2019 National Survey on Drug Use and Health** (NSDUH). The **NSDUH** measures the use of illegal drugs, prescription drugs, alcohol, and tobacco; as well as mental disorders, treatment, and co-occurring substance use and mental disorders in the United States at the national, state, and sub-state levels. NSDUH data help to: identify the extent of substance and mental illness among different sub-groups; estimate trends over time; and determine the need for treatment services.

### African-American Suicide Rates on the Rise

A **new study** suggests suicide rates for African-American youth are skyrocketing and is the second leading cause of death. According to the study, 68,528 black males and 94,760 females made suicide attempts serious enough to warrant treatment by mental health professionals in 2017 and suggests that firearms in the home poses the greatest risk for teens and must be the greatest focus of intervention. Ohio was among the top 10 states in the country for adolescent black suicides between 2015-2017 according to the study.

### "What is Prevention?" Video Series Released

Addiction Policy Forum (APF) and Community Anti-Drug Coalitions of America (CADCA) have created and released a three-part **video series** called "What is Prevention?". The videos are a free resource that features the science of brain development and breaks down the nuts and bolts of effective prevention. APF and CADCA created these videos to empower individuals and communities to prevent adolescent substance use and addiction. These videos explain how prevention focuses on delaying the age of first drug or alcohol use, how genetics account for the likelihood of developing a substance use disorder, and the role of the community in protecting adolescents from early substance use.

### Surgeon General Releases Advisory on Marijuana's Damaging Effects on the Developing Brain

Surgeon General Vice Adm. Jerome M. Adams, has issued an **advisory** emphasizing the importance of protecting youth and pregnant women from the health risks of marijuana use. Marijuana, or cannabis, is the most commonly used illicit drug in the United States. Delta-9-tetrahydrocannabinol (THC), a component of marijuana, binds to receptors in the brain, producing euphoria and a variety of potentially harmful effects, including intoxication and memory and motor impairments. Newer strains of marijuana have also shown to be increasingly more potent, leading to other risks like anxiety, agitation, paranoia and psychosis.

### NIMH Announces New Clinical Research Toolbox

The National Institute of Mental Health (NIMH) recently developed a **Clinical Research Toolbox** designed to assist clinical investigators with the development of clinical research studies. It contains resources such as National Institutes of Health (NIH) and NIMH policy and guidance documents, templates, sample forms, site monitoring documents, and other materials.

# Training Opportunities

## SAPST Online Course Available

The Prevention Technology Transfer Network is offering a free, online ***Introduction to Substance Abuse Prevention: Understanding the Basics*** course. Upon completion of the course, participants will be issued a certificate of completion and directed to a training evaluation (GPRA) form. New users to HealthKnowledge will have to create a new login account, but that is free to do and additional HealthKnowledge courses are also available with their login/account.

Additionally, the New England PTTC has launched three free, on-demand prevention courses, hosted at HealthKnowledge. These are all recorded webinars that have been turned into self-paced courses.

- “Teaching the SAPST at a University,” by PTTC Advisory Council member, Rob Rogers. In this course, Rob presents on his effort to have the SAPST training added as a college course at the University of Maine at Farmington. Rob uses the SPF to talk through all of the steps he took to make this a reality. This is a great webinar for anyone working on an initiative to get prevention education into their local college or university.
- “Minecraft not Ms. Pacman: Transforming Prevention Presentations for Today’s Audiences.” This course, led by Jamie Comstock and Robin Carr, teaches prevention professionals strategies to make their prevention messages and presentations resonate with their audiences.
- “Early Child Development and Toxic Stress,” presented by Alison Schonwald, MD.

## OhioMHAS Housing University — Sept. 16-17

Residential Facility Class 2, Recovery Housing, and Permanent Supportive Housing owners, managers, and operators are encouraged to attend the third annual OhioMHAS Housing University, Sept. 16-17 at the Marriott Columbus — University Area hotel. Click [HERE](#) for more information and to register online. Questions? Please email [Susan.Tafate@mha.ohio.gov](mailto:Susan.Tafate@mha.ohio.gov).

## Third Annual Fetal Alcohol Spectrum Disorders Forum — Sept. 20

September is Fetal Alcohol Spectrum Disorders (FASD) Awareness and Prevention Month. To mark the observance, the Ohio FASD Steering Committee will host its third annual forum “Working Together for Ohio’s Families” on Sept. 20 from 9 a.m.-3:30 p.m. at the Ohio Department of Natural Resources, 2045 Morse Road Suite E, Columbus. Attendees will learn about the impact of prenatal alcohol exposure on the cognitive and behavioral development of children, evidence-based interventions to treat individuals with FASD and how to energize the community to tackle these important issues. Click [HERE](#) to register. For more information, contact [Karen.Kimbrough@mha.ohio.gov](mailto:Karen.Kimbrough@mha.ohio.gov).

## OSU-Marion Addiction Symposium — Sept. 24

The ARCHWay Institute is hosting a free ***Addiction Symposium*** on Sept. 24 on the Marion Campus of The Ohio State University. Guest speakers include OhioMHAS Director Lori Criss and former Ohio State University football star Maurice Clarrett. Topics will include trauma, alternatives to pain management, medication-assisted treatment, overcoming barriers to recovery and stigma. Click [HERE](#) to view the agenda and [HERE](#) to register.

## Crisis Intervention in Higher Education Webinar — Sept. 24

The Ohio Program for Campus Safety and Mental Health is hosting a Crisis Intervention in Higher Education webinar on Sept. 24 at noon. Officer Jeff Futo, a current police officer and former Crisis Intervention Team (CIT) Coordinator for Kent State University Police Services, will present. Click [HERE](#) for more information and to register.

## Building Resiliency: A Pediatric Mental Health Summit — Sept. 26

Ohio Governor Mike DeWine and the Ohio Children’s Hospital Association will host Building Resiliency: A Pediatric Mental Health Summit on Sept. 26 at the Sinclair Conference Center in Dayton. The Summit is open to adults across the state who touch the lives of children, such as parents, coaches, school personnel, counselors, and health care professionals. Attendees will learn how to spot the signs and symptoms of trauma in children and tangible strategies to address it from experts in mental health, health care, education, and other fields. Click [HERE](#) for more information and to register.

## Ethics for the Prevention Professional — Oct. 1

Prevention Action Alliance is hosting an Ethics for Prevention Professionals training on Oct. 1. The training will cover the six principles in the Prevention Code of Ethics, illustrated by realistic examples designed to enhance participants’ understanding of each principle. Cost is \$100 with lunch included. Click [HERE](#) for more information and to register.



## Training Opportunities, cont.

### **MHA Franklin County Children's Mental Health Conference — Oct. 2**

Mental Health America of Franklin County will host its [2019 Children's Mental Health Conference](#), "Working with Youth and Young Adults Who Experience Bipolar Disorder or Psychosis," on Oct. 2. This one-day training at Ohio Department of Transportation's Auditorium will focus on mania and psychosis in youth, including the clinical picture, treatment, biological considerations, and local resources. The program will be presented by speakers Mary A. Fristad, PhD, ABPP; Nicholas Brietborde, PhD; and David Axelson, MD. Seven CEUs approved for Social Workers, Counselors, Psychologists, RN/LPNs, and RCHs. Click [HERE](#) for more information and to register.

### **Community Symposium on Opioid Interventions — Oct. 4**

Ohio University is sponsoring a free Community Symposium on Opioid Interventions on Oct. 4 at the Margaret M. Walter Hall Rotunda in Athens. Topics include: workforce expansion; increasing employment opportunities for persons in recovery; trauma-informed care approaches; and more. Registration capacity is 120 participants. Continuing education credits will be offered. Click [HERE](#) for more information and to register online. Questions? Please contact Tracy Plouck at [plouck@ohio.edu](mailto:plouck@ohio.edu) or 614.560.1048.

### **2019 Pediatric Mental Health Symposium— Oct. 7**

Cincinnati Children's Hospital's Division of Child and Adolescent Psychiatry is hosting its 2019 Pediatric Mental Health Symposium on Oct. 7 at the Great Wolf Lodge in Mason. Click [HERE](#) for more information and to register.

### **Ohio Children's Alliance Fall Conference — Oct. 7-8**

The Ohio Children's Alliance will host its fall conference Oct. 7-8 at the Renaissance Columbus Westerville-Polaris. Click [HERE](#) for more information and to register.

### **5th Annual Latino Mental Health Forum — Oct. 11**

NAMI of Greater Toledo will host the 5th Annual Latino Mental Health Forum, "Conexión Generacional: Culture and Behavioral Health" on Oct. 11 at the University of Toledo Student Union Ingman Room 2520. The forum will focus on contemporary issues in the behavioral health treatment of Latinos, specifically making cultural connections that ensure service delivery. Additionally, raising awareness and building community access to services, treatment, support, education and advocacy for Latinos. The forum is free and will include breakfast and lunch for attendees. CEU's Pending for Social Workers and Counselors. Click [HERE](#) for more information and to register. Questions? Please contact [namilmhf@gmail.com](mailto:namilmhf@gmail.com).

### **2019 Ohio Women's Network Symposium — Oct. 11**

The Ohio Women's Network, in partnership with OhioMHAS, will host its 2019 Women's Symposium, "Hope...Help...Healing," on Oct. 11 at the Quest Conference Center in Columbus. Cost is \$74. Click [HERE](#) for more information and to register online.

### **Ohio's 2019 Recovery Conference — Oct. 14-15**

The Ohio Association of County Behavioral Health Authorities Foundation, in partnership with OhioMHAS, will host Ohio's 2019 Recovery Conference on Oct. 14-15 at the Hyatt Regency in Columbus. The Recovery Conference is for individuals in recovery from a mental illness and/or addiction, family members and support givers, peers working in the field, and allied professionals. Click [HERE](#) for more information and to register.

### **Ohio Council's 2019 Annual Conference and Exhibit Hall — Oct. 17-18**

The Ohio Council of Behavioral Health & Family Services Providers will hold its Annual Conference and Exhibit Hall on Oct. 17-18 at the Marriott Columbus — University Area. Please visit [www.theohiocouncil.org](http://www.theohiocouncil.org) or contact Brenda Cornett, [cornett@theohiocouncil.org](mailto:cornett@theohiocouncil.org), 614.228.0747, for more information.

### **ODVN Diversity, Equity and Inclusion Training — Oct. 17 and Oct. 30**

Save these dates! The Ohio Domestic Violence Network (ODVN) is hosting Diversity, Equity and Inclusion trainings in two locations this fall: Oct. 17 (Pickerington) and Oct. 30 (Mansfield). Registration materials will soon be available on the [ODVN website](#).

## Training Opportunities, cont.

### Private Psychiatric Inpatient Provider Conference — Oct. 18

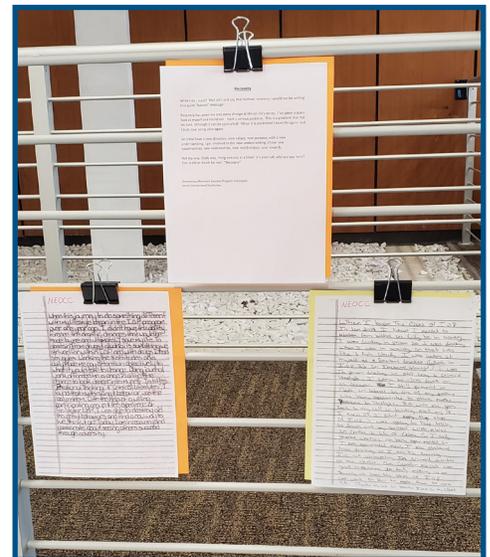
Save the date! OhioMHAS will host the 2019 Private Psychiatric Inpatient Provider Conference, "Transforming Behavioral Healthcare Through Prevention," Oct. 18 at the Quest Conference Center in Columbus. Registration information is forthcoming.

### Cuyahoga ADAMHS "Roads to Recovery Conference '19" — Oct. 21

The Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County will host its 2019 Roads to Recovery Conference, "Navigating Person-Centered Care...Recovery, Resiliency and Beyond" on Oct. 21 at the Cleveland Airport Marriott. The Roads to Recovery conference provides training, information and inspiration to: mental health and addiction prevention, treatment and recovery support providers; social workers; counselors; RN/LPNs, psychologists; psychiatrists and students; individuals in recovery or living with mental illness and/or addiction; and family members and friends of people living with mental illness and/or addiction. Cost is \$100. Click [HERE](#) for more information and to register.

### 2019 Forensic Conference — Nov. 7

OhioMHAS will host the 2019 Forensic Conference "Balancing Risk and Recovery: Helping People Maintain Hope Within the Forensic System" Nov. 7 at the Embassy Suites Columbus — Dublin. This year's conference will feature three concurrent, two-hour workshops. One will focus on mental health courts in Medina and Ashtabula counties. Another workshop will highlight the experiences of three people who have lived experience within the forensic mental health or developmental disability systems. The third workshop will detail recovery-oriented principles and programs within hospitals and community settings. This year's legal update will be presented by two judges: The Honorable Hollie Gallagher, Cuyahoga County Court of Common Pleas, and The Honorable Stephen L. McIntosh, administrative judge, Franklin County Court of Common Pleas. Click [HERE](#) to view the conference booklet and [HERE](#) to register online.



*In recognition of September as National Recovery Month, the OhioMHAS Bureau of Correctional Recovery Services created an exhibit to display in the lobby of the Department of Rehabilitation and Correction. The display includes pictures, quotes, and artwork from individuals served in Ohio's prisons in addition to educational materials.*



**Have a news story or training opportunity you'd like to share with colleagues?**  
Please forward submissions to [Eric.Wandersleben@mha.ohio.gov](mailto:Eric.Wandersleben@mha.ohio.gov) for consideration.