

State Pharmacy Board Tightens Rules to Limit Suspicious Rx Drug Distribution

The State of Ohio Board of Pharmacy **announced** plans this month to take action that will require pharmaceutical drug distributors to report and halt suspicious orders of prescription painkillers in hopes of further reducing opioid addiction and deaths.

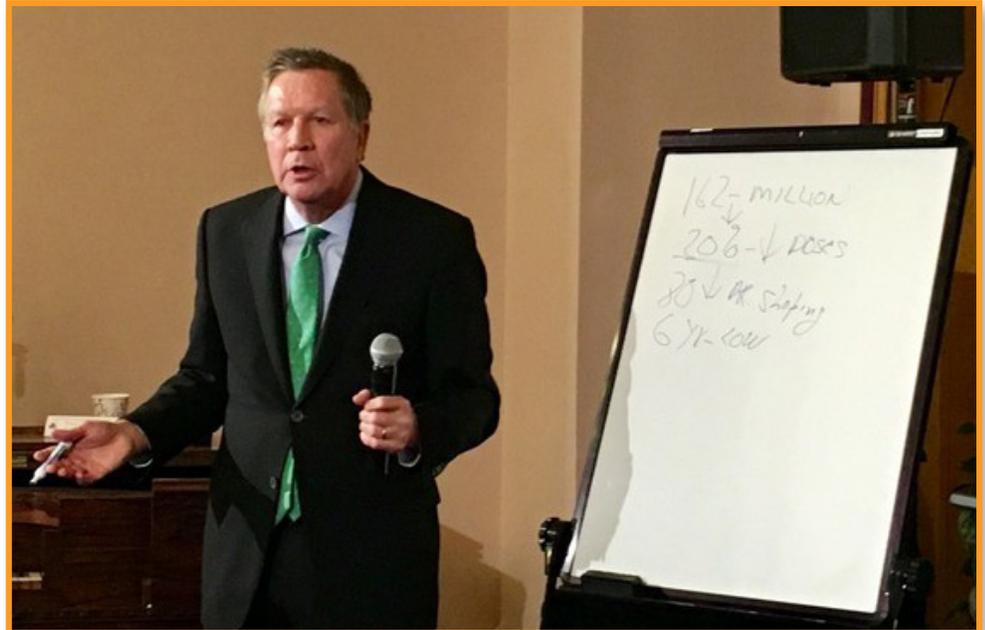
The new requirements are the latest in a series of state regulations on prescription opiates intended to reduce abuse and overdose deaths. Once in effect, state-licensed drug distributors and wholesalers will be required to report more detailed information to the state for analysis to flag distributors and pharmacies that may attempt to sidestep the new rules. Violations could lead to the loss of distributors' state license.

"We've worked on the doctors, we have worked on the pharmacies and now we have to get on the distributors," Gov. John R. Kasich told reporters during a Feb. 1 news conference.

Ohio has more than 500 wholesale drug distributors that buy drugs from manufacturers and resell them to about 20,000 Ohio pharmacies, clinics and hospitals. Wholesalers are required to report "suspicious" quantities of drugs ordered to the U.S. Drug Enforcement Administration.

The proposed rules would require distributors to report orders:

- For more than 5,000 unit doses.
- For a disproportionate mix of controlled and non-controlled substance.
- From purchasers that do not take private or public insurance.
- That are unusually frequent or have an uncommon method of payment or delivery.



Gov. John R. Kasich discusses new proposed rules to better track the flow of prescription opioids in Ohio during a Feb. 1 press event at the Ohio Statehouse.

The proposed rules would also require distributors to learn more about their customers, pause suspicious orders from being shipped and require signatures from two employees to release a paused order.

Opioid prescriptions have declined for years as the Ohio ramped up reporting through the state's controlled substances database, and issued guidelines advising physicians to seek alternatives to opioids. A law that took effect Sept. 1 placed limits on the pain-pill prescriptions written by Ohio physicians, dentists and others. The new requirements limit patients to a

seven-day supply of opioids — five days for minors — for the treatment of short-term pain. Refills can be prescribed only if physicians or other medical professionals document the need for extending pain-relief medication.

"Wholesalers are a critical central link in the drug supply chain and can play an important role in alerting officials to problems on the frontline," Pharmacy Board Executive Director Steven Schierholt said. "With additional data from wholesalers, we will be able to make Ohio's work to combat prescription drug abuse even more effective."

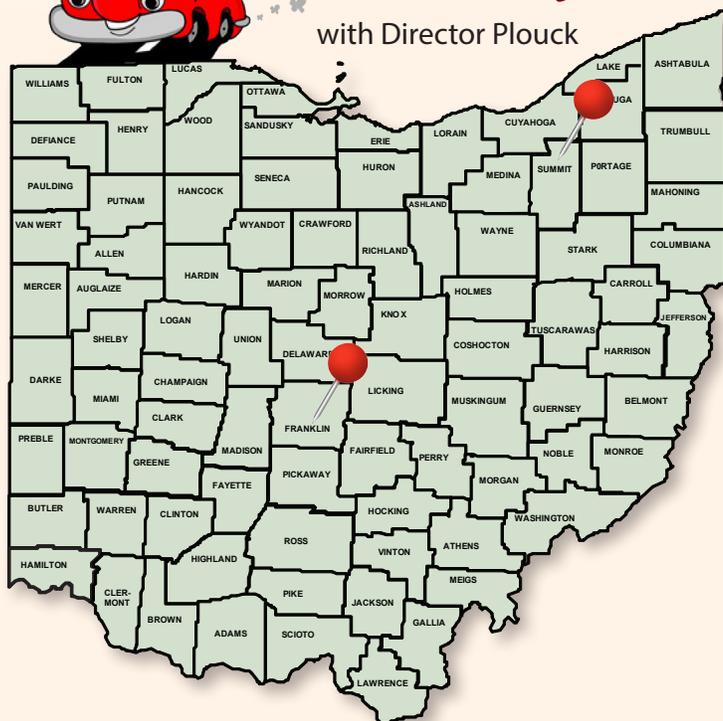
Gov. Kasich's Final State of the State Address Slated for March 6 in Westerville

Gov. Kasich will deliver his final State of the State Address Tuesday, March 6 at 7 p.m. from Otterbein University's Fritsche Theater. The Ohio Channel will carry **live video** of the address. As in previous years, OhioMHAS Director Tracy Plouck will visit a variety of programs to celebrate innovation and success leading up to the Governor's speech. She will visit a Marysville classroom for a demonstration of the PAX-Good Behavior Game; meet with staff and residents of the Tapestry Therapeutic Community program at the Ohio Reformatory for Women, tour an early childhood center in Delaware, learn about New Albany's K-12 wellness initiative and visit with staff and residents of The Place Next Door, a consumer-operated program in Licking County.



On the Road

with Director Plouck



A brief recap of some of Dir. Plouck's recent public activities:

- 2.1 Along with Gov. John Kasich, participated in Board of Pharmacy rules announcement event at the Ohio Statehouse.
- 2.12 Attended the Regional Judicial Opioid Initiative state team meeting.
- 2.14 Attended kickoff for the Stepping Up Ohio supportive housing technical assistance cohort in Cuyahoga Falls.
- 2.15 Provided testimony on behavioral health redesign before members of the Joint Medicaid Oversight Committee. Also attended monthly meeting of the Governor's Cabinet Opiate Action Team.
- 2.16 Provided remarks at the G.A.P. Network Annual Summit. Also met with representatives from the University of Akron, Kent State University and The Ohio State University to discuss collegiate recovery communities.
- 2.22 Participated in a live townhall on opioid addiction produced and *televised* by the Sinclair Broadcast Group.

Bill Establishing New Opportunities for Ohioans with Disabilities Council Awaits Governor's Signature

Senate Bill 144, sponsored by Sen. Dave Burke (R-Marysville), was unanimously passed by the Ohio Legislature and is headed to Gov. John R. Kasich's desk for his signature. The bill will streamline the Opportunities for Ohioans with Disabilities (OOD) Commissioners, the Governor's Council on People with Disabilities and the Consumer Advisory Committee into a single, more inclusive council that will provide feedback to OOD on vocational rehabilitation services. The advisory body will be known as the **Opportunities for Ohioans with Disabilities Council**.

"Moving to the OOD Council will improve collaboration with advocacy groups, consumers and their families to ensure quality services for Ohioans with disabilities to achieve meaningful employment and independence," said OOD Executive Director Kevin Miller.

The council will consist of 15 members. In addition, the existing OOD Commissioners will be rolled onto the council to serve out the remainder of their terms. All members of the OOD Council will be appointed by the Governor.

The makeup of the council follows criteria established by the federal government, including that a majority of the members on the council have a disability. Other seats on the council include an individual who has applied for or received vocational rehabilitation services; an individual who represents community rehabilitation program service providers; and an individual who represents an organization that advocates on behalf of individuals with physical, cognitive, sensory or mental disabilities.

OOD worked with stakeholder groups to address concerns throughout the legislative process. Proponents of the legislation included Ohio Center for Autism and Low Incidence (OCALI), National Alliance on Mental Illness (NAMI), Deaf Services Center, National Multiple Sclerosis Society and Ohio Coalition for Education of Children with Disabilities.

If you or someone you know is interested in serving on the OOD Council please complete the Opportunities for Ohioans with Disabilities Council [application](#).

Opportunities for Ohioans with Disabilities is the state agency responsible for assisting individuals with disabilities to gain meaningful employment, to live independently or receive disability benefits through the Social Security Administration. Click [HERE](#) to learn more.



Ohio | Opportunities for Ohioans with Disabilities

Licking County School District Dedicates Day to Social, Emotional Wellness

Whether it be a family upheaved by divorce, incarceration or drug use, today's school-aged youth are exposed to an increasing variety of traumatic life events. To help build resiliency and empower students to cope with stress, the Newark City School District partnered with [Mental Health and Recovery for Licking and Knox Counties](#) and local service providers to host its first *Social and Emotional Wellness Day* Feb. 8.

Across the district, schools took a break from their standard, daily reading, writing and arithmetic lesson plans to focus on wellness. Students at all grade levels were exposed to yoga, art therapy, music therapy and other ways to deal with stress. "We're doing non-core academic things today, but the things we're doing will benefit our students in those areas when they're feeling stressed out," Newark Superintendent Doug Ute told reporters. Students need positive ways to cope with stress, that they can use to help their friends, he added. "We're hoping it stretches out of the school day and into their families," Ute said.

At the elementary level, students were equipped with skills to help them recognize and cope with anger. They were taught a five-point scale — from happy to very upset or angry — to help identify their emotions. The young students were then taught breathing exercises, yoga and art therapy to help calm themselves during stressful situations.

At the high school level students picked what sessions they wanted to attend. The high school seized the opportunity to launch a drug-free club for students.

At the conclusion of the school day, each student received a folder of resources to share with their families.

Ute said it's critical schools start teaching children these



Social worker Jessica German talks to elementary students about how to cope with feelings of anger during the Newark City School District's first Social and Emotional Wellness Day on Feb. 8. Students discussed triggers and were given tools to help them safely cope with their anger.

coping skills when they are as young as kindergarten. He said staff requested more professional development to help students who have experienced or are going through traumatic situations.

"We wanted to have a day that would address those issues, not only for students but for our staff," he said. "We're not getting a lot of training in these areas coming out of colleges and universities, so as professional development for us, this day is as much for our staff as it is our students."



(l-r) Ashtabula County delegates Kate Morrison (Community Counseling Center), Bridget Sherman (MHRS Board) and Kaitie Park (Ashtabula County Prevention Coalition) at CADCA's National Leadership Forum.

Ashtabula County Prevention Coalition Coordinator Presents at 2018 CADCA National Leadership Conference

Kaitie Park, coordinator of the Ashtabula County Prevention Coalition, recently presented at the Community Anti-Drug Coalitions of America's [28th National Leadership Forum](#) in Washington, D.C. Park was among 3,000 community leaders who attended the four-day conference to learn the latest strategies to address and prevent substance abuse. She was also one of only three coalition coordinators chosen nationally to present lessons learned in addressing the local opiate crisis.

Park, whose office is co-located with the [Ashtabula County Mental Health and Recovery Services Board](#), focused on innovative ways the Coalition and its partners have addressed substance abuse prevention by increasing awareness, building assets in youth and reducing risk factors.

"No organization, agency or person alone can solve this problem — it will take the entire community working together to prevent and reduce substance abuse in Ashtabula County," said Miriam Walton, MHRS executive director. "Substance use impacts us all, and the Coalition works to inform and involve the community in supporting our youth. As the Coalition builds capacity, it is better able to address substance use, abuse and addiction."

Toledo Hospitals to Use Telemedicine for Emergency Department Psychiatric Consults

Mercy Health recently **announced** the launch of a telemedicine program to meet an urgent need for psychiatric services at emergency departments in and around the Toledo area.

The system is partnering with Lighthouse Telehealth, a subsidiary of **Harbor**, to provide around-the-clock psychiatric consultations at Toledo's three metro hospitals: St. Vincent Medical Center, St. Charles Hospital and St. Anne Hospital. Lighthouse Telehealth doctors and advanced practice nurses will also provide psychiatric care at free-standing emergency departments in neighboring Sylvania and Perrysburg and inpatient care at the Mercy Health — Behavioral Health Institute on the St. Charles campus.

The National Alliance on Mental Illness reports that almost 19 percent of the nation's adults are afflicted by a mental

illness in a given year, while almost 22 percent of youths age 13-18 face a serious mental health issue in their lifetimes. While those percentages are increasing, the numbers of mental health experts are trending in the opposite direction.

Roughly 13 percent of all ED visits require a mental health consult, according to a **2016 study published in Health Affairs** — and that percentage is increasing. The **American College of Emergency Physicians** notes that more psychiatric cases end up in the ED because resources for treating them are stretched thin and more people are being diagnosed as in need of mental health care. Yet, at the same time, the number of psychiatric beds in EDs has dropped from about 500,000 in the 1970s to 113,569 in 2010.

Mercy's arrangement with Lighthouse Telehealth enables the health system to access mental health specialists at any

time without boosting ED staffing or bulking up overtime costs.

"There is an ongoing shortage of medical professionals to cover the increasing demand for services in our area," John Sheehan, CEO of Harbor, an Ohio-based provider of mental health services and the parent company of Lighthouse Telehealth, said in a press release.

"We believe that successful partnerships in health care are based on a shared vision and values that achieve the highest quality evidence-based care for patients in crisis — regardless of their ability to pay for that care.

"This collaboration will ensure timely access at select Mercy Health facilities utilizing, as appropriate, our telepsychiatry service model," he added.

March is Problem Gambling Awareness Month

One more card flipped. One more roll of the dice. One more spin, ticket scratched, race run or game played ... If this sounds familiar, you may have a problem with gambling. Gov. John R. Kasich has declared March 2018 as **Ohio Problem Gambling Awareness Month** to coincide with the national observance.

Anyone who gambles can develop a problem. Groups at higher levels of risk include young adults, older adults, adolescents, veterans and racial and ethnic minorities. Individuals new to taking medications for Restless Leg Syndrome or Parkinson's might also develop a gambling problem.

The Ohio for Responsible Gambling (ORG) state partners — the Commissions of Casino Control, Lottery, Racing and OhioMHAS — developed a **quiz** to help identify at-risk behaviors. Along with the ORG partners, Ohio's county Alcohol, Drug Addiction and Mental Health (ADAMH) Boards and community service agencies want to ensure that gambling remains a fun pastime for those who want to take part. For any individual or family member who needs help because of a gambling problem, Ohio offers quality prevention and treatment services available at no cost.

To learn more or get help for yourself or a loved one, visit www.beforeyoubet.org, webchat with a counselor or talk to a counselor on the Ohio Problem Gambling Helpline at 1.800.589.9966. To text with someone, text "4hope" to 741 741.



Prevention Action Alliance, Amerisource-Bergen Foundation Team to Join First-of-Its-Kind Prescription Drug Safety Network

Prevention Action Alliance, the **AmerisourceBergen Foundation** and **Everfi, Inc.**, recently announced a new digital education initiative to combat opioid misuse and empower Ohio high school students with the knowledge and resources to make informed decisions about prescription medications.

Through their partnership, Prevention Action Alliance and the AmerisourceBergen Foundation joined the **Prescription Drug Safety Network**, the nation's first public-private initiative to combat prescription drug misuse by providing prevention education to schools. The national coalition is comprised of a variety of partners, including state leaders, health care companies, pharmaceutical manufacturers, pharmacies and foundations.

With the help of interactive scenarios and self-guided activities, the course teaches students about prescription medications, specifically focusing on proper use, the safe disposal of unused or expired medications and strategies for how to handle situations involving misuse. The materials were provided at no cost to select high schools in Southeast Ohio.



Scott Osiecki Named Chief Executive of ADAMHS Board of Cuyahoga County

The *Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County* has named Scott S. Osiecki as its new Chief Executive Officer. Osiecki, who has been employed with the Board for nearly 24 years, has served as acting CEO since the untimely passing of Valeria Harper in January.

ADAMHS Board Chair Eugenia Kirkland said, "Mr. Osiecki is regarded and trusted in the community at large for his devotion to behavioral health, and he has demonstrated that he possesses the leadership skills, administrative qualities and passion to lead the Board into the future."



Scott S. Osiecki

"This is a critical time for positive change in the mental health and addiction communities," Osiecki said in a Board announcement. "As a community, we are coordinating advocacy efforts, addressing the opioid crisis head on and providing a continuum of care for clients living with mental illness and addictions. We will continue tworking together to end stigma, and provide holistic services and prevention education to residents, because we know that treatment works and people recover."



Second Mahoning County Opioid Summit Draws Large Crowd, Unites Community

The *Mahoning County Mental Health and Recovery Board* partnered with local juvenile court officials to host a second annual community opioid summit on Feb. 21. Every seat in the house was filled, and the overflow spilled into the hallway as panelists provided an update on prevention, education and treatment efforts in the Mahoning Valley. The panel included OhioMHAS Assistant Director Angie Bergefurd, Lt. Jerard Sutton from the Ohio State Highway Patrol, Dr. Joseph Sitarik from Neil Kennedy Recovery Center, Darryl ALEXander from the Youngstown Urban Minority Alcoholism and Drug Abuse Outreach Program, Dr. Daniel Brown of Meridian HealthCare and Guy Burney of the Youngstown Community Initiative to Prevent Violence Commission. Congressmen Tim Ryan and Bill Johnson recorded video messages. [Read](#) more.

News & Research Roundup

Funding Opportunity: Evaluation of Policies for the Primary Prevention of Multiple Forms of Violence

The Centers for Disease Control and Prevention (CDC) National Center for Injury Prevention and Control (NCIPC) is seeking research proposals to evaluate policies on multiple forms of violence, including child abuse and neglect, youth violence, intimate partner violence, sexual violence and/or suicide. Proposals are due March 21. Click [HERE](#) for more information.

NIH Releases First Dataset from Unprecedented Study of Adolescent Brain Development

The National Institutes of Health has [released](#) to the scientific community an unparalleled dataset from the Adolescent Brain Cognitive Development (ABCD) study. To date, more than 7,500 youth and their families have been recruited for the study, well over half the participant goal. Approximately 30 terabytes of data (about three times the size of the Library of Congress collection), obtained from the first 4,500 participants, will be available to scientists worldwide to conduct research on the many factors that influence brain, cognitive, social and emotional development. The [ABCD study](#) is the largest long-term study of brain development and child health in the U.S.

Healthy Minds Season 5 is Now Streaming on Demand

The fifth season of *Healthy Minds With Dr. Jeffrey Borenstein* is now available on demand. New episodes will be added to the site as they feed to the PBS stations. The [program](#), which is produced by the [Brain & Behavior Research Foundation](#), aims to remove the stigma of mental illness, educate the public and offer a message of hope by shedding light on common psychiatric conditions through inspiring personal stories and experts sharing cutting-edge information on treatment. This season examines some of the most pressing public health issues, including the opioid epidemic, traumatic brain injuries and concussions, and the rising rate of anxiety and other mental health issues affecting our youth.

News & Research Roundup, cont.

2016 Saw New Peak In “Despair Deaths” From Substances And Suicide, Report Finds

NBC News reported that on Feb. 22, the Trust for America’s Health and Well Being Trust released a [report](#) finding that “despair deaths” from drugs, alcohol and suicide have reached new peaks in the U.S. The report found that more than 142,000 Americans died from drug or alcohol overdoses and from suicide in 2016, an 11 percent increase over 2015. The report also revealed that suicide rates increased 10 percent among blacks from 2015 to 2016 and rose 9 percent among Latinos.

Study: Widespread Media Coverage May Have Contributed To 10 Percent Increase In Suicides Following Death Of Comedian Robin Williams

TIME magazine this month [reported](#) that widespread media coverage may have contributed to a 10 percent increase in suicides following Robin Williams’ highly publicized death, according to researchers. An [analysis](#) published online Feb. 7 in PLOS One revealed that in the four months following the comedian’s death in August 2014, “CDC data revealed that there were 18,690 deaths by suicide in the U.S. — significantly more than the 16,849 suicides that past data and trends would have predicted for that time period.”

Opinion: Screen For Suicide Like We Monitor For Blood Pressure

In an [opinion piece](#) published Feb. 7 in USA Today, Kelly Posner, Ph.D., a clinical professor in the department of Child and Adolescent Psychiatry, Vagelos College of Physicians and Surgeons at Columbia University, wrote, “Suicide is a growing public health crisis even among teens.” Posner noted, suicide is now “the number one killer of teenage girls worldwide and the second leading cause of death in teenagers in the U.S.” She concluded, “We must start asking about suicide (i.e., screening) like we monitor for blood pressure. If we do not, we will not find the people who are suffering in silence.”

Methamphetamine Making a Nationwide Comeback

Methamphetamine is making a comeback around the country, said experts who note the [drug](#) is more pure, cheap and deadly than ever. Although the number of domestic meth labs has greatly decreased, agents at the U.S. border are seizing 10 to 20 times the amounts of meth they did a decade ago, *The New York Times* [reported](#). In the early 2000s, domestic labs made meth from the decongestant pseudoephedrine. In 2005, Congress passed the Combat Methamphetamine Act, which made it more difficult to purchase pseudoephedrine. In response, Mexican drug cartels stepped up production. There is now so much pure, low-cost meth that dealers are offering the drug on credit, the article noted.



Report: Opioid Crisis Has Cost Most Than \$1 Trillion in U.S.

The cost of the nation’s opioid crisis exceeded \$1 trillion from 2001 to 2017, a [new report from Altarum’s Center for Value and Health Care](#) concluded. The epidemic may cost an additional \$500 billion by 2020. The greatest cost of the opioid crisis comes from lost earnings and productivity losses to employers. Other costs come from lost tax revenue due to early deaths and substance use disorders. Emergency room visits, ambulance costs and the use of naloxone also have contributed to the increase in costs, the report noted.

FDA Announces Voluntary Recall and Destruction of Kratom Products

The Food and Drug Administration (FDA) recently announced it is overseeing the voluntary destruction and recall of kratom products. Earlier this month, the FDA warned [kratom is an opioid](#) and has been linked with 44 deaths. Kratom, an unregulated botanical substance, is used by some people to relieve pain, anxiety and depression, as well as symptoms of opioid withdrawal. The company that makes kratom-containing products under the brand names Botany Bay, Enhance Your Life and Divinity promised to recall and destroy the products, *HealthDay* [reported](#). The company, Divinity Products Distribution, agreed to stop selling all products containing kratom. In a [statement](#), the FDA said, “Based on the scientific evidence of the serious risks associated with the use of kratom, in the interest of public health, the FDA encourages all companies currently involved in the sale of products containing kratom intended for human consumption to take similar steps to take their products off the market and submit any necessary evidence, as appropriate, to the FDA to evaluate them based on the applicable regulatory pathway.”



News & Research Roundup, cont.

Fetal Alcohol Disorders May Be More Common Than Previously Thought

A [new study](#) published in *JAMA* suggests up to 10 percent of U.S. children may have fetal alcohol spectrum disorders (FASD), much more than previously thought. The new findings come from a study of more than 6,000 first graders in four U.S. communities, according to a [news release](#) from the National Institutes of Health (NIH). The study was funded by the National Institute on Alcohol Abuse and Alcoholism, part of the NIH. The study found at least 1 to 5 percent of first graders had FASD. When the researchers used a less-strict estimate, they found the rate soared to as high as 10 percent in one community.

Alcohol Use Disorder In One Spouse May Directly Increase Risk For Other Spouse

Researchers concluded that alcohol use disorder in one spouse directly increases the risk for alcohol use disorder in the other spouse after examining data on 8,592 couples who had no history of alcohol use disorder prior to their first marriage and alcohol use disorder in one spouse during marriage, and 4,891 people with multiple marriages whose first spouse did not have alcohol use disorder and second spouse did or vice versa. The [findings](#) were published online Feb. 7 in *JAMA Psychiatry*.

Deaths From Benzodiazepine Overdose on the Rise

Deaths from overdoses of prescription sedatives known as benzodiazepines — including Xanax and Valium — are on the rise, according to a [report](#) in the *New England Journal of Medicine*. According to data from the National Institute on Drug Abuse, overdose deaths involving benzodiazepines increased from 1,135 in 1999, to 8,791 in 2015. Benzodiazepines are prescribed to treat conditions including anxiety, insomnia and seizures. Overdoses have increased in the past decade, as the number of prescriptions for these drugs has increased, *HealthDay reported*. Prescriptions for benzodiazepines rose by 67 percent between 1996 and 2013, from 8.1 million to 13.5 million.



Training Opportunities, cont.

CWRU Center for Evidence-Based Practices Trainings

The Case Western Reserve University Center for Evidence-Based Practices has released its schedule of upcoming trainings. Click the links below for more information:

May 8 — [Alcohol and Other Drug Treatment Considerations for Individuals with SPMI \(Columbus\)](#)

June 6 — [Alcohol and Other Drug Treatment Considerations for Individuals with SPMI \(Fairfield\)](#)

Regional Peer Supporter Trainings

The OhioMHAS Bureau of Recovery Supports has released its schedule of upcoming regional peer supporter trainings. Click [HERE](#) for a schedule. Learn more about peer recovery support training opportunities under the [Workforce Development tab](#) on the OhioMHAS website.

2018 Maternal Depression Trainings

The OhioMHAS Bureau of Children and Families will host a series of regional Maternal Depression Trainings. All trainings are from 9 a.m.-1:15 p.m. Upcoming dates and locations include:

March 7 — Appalachian Behavioral Healthcare, Athens

April 11 — Montgomery County ADAMHS, Dayton

April 19 — Wood County Educational Service Center, Bowling Green

For more information, please contact Karen Kimbrough at 614.752.8355 or karen.kimbrough@mha.ohio.gov.

2018 Assessing and Managing Suicide Risk Trainings

The Ohio Suicide Prevention Foundation has released its schedule of 2018 [Assessing and Managing Suicide Risk](#) (ASMR) regional trainings. These trainings are designed to help Ohio behavioral health professionals learn to recognize, assess and support patients with suicidal thoughts or behaviors. Dates include: [May 11](#) (New Albany), [June 4](#) (Archbold), [Aug. 7](#) (Marietta), [Sept. 14](#) (Dayton) and Northeast Ohio TBD. Click [HERE](#) for more information or email austin.lucas@ohiospf.org.

Training Opportunities, cont.

ASAM Criteria Trainings

As part of Ohio's 21st Century CURES Act initiative, the Ohio Department of Mental Health and Addiction Services is sponsoring 10, two-day, application-focused trainings that provide participants with an in-depth look at the theoretical foundations of the American Society of Addiction Medicine (ASAM) Criteria, including clinically driven services, biopsychosocial assessment, the six dimensions, continued stay and transfer/discharge. Incorporating the use of the new edition of the [ASAM Criteria](#), participants have opportunities for skill practice at every stage of the treatment process: assessment, engagement, treatment planning, continuing care and transfer or discharge. All participants will receive a copy of the ASAM Criteria and an in-depth training journal to guide the training experience and as a resource for continuing skill application. This free opportunity offers 13 CME/CEU credits. Please click [HERE](#) to view the training schedule.

Regional Suicide Prevention Coalition Trainings

PreventionFIRST!, in partnership with the Ohio Suicide Prevention Foundation, will be offering five regional trainings titled "Coalition Building...from Grassroots to Sustainability." The sessions are free and open to Suicide Prevention Coalition members and community partners. The first three hours will provide participants with the foundational concepts of effective prevention, capacity-building strategies, an understanding of the critical role of data and research, and the five conditions for collective impact success. The second half of the day participants will understand the structure and function of non-profit governance as it relates to fiscal responsibility, practice budgeting and explore multiple fundraising strategies for non-profits. Upcoming dates/locations include: March 9 — [Chillicothe](#), March 12 — [Akron](#), March 23 — [Athens](#), March 26 — [Toledo](#) and April 13 — [Lebanon](#). For more information, contact jillkfrost@gmail.com or call 614.585.9473.

2018 Collaborative Assessment and Management of Suicidality Trainings

The Ohio Suicide Prevention Foundation has released its schedule of 2018 [Collaborative Assessment and Management of Suicidality Trainings](#) (CAMS). These trainings will provide counselors, psychologists and social workers with knowledge, skills and practice in the treatment of patients' suicidal risk. Dates include: [April 11](#) (Mansfield), [June 1](#) (Chillicothe), [Aug. 24](#) (Lancaster) and [Sept. 28](#) (Youngstown). Click [HERE](#) for more information or email austin.lucas@ohiospf.org.

Coalitions Rising: Policies & Practices for Better Prevention – March 19-20

Prevention Action Alliance will host [Coalitions Rising: Policies & Practices for Better Prevention](#) March 19-20 at the Marriott Columbus University Area. Click the link for more details and to register.

Suicide Prevention in Later Life: Connecting and Contributing Webinar — March 26

The National Association of State Mental Health Program Directors is hosting a webinar on suicide prevention in later life on March 26 from 2-3:30 p.m. The webinar will highlight the importance of suicide prevention in later life, with an emphasis on increasing social connectedness as a means for prevention. Click [HERE](#) to register.

2018 Ohio Recovery Housing Annual Conference — April 3-4

Ohio Recovery Housing (ORH) will host its [2018 Annual Conference](#) April 3-4 at the Marriott Columbus University Area. Visit www.ohiorecoveryhousing.org for more information.

2018 We Are the Majority Rally — April 19

The Ohio Youth-Led Prevention Network will host its seventh annual "We Are The Majority" youth [rally](#) on April 19 from 8 a.m. - 2 p.m. at Genoa Park in Columbus. Click [HERE](#) for more information. [Register](#) online. As a reminder, all Ohio middle and high school students are invited to enter [Start Talking! Start Recording: Ohio's Youth Got Talent contest](#). The top three acts will get to perform live at the Rally and compete for one of three college scholarships totaling \$5,000. **The deadline to enter the contest has been extended to March 14.** All contestants will be entered into a chance to win one of 20 pairs of tickets to Cedar Point or King's Island.



Training Opportunities, cont.

Second Early Childhood Mental Health Conference — April 23-25

OhioMHAS will host the Second Early Childhood Mental Health Conference “Intentional Transformation Early Childhood Success: Master Plan for Change” April 23-25 at the Hilton — Polaris in Columbus. Dr. Neal Horen from Georgetown University and Dr. Walter Gilliam from Yale will serve as day one keynotes, while Kathleen Mitchell, vice president of the National Organization on Fetal Alcohol Syndrome, will provide day two keynote remarks. Cost is \$125. Register [HERE](#).

Fifth Annual Trauma-Informed Care Summit — May 22-23

OhioMHAS, in partnership with the Ohio Department of Developmental Disabilities, will host the Fifth Annual Trauma-Informed Care Summit “Creating Environments of Resiliency and Hope in Ohio” May 22-23 at the Residence Inn by Marriott Columbus University Area. Click [HERE](#) to register.

2018 Safe and Healthy Schools Conference — June 4-5

OhioMHAS, in partnership with the Ohio Department of Education and PreventionFIRST!, will host the 2018 Safe and Healthy Schools Conference “Leveraging State and Local Resources for School Improvement, Student Safety and Effective Behavioral Health Services” June 4-5 at the Doubletree Hotel Columbus—Worthington. The conference will highlight state and local partnerships and practices that demonstrate a cross-systems approach and comprehensive strategies for school safety and to prevent and address behavioral health needs in Ohio schools. The conference will also inform and engage school and community stakeholders in building their local capacity to create safe and supportive environments for students in preschool through grade 12. For more information, contact Eleanor Garrison at 614.273.1400 or eg@garrisonevents.com.

2018 Opiate Conference — June 11-12

The Ohio Association of County Behavioral Health Authorities has announced plans to host the 9th Annual Opiate Conference in Columbus June 11-12. This year’s conference will provide attendees with the latest research on opiates, as well as providing community resources to assist in curbing opiate use in Ohio. Keynote speakers will be announced in the coming weeks. Click [HERE](#) for more information.

Mental Health America Annual Conference — June 14-16

Mental Health America will host its [2018 Annual Conference: Fit for the Future](#) on June 14-16 in Washington, D.C. Speakers include Olympic Gold Medalist and U.S. Women’s Soccer World Cup Champion Abby Wambach, Beachbody Fitness and nutrition expert Autumn Calabrese and Pulitzer Prize-winner Eugene Robinson. Click the link for more information.

Save the Date: 2018 Ohio Promoting Wellness & Recovery Conference — June 25-27

The OhioMHAS Bureau of Prevention and Wellness is pleased to announce that the 2018 Ohio Promoting Wellness and Recovery Conference (OPEC) will take place June 25-27 at Miami University in Oxford. This annual conference focuses on creating access, improving quality and making connections with Ohio’s prevention, early intervention, treatment and recovery support workforce for children, families and communities. Cost is \$120. Follow conference-related news at www.OPECconference.com or on Twitter @OPECconference.

2018 Addiction Studies Institute — July 25-27

Save the date! The Ohio State University Wexner Medical Center Talbot Hall will host the 2018 Addiction Studies Institute July 25-27 at the Greater Columbus Convention Center. Visit <http://www.addictionstudiesinstitute.com/> for conference updates and registration information.



Have a news story or training opportunity you’d like to share with colleagues?
Please forward submissions to Eric.Wandersleben@mha.ohio.gov for consideration.