

## Gov. Kasich Signs Capital Budget During Ceremony at Twin Valley Behavioral Healthcare Bill includes \$112M to Build New Central Ohio Psychiatric Hospital, \$20M for Community Resiliency Infrastructure

Gov. John R. Kasich visited Twin Valley Behavioral Healthcare (TVBH) in Columbus on March 30, where he signed [House Bill 529](#), Ohio's two-year, \$2.6 billion capital budget. The capital budget funds improvements to roads, schools, universities and public buildings, as well as dozens of community projects. Lawmakers said they prioritized projects that supported mental health and addiction services in light of Ohio's opioid crisis.

A portion of the money — approximately \$112 million — will be designated toward the construction of a new state-of-the-art psychiatric hospital to replace the aging TVBH facility, which was constructed in 1977 as a long-term geriatric facility. The hospital is one of the state's busiest, serving 1,711 patients last year. The new construction is expected to add about 30 new beds, bringing the total number of beds to 208.

The new hospital will be built in a hub and spoke style (similar to Northcoast Behavioral Healthcare in Northfield) to allow for future expansion, if necessary. The building will be situated on land that sits just north of the existing hospital, and is expected to open in 2022. When construction wraps up, the old TVBH building will be razed and turned into parking and open space.

The biennial spending plan also includes \$20 million for a new "community resiliency initiative" that will award grants to community centers, youth program facilities and



*Gov. John R. Kasich signed Ohio's \$2.6B Capital Budget, which covers state spending on infrastructure, colleges and universities and community projects for the next two years, during a March 30 ceremony held at Twin Valley Behavioral Healthcare in Columbus.*

others that mentor young people, especially in underserved areas.

Gov. Kasich used the setting to reflect on the positive impact of Medicaid expansion. He urged lawmakers not to make cuts in the state- and federally funded programs and other efforts to help uninsured Ohioans after he leaves office.

"It will be very easy to cut the programs that help people who need help ... Don't let it happen folks," said Gov. Kasich.

"To me, we solve our problems in our country not by politicians pushing things down," he added. "We solve problems in our country by pulling things up and letting people take control and have power."

See [more photos](#) from the bill signing.

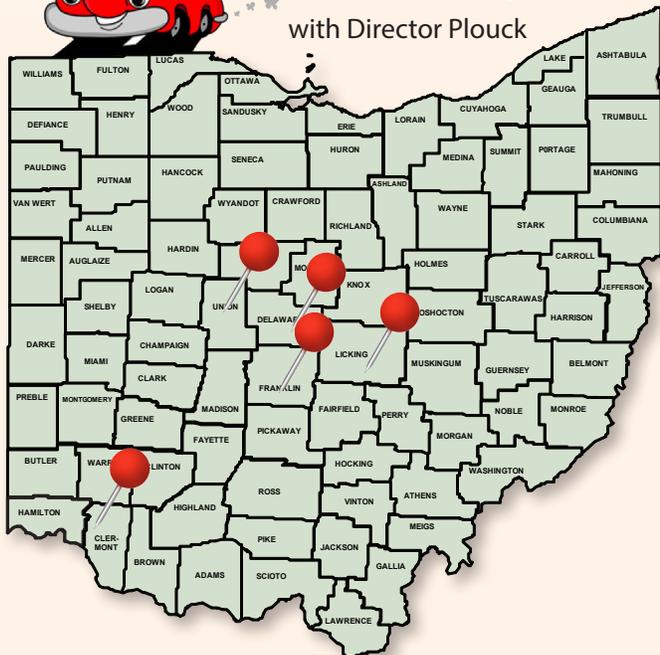
## Director Plouck Tours Sites in Delaware, Franklin, Licking and Union Counties During State of the State

Gov. John R. Kasich delivered his final [State of the State address](#) March 6 in his hometown of Westerville. As in previous years, cabinet directors were encouraged to seize the opportunity to visit exemplary programming in the region. OhioMHAS Director Tracy Plouck used the time to learn about successful Central Ohio school-based prevention efforts, early childhood mental health programming, prison-based recovery services, a community wellness initiative and peer-run recovery housing. On March 5, Dir. Plouck visited the Mental Health and Recovery Board of Union County and toured [Edgewood Elementary School](#) in Marysville to see the [PAX Good Behavior Game](#) in action. Later in the day, she joined colleagues from the Ohio Department of Medicaid and the Ohio Department of Rehabilitation and Correction to visit the [Tapestry Women's Therapeutic Community](#) at the Ohio Reformatory for Women. On March 6, Dir. Plouck toured the [Liberty Community Center](#) pre-school in Delaware, attended a lunch and learn roundtable for an update on the [New Albany K-12 Wellness Initiative](#) and visited [The Main Place/The Place Next Door](#) in Newark before attending the Governor's speech that evening.



## On the Road

with Director Plouck



A brief recap of some of Dir. Plouck's recent public activities:

- 3.5-6 As part of the State of the State activities, visited the Mental Health and Recovery Board of Union County, Edgewood Elementary School in Marysville, Tapestry Women's Therapeutic Community at the Ohio Reformatory for Women, the Liberty Community Center in Delaware, New Albany K-12 Wellness Initiative and The Main Place/ Place Next Door in Newark.
- 3.15-16 Participated in the State Leaders Summit on Substance Use Disorders in Columbus.
- 3.19 Provided opening remarks at Prevention Action Alliance's "Coalitions Rising" Conference.
- 3.21 Provided opening remarks at Northeast Ohio Medical University's "Crisis Response Continuum" Conference.
- 3.26 Participated in a Celebrating Women in Public Service panel discussion hosted by the Ohio Department of Job and Family Services for Women's History Month.
- 3.27 Provided remarks at the Attorney General's "Ideas for Our Future" conference held in Mason.
- 3.29 Spoke at the National Governor's Association convening of four states to learn from Ohio's Maternal Opiate Medical Support (MOMS) Project efforts; participated on a panel at Governing's "Spreading Ideas — Improving Outcomes: Driving Innovation in State and Local Health Systems" roundtable.
- 3.30 Participated in Governor's signing of capital bill at Twin Valley Behavioral Healthcare.

## Appreciation Week to Honor, Thank Individuals on the Front Lines of the Opioid Epidemic — April 9-16

The Kasich Administration is partnering with the Ohio Association of County Behavioral Health Authorities (OACBHA) and Ohio Attorney General Mike DeWine to honor professionals on the front lines of the opioid epidemic with a "Saving Lives. Bringing Hope. Thank You. Week of Appreciation" April 9-16.

The goal of this week is to highlight the work underway in communities throughout Ohio to address the opiate epidemic and to show appreciation to frontline workers. Coordinated through the county Alcohol, Drug Addiction and Mental Health (ADAMH) Boards, events will be held in local communities to give thanks to the brave men and women who are saving lives and leading others into recovery. Acts of gratitude could range from individual acknowledgements to public events and other acts of appreciation to those who are working on the front line of this epidemic.

View the [Governor's Proclamation](#). More details are available on the [OACBHA website](#).

*Bringing Help, Bringing Hope.*

# Thank you

## OhioMHAS Research on Employment Services, Substance Abuse Treatment Published in National Journal

OhioMHAS researchers R. Thomas Sherba, Ph.D., MPH, LPCC, CPM; Kathryn Coxe, MSW, LSW; Beth Gersper, MPA; and Jessica Linley, Ph.D., MSW,

and LSW, teamed up to author a new study that appears in the April 2018 edition of the *Journal of Substance Abuse Treatment*. Their article, [Employment services and substance abuse treatment](#), focuses on the employment experiences of consumers of substance abuse treatment programs to provide a better understanding of what employment services are offered and what needs treatment agencies have in the area of employment services. The study also examines barriers and facilitators from both the consumer and provider perspectives. Data generated through this study may inform policy to invest resources in employment services within substance abuse treatment settings.



# NATIONAL MINORITY HEALTH MONTH

Partnering for Health Equity | April 2018



## April is National Minority Health Month

National Minority Health Month is observed every year in April to inform communities on health disparities that persist among racial and ethnic populations, and highlight legislation, policies and programs that advance health equity. Today, racial and ethnic minorities still face significant health disparities. Research studies have shown that health disparities among racial, ethnic, socio-economic and other groups serve as a barrier to health equity across a wide range of diseases and health behaviors.

For example, according to the Health Policy Institute of Ohio's [2017 Health Value Dashboard](#):

- African-American/black Ohioans were much more likely than any other racial and ethnic group to experience poor outcomes related to obesity, low birth weight, diabetes, hypertension, child asthma and HIV;
- Hispanic Ohioans were the least likely to have cervical cancer diagnosed at an early stage compared to other racial and ethnic groups; and
- Babies born to Asian/Pacific Islander Ohioans were the second most likely to have a low birth weight compared to other racial and ethnic groups.

OhioMHAS is committed to identifying best practices, data measures, research and cross-system collaboration to reduce health disparities and promote health equity within Ohio's

behavioral health system. That commitment has resulted in unprecedented strides in strengthening the behavioral health care system and well-being of all Ohioans, ensuring that everyone has the best opportunity to live healthy, safe and drug-free lives.

Learn more about how OhioMHAS is addressing health disparities among minorities on the Department's [Cultural and Linguistic Competence](#) web page. Download a free National Minority Health Month social media and outreach toolkit [HERE](#).

If you are a board or provider that serves minority populations and would like to share programming successes, please submit a short article and photos/graphics to [Eric.Wandersleben@mha.ohio.gov](mailto:Eric.Wandersleben@mha.ohio.gov) by April 20. We will try to highlight your program in the April edition of OhioMHAS e-Update.



## Save the Date: MACC 15th Annual Statewide Training Conference — Sept. 26-27

Multiethnic Advocates for Cultural Competence ([MACC](#)) invites you to participate in the 15th Annual Statewide Training Conference Sept. 26-27 at the Creekside Event Center in Gahanna. Building Capacity to Advance Health Equity moves beyond an examination of challenges encountered by culturally and linguistically rich communities. Presenters will highlight interdisciplinary best practices and offer blueprints for incorporating solutions to the many obstacles facing provider organizations. Registration will open soon. Please call 614.221.7841 or email [bcotrell@maccinc.net](mailto:bcotrell@maccinc.net) for more information.



## Alcohol Awareness Month Resources

In addition to Minority Health Month, April is [Alcohol Awareness Month](#). Sponsored by the National Council on Alcoholism and Drug Dependence, Inc., Alcohol Awareness Month seeks to reduce stigma by encouraging communities to reach out to the public with information about alcohol, alcoholism and recovery. This year's theme is "Changing Attitudes: It's not a 'rite of passage.'" Download a free planning guide [HERE](#).

## OhioMHAS-Funded Project Addresses Statewide Turnover of Behavioral Health Employees

**M**ental Health America of Franklin County (MHAFC) has created *Occumetrics*, a data-driven assessment tool to analyze workplace well-being and provide recommendations to reduce turnover and increase employee job satisfaction. Piloted in 2016 through an OhioMHAS grant to reduce turnover and improve the quality of care among its certified agencies, Occumetrics has since provided 20 assessments throughout the state in 17 OhioMHAS-certified agencies with nearly 4,000 employees. Seven more assessments are scheduled for the remainder of the state fiscal year, and due to high demand, OhioMHAS increased funding for Occumetrics assessments in both 2017 and 2018.

Occumetrics implementation staff listens to employee experiences and perceptions of the job and provides an organization's leadership with specific, tailored recommendations for improvement of workplace well-being. Over an average period of six-to-eight weeks, Occumetrics staff gather anonymous data from employees at all levels. Quantitative data are gathered through an evidence-based, online survey; on-site, in-depth focus groups provide qualitative data. The process culminates in a report on the organization's unique challenges at both the macro and micro levels and specific recommendations on changes that are most likely to reduce employee turnover, increase job satisfaction and improve morale. If future funding is available, re-assessments may be conducted to evaluate and measure the impact of recommendations that were implemented.

Although each assessment results in a unique workplace well-being profile, the aggregate data show some clear trends related to an average employee's turnover intention and job satisfaction. Survey data reveal that about 40% of employees intend to leave their agencies, and while some agencies have higher rates and some lower, actual turnover rates are near this level for behavioral health employees in Ohio. Participants report that the primary barriers to job satisfaction include low pay, unrealistic workloads, unattainable productivity expectations, hiring and training deficiencies, a sense of being undervalued, and a lack of communication from senior leadership.

Data also reveal factors that help keep behavioral health employees from looking elsewhere: work engagement, pay satisfaction, supervisor transparency and being consulted about organizational change. The conditions that are most influential on their job satisfaction are similar and include the sense that their work is mission-driven, seeing clients improve, flexibility and autonomy on the job, supportive coworkers and supervisors, and the ability to grow within the organization.

"Leadership often anticipates some of our findings, but there are usually important things they wouldn't have found out had we not come in," said Kenton Beachy, executive Director of MHAFC and founder of Occumetrics. "Using a third party to explore workplace well-being is very effective. Our method is unique — we purposely use hard and soft data-collection methods so that we can combine survey data and focus group stories into a comprehensive report that captures the full experience of employee life within an organization.

This way the report speaks clearly to all types of leadership, including those who are interested in precise data points as well as those interested in the day-to-day lives of their employees.

After all, positive workplace well-being translates into positive client outcomes."

Some of the most common Occumetrics strategies for improvement center on themes of empowerment and transparency. Most agencies are advised to work on developing an organizational culture that promotes the mental health of its staff and values trust, integrity and strong staff member relationships.

"You absolutely cannot overestimate the value of something called employee Positive Sentiment Override," said Beachy. "PSO means cultivating an organizational culture where positive thoughts are so pervasive that they tend to overcome negative feelings. Our recommendations are all about building that PSO." Leadership is often encouraged to increase employee peer support, empower middle management and focus on transparent communication both from the top down and among departments. When pay is an issue, agencies are encouraged to compete by using industry standards and to provide, at minimum, a livable wage to all staff.

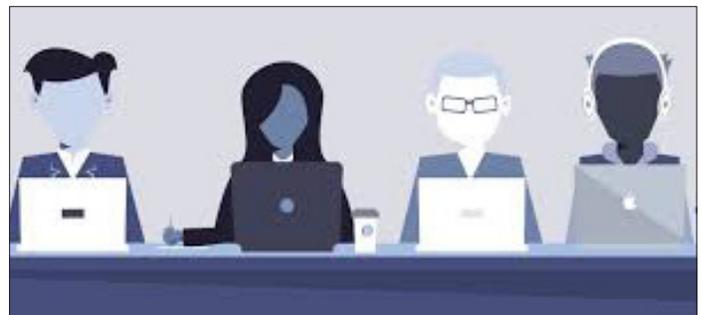
OhioMHAS-certified agencies who would like to be added to the current waitlist for an Occumetrics assessment can contact Maggie Hallett at [mhallett@mhafc.org](mailto:mhallett@mhafc.org).

For more information about Occumetrics, visit [MHAFC's website](http://MHAFC's website), or contact Kenton Beachy at [kbeachy@mhafc.org](mailto:kbeachy@mhafc.org) or 614.221.1441.



# OCCUMETRICS

## Listen and Learn from Your Workforce



## Latest OARRS Report Shows 30 Percent Drop in Opioid Prescribing for 2017

Opioids prescribed to Ohio patients declined for the fifth consecutive year in 2017, according to a newly released [report](#) from the State of Ohio Board of Pharmacy's Ohio Automated Rx Reporting System (OARRS).

Between 2012 and 2017, the total number of opioids dispensed to Ohio patients decreased by 225 million doses or 28.4 percent. The report finds an 88 percent decrease in the number of people engaged in the practice of doctor shopping since 2012. Additionally, the use of OARRS continues to break records, with more than 88 million patient reports requested last year — an increase of 4,900 percent since 2011.

Click [HERE](#) to view an executive summary.

## OhioMHAS, Board of Pharmacy Team Up to Provide Drug Drop Boxes

As part of the Comprehensive Addiction and Recovery Act (CARA), OhioMHAS and the State of Ohio Board of Pharmacy teamed up to provide 50 drug disposal boxes, at no cost, to Ohio law enforcement agencies.

These secure, mailbox-style disposal units will be permanently located inside law enforcement agencies where the public can walk in and deposit unwanted and expired medications during normal business hours.

Recent data from the National Survey on Drug Use and Health, found that 75 percent of all opioid misuse starts with people using medication that was not prescribed for them — obtained from a friend, family member or dealer.

## Stepping Up National Day of Action Planned for May 16

In recognition of May as Mental Health Month, OhioMHAS will join peers across the nation to celebrate the three-year anniversary of Stepping Up: A National Initiative to Reduce the Number of People with Mental Illnesses in Jails with a Day of Action on May 16.

Stepping Up is a national initiative targeted at reducing the number of people with mental illnesses in jails. Without change, large numbers of people with mental illnesses (many with co-occurring substance use disorders) will continue to cycle through the criminal justice system, often resulting in missed opportunities to link them to treatment, tragic outcomes, inefficient use of funding and failure to improve public safety. The effort has seen remarkable progress, with more than 415 counties across the country joining the movement by passing resolutions or proclamations to make this issue a top priority. Stepping Up Day of Action activities will take place across the country to share progress and raise public awareness of the issues facing individuals with mental illnesses, particularly those who are involved in or at risk of becoming involved in the criminal justice system.

Click [HERE](#) to download the Day of Action planning toolkit.

Stepping Up is led nationally by the National Association of Counties, the Council of State Governments Justice Center

and the American Psychiatric Association Foundation.

In Ohio, the Stepping Up initiative engages a diverse group of organizations, including those representing sheriffs, jail administrators, judges, community corrections professionals, treatment providers, people with mental illnesses and their families, mental health and substance use program directors, and other stakeholders. Through its [Community Innovations](#) grants, which began in 2014, OhioMHAS took action to help counties reduce the number of criminal offenders with untreated mental illness and/or substance use disorders who continually cycle through county jails. Thus far, 34 Ohio counties have passed resolutions to join the effort. Learn more about their work on the [Ohio Stepping Up web page](#).



## Ohio Chamber of Commerce Launches Employer Opioid Toolkit



This month, the Ohio Chamber of Commerce launched [A Dose of Reality](#) — a free, online toolkit to help Ohio employers

mitigate the risks associated with the opioid crisis. The toolkit was born out of a task force convened in 2017 to explore ways to help Ohio employers respond

to the opioid epidemic as it relates to their workplaces. Resources were compiled with financial support from Athem and expertise from Working Partners.

The employer toolkit includes a 5-module course that gives an overview of the legal and operational issues an employer must consider in dealing with an employee's use of opioids and other substances. The modules include best practices that employers can use in their workplace such as how to implement a drug-free workplace program, crafting solid workplace

policies, offering an employee-assistance program and more. Each module also has printable resources that employers can use in their workplace.

Also included is the Dose of Reality for Employees, a similar online training program specific to employees, and a section for additional resources that will be continually updated.



## News & Research Roundup

### 2018 Mental Health Month Toolkit

With May just around the corner, Mental Health America has released its *May is Mental Health Month toolkit*. This year's theme, Fitness #4mind4body will address how so much of what we do physically impacts us mentally and how paying attention to both your physical health and your mental health can help you achieve overall wellness or set you on a path to recovery. The toolkit includes: fact sheets, promotional posters, sample social media posts, press releases and proclamations.



### Shortage of Psychiatrists Tied to "Aging Out" According to Recent Report

According to a recent *report* by Merritt Hawkins, an estimated 13.6 million individuals in the U.S. have a mental illness; however, nearly 60 percent of those individuals do not seek help or treatment. This comes at a time when, in June 2016, mental health spending took up the largest amount of U.S. health care spending for the first time in history. However, there is also a shrinking number of psychiatrists to meet those needs. Although colleges are reporting that there are individuals entering the field of psychiatry, there are also a number of psychiatrists who are "aging out" of the field and retiring. This has led to the report's conclusion that mental health needs are not being met because of the shrinking numbers of psychiatrists across the nation.

### Self-Rating Mental Health as 'Good' Predicts Positive Future Mental Health

Researchers from Lehigh University have found that when a person rates his or her current mental health as "positive" — despite meeting criteria for a mental health diagnosis such as depression, it can predict good mental health in the future, even without treatment. Published this month in the *Journal of Health and Social Behavior*, the authors found that more than 60 percent of people who screen positive for either depression or serious psychological distress rate their mental health as good. However, the findings also showed that those who rated their mental health positively were significantly less likely to meet criteria for depression or serious psychological distress at follow-up one year later compared to those who rated their mental health more negatively, even if they did not receive treatment for a mental health problem. Read *more* in *ScienceDaily*.

### Adolescent Sleep Resources and Health Promotion Materials

Research is solidifying the bidirectional connections that sufficient, consistent, restorative sleep fosters good mental health and resilience. The University of St. Thomas has produced a four-minute video featuring students, pediatric sleep physicians, psychologists and health promotion advocates on *Sleep and Mental Health*.



### CDC Offers Free, Co-Branded Communication Materials

The Centers for Disease Control and Prevention (CDC) is offering all state, local, and territorial partners online access to free, high-quality, customizable tools and resources designed to support and enhance your communication efforts. Materials are available via the Communications Resources Center — a password-protected, non-public SharePoint site. For more information regarding secure access, click *HERE*. You can begin the registration process by clicking *HERE*. Fill out the account request form, provide your contact information, your job title and the name of your organization. Once you submit the request, you will receive an e-mail containing your user ID and a temporary password that you will use to complete the registration process at the CDC JOIN login page.

### Expert: Large Percentage of Deaths by Drug Overdose May be Suicides

Between 25 and 45 percent of deaths by overdose may be suicides, according to Dr. Maria Oquendo, the immediate past president of the American Psychiatric Association. Dr. Oquendo told *NBC News* the opioid epidemic is occurring at the same time suicides have risen to a 30-year high. One *study* of overdoses from prescription opioids found almost 54 percent were unintentional. The rest were either suicide attempts or undetermined, the news report noted.

### Study: Young People Who Self Harm at an Increased Risk of Suicide in the Next Year

Young people on Medicaid who performed non-fatal, deliberate self-harm were at increased risk of suicide in the next year, researchers concluded after examining data on a national cohort of 32,395 Medicaid patients ages 12 to 24 (adolescents ages 12-17, young adults ages 18-24), with clinical diagnoses of deliberate self-harm, according to ICD-9-CM codes. The *findings* were published online March 19 in *Pediatrics*. HealthDay *reported* that among adolescents and young adults diagnosed with a self-harm injury, the risk of suicide in the next year was nearly 27 times higher than the national norm.

## News & Research Roundup, cont.

### Study: Teens With Psychiatric Problems More Likely To Become Addicted To Prescription Opioids

HealthDay [reported](#) that teenagers with mental health issues are more prone to painkiller dependence after receiving a prescription opioid, according to a [new study](#) published in *JAMA Pediatrics*.

### National Prescription Drug Take Back Day Slated for April 28

The Drug Enforcement Agency (DEA) will host its next [National Prescription Drug Take Back Day](#) on April 28. To assist communities in organizing local take-back events, the DEA released a [toolbox](#) containing posters, pamphlets, digital/print billboards, bus ads, banners and web graphics. Click [HERE](#) to find a participating site near you.



### DEA: Cocaine Laced with Fentanyl Causing Growing Number of Deaths

A growing number of drug overdose deaths are due to cocaine laced with fentanyl, *NPR reported*. In its [National Drug Threat Assessment](#), the Drug Enforcement Administration said people typically add fentanyl to cocaine for the purpose of "speed-balling," which combines the rush of cocaine with a drug that depresses the nervous system, such as heroin. Some experts told NPR fentanyl may be mixed with cocaine accidentally during packaging. Others said drug cartels are adding fentanyl to cocaine to expand the market of people who are addicted to opioids.

### Cocaine Deaths on the Rise Among Black Americans

*The New York Times* recently [reported](#) that cocaine deaths are increasing, particularly among non-Hispanic black Americans. Cocaine, the number-two killer among illegal drugs, claims the lives of more black Americans than heroin does, the article noted. A [recent study](#) in the *Annals of Internal Medicine* found between 2012 and 2015, the death rate from cocaine overdoses was 7.6 per 100,000 among black men, compared with 5.45 per 100,000 for heroin. Cocaine overdoses exceeded those from heroin among black women as well.



### One in Six American Adults Binge Drinks

One in six American adults — 37 million — binge drinks about once a week, averaging seven drinks per binge, HealthDay [reported](#). In 2015, American adults consumed more than 17 billion binge drinks, according to CDC researchers. "This study shows that binge drinkers are consuming a huge number of drinks per year, greatly increasing their chances of harming themselves and others," study co-author Dr. Robert Brewer said in a [CDC news release](#). The findings appear in the [American Journal of Preventive Medicine](#).

### University of Cincinnati Study: Opioid-Exposed Babies at Risk for Developmental Delays

A new study from Cincinnati Children's Hospital Medical Center shows that newborns who require treatment for opioid withdrawal are at higher risk than others for delayed language, cognitive and motor skills. The study looked at neurodevelopment of 2-year-olds who had been treated for neonatal abstinence syndrome. Read more in the [Cincinnati Enquirer](#).

### Abuse of Benzodiazepines Rising Among Elderly Patients, Experts Warn

*The New York Times reported* that "for years, geriatricians and researchers have sounded the alarm about the use of benzodiazepines among older adults," including Valium (diazepam), Klonopin (clonazepam), Xanax (alprazolam) and Ativan (lorazepam), but "the cautions have had scant effect" while the opioid epidemic has compounded the problem. According to Michael Schoenbaum, an epidemiologist at the National Institutes for Health, "Way too many older Americans are getting benzos. And of those, more than half are getting them for prolonged periods. That's just bad practice. They have serious consequences." *The Times* article noted that in 2016 the Food and Drug Administration issued a black-box warning about co-prescribing benzodiazepines and opioids, including those in cough products.

### April is Military Child Month

Gov. John R. Kasich has declared April as [Month of the Military Child](#) to honor the strength, courage and resiliency of children whose parents are serving in the military. Click [HERE](#) to see the Governor's proclamation and [HERE](#) to view a short video. Learn [more](#) about Ohio's efforts to support military families.



# Training Opportunities

## CWRU Center for Evidence-Based Practices Trainings

The Case Western Reserve University Center for Evidence-Based Practices has released its schedule of upcoming trainings. Click the links below for more information:

April 26 — [Foundations of Motivational Interviewing, Part 2 \(Mentor\)](#)

April 30 — [Foundations of Motivational Interviewing, Part 1 \(Akron\)](#)

May 8 — [Alcohol and Other Drug Treatment Considerations for Individuals with SPMI \(Columbus\)](#)

May 8 — [Leadership Essentials: Roles, Functions and Styles for Leading Treatment Teams \(Mentor\)](#)

June 5 — [Foundations of Motivational Interviewing, Part 2 \(Akron\)](#)

June 6 — [Alcohol and Other Drug Treatment Considerations for Individuals with SPMI \(Fairfield\)](#)

June 28-29 — [Dual Diagnosis Capability in Addiction Treatment: Program Leaders Training \(Columbus\)](#)

## Free Online ASAM Criteria Training Now Available

As part of Ohio's 21st Century CURES Act initiative, OhioMHAS is offering two free online ASAM Criteria training modules: ASAM Multidimensional Assessment and ASAM from Assessment to Service Planning. Complete two modules for 5.0 CME/CEU credits per module. Please contact [julie.spohn@mha.ohio.gov](mailto:julie.spohn@mha.ohio.gov) to receive the unique code to access the training opportunity. Ten two-day, application-focused, live training opportunities are also available throughout Ohio. This free opportunity offers 13 CME/CEU credits and a free copy of the newest edition of the ASAM Criteria. Click [HERE](#) to view the training schedule.

## ASAM Criteria Trainings

As part of Ohio's 21st Century CURES Act initiative, OhioMHAS is sponsoring 10, two-day, application-focused trainings that provide participants with an in-depth look at the theoretical foundations of the American Society of Addiction Medicine (ASAM) Criteria, including clinically driven services, biopsychosocial assessment, the six dimensions, continued stay and transfer/discharge. Incorporating the use of the new edition of the [ASAM Criteria](#), participants have opportunities for skill practice at every stage of the treatment process: assessment, engagement, treatment planning, continuing care and transfer or discharge. All participants will receive a copy of the ASAM Criteria and an in-depth training journal to guide the training experience and as a resource for continuing skill application. This free opportunity offers 13 CME/CEU credits. Please click [HERE](#) to view the training schedule.

## Regional Peer Supporter Trainings

The OhioMHAS Bureau of Recovery Supports has released its schedule of upcoming regional peer supporter trainings. Click [HERE](#) for a schedule. Learn more about peer recovery support training opportunities under the [Workforce Development tab](#) on the OhioMHAS website.

## Advanced Training in Treating People with Gambling Disorder

Presenter Bruce S. Liese, PhD, will provide an overview of substance use and addictive behaviors, discuss the treatment of addictive behaviors, as well as conceptualize "Addiction Syndrome" and its implications on treatment. This is a six-hour training with CEUs.

April 26 — Columbus [Register](#)

April 27 — Cincinnati [Register](#)

Presenter Chris Tuell, EdD, LPCC-S, LICDC-CS, will examine the role that problem gambling and other behavioral addictions have upon mental health and recovery, the role that the addictive brain plays in this process, and the relationship with co-occurring disorders. Also covered will be the CUBIS Model of addiction and assessment and treatment strategies. This is a six-hour training with CEUs. Register [HERE](#).

May 24 — Columbus [Register](#)

May 25 — Cincinnati [Register](#)

## 2018 We Are the Majority Rally — April 19

The Ohio Youth-Led Prevention Network will host its seventh annual "We Are The Majority" youth [rally](#) on April 19 from 8 a.m.-2 p.m. at Genoa Park in Columbus. Click [HERE](#) for more information. [Register](#) online by April 12.



## Training Opportunities, cont.

### Gambling Clinical Supervision Monthly Conference Calls

Gambling Clinical Supervision Monthly Conference Calls for gambling treatment qualification will take place on the fourth Friday of the month from noon-1:30 p.m. with Dr. Heather Chapman. These calls are open to licensed social workers, counselors, chemical dependency counselors, psychologists and psychiatrists in Ohio who have attended a minimum of 24 hours of gambling-specific education and are working with disordered gamblers. Participants must register [HERE](#) for the monthly calls.

### 2018 Assessing and Managing Suicide Risk Trainings

The Ohio Suicide Prevention Foundation has released its schedule of 2018 [Assessing and Managing Suicide Risk](#) (ASMR) regional trainings. These trainings are designed to help Ohio behavioral health professionals learn to recognize, assess and support patients with suicidal thoughts or behaviors. Dates include: [May 11](#) (New Albany), [June 4](#) (Archbold), [Aug. 7](#) (Marietta), [Sept. 14](#) (Dayton) and Northeast Ohio TBD. Click [HERE](#) for more information or email [austin.lucas@ohiospf.org](mailto:austin.lucas@ohiospf.org).

### Opioid STR/CURES Act Technical Assistance Calls: April 2018 Schedule

The Ohio Department of Mental Health and Addiction Services is facilitating a series of statewide technical assistance calls to discuss projects and topics related to the State Targeted Response to the Opioid Crisis grant through the 21st Century CURES Act. Each call covers different topics and includes about 10 minutes of content presentation, while the remaining time is utilized for participant questions and open discussion. Click [HERE](#) for the April 2018 call schedule and select the hyperlinked topics to register for the call through the webinar system. Please send future topic requests and direct any questions related to the calls to: [CUREsteam@mha.ohio.gov](mailto:CUREsteam@mha.ohio.gov).

### 2018 Collaborative Assessment and Management of Suicidality Trainings

The Ohio Suicide Prevention Foundation has released its schedule of 2018 [Collaborative Assessment and Management of Suicidality Trainings](#) (CAMS). These trainings will provide counselors, psychologists and social workers with knowledge, skills and practice in the treatment of patients' suicidal risk. Dates include: [April 11](#) (Mansfield), [June 1](#) (Chillicothe), [Aug. 24](#) (Lancaster) and [Sept. 28](#) (Youngstown). Click [HERE](#) for more information or email [austin.lucas@ohiospf.org](mailto:austin.lucas@ohiospf.org).

### Second Early Childhood Mental Health Conference — April 23-25

OhioMHAS will host the Second Early Childhood Mental Health Conference "Intentional Transformation Early Childhood Success: Master Plan for Change" April 23-25 at the Hilton — Polaris in Columbus. Dr. Neal Horen from Georgetown University and Dr. Walter Gilliam from Yale will serve as day one keynotes, while Kathleen Mitchell, vice president of the National Organization on Fetal Alcohol Syndrome, will provide day two keynote remarks. Cost is \$125. Register [HERE](#).

### 811 Referral Agent Training Webinar — April 24

The Ohio Housing Finance Agency (OHFA), in partnership with OhioMHAS, will host an 811 Referral Agent training webinar for ADAMH board staff on April 24 from 10-11:30 a.m. The 811 Program, a rental subsidy program administered by OHFA, provides affordable community housing options to individuals with disabilities. Upon completion of this training, approved ADAMH board contacts, as well as others, can refer eligible, extremely low-income, non-elderly individuals with disabilities. Those who are eligible for 1915(i) services, received a PASRR time-limited approval or denial, or are returning to the community from a state psychiatric hospital may be eligible for this housing option. Click [HERE](#) to register. For more information on the 811 Program, contact Maura Klein at [Maura.Klein@mha.ohio.gov](mailto:Maura.Klein@mha.ohio.gov).

### Medical Marijuana Symposium — April 25

The Ohio Association of County Behavioral Health Authorities is hosting a Medical Marijuana Symposium: Marijuana and the Workplace on April 25 at Xenos Christian Fellowship in Columbus. The Symposium will examine policies that employers should understand to protect their business and employees when medical marijuana is legalized on Sept. 8. Cost is \$100. Click [HERE](#) For more information and to register.

## Training Opportunities, cont.

### Ohio Osteopathic Symposium — April 25-29

The Ohio Osteopathic Association will host its annual symposium April 25-29 in Columbus. Noted primary care advocate Andrew Morris-Singer, M.D., will provide his keynote presentation April 27 at 11:30 am. For more details or to register for the Symposium, visit [www.oonet.org/cme](http://www.oonet.org/cme). To register only for the keynote presentation, call the Ohio Osteopathic Association at 614.299.2107.

### Wellness Symposium — April 26

Sandusky Artisans Recovery Community Center will host a Statewide Wellness Advocacy Networking Symposium on April 26 from 9 a.m.-4 p.m. at the State Theatre in Sandusky. The event will feature demonstrations and presentations on a variety of topics, including: yoga, essential oils, health screenings, art, Whole Health Action Management and more. Register by calling 419.621.9377.

### Help and Health Over Heroin and Opiates — April 29

American Fitness Health and Wellness Institute is hosting a free "Help and Health Over Heroin and Opiates" seminar from 2-3:30 p.m. on April 29 at its Dayton offices. The event is partially funded by the Ohio Commission on Minority Health. For more information, please call 937.275.3770.

### OACCA Spring Conference – May 1-2

Registration is now open for the [\*Ohio Association of Child Caring Agencies' \(OACCA\) Spring Conference: Community Collaboration\*](#), scheduled for May 1-2 at the Dublin Embassy Suites Hotel in Columbus. This year's theme will focus on how community agencies can collaborate to address problems, including the opiate crisis and prevalence of childhood trauma. OhioMHAS Dir. Tracy Plouck and former ODADAS Director Orman Hall will be among the conference's speakers. In addition to more than 20 workshops, participants can also receive training in the Myers-Briggs leadership development program, non-profit fundraising strategies, clinical supervision and ethics in social work.

### 2018 ADAPAO Conference — May 3

The Alcohol and Drug Abuse Prevention Association of Ohio will host its annual conference [\*Catalysts: Prevention Professionals are Change Agents\*](#) on May 3 at The Boat House at Confluence Park in Columbus. Click the link for more information and to register. Questions? Please contact Jim Ryan at [mail@adapao.org](mailto:mail@adapao.org).

### Ohio Community Corrections Association 17th Annual Conference — May 3-4

The Ohio Community Corrections Association (OCCA) will host its 17th annual conference [\*Building Bridges Not Barriers: Making a Difference in Community Corrections\*](#) May 3-4 at the Embassy Suites Columbus — Dublin. Click the link for more information and to register. Questions? Please contact Lusanne Green at 614.252.847 ext. 356.

### NAMI Ohio 2018 Statewide Conference — May 4-5

Registration is now open for the [\*2018 NAMI Ohio Statewide Conference\*](#) to be held May 4-5 at the Hyatt Regency Columbus. This year's theme is "Fulfilling the Promise" and will focus on the various topics that impact individuals living with mental illness, their families and caregivers, and those working within the mental health system. In addition to keynote speakers and workshops, sessions include a CIT advanced training, parent peer support certification training, Ohio Adult Care Facilities annual meeting and the YouthMOVE Ohio annual meeting. A limited number of scholarships will be available to individuals living with mental illness and their caregivers.

### Fifth Annual Trauma-Informed Care Summit — May 22-23

OhioMHAS, in partnership with the Ohio Department of Developmental Disabilities, will host the Fifth Annual Trauma-Informed Care Summit "Creating Environments of Resiliency and Hope in Ohio" May 22-23 at the Residence Inn by Marriott Columbus University Area. Click [HERE](#) to register.

### 2018 Safe and Healthy Schools Conference — June 4-5

OhioMHAS, in partnership with the Ohio Department of Education and PreventionFIRST!, will host the 2018 Safe and Healthy Schools Conference "Leveraging State and Local Resources for School Improvement, Student Safety and Effective Behavioral

## Training Opportunities, cont.

Health Services" June 4-5 at the Doubletree Hotel Columbus — Worthington. The conference will highlight state and local partnerships and practices that demonstrate a cross-systems approach and comprehensive strategies for school safety, and to prevent and address behavioral health needs in Ohio schools. The conference will also inform and engage school and community stakeholders in building their local capacity to create safe and supportive environments for students in preschool through grade 12. For more information, contact Eleanor Garrison at 614.273.1400 or [eg@garrisonevents.com](mailto:eg@garrisonevents.com).

### 2018 Opiate Conference — June 11-12

The Ohio Association of County Behavioral Health Authorities, in partnership with OhioMHAS and the Ohio Department of Rehabilitation and Correction, will host the 9th Annual Opiate Conference in Columbus June 11-12. [\*Ohio's 2018 Opiate Conference: Strengthening Ohio's Communities\*](#) will provide attendees with the latest research on opiates, as well as providing community resources to assist in curbing opiate use in Ohio. Keynote speakers will be announced in the coming weeks. Click the link for more information and to register.

### Mental Health America Annual Conference — June 14-16

Mental Health America will host its [\*2018 Annual Conference: Fit for the Future\*](#) on June 14-16 in Washington, D.C. Speakers include Olympic Gold Medalist and U.S. Women's Soccer World Cup Champion Abby Wambach, Beachbody Fitness and nutrition expert Autumn Calabrese and Pulitzer Prize-winner Eugene Robinson. Click the link for more information.

### Save the Date: 2018 Ohio Promoting Wellness & Recovery Conference — June 25-27

The OhioMHAS Bureau of Prevention and Wellness is pleased to announce that the 2018 Ohio Promoting Wellness and Recovery Conference (OPEC) will take place June 25-27 at Miami University in Oxford. This annual conference focuses on creating access, improving quality and making connections with Ohio's prevention, early intervention, treatment and recovery support workforce for children, families and communities. Cost is \$120. Follow conference-related news at [www.OPECconference.com](http://www.OPECconference.com) or on Twitter @OPECconference.

### National Conference on Problem Gambling in Ohio — July 18-21

Watch for registration to go live for the [\*2018 National Conference on Problem Gambling\*](#), which will be July 18-21 at the Hilton Cleveland Downtown. The conference brings in the best speakers worldwide to feature the latest developments in problem gambling prevention, treatment and recovery and responsible gambling best practices. Ohio professionals and advocates will have an opportunity to receive discounted registration fees and travel stipends. For a \$100 discount on conference registration, plus a scholarship, [join](#) the Problem Gambling Network of Ohio (PGNO).

### Stand Up Together: A Night of Comedy — July 21

The Ohio Suicide Prevention Foundation, ComedyConnected.com and the Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County will sponsor Stand Up Together: A Night of Comedy suicide prevention fundraiser on July 21 in Lakewood. The event, which will feature more than 50 comedians, will honor comedian Nick Ramsey who died by suicide earlier this year. The event planners are looking for additional sponsors, volunteers and vendors. Click [HERE](#) to purchase tickets or to get involved.

### 2018 Addiction Studies Institute — July 25-27

Save the date! The Ohio State University Wexner Medical Center Talbot Hall will host the 2018 Addiction Studies Institute July 25-27 at the Greater Columbus Convention Center. Click [HERE](#) for conference updates and registration information.

### Call for Presentations: 3rd Annual Children of Addicted Parents Conference — Nov. 14

The Collaborative for Children of Addicted Parents (CCAP), GLAD House and Cincinnati Children's Hospital are seeking session proposals for the third annual [\*Children of Addicted Parents Conference\*](#) to be held Nov. 18 at the Northern Kentucky Convention Center in Covington, Ky. Proposals are sought from authors representing a variety of backgrounds, perspectives and voices. Submissions regarding areas of family-centered practice, research and relevant fields of discipline related to the theme, "Family-Centered Approach for Children of Addicted Parents" are encouraged. Anyone interested in presenting, including students, new professionals and first-time presenters may submit a proposal. Click the link for more information.

## OhioMHAS Partnering with Emerald Jenny Foundation on Treatment Locator

To better serve Ohioans in need of addiction treatment services, OhioMHAS recently formed a new partnership with the [Emerald Jenny Foundation](#) to streamline its treatment finder database. The enhanced search engine is mobile-optimized and offers users the ability to locate providers closest to them, regardless of county. It also provides them with an easy way to filter through provider features to find the services best-suited to their needs.

Filters in the search tool include: distance from ZIP code, gender served, age category served, type of services desired, pregnancy / postpartum, VA facilities and a keyword search. Emerald Jenny is currently in the process of adding an additional filter for "OhioMHAS-certified" filter, which will be available by the end of March. Click [HERE](#) to view a demo of the of the Emerald Jenny treatment finder.

Emerald Jenny began building the treatment finder using OhioMHAS' Licensure and Certification list, SAMSHA's registered provider list and provider lists from each ADAMH Board. We are in the process of establishing a daily feed of certified providers to Emerald Jenny to ensure that our systems are as aligned as possible.

The treatment finder also lists providers who are not regulated by OhioMHAS, including recovery service providers and

private treatment providers who do not accept public funds. These providers can self-register with Emerald

Jenny, but they are not added to the database until they have completed a verification and interview process. Emerald Jenny will complete regular reviews of provider information to ensure accuracy. This review will include at least one phone call to the provider to solicit updated information. However, updates can be provided to Emerald Jenny at any time.

Providers seeking to update their information may contact Emerald Jenny directly at [info@emeraldjennyfoundation.org](mailto:info@emeraldjennyfoundation.org) or 216.316.5150.

The enhanced treatment finder is part of a larger initiative prompted by the recently passed House Bill 49, which required the Department to create resources for the public about opioid addiction and treatment. These efforts also include collaborating with the Ohio Department of Health to create an addiction-specific web resource (TakeChargeOhio.org/GetHelp) and a multi-media campaign to highlight these new resources.



**Have a news story or training opportunity you'd like to share with colleagues?**

**Please forward submissions to [Eric.Wandersleben@mha.ohio.gov](mailto:Eric.Wandersleben@mha.ohio.gov) for consideration.**