

*PICTURED: At left, students at Dawson-Bryant High School in Lawrence County present Governor Mike DeWine with an IMPACT Prevention T-shirt. At right, Governor DeWine and Ohio Department of Mental Health and Addiction Services Director Lori Criss listen to LEAAD Youth Ambassadors from Loveland Middle School in Hamilton County as they share their thoughts on youth-led prevention.*

## Governor DeWine Visits Schools, Highlights Investments for K-12 Prevention Education

Amid an ongoing national drug epidemic and a spike in suicide deaths among young people, Ohio Governor Mike DeWine this month visited with students and school staff in Franklin, Hamilton, and Lawrence counties to highlight a significant state investment in prevention education services for students in grades K-12. Governor DeWine was joined by Ohio Department of Mental Health and Addiction Services (OhioMHAS) Director Lori Criss, State Superintendent of Public Instruction Paolo DeMaria, RecoveryOhio Director Alisha Nelson, and Director of Children's Initiatives LeeAnne Cornyn.

Strengthening school-based prevention services is a core tenet of Governor DeWine's RecoveryOhio initiative. Governor DeWine worked to include \$18 million in the state biennium budget to fund prevention education efforts and an additional \$2 million to support prevention education training for school staff.

"An investment in our young people is an investment in Ohio's future," said Governor DeWine, who met with school officials and observed first-hand how prevention education is woven into daily classroom activities. "This funding will provide quality prevention services in every school, to every child, in every grade, so that future generations of Ohioans will have the skills they need to prevent substance use disorder."

The funds may be used to support a full-continuum of prevention services and supports that target the general student population, as well as individuals who are at a higher risk and those who are already displaying early signs and symptoms of mental illness

or addiction. Examples include: the purchase of evidence-based prevention curricula; materials for the expansion of existing evidence-based programs being implemented in schools and classrooms (i.e. Life Skills, PAX Good Behavior Game, Project Alert, Keepin' it Real, Brain Power, Hey, I'm Here!, Crisis Text Line, Signs of Suicide, and more); youth-led programming; stipends for teachers to guide after-school and mentoring programs; parenting programs; and social norms and awareness campaigns, among other activities.

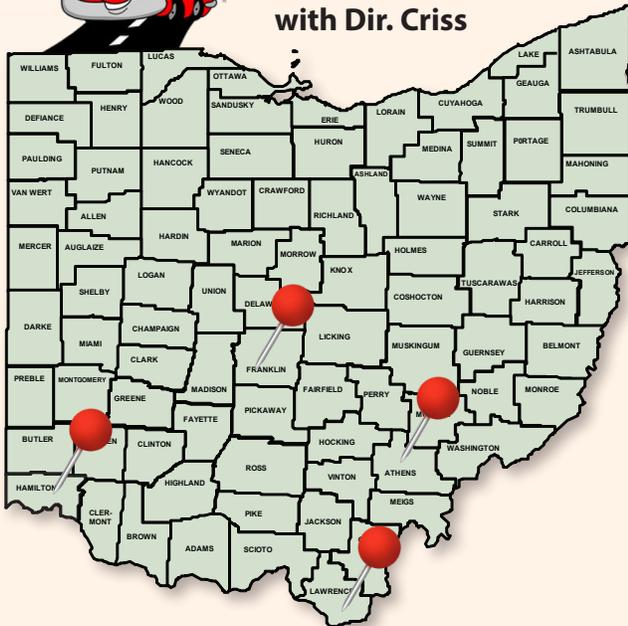
"There's wisdom in the old saying 'an ounce of prevention is worth a pound of cure,'" said Director Criss, noting research that shows a significant return on investment for every dollar spent on prevention. "Ohio's schools are uniquely positioned to help educate young people about the dangers of alcohol and other drugs and to identify young people who either already have or are at increased risk for mental health or substance use disorders and connect them to local resources for help."

The \$2 million of prevention education training funding is available for Education Service Centers to train local service center or school personnel on implementing, planning, and gathering data about quality prevention programs.

"These resources offer schools opportunities to further design nurturing, enriching environments and practices promoting student well-being to help young people deal with the stress and trauma too prevalent in our society today," said Superintendent DeMaria. Learn more at <https://recoveryohio.gov/>.



## On the Road with Dir. Criss



A brief recap of some of Dir. Criss' recent activities:

- 11.1 Spoke at North Central Mental Health Services' annual breakfast meeting.
- 11.8 Provided remarks at the fourth annual **Stepping Up** Summit
- 11.13 Visited Appalachian Behavioral Healthcare.
- 11.14 Provided remarks at Board Training Academy hosted by the Ohio Association of County Behavioral Health Authorities and OhioMHAS.
- 11.26 Traveled with Governor Mike DeWine, Recovery Ohio Director Alisha Nelson and State Superintendent of Schools Paolo DeMaria to observe prevention programming in schools in Franklin, Hamilton and Lawrence counties.

### December is Impaired Driving Prevention Month

December has been designated as National Impaired Driving Prevention Month to raise awareness, advocate for consistent and strong enforcement of impaired driving laws, and empower parents and teens to make healthy and smart choices around driving this holiday season. The National Highway Traffic Safety Administration has helpful resources on its website. Click [HERE](#) for more information.

## Andrea Bucci Appointed CEO at Heartland Behavioral Healthcare

The Ohio Department of Mental Health and Addiction Services (OhioMHAS) is pleased to announce the appointment of Andrea M. Bucci as Chief Executive Officer at Heartland Behavioral Healthcare (HBH). Bucci has been employed in the state hospital system since 2003. Most recently, she served as the Chief Operating Officer at HBH for nine years.



Bucci

She has a background in business administration with degrees in Psychology and Criminal Justice from Youngstown State University.

As CEO, she will oversee approximately 250 employees and be responsible for the well-being, care and treatment of 132 patients at the Massillon hospital. HBH serves residents from 11 counties: Ashland, Carroll, Columbiana, Holmes, Mahoning, Medina, Richland, Stark, Trumbull, Tuscarawas, and Wayne.

### Winter Weather Alert

Cold winter weather has arrived in Ohio. With that in mind, OhioMHAS Medical Director Justin Trevino, M.D., has issued a Winter Weather Alert to help prevent cold-related injuries like hypothermia and frostbite, and other complications. Click [HERE](#) to view/download/print this resource.



### Online Licensure Process Coming

OhioMHAS is soon introducing an online licensing and certification application process to replace the current paper applications. Providers will submit applications directly into the Licensure and Certification Tracking System, known as LACTS. After applying in the new, online system, providers will receive an email confirmation and up-to-date communication on the status of their licensure or certification, giving them confidence that their application was successfully received. The system will also offer providers 24-hour access to their licensure or certification information. Additional information will be posted as it becomes available at [mha.ohio.gov/LACTS](http://mha.ohio.gov/LACTS).



At left, young adults gather to make clay sculptures during a “Coffee & Clay” event hosted by the Recovery Center of Hamilton County’s RC After Dark program. At right, Brian recites poetry during an open mic night opportunity.

## Peer Recovery Organization Uses Art to Promote Healing, Community Connection

Adjusting to adulthood and going to college is not easy. For many youth and young adults, this can be a time where mental illness and substance use disorders can arise. Many do not have the appropriate resources that they need in order to deal with these issues.

The Recovery Center of Hamilton County brings hope to those who are faced with the uncertainty of what may lay ahead for them as they deal with these issues.

The **Recovery Center** is a nonprofit Peer Recovery Organization (PRO) that helps empower individuals with mental illness to live more meaningful lives in the community. The staff is comprised of peers with lived experience with mental illness and/or substance abuse. Established in 2006, the Center takes a holistic approach to recovery by focusing on recovery education, physical wellness, computer skills development, creative expressions, job readiness, academic advancement, personal growth, support groups, and community involvement.



To help meet the needs of individuals outside the standard nine-to-five time frame, the Center launched **RC After Dark** — a monthly event series that focuses on providing a positive community for transitional-age youth and young adults. To accomplish that goal, staff work to create a space in which individuals feel comfortable and supported through common interest, peer-support, and fun.

Through RC After Dark, youth and young adults partake in a variety of activities and events, many of which have ties to the arts. They have open mic nights, movie nights, writing workshops, pottery events, game nights, painting, and more.

Amanda Stoddard, who serves as a coordinator for the program, believes

that these events are good for this population. “Ultimately, through every event held, we build each other up and confide in one another in a way that doesn’t have any pressures or strings,” she said.

Stoddard hopes that the program will continue grow and implement new event ideas and community connection initiatives so that they can reach out to anyone who may need RC After Dark as a resource in their lives. “It is our hope that we can help young adults who are struggling with their mental health find understanding, a safe space, resources to heal, and most of all, community connection,” Stoddard said.

RC After Dark plans to strengthen its partnership with the Cincinnati Art Club to provide more art-related events to consumers. Staff is also looking forward to partnering with the University of Cincinnati to develop and provide additional programming for young people affected by mental health issues.



Christopher P. Maret, M.D., (center) received the Howard H. Sokolov Forensic Mental Health Leadership Award at the 2019 Forensic Conference. Dr. Maret, who serves as director of the Forensic Psychiatry Fellowship program at the University of Cincinnati, received the award from OhioMHAS Medical Director Justin Trevino, M.D., (left) and OhioMHAS forensic services lead Robert Baker, Ph.D. (right).

## Annual Forensic Conference Focuses on Hope

OhioMHAS hosted its Annual Forensic Conference Nov. 7. The training attracted a record gathering of professionals who work with people who have a mental illness and/or an intellectual disability and who are involved in the criminal justice system.

The conference theme was “Balancing Risk and Recovery: Helping People Maintain Hope within the Forensic System.” Dr. Debra Pinals, director of the University of Michigan Psychiatry, Law and Ethics program and medical director of Behavioral Health and Forensic Programs the Michigan Department of Health and Human Services, focused on this theme in her opening keynote address, “Recovery and Person-Centered Approaches for People with Intellectual Disabilities and Mental Illness The Forensic Path Forward.” Dr. Pinals examined some of the negative connotations associated with the term “forensic patients” and how this stigma holds individuals back in their journeys to achieve recovery.

Dr. Susan Hatters Friedman followed that up with her keynote address, “Recovery in Forensic Mental Health,” borrowing from her seven-year experience in New Zealand where they have developed a model titled “secure recovery.”

Cuyahoga County Common Pleas Court Judge Hollie Gallagher and Franklin County Common Pleas Court Administrative Judge Stephen McIntosh led the Legal Update, where they facilitated a discussion about varying interpretations about the commitment of people with mild intellectual disability who are unrestorable to competency to stand trial.

OhioMHAS staff also presented the 2019 Howard H. Sokolov Forensic Mental Health Leadership Award to Christopher P. Maret, M.D., director of the Forensic Psychiatry Fellowship at the University of Cincinnati for his leadership in revitalizing the fellowship and providing excellent mentoring and training.

Click [HERE](#) to view/download slides

## Ohio BWC Offering Drug Disposal Bags for Opioid Prescriptions

Ohio Governor Mike DeWine, Ohio Bureau of Workers’ Compensation (BWC) Administrator/CEO Stephanie McCloud, and RecoveryOhio Director Alisha Nelson launched a new, statewide effort to prevent opioid diversion and addiction in situations where an injured worker is prescribed opioids as part of a BWC claim.

Starting Nov. 1, injured workers receiving an opioid prescription for the first time within the past 12 months automatically receive a drug disposal bag upon filling the prescription at a retail pharmacy. The bags destroy the opioids in a chemical process, rendering them useless for legitimate or recreational use.

“Newly injured workers don’t always need every opioid pill in their prescription, and this new effort will simplify the process for safely disposing these dangerous drugs,” said Governor DeWine.

“We need every tool available to resolve the opioid and substance epidemic in this state, and it’s my hope these bags will move us closer to that goal,” said McCloud.

Data from the latest National Survey on Drug Use and Health states that nearly one-third of people aged 12 and older who used drugs for the first time began by using a prescription drug for non-medical purposes. BWC will cover the cost of the disposal bags, which are limited to opioid prescriptions. The bags will be available at every retail pharmacy across the state.

View a [fact sheet](#) on BWC’s website.



## New Videos Highlight Importance of a Systems of Care Approach to Working with Youth, Families

Through a Strong Families Safe Communities grant, the Family and Children First Council in Lucas County developed four videos to illustrate the importance of a Systems of Care Approach to working with children/youth and their families.

The first of the four videos provides an overview of the Systems of Care approach and features OhioMHAS Director Lori Criss, along with Ohio Department of Developmental Disabilities Director Jeff Davis, Lucas County Mental Health and Recovery Services Board Executive Director Scott Sylak, Hancock County Alcohol, Drug Addiction and Mental Health Services Board Executive Director Precia Stuby, and other local officials. The remaining three videos share the stories of families from Lucas, Sandusky and Seneca counties.

The FCFC Council will use the videos to help educate other community leaders, practitioners and elected leaders across northwest Ohio and elsewhere. Click the links below to watch the videos.

1. [Systems of Care Approach to Working with Families](#)
2. [Black Family Story](#)
3. [Webster Family Story](#)
4. [Wright Family Story](#)



*The Mental Health and Recovery Board of Belmont, Harrison and Monroe Counties held its fourth Crisis Intervention Team (CIT) training in partnership with the Belmont County Sheriff's Office and community providers. Twenty-seven law enforcement officials, dispatch officers and first responders representing the St. Clairsville Post of the Ohio State Highway Patrol, Belmont County Sheriff's Office, St. Clairsville Police Department, Bridgeport Fire Department and Belmont County CISM graduated on Nov. 8.*



*The Fairfield County Alcohol, Drug Addiction and Mental Health Services Board graduated 12 law enforcement officers and other related personnel from its CIT training on Nov. 8. The trainings help first responders better serve community members who may be experiencing mental health crises.*

## Cuyahoga County Continues Funding for Fentanyl Test Strips

The Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County will continue a ***grassroots fentanyl test strip program*** through 2020 with a \$60,000 investment.

The distribution program launched in June when Cuyahoga County saw a high number of fatal overdoses linked to the deadly synthetic opioid, fentanyl, in cocaine. The ADAMHS Board worked

with local law enforcement and the Drug Enforcement Administration to identify businesses in close proximity to areas where multiple overdoses had occurred. Test strips and instructions on how to use them were placed in waiting areas, bathrooms and even check-out counters at local businesses such as gas stations and barbershops. More than 15,000 test strips have been distributed.

## Video Promotes Recovery, How to Get Help in Ohio

As part of a larger campaign to reduce stigma and promote the use of **treatment resources** available on the Take Charge Ohio website,



OhioMHAS released the first of three videos. The video features the story

of Natalie, a young mother who was homeless, pregnant and struggling with addiction when she passed through the door of First Step Home in Cincinnati and onto the path of recovery. Click [HERE](#) to watch her story.



## Crisis Intervention Team Training

The Alcohol, Drug Addiction and Mental Health Services Board of Athens, Hocking and Vinton counties held its 17th annual Crisis Intervention Training Nov. 18-22. Including this latest training, 415 law enforcement and first responders have completed the training.



## Trauma-Informed Schools

More than 120 school administrators, staff and teachers from 12 school districts in Mahoning County recently completed an "Implementing Trauma-Informed Care in Schools" training. The training was facilitated by Dr. Kelly Glick and Darlene Mack of Findlay City Schools who have been leading their district's efforts to move toward trauma-informed schools since 2014. This training was part of a broader effort launched in 2018 to help Mahoning County become trauma informed. Pictured (l-r): Richard Hura, Mahoning County Juvenile Court trauma-informed care coordinator; Dr. Kelly Glick and Darlene Mack, both of Findlay City Schools.

## ODH Report: Suicide a Growing Public Health Epidemic

### Five Ohioans Die by Suicide Each Day

In Ohio, five people die by suicide every day, and one youth dies by suicide every 33 hours, according to a **new report** released this month by the Ohio Department of Health (ODH).

From 2007 to 2018 the number of suicide deaths increased nearly 45 percent in Ohio. In 2018, there were 1,836 suicides in Ohio and the highest suicide rate — the number of suicide deaths per 100,000 population — was among adults 45 to 64 years old. Males are disproportionately burdened by suicide across the lifespan, and their suicide rate is nearly four times the rate among females. **See related infographic.**

"Suicide in Ohio and nationally is a growing public health epidemic, particularly among young people," said ODH Director Amy Acton, M.D., MPH. "Suicide is the leading cause

of death among Ohioans ages 10-14 and the second-leading cause of death among Ohioans ages 15-34."

Other highlights of the ODH report include:

- Suicide rates are highest among white, non-Hispanic males.
- From 2007 to 2018 the number of suicides among youth ages 10-24 increased by 56 percent, and the suicide rate increased by 64 percent. In 2018, 271 of Ohio's suicide deaths were in this age group.
- From 2014 to 2018 the suicide rate among black non-Hispanic males increased nearly 54 percent.
- From 2007 to 2018 the suicide rate among older adults age 65 and older increased nearly 48 percent.



## News & Research Roundup

### New Gambling Addiction Help Guide Released

The University of Nevada Reno recently published a new [gambling addiction help guide](#) for public health communities and those looking to share information about helping people with gambling addictions and problem gambling. The guide provides detailed insights and resources on topics like: facts and statistics regarding a gambling addiction; list of gambling addiction hotlines; challenges facing those with a gambling addiction; gambling community and support groups; and tips for helping people with a gambling addiction.

### FindTreatment.gov

The Substance Abuse and Mental Health Services Administration (SAMHSA) has announced the launch of [FindTreatment.gov](#), a new and improved website for helping to connect Americans who are looking for substance abuse treatment. Visitors can access information treatment providers' locations, treatment options, payment and insurance information, and on more than 13,000 state-licensed facilities, based on data compiled by SAMHSA.



### Encourage Older Adults to be Safe with Medications

One in three Americans who uses prescription medications is an older adult. Older adults also account for three out of 10 adults who use non-prescription (or over-the-counter) medications. Research has shown that three out of five older adults take their prescriptions improperly, including skipping doses, not filling prescriptions, and not following the prescriber's directions. For these reasons, and more, medication safety becomes increasingly important as we age. Possible complications from medication misuse include adverse reactions, depression, confusion, malnutrition, falls, and addiction. Click [HERE](#) to learn steps that older adults can take to avoid medication misuse and abuse.

### FDA and Scholastic Launch New Youth e-Cigarette Prevention Resources

[National Youth Tobacco Survey](#) results show disturbing rates of e-cigarette use among both middle and high school students in 2019, with nearly one million reporting daily use. Educators play an active role in fighting the youth e-cigarette epidemic. The Food and Drug Administration and Scholastic collaborated to launch their first middle school resources in addition to new resources for high schools. Resources, such as lesson plans and activity sheets, will be sent to more than one million teachers to help them start educational conversations about the harms of youth e-cigarette use. Click [HERE](#) to view the new resources.

### FDA: One-Fourth of High School Students Report Using e-Cigarettes

One-fourth of high school students and 10 percent of middle school students say they use e-cigarettes, according to a [new study](#) by Food and Drug Administration researchers. The findings suggest an estimated 4.1 million high school students and 1.2 million middle school students are using e-cigarettes. Among teens who used e-cigarettes, Juul use was reported by 59 percent of high school students and 54 percent of middle school students as their usual brand of e-cigarettes in the past month. Among teens who used e-cigarettes but who didn't use other tobacco products, an estimated 72 percent of high school students and 59 percent of middle school students used flavored e-cigarettes.



### Alcohol Research — Current Reviews: High-Intensity Drinking

Movies and television often portray people drinking to extremes. In one film, James Bond consumed 20 drinks just before a high-speed car chase that left him in the hospital. Due to evidence that some people, like the fictitious Bond, drink far above the standard definition of binge drinking, researchers have begun distinguishing this kind of alcohol consumption as "high-intensity drinking." This featured review summarizes recent research on high-intensity drinking. Click [HERE](#) to read the review.



### Misuse Increases for Gabapentin and Baclofen, Used to Treat Chronic Pain

The drugs gabapentin and baclofen, both of which are sometimes prescribed instead of opioids for chronic pain, are increasingly being misused, according to a [new report](#). The drugs are being used in a growing number of suicide attempts. Researchers evaluated data from the National Poison Data System for gabapentin between 2013 and 2017, and baclofen between 2014 and 2017. They found during those periods, suicide attempts after people took just gabapentin rose by 80.5 percent, and increased by 43 percent for people who took just baclofen.

## News & Research Roundup, cont.

### Researchers Find Clue to Preventing Addiction Relapse

A [study](#) published in *Neuropsychopharmacology* reported that relapse can be prevented by controlling cells in a brain region called the nucleus accumbens. The study was conducted among 90 Sprague Dawley rats with genetic diversity. Researchers used a tool called chemogenetic receptors to act as a light switch on the cells. When researchers changed the activity of neurons in the nucleus accumbens, they were able to control relapse behavior. The research team concluded this process could be used to prevent relapse for any addiction — including compulsive gambling and overeating — because they affect the same brain regions as drug addiction.

### Alcoholic Myopathy: Pathophysiologic Mechanisms and Clinical Implications

Skeletal muscle dysfunction (i.e., myopathy) is common in patients with chronic alcohol use disorder (AUD), with some studies suggesting it occurs in 40-60 percent of patients. Although alcohol-related muscle disease is nearly 5 times more common than liver cirrhosis, its contribution to long-term health and disease in patients with AUD is not well-understood. A [new article](#) from the National Institute on Alcohol Abuse and Alcoholism explores the epidemiology of alcohol-related myopathy, alcohol's effects on mechanisms controlling muscle mass and function, and potential therapeutic approaches.

### NIMH Seeks Public Input on 2020 Strategic Plan for Research

The National Institute of Mental Health is seeking feedback to help guide the future of mental health research efforts and priorities. Every five years, NIMH publishes a Strategic Plan for Research to accelerate progress in basic, translational, and clinical science. The 2020 Strategic Plan includes four goals that form a broad roadmap for the Institute's priorities over the next five years: define the brain mechanisms underlying complex behaviors; examine mental illness trajectories across the lifespan; strive for prevention and cures; and strengthen the public health impact of NIMH-supported research. [Read](#) the draft plan. Click [HERE](#) to submit feedback **by Jan. 2, 2020**.



### CDC: Childhood Trauma is a Public Health Issue

One in six people across the U.S. has experienced four or more kinds of adverse childhood experiences, according to a [report](#) from the Centers for Disease Control and Prevention. Experiencing traumatic events as a child puts an individual at risk for lifelong health effects. This new report confirms this, finding that Americans who had experienced adverse childhood experiences, or ACEs, were at higher risk of dying from five of the top 10 leading causes of death. Using data from a survey of more than 144,000 adults from 25 states, the report found that about 60 percent of Americans experience at least one adverse experience during childhood.



### Best Practices in Care Transitions

The National Action Alliance for Suicide Prevention has released [Best Practices in Care Transitions for Individuals with Suicide Risk: Inpatient Care to Outpatient Care](#). The report, designed to build on the Action Alliance's [Recommended Standard Care for People with Suicide Risk](#) and [The Way Forward: Pathways to Hope, Recovery, and Wellness with Insights from Lived Experience](#), presents feasible, evidence-based practices that health systems and providers can take to improve patient engagement and safety during the transition from inpatient to outpatient care.

### Grant Opportunity for Latino Mental Health Navigator for Central and Southwest Ohio

Funding is available for [two mental health navigator project\(s\)](#) (\$65,000 each) expected to reduce disparities in availability, accessibility, and quality of behavioral health care services for the Hispanic-Latino community in central and southwest Ohio. The mental health navigator project(s) will identify and target structural barriers, promote engagement in behavioral health-care, and facilitate navigation of systems of care. Mental health navigators will work closely with clients and families to provide information on best options and referrals to health care professionals, facilities, and organizations specializing in the client's needs. Applicants may include non profits, ADAMHS Boards, or area agencies working in collaboration with local ADAMHS Boards in central and southwest Ohio. Applicants should demonstrate collaboration with local system partners; experience and familiarity in working with Latinos; and, readiness to implement a bilingual community mental health navigation model. Applications are due no later than Dec. 20. For any questions contact Mary Grace Sanchez at [Mary.Sanchez@ochla.state.oh.us](mailto:Mary.Sanchez@ochla.state.oh.us) or call 614.728.8345.



## Training Opportunities, cont.

### Call for Presentations: 2020 Opiate and Other Drugs of Abuse Conference

The Ohio Association of County Behavioral Health Authorities (OACBHA), in partnership with OhioMHAS, will host Ohio's 2020 Opiate and Other Drug Conference on June 8-9, 2020, at the Hyatt Regency in Columbus. The conference, which is expected to draw approximately 1,200 attendees, will focus on opiate and other substance use disorders, specifically on efforts related to prevention, education, intervention, treatment, recovery, family supports, community engagement, and more. The [call for presentations](#) is now available. OACBHA is requesting presentations from all categories of professionals, individuals in recovery, and family members. The deadline to submit proposals is Jan. 10, 2020.

### Understanding Recovery Housing and Opioid Use Disorder Trainings

As part of Ohio's State Opioid Response (SOR) grant activities, the Northern Ohio Recovery Association Training Institute has been selected to host [Understanding Recovery Housing and Opioid Use Disorder trainings](#). The free, six-hour training will assist recovery housing operators in increasing their knowledge on local and national statistics related to the opioid epidemic as well as raise awareness on medication-assisted treatment. The trainings are open to recovery house operators, individuals in recovery, clinicians, peer support specialists, law enforcement, and community stakeholders. Upcoming trainings include:

Dec. 11, 2019 | The P.E.E.R. Center — Columbus | [Registration](#)

Jan. 16, 2020 | ADAMHS Board of Cuyahoga County — Cleveland | [Registration](#)

Jan. 23, 2020 | Mental Health and Recovery Services Board of Lucas County | [Registration](#)

Feb. 13, 2020 | Tri-County Board of Recovery and Mental Health Services — Troy | Registration forthcoming.

### Star Behavioral Health Providers Trainings

Star Behavioral Health Providers is a training program that will help you better understand and serve veterans, service members and their families as clients. You can also join an online registry of providers that will help them find your organization. Trainings and CEUs are free. Upcoming Tier I trainings will be held in Marion (Jan. 14, 2020), Athens (Feb. 12, 2020), Ironton (March 11, 2020), Toledo (May 14, 2020) and Dayton (June 24, 2020). Upcoming Tier II and III trainings have been planned for Chillicothe (Jan. 29-30, 2020) and Dayton (Feb. 26-27, 2020). Click [HERE](#) for more information.

### G.A.P. Network to Host Five Summits in 2020

To support individuals, families, and communities who have experienced loss, the G.A.P. Network will host five summits — including four regional and one statewide training in the coming year. Dates/locations include: Southwest Regional Summit (Dayton) — Jan. 18; Northwest Regional Summit (Findlay) — Feb. 8; Southeast Regional Summit (Zanesville) — March 14; Northeast Regional Summit (Akron) — April 18; and Statewide Summit (Columbus) — June 6. Click [HERE](#) for updates.

### Human Trafficking Summit — Jan. 9, 2020

Ohio Attorney General Dave Yost is hosting the inaugural [Human Trafficking Summit](#) Jan. 9 at the Greater Columbus Convention Center. The summit will provide an opportunity for attendees to learn what other areas of the state are doing, as well as the role of other disciplines throughout the state. It will also identify gaps in service and roadblocks that exist for investigators, advocates and victims.

### Stage II: Treating the Disordered Gambler (Tiffin) — Jan. 9-10, 2020

OhioMHAS and Recovery Resources will host a [Stage II: Treating the Disordered Gambler](#) training on Jan. 9-10, 2020, at the North Central Ohio Educational Service Center in Tiffin. This phase of training is designed for the clinician preparing to treat disordered gamblers. During this training, clinicians will gain a better understanding of treating gambling addiction through cognitive behavioral therapy and motivational interviewing techniques. Participants will discuss case reviews, participate in role plays, and write treatment plans. Participants will also discuss disordered gambling as a co-occurring disorder. Cost is \$50.

### 17th Annual Ohio Problem Gambling Conference — Feb. 20-21, 2020

Save the Date! The 17th Annual Ohio Problem Gambling Conference has been scheduled for Feb. 20-21, 2020, at the Nationwide Hotel and Conference Center in Columbus. The conference will bring together national experts, state leaders, and local innovators in problem gambling prevention, intervention, treatment, recovery, research, administration, and responsible gambling. Those interested in prevention and treatment of gambling disorder should attend, as well as behavioral health

## Training Opportunities, cont.

professionals who want to learn more about the high incidence of co-occurring risky behaviors among youth, and addiction and mental illness disorders across the lifespan that are often identified as co-morbid with gambling problems. In addition, gambling industry professionals interested in promoting responsible gambling and working with service providers should attend.

### 11th Annual Ohio Human Trafficking Awareness Day — Feb. 27, 2020

State Senators Teresa Fedor and Stephanie Kunze, and Rep. Tavia Galonski will host the 11th Annual Human Trafficking Awareness Day on Feb. 27. For more information, contact [fedor@ohiosenate.gov](mailto:fedor@ohiosenate.gov).

### Collaborative Assessment and Management of Suicidality (CAMS) Workshops

The Ohio Suicide Prevention Foundation will offer two, free Collaborative Assessment and Management of Suicidality (CAMS) trainings in early 2020. CAMS is an evidenced-based treatment framework used to assess suicidality and specifically treat suicide risk. Upcoming trainings include **March 13** (Norwalk) and **April 15** (Zanesville).

### Stage II: Treating the Disordered Gambler (Chillicothe) — March 19-20, 2020

OhioMHAS and Recovery Resources will host a **Stage II: Treating the Disordered Gambler** training on March 19-20, 2020, at the Adena PACCAR Medical Education Center in Chillicothe. This phase of training is designed for the clinician preparing to treat disordered gamblers. During this training, clinicians will gain a better understanding of treating gambling addiction through cognitive behavioral therapy and motivational interviewing techniques. Participants will discuss case reviews, participate in role plays, and write treatment plans. Participants will also discuss disordered gambling as a co-occurring disorder. Cost is \$50.

### 2020 Ohio Recovery Housing Conference — March 30-April 1, 2020

Ohio Recovery Housing will host its **annual conference**, "Opening the Door to Quality," March 30-April 1, 2020, at the Embassy Suites — Dublin. The planning committee is currently **accepting workshop proposals** through Jan. 3. For more information, contact [info@ohiorecoveryhousing.org](mailto:info@ohiorecoveryhousing.org) or call 614.453.5133.

### ICCA Public Policy Forum and Hill Day — March 31, 2020

The International Community Corrections Association (ICCA) will hold its annual Public Policy Forum on March 30, 2020, in Washington, DC. The Forum will include speakers from Capitol Hill, federal agencies and the non-profit stakeholder community who will discuss current trends in juvenile and criminal justice policy, pending legislation and relevant updates for those working within community corrections. Registration will be available soon. Visit <https://www.iccalive.org/icca/> for more information.

### Midwest Suicide Prevention and Behavioral Health Summit — May 14-15, 2020

The Ohio Suicide Prevention Foundation (OSPF) will partner with OhioMHAS and the National Alliance on Mental Illness of Ohio to host a Midwest Suicide Prevention and Behavioral Health Summit May 14-15, 2020, in Columbus. Conference organizers are accepting **workshop proposals** through Jan. 17, 2020.

### Ohio Teen Institute — June 7-11, 2020

Ohio Teen Institute, Ohio's oldest youth-led prevention conference, will hold its summer conference June 7-11, 2020, at Heidelberg University in Tiffin. For more information, visit [www.ohioti.com](http://www.ohioti.com).

### Ohio Prevention Conference — June 29-July 1, 2020

OhioMHAS and the College of Social Work at The Ohio State University will host the Ohio Prevention Conference (OPC) on June 29-July 1, 2020, at the Ohio Union at The Ohio State University. The goal of the OPC is to expand opportunities for prevention practitioners to receive knowledge on cutting-edge prevention science, increase competency in the selection and implementation of evidence-based practices, and provide opportunities for sharing and networking of prevention efforts across the state founded in cultural competency and equity.



**Have a news story or training opportunity you'd like to share with colleagues?**

Please forward submissions to [Eric.Wandersleben@mha.ohio.gov](mailto:Eric.Wandersleben@mha.ohio.gov) for consideration.