

## Huge Dayton Rally Ushers in Recovery Month in Ohio

September is Recovery Month in Ohio. To get the celebration started, more than 3,500 people jammed Courthouse Square in downtown Dayton on Aug. 26 for the fifth annual Rally 4 Recovery hosted by Families of Addicts (FOA).

The event served to celebrate recovery, destigmatize addiction, demonstrate how local families are impacted and mobilize the community to pursue solutions.

"It was an amazing day filled with so much love, compassion, laughter, tears and healing," said FOA founder and executive director Lori Erion. "This rally is a true testament to humanity and connection. All of us — families, friends and individuals — are warriors and we do recover!"

The rally featured remarks from Ryan Hampton, founder of the Voices Project, whose new book, *American Fix — Inside the Opioid Addiction Crisis and How to End It*, was recently published. Hampton told local reporters that Dayton is leading the way and changing the narrative around addiction.

"What can [the recovery community] be doing beyond just telling our stories?" he asked. "We're voters, we're taxpayers, we're employers. We have purchasing power. There's a lot we can do when we leave that rally."

Brandon Novak, professional skateboarder and celebrity featured in MTV's *Jackass* movies, also spoke. His new book, *The Brandon Novak Chronicles*, details his struggles with heroin addiction.

The rally also featured a balloon launch, food trucks, face painting, a free naloxone training, dozens of vendors and the "Big Pic," an annual photo of all attendees.

Other recovery month events will take place in communities throughout Ohio this month, culminating with Ohio Citizen Advocates for Addiction Recovery's **17th annual Ohio Rally for Recovery** on Sept. 29 at Huntington Park in Columbus. OCAAR's rally serves as Ohio's official statewide celebration.



Recovery advocates gather for "The Big Picture" during Families of Addicts' Fifth Annual Rally 4 Recovery in downtown Dayton on Aug. 26.

Speakers and performers include: **Brandon Novak, Mark Lundholm, Matt Butler**, Musicians and Artists Addiction Recovery Through Salvation (**MAARS**) and the Cleveland Treatment Center's "On the One" band. Ohio Department of Mental Health and Addiction Services (OhioMHAS) Director Mark Hurst, M.D., will present a Governor's resolution.

Visit [recoverymonth.gov](http://recoverymonth.gov) for more information about Recovery Month. The Substance Abuse and Mental Health Services Administration has a variety of tools available to help promote local activities, including **public service announcements, logos, web banners, fliers and posters**, and a **toolkit**.

### 2018 Ohio Rally for Recovery

**WHEN:**

Saturday, September 29 | Noon-3 p.m.

**WHERE:**

Huntington Park  
330 Huntington Park Lane  
Columbus, OH 43215

**WHAT:**

Featuring more than 40 vendors, music performances, food, recovery speakers, raffles and more.

**REGISTRATION & T-SHIRTS:**

**Reserve** your FREE ticket today. Rally T-shirts are available for pre-sale for a limited time: **Advocate** or **Ally**.

JOIN THE VOICES FOR RECOVERY  
invest in **health**, **home**, **purpose**, and **community**

National Recovery Month  
Prevention Works - Treatment is Effective - People Recover  
september 2018





## On the Road

with Dir. Hurst



A brief recap of some of Dir. Hurst's recent public activities:

- 7.30 Presented about trauma at the annual National Association of State Mental Health Program Directors commissioner meeting in Washington, D.C.
- 8.1 Attended and provided brief remarks at the Gov. John R. Kasich's Statehouse bill signing ceremony for **SB 1** — a measure to increase penalties for drug trafficking.
- 8.3 Presented to staff at Ohio Health Grant Medical Center on addiction and the link to trauma-informed care.
- 8.7 Official sworn in by Gov. Kasich as director of OhioMHAS at a Statehouse ceremony.
- 8.8 Met with retired Justice Evelyn Stratton to discuss Ohio's Stepping Up initiative.
- 8.10 Provided opening remarks for a SAMHSA course on the Maternal Opiate Medical Supports (M.O.M.S.) project.
- 8.15 Along with Ohio Department of Medicaid Director Barbara Sears, toured Mercy Behavioral Health, spoke at the City Club of the Mahoning Valley about behavioral health redesign and met with officials from the Mahoning and Trumbull County ADAMHS boards.
- 8.30 Taught a didactic session for residents at the University of Toledo Medical Center's Department of Psychiatry.



### State Directors Visit Mahoning Valley

OhioMHAS Director Mark Hurst, M.D. and Ohio Department of Medicaid Director Barbara Sears visited Youngstown this month where they participated in a discussion about behavioral health redesign, Medicaid expansion and other issues at the City Club of the Mahoning Valley. Afterwards, the directors met with leadership from the Mahoning and Trumbull county Mental Health and Recovery boards.

***Pictured (l-r): Dir. Hurst; Duane Piccirilli executive director and Brenda Heidinger, associate director, Mahoning County Mental Health and Recovery Board; Dir. Sears and April Caraway, executive director, Trumbull County Mental Health and Recovery Board.***

### Applicants Sought for Ohio Disordered Gambling Treatment Supervision Fellowship Program

***Applications Due Sept. 7***

The Ohio Disordered Gambling Supervision Fellowship Program, now in its fourth year, is seeking qualified candidates to participate in a new cohort.

The nine-month program (October 2018—June 2019) consists of monthly meetings and conference calls, disordered gambling training/education, case conceptualization, visits to gaming venues and concludes with an oral case presentation. Selected applicants will also receive stipends for travel expenses.

The Fellowship Program is coordinated and funded in partnership with Recovery Resources, OhioMHAS, Ohio for Responsible Gambling and the Louis Stokes Cleveland VA Medical Center.

For an application, please contact: Mike Buzzelli, fellowship program coordinator, Recovery Resources, at 216.431.4131 ext. 2612, or email [mbuzzelli@recres.org](mailto:mbuzzelli@recres.org).

## September is Suicide Prevention Awareness Month

Each year, more than 41,000 individuals die by suicide, leaving behind their friends and family members to navigate the tragedy of loss. In many cases, friends and families affected by a suicide loss (often called “suicide loss survivors”) are left in the dark. Too often the feelings of shame and stigma prevent them from talking openly.

September is **National Suicide Prevention Awareness Month** — a time to share resources and stories to shed light on this highly taboo and stigmatized topic and learn to recognize **warning signs**.

**National Suicide Prevention Week** is Sept. 9–15, with **World Suicide Prevention Day** observed on Sept. 10. During this week and day, individuals and organizations will be drawing attention to suicide and advocating the prevention of one of the nation’s leading causes of preventable deaths.

Currently, suicide ranks as the second-leading cause of death for ages 10–24. Nationally, we lose an average of more than 118 young people each week to suicide in this age group. Moreover, the number of suicide deaths for ages 10–14 have more than doubled since 2006.

**The Jason Foundation, Inc.** is a nationally recognized leader in youth suicide awareness and prevention. They provide programs to youth, parents, educators, and the community to help recognize when a young person may be struggling with thoughts of suicide and how to assist them. The Foundation has announced three initiatives for September:

- Updated website — The Jason Foundation’s new mobile-responsive **website** will debut in September. The site will feature increased functionality and allow for easier navigation.
- Re-launch of the **B1 Project** — a collaborative effort between The Foundation and music entertainment group Rascal Flatts. The positive, peer support program encourages youth through the slogan, **Someone you know may need a friend, B1**.
- Launch of **#IWONTBESILENT** — an ongoing, awareness campaign that encourages the community to raise the national conversation of youth suicide prevention. The campaign encourages and offers suggestions to conduct awareness events in schools, businesses, churches and other organizations.

The **National Suicide Prevention Lifeline** sponsors the **#BeThe1To** campaign to help change the conversation from suicide to suicide prevention, to actions that promote healing, help and hope.



The **National Alliance on Mental Illness** also has a wealth of resources available to help promote suicide prevention. The **Suicide Prevention Resource Center**, the **American Foundation for Suicide Prevention** and the **Crisis Text Line** also offer an abundance of resources.

In Ohio, the Franklin County Suicide Prevention Coalition will mark World Suicide Prevention Day with a free screening of the **S Word** documentary on Sept. 10 from 6-8:30 p.m. at the Ohio Union on the campus of The Ohio State University. Click **HERE** to register.

OhioMHAS continues to make suicide prevention a key priority. Learn more about what Ohio is doing to educate and spread awareness **HERE**. Be sure to check out **bepresentohio.org** to learn more about how the Department is helping Ohio youth make a difference by being there for friends, siblings and classmates.

Is your community hosting a suicide prevention awareness event? We want to know. Please send a media release or short description of your activity and a photo to **Eric.Wandersleben@mha.ohio.gov**. We will mention your efforts, and highlight some new state initiatives, in our next installment of *e-Update*.

**If you or someone you know is in crisis and needs help, please call the National Suicide Prevention Lifeline at 1.800.273.TALK (8255) or text the keyword 4HOPE to 741 741.**

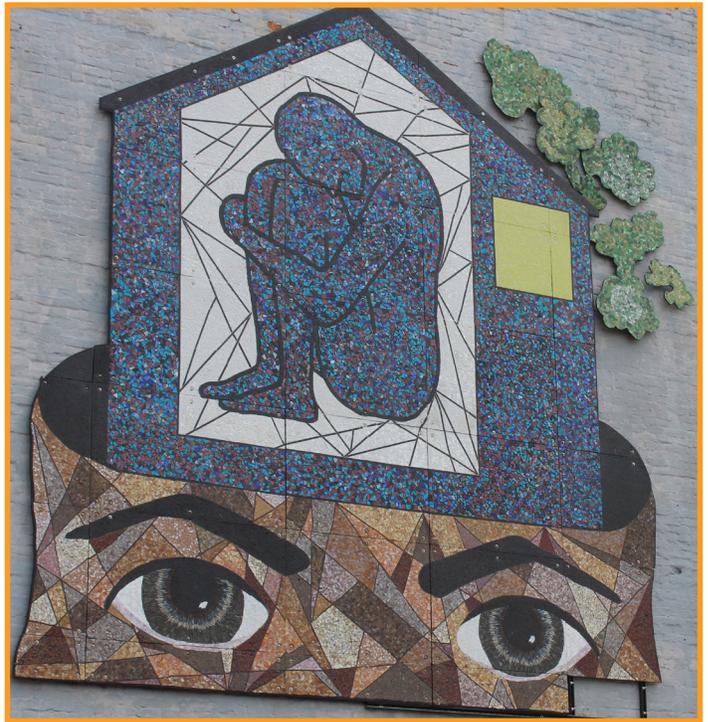
## New Toledo Mural Aims to Raise Awareness of Mental Health and Homelessness

A new mosaic mural in downtown Toledo aims to shatter the stigma often associated with mental illness and homelessness. Advocates unveiled *Pieces to Peace*, a 20-foot-by-20-foot glass mosaic installed on the side of a building at 411 Michigan Ave. during an Aug. 10 dedication ceremony.

The project, which features 90,000 pieces of glass, was a collaboration between artist Gail Christofferson of Animal House Glass studio in Bowling Green and ***A Renewed Mind***, a local mental health service provider. It was funded by a \$31,800 grant from the David C. and Lura M. Lovell Foundation through the Toledo Community Foundation, and a \$1,000 contribution from the ***Mental Health and Recovery Services Board of Lucas County***.

According to a news release from A Renewed Mind, there are more than 3,200 homeless individuals in Toledo. About half have been diagnosed with a mental illness. Several hundred volunteers, including persons who are homeless, assisted with the construction.

"This mural is an important reminder to the community that there is help for mental health issues," said Wendy Sheehan, vice president of A Renewed Mind. "It highlights the need for understanding, and is an example that every single person matters in our community."



(Pictured l-r) Brady Groves, president, Richland County Foundation; Marilyn John, commissioner, Richland County; Veronica Groff, president and CEO, Catalyst Life Services; Doug Bailey, community capital project manager, OhioMHAS; Kym Lamb, chair, Richland County Mental Health and Recovery Services Board; Joe Trolan, executive director, Richland County MHRS Board; Christina Thompson, Ohio Health; and State Rep. Mark Romanchuk participate in an Aug. 27 groundbreaking.

## Richland County Officials Break Ground on Detox Center, Residential Facility

With a few ceremonial scoops of dirt, state and local officials broke ground Aug. 27 on a new detox center and residential treatment facility in Richland County. The \$2.25 million project is supported by state capital funds distributed through OhioMHAS and a local match from the ***Richland County Mental Health and Recovery Services Board*** in partnership with the Richland Foundation, S.N. and Ada Ford Foundation and Ohio Health.

***Catalyst Life Services*** will oversee treatment programming at the 16-bed withdrawal management facility — Richland County's first and only detox center. Patients will receive medical and counseling services, as well as assistance from peer recovery supporters during their stay. The residential treatment facility, dubbed New Beginnings II, will serve women. The 16-bed facility will compliment an existing structure that currently serves both men and women.

## Adam-Amanda Mental Health Rehabilitation Center Grand Opening

It was three years in the making, but on Aug. 25, the National Alliance on Mental Illness of Ohio (NAMI Ohio), in partnership with state and county officials and private supporters, dedicated the Adam-Amanda Mental Health Rehabilitation Center in Athens.

The \$1.25-million, 16-bed facility at 7990 Dairy Lane near the Ohio University campus was created for patients discharged from the nearby Appalachian Behavioral Healthcare hospital who require longer-term residential treatment of 60 days or more. The facility will be operated by Hopewell Health Center in cooperation with the Athens-Hocking-Vinton 317 Board and NAMI Ohio.

Speaking at the dedication were Dan and Marsha Knapp, parents of Adam Knapp, and Becky Baker, mother of Amanda Baker. Adam and Amanda, for whom the center is named, lost their lives due to mental illness only days after being released from inpatient psychiatric facilities and after multiple attempts to receive longer-term care.

"The center will bring hope to those who have very little hope left," Dan Knapp said.

Becky Baker said she hopes the new center will help achieve her daughter's dream to "change the world one act of kindness at a time."

OhioMHAS Director Dr. Mark Hurst stressed the center is the result of the collaboration between state and local agencies, families and individuals. He said it "is going to help us have fewer Adam and Amandas. When we get to zero we'll know we've done something," Hurst said.



**Terry Russell, executive director of NAMI Ohio, speaks during the Aug. 25 grand opening celebration for the Adam-Amanda Mental Health Rehabilitation Center in Athens.**

Terry Russell, NAMI Ohio executive director, came up with the idea for the rehabilitation center just three years ago. He spearheaded the drive to raise funding, including money from OhioMHAS, the Ohio Housing Finance Agency, Attorney General Mike DeWine's office and his personal family foundation, the Stow (Ohio) High School Class of 1998, Adam's graduating class, and many others.

## Hamilton County to Expand Addiction Treatment for Incarcerated Men and Women

The Hamilton County Sheriff's Office plans to add 92 beds to the county's jail to help treat inmates with substance use disorders. The beds are part of two new jail wings at the Hamilton County Justice Center that are being retrofitted from existing space, *The Cincinnati Enquirer* **reported**. The project is funded through a \$2.5 million state capital grant.

Jail officials say the men's and women's wings will help alleviate jail crowding

and expand addiction treatment programs.

The jail, which was built to house 875 inmates, currently houses close to 1,600. Nearly a third of the jail's inmates at any given time have an addiction, Sheriff Jim Neil said.

The jail's health care provider, NaphCare, has been using buprenorphine since May to help inmates detox. Workers are detoxing about 500 people

a month, including close to 400 who have an addiction to opioids, officials said.

Inmates also receive help with re-entry skills. They are provided with contacts and training for community services, including housing and food and jobs once they are released from jail. Local providers, Talbert House and the Addiction Services Council, are helping with treatment efforts.

## Attorney General Awards More Than \$3 Million for Drug Prevention Education

Ohio Attorney General Mike DeWine recently announced that more than \$3 million in grant funds to 152 law enforcement agencies throughout the state for drug use prevention education programs in public schools.

The Drug Use Prevention Grant Fund supports programs such as **Botvin LifeSkills**, **D.A.R.E. Keepin' It REAL**, **PALS — Prevention through Alternative Learning Styles**, **Unique You, Too Good For Drugs**, **Reach Out Now**, and **Stay on Track**. Grant recipients are required to include over-the-counter and prescription drug abuse prevention education in their programs.

A **full list of award recipients** can be found on the Ohio Attorney General's website.

## News & Research Roundup

### CDC: Fentanyl Use Drove National Drug Overdose Deaths to a Record High

Drug overdoses rose 10 percent last year, killing an estimated 72,000 Americans, according to a [new report](#) by the Centers for Disease Control and Prevention (CDC). More Americans are using opioids, and the drugs are becoming more deadly as fentanyl is increasingly mixed into heroin, cocaine and methamphetamine, *The New York Times* [reported](#). The CDC reported that overdose deaths involving synthetic opioids such as fentanyl increased sharply, while deaths from heroin, prescription opioid painkillers and methadone decreased.



### Mental Health America Releases 2018 Back to School Toolkit

Trauma can happen to anyone, at any age. It's important to be aware of how trauma can trigger mental health issues in young people to prevent mental health conditions before they reach crisis. Mental Health America has released its [2018 Back to School Toolkit](#) to provide young people with information to help them understand the effects of trauma, including the onset of mental health conditions like depression, anxiety and psychosis. The toolkit includes fact sheets, posters, sample social media posts, sample articles for use in school newsletters and a worksheet with grounding techniques.

### Teens with Substance Use Disorder, Conduct Disorder at Higher Risk of Early Death

American teens with substance use disorder and conduct disorder are five times more likely to die an early death compared with the general population, according to a [new study](#). Conduct disorder is a precursor to antisocial personality disorder in adults. It refers to behavioral and emotional problems in youth that often leads to repetitive aggressive behavior or age-inappropriate violations, the *Atlanta Journal-Constitution* [reported](#). The researchers found more than 4 percent of the teens with substance use and conduct disorder — and their siblings — had died over the course of 16 years of follow-up. In contrast, fewer than 1 percent of teens without substance use and conduct disorder died young.

### New Study Associates Chronic Pain With PTSD

People with a history of chronic pain (pain persisting six months or longer) may be more likely to report symptoms of post-traumatic stress disorder (PTSD) than those in the general population, according to a [report](#) in *Psychosomatics: The Journal of Consultation-Liaison Psychiatry*. The findings “emphasize the importance of identifying and screening for PTSD in chronic pain populations, especially in those with severe and refractory pain,” Eeman Akhtar, M.D., of the University of Kansas Medical Center and colleagues wrote.

### AAP Report Highlights Importance of Children’s Play for Development

Since the last American Academy of Pediatrics (AAP) clinical report on play in 2007, additional research has shown the importance of parent-child, child-child and solo unstructured play for child development. In addition, societal changes such as increased emphasis on test scores, digital distractions and higher family stress have created possible barriers to such activity. As summarized in this [updated report](#), research suggests that the greatest benefits come from play in which the child’s mind takes the lead, a caring adult helps “scaffold” the child (i.e., give support for the child’s autonomy without micro-managing), the child imagines and explores, and parent-child bonding occurs. The authors recommend that pediatric providers help parents read and respond to their child’s playful behavior during clinic visits, advocate for play opportunities in the community and pre-school, and “prescribe” play at well-child visits up to age 2 years.



### New Study on Exercise and Mental Health

Regular physical activity lasting 45 minutes three to five times a week can reduce poor mental health — but doing more than that is not always beneficial, suggests a study of 1.2 million people in the U.S. who reported their exercise and mental well-being levels. Those who exercised had 1.5 fewer “bad days” a month than non-exercisers, according to this [BBC news report](#). Team sports, cycling and aerobics had the greatest positive impact.



### SAMHSA Plans To Take New Approach To Serious Mental Illness

SAMHSA plans to take a new approach to serious mental illness, which includes providing evidence-based psychiatric treatment and supporting a collaborative care model with community resource providers, according

## News & Research Roundup, cont.

to a [viewpoint](#) written by Elinore F. McCance-Katz, M.D., Ph.D., assistant secretary for mental health and substance use, U.S. Department of Health and Human Services. Dr. McCance-Katz wrote that her overall approach to her position is to prioritize the training of health care practitioners who provide evidence-based treatment and technical assistance to provider organizations. Additionally, SAMHSA plans to build a national system of technical assistance and training, allowing resources to be available at low or no cost to any individual or program. The viewpoint was published online Aug. 13 in *Psychiatric Services*, a publication of the American Psychiatric Association.

### Parental Use of Marijuana Tied to Psychotic Episodes in Children

Cannabis use by mothers or fathers during pregnancy, or even only before pregnancy, is associated with an increased risk of psychotic-like episodes in their children, according to a [new study](#) that appeared in the July 6, 2018, issue of the journal *Schizophrenia Research*. When mothers used marijuana during pregnancy, children were 38 percent more likely to have these psychotic-like symptoms than the children of mothers who abstained from use during pregnancy, the study found. But children of mothers who used marijuana only before, but not during, pregnancy also had a 39 percent higher risk than the kids of mothers who didn't use it. Fathers' cannabis use during pregnancy, meanwhile, was associated with a 44 percent greater likelihood of psychotic-like experiences in their kids.

### SAMHSA Opioid Overdose Prevention Toolkit Now Available in Spanish

The Substance Abuse and Mental Health Services Administration (SAMHSA) has released the [Spanish translation](#) of the updated *Opioid Overdose Prevention Toolkit* ([English](#)). This resource offers strategies to health care providers, communities and local governments for developing practices and policies to help prevent opioid-related overdoses and deaths. Because interdisciplinary collaboration is critical to success, resources and information are specifically tailored for community members, prescribers, patients and families and those recovering from opioid overdose.

### Rate of Pregnant Women Addicted to Opioids Quadruples

As the opioid epidemic continues to wreak havoc across the country, a [new report](#) from the Centers for Disease Control and Prevention (CDC) sheds light on the devastating consequences opioid addiction can have on pregnant women. The analysis, published in CDC's *Morbidity and Mortality Weekly Report*, found that the number of women with opioid use disorder at labor and delivery more than quadrupled from 1999 to 2014. The rate of opioid addiction jumped from 1.5 per 1,000 delivery hospitalizations in 1999 to 6.5 in 2014. On average, the rate grew by 0.39 cases per 1,000 each year of the study period. There were some geographical differences: The average annual rate increases were lowest in California and Hawaii and highest in Maine, New Mexico, Vermont, and West Virginia. Opioid addiction during pregnancy can cause a range of negative health outcomes for both mothers and their babies, including maternal death, preterm birth and stillbirth. Click [HERE](#) for a related news report.



### FDA Clears Brain Stimulation Device for OCD

The U.S. Food and Drug Administration (FDA) has granted marketing approval for the Brainsway deep transcranial magnetic stimulation (dTMS) system for treatment of obsessive-compulsive disorder (OCD). OCD, which affects around six million U.S. adults in any given year, is typically treated with medication, psychotherapy or a combination of the two, although some patients continue to experience symptoms. TMS uses magnetic fields to stimulate nerve cells in the brain. The FDA previously approved TMS as a treatment option for major depression and migraine headache. [Read](#) more.

### No Amount of Alcohol is Safe, Study Suggests

Alcohol consumption at all levels can have damaging health implications, according to [research](#) in *The Lancet*. While researchers acknowledged that moderate drinking can protect against heart disease and diabetes, they said the risks of cancer and other illnesses outweigh those benefits and have called for a change in medical guidance. The study, which was carried out at the Institute of Health Metrics and Evaluation in Seattle, looked at levels of alcohol use and its health effects on those between the ages of 15 and 95 in 195 countries between 1990 and 2016. It indicates that alcohol led to 2.8 million deaths in 2016 and was the leading risk factor for premature mortality and disability among those ages 15 to 49, accounting for 10 percent of all deaths. The greatest proportion of alcohol-related deaths among young people was from tuberculosis, road injuries and self-harm, the report found.



## News & Research Roundup, cont.

### Overdose Deaths Surpassed 72,000 Last Year, A New National High

Drug overdoses killed more than 72,300 Americans last year, a rise of around 10 percent, according to *new estimates* from the Centers for Disease Control and Prevention (CDC). The death toll is higher than the peak yearly death totals from HIV, car crashes or gun deaths. Analysts offered two major reasons for the increase: a growing number of Americans are using opioids and drugs like Fentanyl are becoming deadlier. It is the second factor that most likely explains the bulk of last year's increase. Fentanyl is a big culprit, but there are some encouraging signs from states that have prioritized public health campaigns and addiction treatment.

### Study: Few Heavy Drinkers Obtain Medications To Help Curb Alcohol Use

A *new study* published in *JAMA* found that fewer than one in 10 people with alcohol use disorders get prescribed medications that help people drink less and avoid binges. According to the article, "Even though there are three medications approved to treat alcohol use disorders in the U.S., most people only get treated with counseling." The article says given that "alcohol use disorder is stigmatized, people generally don't tell doctors that they drink heavily, and physicians tend not to ask."

### October is Bullying Prevention Month

Every October, schools and organizations throughout the nation observe National Bullying Prevention Month. The goal: encourage communities to work together to stop bullying and cyberbullying by increasing awareness of the prevalence and impact of bullying on children of all ages. Check out the following resources for more information: [STOMPOutBullying.org](http://STOMPOutBullying.org), [stopbullying.gov](http://stopbullying.gov) and [PACER's National Bullying Prevention Center](http://PACER's National Bullying Prevention Center).

## Training Opportunities

### Regional FASD Forums

September is Fetal Alcohol Spectrum Disorders (FASD) Prevention and Awareness Month. To mark the occasion, OhioMHAS will sponsor four regional "Moving Forward Together for Ohio's Families" training forums. Dates include:

Central/Southeast:	Sept. 17	Registration contact: <a href="mailto:Karen.Kimbrough@mha.ohio.gov">Karen.Kimbrough@mha.ohio.gov</a>
Northeast:	Sept. 21	Registration contact: <a href="mailto:lynetteblasiman@gmail.com">lynetteblasiman@gmail.com</a>
Southwest:	Sept. 24	Registration contact: <a href="mailto:gokce.ergun@wright.edu">gokce.ergun@wright.edu</a>
Northwest:	Sept. 28	Registration contact: <a href="mailto:bmegyesi@arenewedmindservices.org">bmegyesi@arenewedmindservices.org</a>



### 2018 Year of the Peer Summit — Sept. 10

The Consumer and Family Advocacy Council, in partnership with the Franklin County Alcohol, Drug Addiction and Mental Health Services Board, is sponsoring its annual community education program **2018 Year of the Peer Summit: Celebrating Peer Services in our System** on Sept. 10 from 4-7 p.m. in Columbus. For more information, call 614.222.3743.

### 29th Annual UMADAOP State Conference — Sept. 12-14

The Urban Minority Alcoholism and Drug Abuse Outreach Programs of Ohio, in partnership with the Ohio Department of Mental Health and Addiction Services, will host the 29th annual **UMADAOP State Conference** "Ubuntu: Creating and Sustaining Healthy Communities" Sept. 12-14 at the Airport Embassy Suites in Columbus. Ubuntu, "I am because we are," is used to describe the universal bond that connects all of us. As community leaders, social service providers and stakeholders positioned to work in and with urban communities, our ability to work together can maximize resources to create sustainable, lasting change. This year's conference features tracks about substance abuse prevention, treatment, recovery, faith and re-entry. Click the link for more information and to register. Questions? Please contact [umadaop2018@gmail.com](mailto:umadaop2018@gmail.com).

### Assessing and Managing Suicide Risk Training — Dayton — Sept. 14

The Ohio Suicide Prevention Foundation (OSPF) is offering an Assessing and Managing Suicide Risk (AMSR) training on Sept. 14 in Dayton. 6.5 CEUs will be offered for behavioral health professionals, crisis clinicians, nurses, CDCA professionals and social workers. Professionals in the fields of juvenile justice, military personnel, higher education, prevention, K-12 education, child welfare and primary care are also encouraged to attend. Cost is \$30. Click [HERE](#) for more information and to register online.

## Training Opportunities, cont.

### Systems of Care Summit — Sept. 14-15

OhioMHAS and the Ohio Department of Developmental Disabilities will host the **2018 Systems of Care Summit** “It’s About People Who Care” Sept. 14-15 at the Hilton Columbus — Polaris. The Summit will focus on the development of a coordinated network of community-based services and supports for youth and families. For more information, contact Erin Paternite Eakin at [paternem@miamiohio.edu](mailto:paternem@miamiohio.edu).

### NEO Black Health Coalition Women’s Wellness Walk — Sept. 15

The Northeast Ohio Black Health Coalition will host its fourth annual African-American Women’s Wellness Walk “Walk 4 R Sista’s” Sept. 15 from 7-11 a.m. at the Zelma Watson George Recreation Center, 3155 Martin Luther King Jr. Drive, Cleveland. Register [HERE](#).

### International Community Corrections Association Annual Conference — Sept. 16-19

The International Community Corrections Association will host its 2018 Annual Conference, “Doing What Matters: Innovative Approaches for Justice System Improvement,” Sept. 16-19 in San Antonio, Tex. Click [HERE](#) to view the workshop schedule and [HERE](#) to register.

### OAHC Conference on Youth — Sept. 17

Ohio Adolescent Health Centers will host its annual Conference on Youth, featuring the Friends4Friends Film Festival, Sept. 17 at the Columbus Athenaeum. Cost is \$30, and includes lunch. Scholarships are available on a first-come, first-served basis. For more information, visit [www.OAHCyouth.org](http://www.OAHCyouth.org).

### Coalitions Rising — Sept. 17-18

Prevention Action Alliance will host Coalitions Rising Sept. 17-18 at the Marriott Columbus — University Area. This conference will bring together community coalitions, suicide prevention coalitions, colleges and universities, behavioral health providers, youth prevention providers and others, to work together to continue to improve outcomes for youth and young adults. Topics will include coalition response to medical marijuana becoming legal in Ohio, grocery delivery systems that include alcohol delivery and more. Click [HERE](#) for more information and to register.

### Save the Date: 2018 Pediatric Mental Health Symposium — Sept. 24

Cincinnati Children’s Hospital will host the 2018 Pediatric Mental Health Symposium Sept. 24 at Great Wolf Lodge in Mason. Click [HERE](#) for information and to register online.

### The Drs. Fred and Penny Frese Lecture — Sept. 25

The Northeast Ohio Medical University Department of Psychiatry and Peg’s Foundation will present the Drs. Fred and Penny Frese Lecture on Sept. 25 at 3:30 p.m. in the NEOMED’s Rootstown campus. The lecture series honors the legacy of Dr. Fred Frese and Dr. Penny Frese by sharing stories of individuals living successfully with schizophrenia and other serious mental illnesses and the ways in which their loved ones support their recovery. Elyn R. Saks, J.D., Ph.D., is the 2018 Drs. Fred and Penny Frese Lecturer. The lecture is free and open to the public. Click [HERE](#) to RSVP.

### Fifth Annual Suicide Prevention Conference — Sept. 28

The Ohio State University Department of Psychiatry and Behavioral Health, in partnership with OhioMHAS and Nationwide Children’s Hospital, will host the **Fifth Annual Suicide Prevention Conference** on Sept. 28 at The Ohio Union, Archie Griffin Ballroom. Participants will hear from leading researchers and advocates who will discuss the latest strategies, advancements and outcomes regarding suicide prevention in the school and campus communities. For more information, please contact Kim Knight at [kim.knight@osumc.edu](mailto:kim.knight@osumc.edu).

### 2018 Ohio Rally for Recovery — Sept. 29

Join the faces and voices of recovery at Ohio’s **2018 Rally for Recovery** on Saturday, Sept. 29 from noon-3 p.m. at Huntington Park in Columbus. Now in its 17th year, the Rally seeks to empower, uplift and celebrate individuals and families in recovery. Click [HERE](#) to reserve your free ticket. Ohio Citizen Advocates for Addiction Recovery (OCAAR) is selling limited-edition **Recovery Advocate** and **Recovery Ally** t-shirts in advance of the Rally. Proceeds help OCAAR sponsor the Rally.

## Training Opportunities, cont.

### 2018 Ohio Recovery Conference — Oct. 1-2

The Ohio Association of County Behavioral Health Authorities (OACBHA) will host Ohio's 2018 Recovery Conference Oct. 1-2 at the Hyatt Regency in Columbus. Visit the OACBHA [website](#) for more information and to register.

### OhioMHAS Housing University — Oct. 1-2

OhioMHAS will present its [2018 Housing University](#) Oct. 1-2 at the Marriott Columbus—University Area. Cost is \$50. A limited number of scholarships are available. To apply, click [HERE](#).

### Dr. Brian King to Headline Coalition Academy 2018 — Oct. 9

Dr. Brian King, deputy director for Research Translation-Office on Smoking and Health at the CDC, will serve as the keynote speaker for Prevention First's [Coalition Academy 2018](#). Dr. King will focus on vaping/Juuling's impact on youth, policies and programs, and how universal prevention strategies can be implemented to reduce vaping usage. Themed "Tackling New Trends with Primary Prevention," the Academy will take place Oct. 9 at Great Wolf Lodge in Mason. For more information, contact Flora Popenoe at 513.751.8000, ext. 14 or email [fpopenoe@prevention-first.org](mailto:fpopenoe@prevention-first.org).

### Ohio Council's 2018 Annual Conference and Exhibit Hall — Oct. 18-19

Save the Date! The Ohio Council of Behavioral Health & Family Services Providers will hold its [Annual Conference & Exhibit Hall](#) Oct. 18-19 at the Marriott Columbus — University Area. Questions? Please contact Brenda Cornett at 614.228.0747 or email [cornett@theohiocouncil.org](mailto:cornett@theohiocouncil.org).

### 2018 Forensic Conference — Oct. 25

OhioMHAS will host the [2018 Forensic Conference](#) "Assessment and Treatment of People with Intellectual Disabilities in the Forensic System" on Oct. 25 at the OCLC Dublin. This year's conference highlights the growing collaboration between OhioMHAS and DoDD regarding people with intellectual disabilities who are involved in Ohio's forensic system. The directors of both departments will offer opening remarks and the conference speakers will address a number of issues regarding assessment and treatment. Keynote speaker Marc Tasse, Ph.D., will present "Making an Intellectual Disability Determination: What Do You Need to Know?" The conference will also feature sessions on forensic assessment and ID, a legal update and a judge and attorney panel. Cost is \$145. Click [HERE](#) to register.

### Fifth Annual Current Concepts in Integrated Healthcare Conference — Nov. 3

Northeast Ohio Medical University, in partnership with the Ohio Osteopathic Association, Cardinal Health Foundation, County of Summit ADM Board, Summit County Public Health, Oriana House and OhioMHAS, will present the [Fifth Annual Current Concepts in Integrated Health Care Conference](#) Nov. 3 at the Hilton Akron Fairlawn Hotel & Suites. This interprofessional event is designed for physicians, psychologists, pharmacists, nurse practitioners, nurses, physician assistants, social workers, chemical dependency counselors and anyone interested in mental health, substance abuse and addiction. Cost is \$65. Questions? Contact [csmith14@neomed.edu](mailto:csmith14@neomed.edu).

### National Cocaine, Meth & Stimulant Summit — Nov. 12-14

The Institute for the Advancement of Behavioral Healthcare will host the [National Cocaine, Meth & Stimulant Summit](#) Nov. 12-14 in Fort Lauderdale, Fla. Click the link for conference agenda and registration information.

### Save the Date: 14th All-Ohio Institute on Community Psychiatry — March 15-16, 2019

OhioMHAS will partner with Northeast Ohio Medical University and University Hospitals Cleveland Medical Center to host the [14th All-Ohio Institute on Community Psychiatry](#) March 15-16, 2019, at the Crowne Plaza Columbus North — Worthington.



Have a news story or training opportunity you'd like to share with colleagues?  
Please forward submissions to [Eric.Wandersleben@mha.ohio.gov](mailto:Eric.Wandersleben@mha.ohio.gov) for consideration.