

## American Association of Suicidology Releases “Media as Partners in Prevention” Toolkit OhioMHAS, Nationwide Children’s Hospital, Ohio University Key Contributors

The **American Association of Suicidology** (AAS), in partnership with the Ohio Department of Mental Health and Addiction Services, Nationwide Children’s Hospital, and Ohio University’s E.W. Scripps School of Journalism, recently released an updated, comprehensive and evidence-based set of recommendations for media organizations and journalists who report on suicide and suicide prevention activities — **Suicide Reporting Recommendations: Media as Partners in Suicide Prevention.**

“Our team set out to create a resource that values the perspectives of journalists, those with lived experience related to suicide and mental health professionals. In practice, this document is meant to increase a journalist’s awareness of suicide reporting elements that lead to authentic, meaningful and responsible stories,” said John Ackerman, clinical psychologist at Nationwide Children’s Hospital and suicide prevention coordinator at the Center for Suicide Prevention and Research.

This unique set of recommendations was developed to expand the guidelines in existence, as well as to increase access to an ever-growing, critical resource. The purpose of the toolkit is to provide media professionals with application-based recommendations, while also providing background context on the development of why the individual components are important for consideration. The content is meant to empower journalists in their roles as partners with suicide prevention professionals.

The Ohio General Assembly allocated \$3 million to OhioMHAS to develop prevention, treatment and post-vention policies and programs to reduce suicide deaths in Ohio. As part of this suicide initiative, based on various research studies, OhioMHAS

stakeholders decided to update Ohio’s guidelines on how the media, including social media, reports suicide deaths. Research has shown that media coverage of a death by suicide can increase

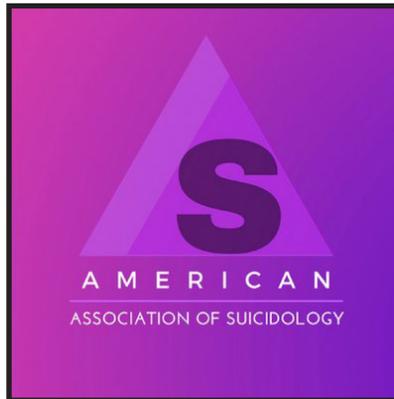
contagions, which are other suicide attempts and deaths that are a result of a suicide death.

Media guidelines can help journalists report suicide deaths in a responsible manner to reduce potential contagions. OhioMHAS awarded \$75,000 to Nationwide Children’s Hospital and Ohio University’s E.W. Scripps School of Journalism to update Ohio’s media guidelines. As part of the grant, Nationwide Children’s Hospital and Ohio University also conducted workshops at various journalism schools throughout Ohio to train students about the purpose and ways to incorporate the guidelines in their coverage of suicide deaths.

“I’m thrilled that our continued relationships between media and suicide prevention professionals has resulted in such an action-oriented resource,” said Colleen Creighton, AAS executive director.

“The high-profile suicide deaths of this summer and continued media attention to suicide prevention have exemplified the need for evolving thought and understanding to approaching the public about this public health issue.”

A key component of this toolkit is its inclusion in the development process of the voices of those who have survived their own suicide attempts or continue to experience thoughts of suicide. This effort was significantly amplified by the perspectives and experiences of suicide loss survivors and journalism professionals. Research has shown that responsible reporting on suicide, including stories of hope and resilience, can prevent suicides.



## Dr. Hurst, Rep. Landis Take on Men’s Mental Health, Promote ManTherapy.org in New PSA

Men are not immune to depression and anxiety. These disorders can lead to substance and alcohol abuse, anger, loss of happiness and even suicide. That’s why the State of Ohio has partnered with ManTherapy.org — to tell men that it’s ok to ask for help and that depression, anxiety and other mental health disorders are fixable — but they don’t have to fix it alone.

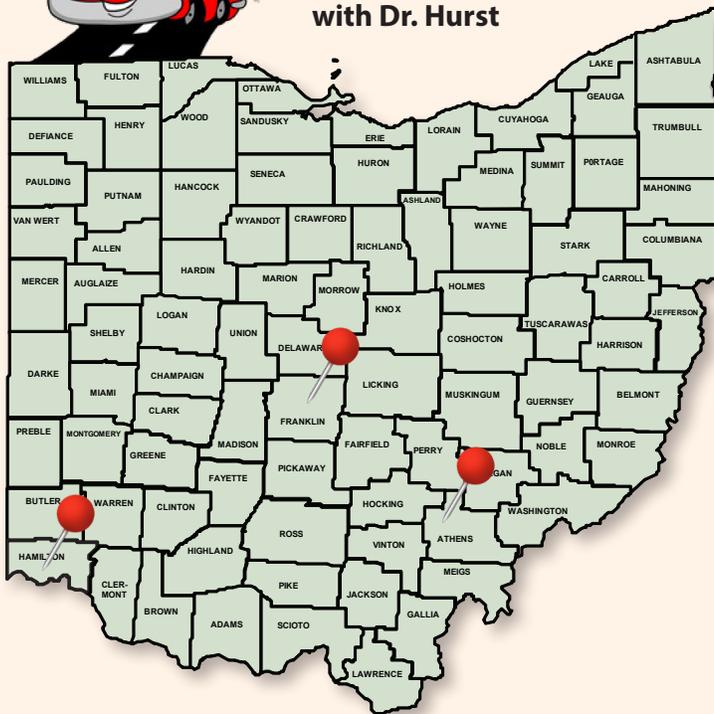
State Rep. Al Landis (R-Dover) recently sat down with OhioMHAS Director Mark Hurst, M.D., to record a new **public service announcement**, and to encourage those who wish to learn more about men’s mental health to visit **ManTherapy.org**.





# On the Road

with Dr. Hurst



A brief recap of some of Dir. Hurst’s recent public activities:

- 12.3 Joined with Rep. Al Landis (R-Dover) to record a public service announcement regarding men’s mental health.
- 12.4 Attended The Ohio State University’s Center for Clinical and Translation Science annual scientific meeting to present on statewide efforts to address the opioid crisis.
- 12.6 Toured the Ridges in Athens, the former psychiatric hospital from 1874-1993.
- 12.12 Along with the Ohio Department of Higher Education, met with officials from Hocking College in Nelsonville for an update on Mental Health First Aid.
- 12.13 Spoke at Mental Health and Addiction Advocacy Coalition’s Southwest Hub Membership Meeting in Cincinnati on medical marijuana and mental health.
- 12.18 Chaired summative meeting of the Governor’s Cabinet Opiate Action Team.
- 12.19 Participated in a conference call with representatives from The partnership for Drug-Free Kids to discuss working together on targeted initiatives to assist Ohio families.

## Big Bowl Vote to Measure Impact of Alcohol Ads on Young People

Prevention Action Alliance is once again sponsoring the Big Bowl Vote to help gauge the impact of alcohol advertising on young people during Super Bowl LIII on Feb. 3.

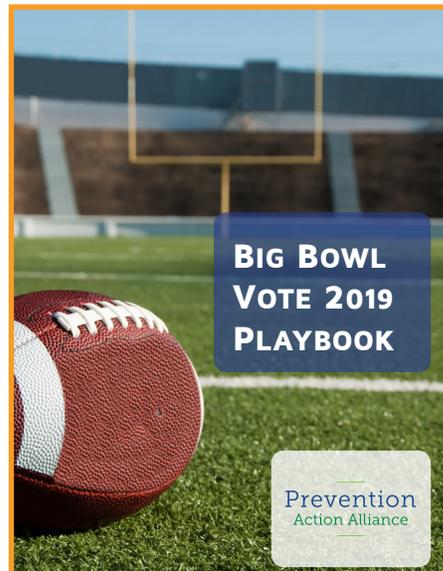
Each year, more than 100 million viewers tune in to watch the Super Bowl. In addition to deciding the NFL champion, the broadcast has also become known for its advertisements — promoting everything from snack foods and laundry detergent to automobiles and, especially, alcohol. That’s why PAA created the Big Bowl Vote to raise awareness about media literacy and how alcohol ads contribute to underage drinking.

“By teaching our kids to analyze ads and how they affect us, we can **reduce the impact** they have on our young people and reduce underage and binge drinking,” reads a statement on PAA’s website. “We’re doubling our commitment to media literacy to better prepare parents, teachers, those who work with youth and the youth themselves for a world where companies advertise addictive, age-restricted products to youth.”

According to the Johns Hopkins Bloomberg School of Public Health Center on Alcohol Marketing and Youth, young people on average are **exposed** to 23 ads for alcohol each month. Those ads influence young people to view alcohol more favorably and, thus, drink more. Alcohol companies are highly aware of this. That’s why they spend tens of millions of dollars per year advertising their products, especially on sports TV.

This year, PAA has made the survey easier to administer and tally. Organizers also expanded the number of questions to get students thinking about how advertising influences them and to help measure media literacy.

The vote takes place on Feb. 4, the day the day after the big game. To participate, **sign up** for informational emails and **download** the 2019 BBV Playbook. Click **HERE** for more media literacy resources for young audiences.



## A Great Society Requires Great Behavioral Health

*A New Year's Message from OhioMHAS Director Mark Hurst, M.D.*

Over 50 years ago, years ago, President John F. Kennedy presented a Special Message to Congress identifying mental illness as one of America's "most critical health problems." The result was the Community Mental Health Act of 1963, one of the final pieces of legislation he signed before his death in November of that year.

We have made much progress in the past 55 years. We better understand the causes of mental illness, substance use disorders and other behavioral health problems and have scientifically established prevention programs that decrease the likelihood they develop. We have treatments that are more effective and better tolerated and a workforce that is better trained than ever, yet mental illness and substance use disorders remain "critical health problems."

In 2017, America experienced more than 45,000 deaths due to suicide and another 70,000 deaths due to unintentional drug overdose. Treatment costs were estimated at \$380 billion and costs due to missed work and decreased productivity because of behavioral health issues added another \$900 billion. Improving behavioral health in America is both compassionate and financially prudent.

To meet the challenge of becoming a society with great behavioral health, we must augment our traditional treatment approaches with increased emphasis on prevention and early intervention. By improving a person's skills and resiliency to effectively deal with life stresses we

reduce the likelihood of mental illness or substance use problems developing. This cannot be restricted to the purview of behavioral health "specialists," but must be a focus for all of us.

In no area is this more important than with our children. Children who experience abuse, neglect and other adverse experiences are more likely to have tragic life outcomes. They are less likely to graduate from high school, more likely to become pregnant as teenagers, more likely to experience mental illness and addiction, more likely to die from suicide and more likely to die prematurely from cardiac disease and cancer. Preventing child abuse and neglect, and responding promptly to those who have experienced it, can put the life course of these children on a better trajectory, and lead to better outcomes for them and for our society. Additionally, there are specific school-based prevention strategies that lead to higher graduation rates, decrease likelihood of incarceration and lower likelihood of developing a mental illness or substance use disorder, all problems that can be disabling

and costly to individuals, families and communities.

For those of all ages who experience behavioral health problems, help must be easily accessible and focus on early identification and intervention. This too, is an area where great progress has been made. Many primary care providers routinely screen for depression and substance use issues and have the skills to intervene promptly and effectively. Behavioral health practitioners are increasingly imbedded in primary care settings to augment services, although this is not yet routine. Unfortunately, access to specialized behavioral health care remains challenging at times due to workforce shortages. Development of the future behavioral health workforce will require approaches that go beyond training of practitioners, and include utilizing creative approaches such as telemedicine, teletherapy and effective computer-based therapies.



**Mark Hurst, M.D.**

***"Preventing child abuse and neglect, and responding promptly to those who have experienced it, can put the life course of these children on a better trajectory, and lead to better outcomes for them and for our society."***

— Mark Hurst, M.D.  
Director

egies that included exercise, smoking cessation and healthy diet. The public endorsement and acceptance of this multifaceted approach, not just the intervention of the medical field, led to this outcome.

Likewise, behavioral health can achieve these dramatic results. For maximum impact, commitment and collaboration among all of us is necessary, including parents, communities, educators, faith-based organizations, health care providers and many others. In a society where we seem to have difficulty working together on many things, perhaps we can resolve that improving our society's behavioral health is worthwhile and something we can agree on. Our communities, and especially our children, deserve it.

In his inaugural address, President Kennedy laid out a plan to send a man to the moon by the end of the 1960s, and with good science and public determination, it happened. It has been 55 years since he laid out his plan for improving behavioral health in America. With application of good science and public determination, we can achieve that, too.

## Medina County ADAMH Board Rolls into 2019 on High Note with Student Mental Wellness, Peer Recovery Support

Good things are happening in Medina County as the Alcohol, Drug Addiction and Mental Health (ADAMH) Board recently announced federal grant funding that will be used to improve student mental wellness, as well as the purchase of property that will eventually serve as a hub for peer recovery services.

With the help of a three-year, \$375,000 grant from the U.S. Department of Health and Human Services, the Kent State University College of Public Health will partner with the the Medina County ADAMH Board and seven public school districts (Black River, Brunswick, Buckeye, Cloverleaf, Highland, Medina City and County Career Center and Wadsworth) to improve student mental wellness. The project, dubbed **Medina County Aware**, seeks to provide mental health **first aid trainings** to teachers, administrators and staff at each school, create resource guides and referral mechanisms and implement the **Hear to Help** mental health stigma reduction campaigns in each district.

"We're excited to be a part of this unique opportunity to create a county-wide approach to identifying and addressing student mental health needs," said Medina ADAMH

executive director Phillip Titterington. "Collaborations of this magnitude don't always occur, but when they do, great things happen."

On the peer recovery front, the Board purchased property at 200 Highland Dr. to provide a location for a peer recovery support network and hub providing services to individuals throughout Medina County. With an anticipated completion date in the spring, the building will serve as the new home to Hope Recovery Community (HRC). HRC will organize recovery-focused policy advocacy activities, carry out recovery-focused community education and outreach programs and provide peer-based recovery support services.

"The recovery community is stronger than ever in Medina County. The opening of HRC—Medina will not only make Medina a better place to live today, but will lay the foundation for our children and our children's children to live in a community that no longer fears addiction, but instead embraces recovery," said HRC executive director Stefanie Robinson.



## Ohio University Awarded \$200K Grant for Statewide Opioid Prevention

Ohio University's Voinovich School of Leadership and Public Affairs received a \$200,000 grant from the Health Resources and Service Administration (HRSA) to help communities in the **planning phase** of the HRSA Rural Communities Opioid Response Program.

The **Voinovich School** partnered with the Pacific Institute for Research and Evaluation (PIRE) to submit two separate, but complementary, grant proposals and both were funded for \$200,000 each. The partnership will enable the organizations to work with communities in **Ashtabula, Fairfield, Sandusky, Seneca and Washington** counties to assist with their efforts in opioid response planning. The focus will be to develop an innovative approach to reducing opioid-related overdose deaths in high-risk, rural communities in Ohio.

To implement the grant, the organizations are developing a consortium of Voinovich School faculty and professionals, PIRE researchers, and local community health authorities. The consortium will work with the local communities to develop a comprehensive strategic plan that addresses gaps in the continuum of care, along with a workforce plan to ensure communities have sufficiently trained personnel to address the opioid crisis.

"Our goal is to meet communities where they are, honor local voice and decision making, and provide support to communities as they build the infrastructure and skills necessary to respond to the opioid crisis," said Holly Raffle project lead and associate professor.

## Woodrow Project Helps Residents Maintain Sobriety Through Farming

Thomas Jefferson once said, "Agriculture is our wisest pursuit, because it will in the end contribute most to real wealth, good morals and happiness." Now, thanks to a unique program offered by a Cleveland-area recovery housing provider, you can add addiction recovery to that list.

Last February, the **Woodrow Project** launched a recovery house and farm in the Cleveland suburb of North Royalton as a way to provide stability and job training to women in recovery. The farm includes a five-bedroom home where the women sleep, eat meals together, lead recovery meetings and socialize. Outside, the women grow and harvest a variety of produce and gather eggs from chickens. They make jams, jellies pies and other goods to sell at local farmers markets. In addition to eight residents, a certified peer supporter works with the women.

The program, which has garnered **national media attention**, is supported by funding from the Cuyahoga County Alcohol, Drug Addiction and Mental Health Services Board, Ohio Recovery Housing and OhioMHAS.



## “Tell Me” Campaign Promotes Early Childhood Substance Abuse Prevention

Amid the ongoing opioid epidemic, a new campaign is taking aim at preventing substance abuse before it starts.

The “Tell Me” early childhood prevention initiative promotes positive protective and resiliency factors in Ohio’s youngest citizens with key messages that caregivers need to say to young children early and often. Sample messages include: Tell me ... you love me; I am safe; I am important; I make you proud; my feelings matter.

A team of early childhood mental health and addiction experts developed age-appropriate content based upon the National Institute of Drug Abuse [Principles of Substance Abuse Prevention for Early Childhood](#) research guide, the Search Institute’s [40 Developmental Assets for Early Childhood](#) and lessons learned from [Start Talking!](#)

The materials developed around the campaign support children long-term with cognitive, emotional/behavioral benefits that reduce the early risk for substance abuse. These resiliency factors also support improved academic outcomes and reduce involvement with criminal justice system and mental/behavioral health services.

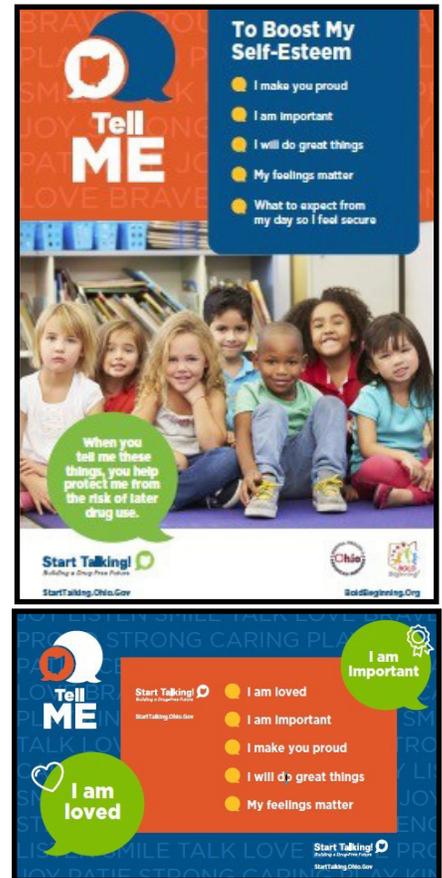
“Research on early brain development informs us that the process of reinforcement and pruning away of unused brain synapses occurring during prenatal, child and adolescent brain development makes early childhood especially sensitive to synaptic neuroplasticity,” explained Valerie Alloy, Ph.D., OhioMHAS lead for early childhood initiatives.

“This plasticity is extremely sensitive to environmental influences including family interactions and social contexts that may act as either risk factors for later drug use and related problems or be protective against those risks,” she continued.

“The earlier an intervention occurs, the greater our opportunity to alter the course of development in a positive, healthy direction.”

Materials including magnets, posters, brochures, parent tip cards, growth charts and developmental wheels will be distributed to licensed pre-school and early learning and child care centers statewide. Throughout 2019, OhioMHAS early childhood mental health master trainers will lead professional development trainings and conduct family/community engagement forums.

For more information, contact [Valerie Alloy@mha.ohio.gov](mailto:Valerie.Alloy@mha.ohio.gov).



*Tell Me campaign materials, such as these, will soon be available on the [Bold Beginnings website](#).*

## Governor-Elect Announces Recovery Ohio Initiative to Fight Opioid Crisis

Fighting substance abuse and addiction remains a key priority in Ohio. In early December, Governor-elect Mike DeWine **announced** the creation of [Recovery Ohio](#) — a new initiative designated within the Office of the Governor to fight the opioid crisis.

Alisha Nelson, who currently serves as director for Substance Use Policy Initiatives in the Ohio Attorney General’s Office, will lead the effort and report directly to the governor.

As director, Nelson will coordinate the work of numerous state departments, boards and commissions impacting substance abuse and mental health services in Ohio by leveraging Ohio’s existing resources and by seeking new opportunities.

In a news release, Nelson said her goal will be to create a system that helps make treatment available to Ohioans in need; provide support services for those in recovery and their families; offer direction for the state’s prevention and education efforts, and work with local law enforcement to provide resources to fight illicit drugs at their source.

Nelson will also serve as the chair of the Recovery Ohio Advisory Committee — a Governor-appointed team of experts from throughout the state in both the public and private sectors with experience in the fields of prevention, treatment, recovery supports and criminal justice.

Nelson co-chaired the Ohio Joint Study on Drug Use Prevention Education, which developed the [Drug Use Prevention](#)

### [Education Resource Guide](#)

that has been shared with schools and community prevention organizations statewide. She also served on Gov.-elect DeWine’s Insurer Task Force to help Ohio’s largest health care insurers address the opioid epidemic. Prior to her appointment in the Attorney General’s Office, Nelson worked for the Alcohol, Drug Addiction and Mental Health Board of Franklin County.



**Alisha Nelson**

## News & Research Roundup

### Cost of Fetal Alcohol Syndrome: \$23,000 Annually Per Case

New **research** published in the November/December issue of the *Journal of Addiction Medicine* suggests that babies born with fetal alcohol spectrum disorders (FASD) require care averaging around \$23,000 annually. Researchers noted approximately 630,000 babies worldwide face a range of lifetime problems caused by alcohol exposure during pregnancy.



### CDC Updates Synthetic Cannabinoids Warning

The Centers for Disease Control and Prevention (CDC) issued an **Official Health Update** on Dec. 10 regarding a previous warning concerning synthetic cannabinoids. Since the index patient with hypocoagulopathy associated with synthetic cannabinoids use was identified on March 8, in Illinois, at least 324 people have presented to health care facilities with serious bleeding from possible exposure, according to the update. The largest number of patients were in Illinois (164), followed by Wisconsin (86), Maryland (44), Florida (6), Pennsylvania (6), Missouri (5), North Carolina (5), Indiana (5), Kentucky (1), Virginia (1) and West Virginia (1). There have been at least eight fatalities. Laboratory investigation confirmed brodifacoum exposure in at least 150 patients. Brodifacoum is a chemical used as rat poison that can cause uncontrolled bleeding. The CDC says synthetic cannabinoid products are always dangerous because people don't know what chemicals are in the product, how much they are being exposed to, and how their body will react.

### Study Suggests Increasing Methamphetamine Use Among Pregnant Women

A new study **published** in the *American Journal of Public Health* suggests methamphetamine use among pregnant women is on the rise. The study found among pregnant women, amphetamine-affected births (a majority of which involved methamphetamine) doubled from 1.2 per 1,000 hospitalizations in 1008-09 to 2.24 per 1,000 by 2014-15. Researchers identified 82,000 deliveries that were affected by amphetamine use disorders. Study author Dr. Lindsay Admon told **NPR** that long-term meth use during pregnancy has serious health risks for the mother, including an increased risk of dying during or after childbirth. Methamphetamine use among pregnant women has grown the fastest in the South, Midwest and West, while rural areas had the highest rates, according to the study.

### Bloomberg Philanthropies Announces \$50 Million to Combat Opioid Epidemic

On the heels of new data showing an alarming **decline** in U.S. life expectancy over the past three years, Bloomberg Philanthropies recently announced a \$50 million investment in combatting the nation's opioid epidemic. The initiative — a first-of-its-kind partnership between Vital Strategies, The Pew Charitable Trusts, Johns Hopkins University and the Centers for Disease Control and Prevention (CDC) through the CDC Foundation — will help up to 10 states over the next three years implement solutions to strengthen prevention and treatment efforts that offer the most potential to address the root causes of opioid addiction and save lives. New CDC **data** show there were more than 70,000 drug overdose deaths in the U.S. in 2017, including more than 47,000 from opioid overdoses. These are the highest numbers on record and a leading factor in the decline of U.S. life expectancy over the past three years. Click **HERE** to read more.

### FDA Clears App to Help Retain Patients in Treatment for Opioid Use Disorder

The Food and Drug Administration (FDA) has cleared for marketing a prescription smartphone application to help individuals being treated for opioid use disorder stay in treatment and maintain their motivation to recover. Modeled on a similar app cleared by the FDA last year for patients with alcohol, cocaine, marijuana and stimulant substance use disorders, **reSET-O** is specifically tailored for patients with opioid use disorder. The reSET-O app is intended for use in combination with outpatient psychosocial treatment that also includes treatment with buprenorphine. The app is downloaded directly to a patient's smartphone after the patient receives a prescription to do so from his or her physician.



### Benzodiazepine Misuse Increasing Among Adults

Researchers at the University of Michigan say a growing number of U.S. adults are misusing benzodiazepines such as Valium and Xanax. In a study published in **Psychiatric Services**, the researchers report about one in five people who take benzodiazepines are misusing them. Young adults ages 18 to 25 are the most likely to misuse benzodiazepines, the study found. Overall use of the drugs among adults is more than twice as high as previously reported, with almost 13 percent of adults using benzodiazepines within the past year.

## Training Opportunities

### Ohio Psychosocial Supports Academy

OhioMHAS is partnering with the Hazeldon Betty Ford Foundation to offer a free [Ohio Psychosocial Supports Academy](#). Through a blend of virtual and in-person trainings, participants will obtain clinical expertise in evidence-based practices like cognitive behavioral therapy, contingency management, relapse prevention and motivational interviewing, as part of treatment for opioid-use disorder. Participants can earn 19 continuing education hours.

### OSPF Releases 2019 Workforce Development Training Schedule

The Ohio Suicide Prevention Foundation has announced dates for three Collaborative Assessment and Management of Suicidality (CAMS) and four Assessing and Managing Suicide Risk (AMSR) professional development opportunities in 2019. CAMS trainings will take place March 25 (Columbus), July 18 (Portsmouth) and Sept. 9 (Oregon). AMSR trainings will take place April 5 (Lima), May 7 (Mentor), May/June (Tiffin) and Aug. 23 (Lebanon). Click [HERE](#) for more information and to register.

### G.A.P. Network Regional Conferences

Instead of one, centralized conference, the G.A.P. Network recently announced plans to host four, [regional summits](#) in 2019. Themed, "Erase the Stigma," these regional conferences will bring grieving communities together to better understand what happened to their loved ones, appropriately address their grief, combat stigma and advocate for prevention in their communities. Prevention Action Alliance, which coordinates the G.A.P. Network, will bring in experts on grief and substance use disorders, as well as grieving families who have transformed their grief into advocacy for prevention in their communities. Dates and locations include (click link to register): [Cleveland](#) (1/12), [Cincinnati](#) (1/26), [Toledo](#) (2/9) and [Columbus](#) (6/1).

### Stage II: Treating the Disordered Gambler (Nelsonville) — Jan. 17-18 and (Dayton) Feb. 14-16

OhioMHAS and Recovery Resources will host a Stage II: Treating the Disordered Gambler training Jan. 17-18, 2019, at the Lodge at Hocking College in Nelsonville. Led by Dr. Heather Chapman, Ph.D., NCGC-II-BACC, this training will provide clinicians with 12 hours of gambling-specific education and CEUs. Participants will gain a better understanding of treating gambling addiction through Cognitive Behavioral Therapy and Motivational Interviewing techniques, discuss case reviews, participate in role plays and write treatment plans. Participants will also discuss disordered gambling as a co-occurring disorder. Cost is \$50, which includes continental breakfast, snacks and lunch. Click [HERE](#) to register. The Stage II training will also be offered Feb. 14-16 at the Delco Park Meeting Place in Dayton. Click [HERE](#) to register. Questions? Contact Mike Buzzelli, Recovery Resources, [mbuzzelli@recres.org](mailto:mbuzzelli@recres.org) or 216-431-4131, ext. 2612.

### Central Ohio LOSS Team Training — Jan. 25

The Ohio Suicide Prevention Foundation, in partnership with Franklin County LOSS and the Fairfield County Suicide Prevention Coalition, will host a free Central Ohio LOSS Team Training Jan. 25 at the Crossroads Event Center in Lancaster. This is the first of five regional LOSS trainings planned for 2019. Click [HERE](#) for more information and to register.

### Problem Gambling Prevention and Treatment Overview (Lancaster) — Feb. 22

The Fairfield County ADAMH Board is partnering with OhioMHAS to present the Problem Gambling Prevention and Treatment Overview on Feb. 22 from 9 a.m.-noon and/or 1-4 pm at the Fairfield County ADAMH Board Building, 111 S. Broad St., Lancaster. The sessions are open to the community. Topics include: the prevalence of gambling in Ohio and local survey data; focus populations, screening, and assessment; evidence-based treatment; cultural competency and suicidality; types of gambling and gambling terms; and prevention and community awareness. Three CEUs/RCHs are available. Register [HERE](#) for one of the two identical sessions by Feb. 15.

### 16th Annual Ohio Problem Gambling Conference — Feb. 28-March 1

Save the date! The 16th Annual Ohio Problem Gambling Conference will take place Feb. 28-March 1 at the Nationwide Hotel and Conference Center in Lewis Center. The conference will feature keynote speaker Rachel Volberg, Ph.D. BA, BCE, research associate professor, University of Massachusetts. Register [NOW](#) for an Early Bird discount of \$100 for PGNO members and \$125 for non-members (ends Feb. 1.) Full conference registration is \$150. See more details [HERE](#).



## Training Opportunities, cont.

### 14th All-Ohio Institute on Community Psychiatry — March 15-16

OhioMHAS will partner with Northeast Ohio Medical University and University Hospitals Cleveland Medical Center to host the **14th All-Ohio Institute on Community Psychiatry** March 15-16 at the Crowne Plaza Columbus North — Worthington. Individuals wishing to submit abstracts for workshops, showcases or poster presentations should contact [AllOhio2019@uhhospitals.org](mailto:AllOhio2019@uhhospitals.org). Register [HERE](#).

### Ohio Collective Impact Summit — March 20

Save the date! OhioMHAS will host the Ohio Collective Impact Summit on March 20 at the Doubletree by Hilton Columbus — Worthington. Registration will go live in January. Click [HERE](#) to learn more about the Community Collective Impact Model for Change Initiative.

### Save the Date: Ohio Early Childhood Systems Conference — March 25-28

OhioMHAS is pleased to partner with the Ohio Departments of Developmental Disabilities, Health, Medicaid, Education and Job and Family Services to host the **2019 Ohio Early Childhood Systems Conference** “Infant and Early Childhood Wellness: A Systems Approach to Integrated Care” March 25-28 at the Hilton Easton in Columbus. Each state agency partner will have a daily focus while incorporating cross-systems sessions designed to promote increased collaboration among and across all early childhood serving professionals. Watch *OhioMHAS e-Update* for more information in the coming months.

### Ohio Recovery Housing 2019 Annual Conference — April 2-3

Early registration is now open for Ohio Recovery Housing’s 2019 Annual Conference “Bringing Recovery Home” scheduled for April 2-3, at the Embassy Suites — Dublin. Click [HERE](#) for more information.

### Sixth Annual Trauma-Informed Care Summit — May 14-15

OhioMHAS will partner with the Ohio Department of Developmental Disabilities to host the sixth annual Trauma-Informed Care Summit May 14-15 at the Marriott Columbus University Area. Workshop [proposals](#) are currently being accepted. Conference registration is expected to open in late February.

### Save the Date: Ohio’s 2019 Opiate Conference — June 10-11

The Ohio Association of County Behavioral Health Authorities, in partnership with the OhioMHAS, will host *Ohio’s 2019 Opiate Conference: Promoting Solutions for Substance Use Disorders Across Ohio* on June 10-11 at the Hyatt Regency in Columbus. The conference will focus on efforts related to opioid and other substance use disorder prevention, education, intervention, treatment, recovery, family supports and community engagement. OACBHA is currently accepting [presentation proposals](#) through Jan. 11.

### Mental Health America’s 2019 Annual Conference — June 13-15

Mental Health America will host its 2019 Annual Conference, “Dueling Diagnoses: Mental Health and Chronic Conditions in Children and Adults” June 13-15 in Washington, D.C. Click [HERE](#) for more information and to register.

### 10th National Conference on Alcohol and Addiction Disorders — Aug. 14-18

The Institute for the Advancement of Behavioral Healthcare will host the 10th Annual National Conference on Alcohol and Addiction Disorders, “Connecting Our Community,” Aug. 14-18 in Baltimore, Md. Counselors, therapists, psychologists, interventionists, social workers, advocates, law enforcement and agency executives are encouraged to attend. Click [HERE](#) for more information and to register.

### PreventionFIRST 2019 Coalition Academy — Sept. 10

PreventionFIRST will host its 2019 Coalition Academy on Sept. 10 at the Great Wolf Lodge in Mason. For more information, contact [aconnstarner@prevention-first.org](mailto:aconnstarner@prevention-first.org) or call 513.751.8000, ext. 13.



**Have a news story or training opportunity you’d like to share with colleagues?**  
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