

## Message From Newly Appointed OhioMHAS Director Mark Hurst, M.D.



Mark Hurst, M.D.

This month, Gov. John R. Kasich named Dr. Mark Hurst to serve as director of the Ohio Department of Mental Health and Addiction Services starting July

Zanesville, Hurst was the 1981 class valedictorian at Muskingum College in New Concord. He graduated with honors from the Medical College of Ohio at Toledo in 1985 and completed residency training at the University of Michigan and at The Ohio State University.

Dr. Hurst laid out his vision in a video greeting to Department staff. The following are excerpts from that video:

"We still have a lot of important things to do, and I'm looking forward to working with you on all the endeavors we're going to be facing in the future.

I'll tell you a little bit about myself. But it's really important I think for us to pause and give a good tribute to Tracy Plouck, the previous director.

As you all know, Tracy is a person of great talent and compassion, and led the department for the previous eight

***"Our department is called a human service department, and that really says it all ... We're going to continue to work diligently to prevent behavioral health problems and to support the treatment and recovery of those who develop mental illness or addiction."***

***— Mark Hurst, M.D.***

years. She was a very steady hand in some turbulent times for the health care system, and I'm grateful to have served with her ... Tracy did a number of things, and any one of these things alone would be a tremendous accomplishment for a director, but you add them up and it's really exceptional.

She brought new community partners into the discussion about addiction and mental health, oversaw the merger of two departments into one, brought in and expanded recovery services in our prison system, and added an outpatient component that had not been present before. She saw

the building of one new state regional psychiatric hospital from the planning stages to its completion, and procured funding for yet another one. She was a leader in the re-design of the behavioral health benefits system, which came to fruition on July 1.

And, of course, all of this was in the face of fighting the opioid epidemic. So I'm very grateful and honored to be able to follow Tracy and to continue her legacy.

So a little bit about myself ... I'm a psychiatrist and an addiction psychiatrist. I started out as what was called a 'psychopharmacology consultant' at Twin Valley (then known as Central Ohio Psychiatric Hospital). Then, I became part-time assistant medical director, then full-time assistant medical director, and then medical director (at the hospital) before coming to central office.

When I started, I had heard a lot about the state psychiatric system and most of it wasn't good. But, when I arrived I was pleasantly surprised ... I found patients who were in great need, and most importantly, I found staff who were very committed to meeting those needs. That's something that hasn't changed over the past 25 years. A lot of things have changed in our system, but having a committed and dedicated staff has not. That's what really keeps me coming back day after day and year after year.

Our department is called a *human service* department, and that really says it all. We're here to serve people. And regardless of whether we provide direct clinical care or administrative services, our service to patients, families and the community is what our primary focus is. We're going to continue to work diligently to prevent behavioral health problems, and to support the treatment and recovery of those who develop mental illness or addiction.

I'm honored to work with all of you in my new capacity. We're going to do some great things. I'm appreciative of all the work that everybody does on a daily basis."

13. Hurst, who has served as the department's medical director, replaced Tracy Plouck who accepted a new opportunity in the public sector.

"Dr. Hurst's leadership, insights and compassion have distinguished him as a valuable member of our team and contributed mightily to the progress Ohio is beginning to make against addiction and to lift up our fellow Ohioans struggling with mental illness," Gov. Kasich said in a release. "I appreciate that he's agreed to take on this responsibility. The work ahead is monumental and the challenges will continue to shift, but his leadership has been — and will continue to be — an enormous asset in Ohio's efforts in these areas," said Kasich.

Dr. Hurst is the second-ever director of the combined agency, now in its fifth year of existence as a cabinet level department. He has served as medical director of the department since 2012. As medical director, Dr. Hurst provided clinical leadership for the department, including supervision of Ohio's six regional psychiatric hospitals and all drug and alcohol recovery services in the Ohio Department of Rehabilitation and Correction.

He joined the then Ohio Department of Mental Health in 1993. A native of



# On the Road

with Dir. Hurst



A brief recap of some of Dir. Hurst's recent public activities:

- 7.13 Met with colleagues from the Department of Veterans Services and the Adjutant General's office to review a suicide prevention and awareness campaign for service members.
- 7.26 Along with Ohio Medicaid Director Barbara Sears and Ohio Department of Health Director Lance Himes, participated in a roundtable discussion with Surgeon General Jerome Adams, M.D., at the 2018 Addiction Studies Institute.
- 7.28-30 Attended the National Association of State Mental Health Program Directors **annual commissioner's meeting** in Arlington, Va.
- 8.3 Presented at OhioHealth Grant Medical Center on addiction and trauma-informed care.



## Surgeon General Visits Ohio

Vice Admiral Jerome M. Adams, M.D., M.P.H., the 20th Surgeon General of the United States, (pictured above with Governor's Cabinet Opiate Action Team Deputy Director Andrea Boxill) visited Ohio this month as part of the morning plenary session at the **Addiction Studies Institute**.

Dr. Adams led a roundtable discussion about pressing public health issues, including the opioid epidemic. He was joined by several state and local partners, including OhioMHAS Director Mark Hurst, M.D., Ohio Medicaid Director Barbara Sears and Ohio Department of Health Director Lance Himes. The Institute is sponsored by The Ohio State University Wexner Medical Center's Talbot Hall.

**Read** more about the surgeon general's visit in *The Columbus Dispatch*.

## John Garrity to Lead Mental Health & Recovery Board of Portage County

John Garrity, Ph.D., has been selected as the Mental Health & Recovery Board of Portage County's next executive director. He will assume the role in October when current executive director Joel Mowrey, Ph.D., is set to retire. Garrity has more than 18 years of experience in community mental health and addiction services in both urban and rural counties. Currently, he is the chief quality officer at the Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County. Prior to that he worked for the Nord Center in Lorain County and Firelands Counseling and Recovery Services.



**John Garrity, Ph.D.**



**OhioMHAS continued its summer tradition of maintaining a booth at the Ohio State Fair July 25-Aug. 5. At left, State Opiate Treatment Authority Rick Massatti, Ph.D., discusses the opioid epidemic with several visitors.**



## Cleveland Shines as Host of 32nd Annual National Conference on Problem Gambling

To the theme, "Cleveland Rocks," Ohio welcomed the 32nd Annual **National Conference on Problem Gambling** the week of July 16. Professionals in the fields of problem gambling, responsible gaming and gambling, recovery ambassadors, and many related health fields numbered 550 and gathered from all over the world at this premier educational and networking event. Conference hosts were the National Council on Problem Gambling and the Problem Gambling Network of Ohio (PGNO). Lead sponsor was the collaborative state organization Ohio for Responsible Gambling, which includes the Ohio Department of Mental Health and Addiction Services and the Ohio Commissions of Casino Control, Lottery and Racing.

The conference program featured a letter from Governor John R. Kasich that said in part, "Welcome to Ohio, the Buckeye State! It is with great pleasure and open arms that we welcome all of you to Ohio, to the beautiful city of Cleveland and to the 32nd Annual National Conference on Problem Gambling. We are enthusiastic champions of our state, and we hope that you will be too."

Keynote speakers brought enlightenment on topics such youth gambling (including eSports and videogaming), the #MeToo Movement and the impact of sexual harassment. A Thursday evening welcome reception ushered out the pre-conference sessions and brought in the main conference days with rock & roll-themed music and costumes. Friday night's highlight event saw 400 visitors to the Rock & Roll Hall of Fame.

Among other conference highlights, attendees heard the latest developments in sports gambling at an all-day summit, and Ohio's Problem Gambling Treatment Supervision Fellowship

Program was featured in a one-day event. A new track that dug into the issue of veterans and gambling disorders was led by Dr. Heather Chapman of the Louis Stokes Cleveland VA Medical Center. Other Ohio speakers representing the state's work included: Amanda Burke (Townhall II and Kent State University); Donna Dickman (Partnership for Violence-Free Families); Joshua Grubbs (Bowling Green State University); Karen Hogan, Ashley Hartman and Mike Buzzelli (Recovery Resources); Bruce Jones and Maria Garner (Maryhaven); Derek Longmeier (PGNO); Chris Tuell (Lindner Center); and Jo Wilson (Wright State University).

Speakers from OhioMHAS included Assistant Director for Community Programs and Services Angie Bergefurd, Stacey Frohnafel-Hasson, Jessica Linley and Scott Anderson. Rick Anthony and Amanda Blackford presented on behalf of the Ohio Casino Control Commission, and Director Dennis Berg, Carla Tricarichi, and Karen Russo spoke as representatives of the Ohio Lottery.

Click [HERE](#) for more conference photos.

60+ Sessions, 100+ Presenters, 30+ CEUs

32<sup>nd</sup> National Conference  
on Problem Gambling

**Cleveland Rocks!**

JULY 20-21, 2018  
Pre-Conference July 18-19  
CLEVELAND, OHIO  
HILTON CLEVELAND DOWNTOWN

NCPG  
Problem Gambling Network of Ohio

Co-Hosted by Problem Gambling Network of Ohio

## Youth, Ages 14-18, Invited to Register for Annual NEOMED "Brain Bee" — Jan. 12

Students ages 14 through 18 have the opportunity to participate in Northeast Ohio Medical University's fifth annual Brain Bee, a competition that will test their knowledge of neuroscience.

The Brain Bee will take place Jan. 12, 2019, at NEOMED. The winner of the competition will be provided airfare, lodging and a meal per diem for the trip to the National Brain Bee Competition in Baltimore, Md., for him/herself and his/her support team in March 2019.

The International Brain Bee was founded in 1999 and is the worldwide neuroscience competition for high school students. The competition motivates students to learn about the brain and inspires them to pursue neuroscience careers to help treat and find cures for neurological and psychological disorders. Brain Bees test students' knowledge of the human brain regarding topics such as intelligence, emotions, memory, sleep, vision, hearing and sensations. Students are also quizzed on illnesses such as Alzheimer's disease, Parkinson's disease and stroke; schizophrenia; epilepsy and depression; as well as addictions and brain research.

Free monthly tutoring sessions are available to help students prepare. Sessions will occur at NEOMED Sept. 8, Oct. 13, Nov. 10 and Dec. 8.

Students may register at [neomed.edu/brainbee](http://neomed.edu/brainbee). For more information, please contact Dr. Peterson at 330.325.6476 or [dpeterson@neomed.edu](mailto:dpeterson@neomed.edu).



## "Treatment Works ... People Recover" Mural Unveiled in Cuyahoga County

The Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County recently unveiled its second *I Care About My Life and I Care About Your Life* public art mural titled, "Treatment Works ... People Recover."

This interactive, community public art mural project was designed to promote prevention and education about the dangers of heroin and other drugs, reduce the stigma of seeking treatment, start public discussion and celebrate recovery. The ADAMHS Board partnered with local artist Rickey Lewis, who is in recovery, to facilitate the program and bring the mural to life.

The mural adorns the side of a building located at 16021 Puritas Ave., southwest of downtown Cleveland.



## SafeHaven Highlights Eight Dimensions of Wellness

The staff and members of SafeHaven, Inc., in Miami County recently collaborated to construct an outdoor representation of the Eight Dimensions of Wellness. Along with park benches, a bird bath and an inspirational "Never Give Up" sign mounted on a tree, walking stones with the names of the eight dimensions (emotional, environmental, financial, intellectual, occupational, physical, social and spiritual wellness) were installed. A wooden arbor serves as a gateway to the installation. All of the elements come together to create a serene atmosphere that allows clients an opportunity to relax while being reminded of practical strategies that can have a positive impact on their physical and mental health.

Emotional wellness allows people to cope effectively in life and to build new relationships. Pleasant and stimulating surroundings promote environmental wellness. Financial wellness brings peace of mind to current and future situations, while occupational wellness leads to satisfaction through work. Focusing on the importance of sleep, food and exercise leads to physical wellness. Social wellness develops when there is a sense of connection along with a well-developed support system. Lastly, spiritual wellness cultivates a sense of purpose and meaning.

With locations in Greenville, Piqua and Sidney, SafeHaven, Inc., serves adults who have been diagnosed with mental illness or who need mental health support. Each location offers support groups, recovery classes, meals, field trips, employment assistance, transportation and more.

## News & Research Roundup

### Health Transformation Leader Greg Moody Accepts Position at Ohio State

Greg Moody has stepped down as head of the Governor's **Office of Health Transformation** after eight years. Moody has led some of the governor's most significant initiatives, including the formation of OhioMHAS and the Department of Medicaid, Medicaid expansion, the transition to managed care and behavioral health re-design. Click [HERE](#) for a summary of other key reforms. He has accepted a position as an executive in residence with the John Glenn College of Public Affairs at The Ohio State University.



Moody

### OSPF, Lakeland Community College Partner on Mobile Suicide Prevention App

**REACH OUT** is a suicide prevention mobile app designed for college students by Lakeland Community College in partnership with the Ohio Suicide Prevention Foundation (OSPF). The App features information on suicide warning signs, how to help a friend or oneself and customizable resources for mental health and crisis intervention. By disseminating the REACH OUT app on your campus, you can fulfill many of the requirements of **H.B. 28**. Most importantly, a limited number of Ohio higher education institutions can sign up to customize the Reach Out app for use on their own campuses for free. The REACH OUT mobile app is highly customizable and can include school colors, logos, graphics and branding, as well as customized content and your own campus and community resources. The name of the app may also be customized to align with the campus culture or existing programs. Click [HERE](#) for more information.



### Be Present End of Summer and Back-to-School Event Tour

The **Be Present** Campaign Speaking Tour is ready to relaunch for the back-to-school season (mid-August through mid-to-late September). REACH Communications has been selected to spearhead a new set of speaking engagements, school assemblies and provider workshops in communities throughout Ohio. Motivational speaker Javier Sanchez and health communications expert Ivan Juzang from MEE Productions are the key presenters for the Be Present tour, which is underwritten by OhioMHAS. These engaging presenters have been taking the important Be Present mental wellness messages out to youth and adult audiences, inspiring campaign participation with ways to get involved and take action. Click [HERE](#) to see a calendar of available dates and to sign up to host and/or provide attendees for a Be Present speaking engagement.



### Children's Risk of Mental Health Issues Higher if Parents Faced Childhood Trauma

*Medical Daily* recently reported that parents who faced severe stress and trauma early in their lives may be more likely to have children with behavioral health problems, according to **new research** from the University of California, Los Angeles (UCLA). These adverse experiences include divorce or separation of parents; experiencing the death of a parent; emotional, physical or sexual abuse; exposure to violence or substance abuse at home; estrangement from a parent; or parental mental illness. "Parents with greater exposure to [adverse childhood experiences] are more likely to have children with behavioral health problems," the researchers wrote. Parents who had four or more adverse childhood experiences had children who were at double the risk of having attention deficit hyperactivity disorder and were four times more likely to have mental health problems. The mother's adverse childhood experiences were found to have more weight than the father's, as the former was associated with a stronger adverse effect on the mental health of their child. To explain the link, it was noted parents with such a history were at very high risk of mental health problems themselves and may also have high levels of aggravation. This could significantly affect their parenting abilities, leading to a harmful cycle. The study titled *Parents' Adverse Childhood Experiences and Their Children's Behavioral Health Problems* was published in the July 9 edition of the journal *Pediatrics*.

### Study Links Teens' ADHD Symptoms With Digital Media Use

The more teens check social media and stream video, the more likely they might develop symptoms of attention deficit hyperactivity disorder, according to a **new study** published in the medical journal *JAMA*. The study involved 2,587 students in 10 high schools across Los Angeles County. The students were surveyed for their engagement in 14 digital media activities, such as social networking, texting, playing digital games, online shopping, video chatting, reading online content or streaming videos or music. Follow-ups after two years revealed that 9.5 percent of the students who reported engaging in seven high-frequency digital media activities reported ADHD symptoms, and 10.5 percent of those who reported engaging in all 14 high-frequency digital media activities reported ADHD symptoms. By comparison, only 4.6 percent of the students who reported not engaging in any digital media activity reported ADHD symptoms throughout the study.



## News & Research Roundup, cont.

### Updated Suicide Resources From SAMHSA

The Substance Abuse and Mental Health Services Administration has released several updated publications, including:

**[A Guide for Medical Providers in the Emergency Department Taking Care of Suicide Attempt Survivors](#)** — Offers tips for enhancing treatment for people who have attempted suicide, and includes information about communicating with families, HIPAA, patient discharge and resources for medical professionals, patients and their families.

**[A Guide for Taking Care of Your Family Member After Treatment in the Emergency Department](#)** — Provides information about what to expect in the emergency room, and how to take care of yourself and your family members following a suicide attempt. ([Spanish version](#))

**[A Guide for Taking Care of Yourself After Your Treatment in the Emergency Department](#)** — Discusses how to find healing, hope and help after emergency room treatment, including how to cope with future thoughts of suicide. The brochure also offers ways to connect with other suicide attempt survivors and lists free apps and other resources to help an individual move forward. ([Spanish version](#))

### CDC: Death Count Soars for Fentanyl and Fentanyl Analogs



The CDC has issued an **official advisory** on its Health Alert Network to public health departments, health care professionals, first responders and medical examiners about rising deaths involving illicitly manufactured fentanyl and an array of potent fentanyl analogs. According to the Drug Enforcement Administration's National Forensic Laboratory Information System, submissions testing positive for fentanyl more than doubled from 2015 to 2016, rising from 14,440 to 34,119. This increase continued into 2017, with an estimated 25,460 reports in the first six months of 2017 alone. In 2016, states reporting the highest number of fentanyl drug submissions were concentrated in the East and Midwest, all located east of the Mississippi River. This clustering of states is believed to be related to the supply

chains of the white powder heroin market, which predominates east of the Mississippi. NFLIS has received an increasing number of reports from state and local forensic laboratories of fentanyl analogs, including carfentanyl and 3-methylfentanyl, which are 100 and 4 times more potent than fentanyl, respectively.

### Inhaled Heroin Tied to 'Peculiar, Often Catastrophic' Brain Damage

"Chasing the dragon" (CTD) — a method of inhaling heroin in which users heat heroin over aluminium foil with a lighter and then chase the fumes — is growing in popularity and may lead to "peculiar and often catastrophic brain complications," according to **new research** from University Hospitals Cleveland Medical Center. Medscape reported that researchers concluded CTD is associated with a "unique spectrum" of health outcomes, including an aggressive toxic leukoencephalopathy with pathognomonic neuropathologic features, along with sporadic instances of movement disorders and hydrocephalus. The findings appear in the July 9 online edition of *JAMA Neurology*.

### Vaping Doesn't Help Smokers Quit, Study Finds

A **new study** of 1,284 U.S. smokers from 2015 to 2016 concludes there's "no evidence" vaping helps smokers looking to give up cigarettes and tobacco. The study by researchers at Georgia State University in Atlanta found that nearly 91 percent of smokers who vaped continued smoking a year after the study was started. It also found that 54 percent of those who vaped and smoked continued to do both throughout the study. Additionally, vapers had 70 percent lower odds of quitting smoking than non-vapers. The study was published July 9 in the journal *PLOS One*.

### DEA Announces Red Ribbon Patch Program for Scouts

The Drug Enforcement Administration (DEA) **Red Ribbon Patch Program** is designed to provide Boy Scouts and Girl Scouts the opportunity to earn a patch by performing anti-drug activities in commemoration of Red Ribbon Week (Oct. 23-31). This initiative seeks to empower young people to create, embrace and strengthen their drug-free beliefs.



### 2018 Recovery Month Toolkit and PSAs

Each September, SAMHSA sponsors National Recovery Month to increase awareness and understanding of mental and substance use disorders, and to celebrate individuals living in recovery. The Toolkit and PSAs can be used to organize events, issue proclamations and increase public awareness. Click [HERE](#) to learn more about Recovery Month 2018 and how you can get involved.



## Training Opportunities

### **Fifth Annual Families of Addicts Rally 4 Recovery – Aug. 26**

Families of Addicts (FOA), with support from the Recovery Works Healing Center, will host its fifth annual “Rally 4 Recovery” on Aug. 26 from 3-6 p.m. at Courthouse Square in downtown Dayton. The “Rally 4 Recovery” aims to eliminate stigma, educate the public about addiction and mental health disorders and celebrate individuals in recovery. The event will feature more than 50 resource tables, live music, food trucks, a balloon launch and more. Featured speakers include: Ryan Hampton, #VoicesProject founder and American Fix author; Brandon Novak, author, star from MTV’s Jackass and pro skateboarder; and Lt. Gov. Mary Taylor. For more information, contact Lori Erion at [info@FOAfamilies.org](mailto:info@FOAfamilies.org).

### **Fairfield County to Host Gatekeeper Training — Sept. 7**

The Fairfield County Suicide Prevention Coalition is hosting a free Gatekeeper Training on Sept. 7 from 8:30 a.m.-4:30 p.m. at the Liberty Center in Lancaster. The training will be led by Ellen Anderson, Ph.D. Participants will learn about the connection between depression and suicide; dispel myths about suicide; discuss risk factors and warning signs; assess risk and respond to those at risk. To register, email Jeannette Curtis at [info@fairfieldcounty211.org](mailto:info@fairfieldcounty211.org).

### **29th Annual UMADAOP State Conference — Sept. 12-14**

The Urban Minority Alcoholism and Drug Abuse Outreach Programs of Ohio, in partnership with the Ohio Department of Mental Health and Addiction Services, will host the 29th annual **UMADAOP State Conference** “Ubuntu: Creating and Sustaining Healthy Communities” Sept. 12-14 at the Airport Embassy Suites in Columbus. Ubuntu, “I am because we are,” is used to describe the universal bond that connects all of us. As community leaders, social service providers and stakeholders positioned to work in and with urban communities, our ability to work together can maximize resources to create sustainable, lasting change. This year’s conference features tracks about substance abuse prevention, treatment, recovery, faith and re-entry. Click the link for more information and to register. Questions? Please contact [umadaop2018@gmail.com](mailto:umadaop2018@gmail.com).

### **Systems of Care Summit — Sept. 14-15**

OhioMHAS and the Ohio Department of Developmental Disabilities will host the **2018 Systems of Care Summit** “It’s About People Who Care” Sept. 14-15 at the Hilton Columbus — Polaris. The Summit will focus on the development of a coordinated network of community-based services and supports for youth and families. For more information, contact Erin Paternite Eakin at [paternem@miamiohio.edu](mailto:paternem@miamiohio.edu).

### **International Community Corrections Association Annual Conference — Sept. 16-19**

The International Community Corrections Association will host its 2018 Annual Conference, “Doing What Matters: Innovative Approaches for Justice System Improvement,” Sept. 16-19 in San Antonio, Tex. Click [HERE](#) to view the workshop schedule and [HERE](#) to register.

### **OAHC Conference on Youth — Sept. 17**

Ohio Adolescent Health Centers will host its annual Conference on Youth, featuring the Friends4Friends Film Festival, Sept. 17 at the Columbus Athenaeum. Cost is \$30, and includes lunch. Scholarships are available on a first-come, first-served basis. For more information, visit [www.OAHCyouth.org](http://www.OAHCyouth.org).

### **Coalitions Rising — Sept. 17-18**

Prevention Action Alliance will host Coalitions Rising Sept. 17-18 at the Marriott Columbus — University Area. This conference will bring together community coalitions, suicide prevention coalitions, colleges and universities, behavioral health providers, youth prevention providers and others, to work together to continue to improve outcomes for youth and young adults. Topics will include coalition response to medical marijuana becoming legal in Ohio, grocery delivery systems that include alcohol delivery and more. Click [HERE](#) for more information and to register.

### **Save the Date: 2018 Pediatric Mental Health Symposium — Sept. 24**

Cincinnati Children’s Hospital will host the 2018 Pediatric Mental Health Symposium Sept. 24 at Great Wolf Lodge in Mason. Click [HERE](#) for information and to register online.



## Training Opportunities, cont.

### The Drs. Fred and Penny Frese Lecture — Sept. 25

The Northeast Ohio Medical University Department of Psychiatry and Peg's Foundation will present the Drs. Fred and Penny Frese Lecture on Sept. 25 at 3:30 p.m. in the NEOMED's Rootstown campus. The lecture series honors the legacy of Dr. Fred Frese and Dr. Penny Frese by sharing stories of individuals living successfully with schizophrenia and other serious mental illnesses and the ways in which their loved ones support their recovery. Elyn R. Saks, J.D., Ph.D., is the 2018 Drs. Fred and Penny Frese Lecturer. The lecture is free and open to the public. Click [HERE](#) to RSVP.

### Save the Date! Fifth Annual Suicide Prevention Conference — Sept. 28

The Ohio State University Department of Psychiatry and Behavioral Health, in partnership with OhioMHAS and Nationwide Children's Hospital, will host the [Fifth Annual Suicide Prevention Conference](#) on Sept. 28 at The Ohio Union, Archie Griffin Ballroom. Participants will hear from leading researchers and advocates who will discuss the latest strategies, advancements and outcomes regarding suicide prevention in the school and campus communities. For more information, please contact Kim Knight at [kim.knight@osumc.edu](mailto:kim.knight@osumc.edu).

### 2018 Ohio Rally for Recovery — Sept. 29

Make plans now to join the faces and voices of recovery at Ohio's [2018 Rally for Recovery](#) on Saturday, Sept. 29 from noon-3 p.m. at Huntington Park in Columbus. Now in its 17th year, the Rally seeks to empower, uplift and celebrate individuals and families in recovery. Click [HERE](#) to reserve your free ticket. Ohio Citizen Advocates for Addiction Recovery (OCAAR) is selling limited edition [Recovery Advocate](#) and [Recovery Ally](#) T-shirts in advance of the Rally. Proceeds help OCAAR sponsor the Rally.

### 2018 Ohio Recovery Conference — Oct. 1-2

The Ohio Association of County Behavioral Health Authorities (OACBHA) will host Ohio's 2018 Recovery Conference Oct. 1-2 at the Hyatt Regency in Columbus. Visit the OACBHA [website](#) for more information and to register.

### Dr. Brian King to Headline Coalition Academy 2018 — Oct. 9

Dr. Brian King, deputy director for Research Translation-Office on Smoking and Health at the Centers for Disease Control and Prevention, will serve as the keynote speaker for Prevention First's [Coalition Academy 2018](#). Dr. King will focus on vaping/Juuling's impact on youth, policies and programs, and how universal prevention strategies can be implemented to reduce vaping usage. Themed "Tackling New Trends with Primary Prevention," the Academy will take place Oct. 9 at Great Wolf Lodge in Mason. For more information, contact Flora Popenoe at 513.751.8000, ext. 14 or email [fpopenoe@prevention-first.org](mailto:fpopenoe@prevention-first.org).

### Ohio Council's 2018 Annual Conference and Exhibit Hall — Oct. 18-19

Save the Date! The Ohio Council of Behavioral Health & Family Services Providers will hold its [Annual Conference & Exhibit Hall](#) Oct. 18-19 at the Marriott Columbus — University Area. Questions? Please contact Brenda Cornett at 614.228.0747 or email [cornett@theohiocouncil.org](mailto:cornett@theohiocouncil.org).

### National Cocaine, Meth & Stimulant Summit — Nov. 12-14

The Institute for the Advancement of Behavioral Healthcare will host the [National Cocaine, Meth & Stimulant Summit](#) Nov. 12-14 in Fort Lauderdale, Fla. Click the link for conference agenda and registration information.

### Save the Date: 14th All-Ohio Institute on Community Psychiatry — March 15-16, 2019

OhioMHAS will partner with Northeast Ohio Medical University and University Hospitals Cleveland Medical Center to host the [14th All-Ohio Institute on Community Psychiatry](#) March 15-16, 2019, at the Crowne Plaza Columbus North — Worthington. Individuals wishing to submit abstracts for workshops, showcases or poster presentations should contact [AllOhio2019@uhhospitals.org](mailto:AllOhio2019@uhhospitals.org). Registration information will be available in January.



Have a news story or training opportunity you'd like to share with colleagues?  
Please forward submissions to [Eric.Wandersleben@mha.ohio.gov](mailto:Eric.Wandersleben@mha.ohio.gov) for consideration.