

Governor Signs SFY 2018-19 Operating Budget, Maintains Strong Support for Mental Health and Addiction Services for Ohioans in Need



On June 30, 2017, Gov. Kasich signed into law the 2018-19 **state operating budget**, which helps to ensure that, along with our state local partners, the Ohio Department of Mental Health and Addiction Services

(OhioMHAS) can continue to address behavioral health challenges within our state.

Overall, OhioMHAS fared relatively well in the fiscally conservative budget process, with total departmental resources increasing over the past biennial amounts. OhioMHAS' appropriation in the state operating budget includes general revenue (GRF) in the amount of \$407,566,061 in FY 2018, and \$417,213,325 in FY

2019. The OhioMHAS budget used an *All Funds* approach, meaning that in places where there were reductions in GRF, non-GRF funds were applied to maintain or increase above FY 2017 funding levels. All funds (GRF, federal funds and state rotaries), total \$702,735,759 in FY 2018 and \$706,524,023 in FY 2019. This budget also authorized **21st Century Cures Act** funding to continue combatting the opiate crisis.

The budget maintains existing capacity at all six state-run psychiatric hospitals, and ensures that this safety-net service will remain intact for those who need it. In addition, the department will continue its commitment to helping reduce the number of people returning to the hospital due to crisis. Funding for the **Access Success**

program will continue in FY 2018-19.

The amount invested in life-saving measures through the **naloxone for first responders program** increased, from \$500,000 annually in FY 2016-17, to \$750,000 annually in FY 2018-19. This program will continue to be administered through local health departments.

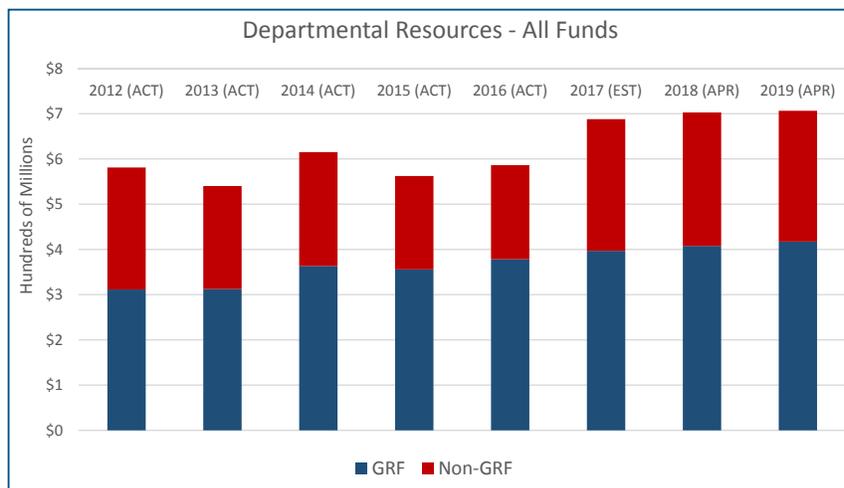
Local ADAMH Boards also saw an

An additional \$20 million was allocated for capital investments in expansion of recovery housing as defined in ORC Section 340.01.

Funding to support **prevention** programming is approximately \$2.6 million, and will enable OhioMHAS to continue prevention funding for boards to purchase the provision of evidence-based prevention services

from providers certified by OhioMHAS, continue investments in evidence-based practices for schools and to have a specific focus on suicide-prevention efforts.

Criminal justice partnerships were also strengthened in this budget with continued support for existing programs and investment in new programs. In the previous biennial budget, the state made a significant invest-



increase in funding. In addition to traditional subsidies, each board will receive \$75,000 per year. A total of \$6 million in each year was allotted to establish one substance use disorder crisis-stabilization center in each state psychiatric hospital catchment area; and a total of \$1.5 million per year to invest in regional mental health stabilization centers.

Housing efforts continue to be a priority in this budget. The **Residential State Supplement** (RSS) program, which provides a monthly cash supplement to assist low-income adults who have a disability and/or are age 60 and older who require a protective level of care, received a \$1 million increase in funding, for a total of \$16 million per fiscal year.

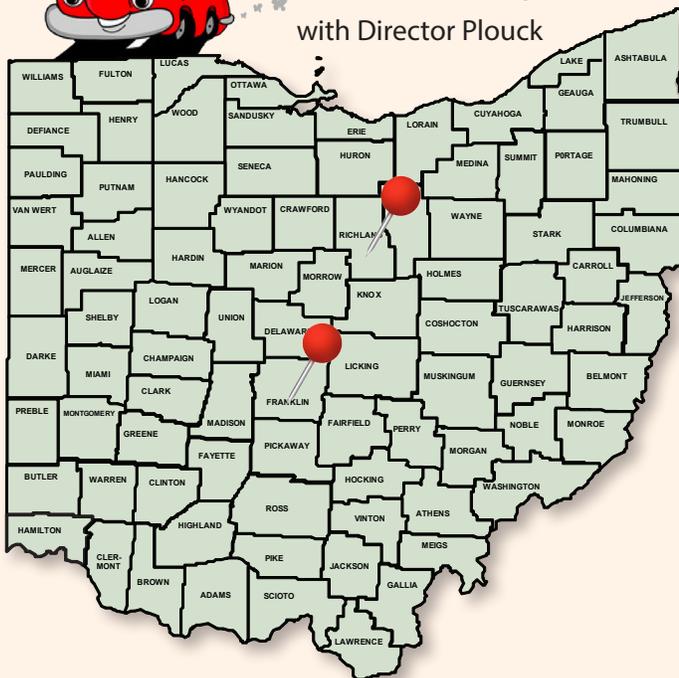
ment in launching a **partnership** with the Ohio Department of Rehabilitation and Correction. At the local level, funding to defray a portion of payroll and other costs associated with treatment and recovery supports for individuals on specialized dockets continues. The budget allows for \$11 million for the **Addiction Treatment Program** (ATP). ATP has been expanded to include additional counties; provide access to the long-acting antagonist therapies, partial agonist therapies, or full agonist therapies; and strengthens the definition of access to time-limited recovery supports. In addition, select certified mental health courts will receive support from the budget through a mental health court

(Continued on page 2)



On the Road

with Director Plouck



A brief recap of some of Dir. Plouck's public activities this month:

- 6.30 Joined Gov. Kasich and Cabinet colleagues for the ceremonial signing of the FY 2018-19 biennial budget.
- 7.6 Participated in ribbon-cutting ceremony for Wood Pointe apartments for transitional-aged youth in Richland County.
- 7.7 Provided overview of final FY 2018-19 biennial budget to members of the Medicaid Coalition.
- 7.27 Met with several reporters from the Ohio Media Project to discuss Ohio's efforts to fight the opioid epidemic and the role the press can play in assisting those efforts.
- 7.27 Spoke at the Ohio Association of County of Behavioral Health Authorities quarterly membership meeting.
- 7.28-8.1 Attending the National Association of State Mental Health Program Directors annual meeting in Arlington, Va.

MARK YOUR CALENDAR!

2017 Ohio Rally for Recovery —Sept. 29

In recognition of September as Recovery Month, Ohio Citizen Advocates for Addiction Recovery will host the **16th Annual Ohio Rally for Recovery** from 10 a.m.-noon at the Ohio Statehouse. Click [HERE](#) for more information. Learn more about National Recovery Month and download a free [planning toolkit](#) from the Substance Abuse and Mental Health Services Administration.

Budget, cont. from Page 1

pilot program. This program will provide mental health services and recovery supports to individuals who are offenders within the criminal justice system.

Additional resources have been provided for ***Strong Families, Safe Communities***, which is an initiative of OhioMHAS and the Ohio Department of Developmental Disabilities, to identify families with at-risk youth and help them find resources before a crisis occurs. Other investments in supports for family and children include ***Early Childhood Mental Health*** (ECMH), which is funded at \$5 million per year.

Another key focus of this biennial budget is workforce development with multiple related investments. A total of \$6 million over the biennium was allocated for the creation of the ***Behavioral Health Workforce Initiative***. This new initiative will provide one-time funding to each awarded community behavioral health provider that is regulated (certified/licensed) by OhioMHAS to support agency-administered workforce development programs.

Finally, the FY 2018-19 state operating budget provides resources to help the public better understand the opiate issue and connect to local supports by creating the ***All Roads Lead to Home*** public awareness campaign, as well as a requirement for creation of an opioid addiction treatment website and mobile application.

Learn more on the [OhioMHAS Budget and Legislation webpage](#).

2017 Annual Report Available

The Ohio Department of Mental Health and Addiction Services Office of Public Affairs is pleased to announce the release of the Department's 2017 Annual Report. This document highlights past-year accomplishments and key data relevant to Ohio's behavioral health care services system. Readers may find information on new and continued initiatives related to prevention, treatment and recovery supports. The report also includes fiscal charts showing how appropriated funds were spent by the agency. Click [HERE](#)

to view/download/print the 16-page publication. Please share widely. View [archived reports](#) on the news tab of the OhioMHAS website.





Ohio Nabs Three National Awards for Problem Gambling Services

Ohio brought home three awards from the 2017 National Conference on Problem Gambling in Portland, Ore. The Ohio for Responsible Gambling (ORG) partnership that includes the Casino Control and Lottery Commissions and the Ohio Department of Mental Health and Addiction Services (OhioMHAS) won the "Website" and the "Public Awareness Award" for the statewide ***Be the 95%*** campaign.

The campaign was designed by Columbus agency Origo Branding to appeal to a broad range of Ohio audiences with messages targeted toward the influencers of gamblers, such as moms, dads, spouses, siblings and friends. ***Prevention Action Alliance***, a certified statewide prevention agency, manages the campaign for the state.

Ohio took home a third award — the Jim Wuelfing Annual Award for Prevention — presented to Josephine Wilson, DDS, Ph.D., Director of the Substance Abuse Resources and Disability Issues Program in the Wright State University Boonshoft School of Medicine, for developing Risky Business. ***Risky Business*** is an OhioMHAS-funded promising practice program that educates at-risk youth in healthy decision making related to risky behaviors, including gambling.



Cleveland Rocks! Ohio Selected to Host 2018 National Conference on Problem Gambling

Ohio colleagues, dressed as rock and roll legends, came together during the 2017 National Conference on Problem Gambling in Portland, Ore., to promote the **2018 National Conference on Problem Gambling** that will be hosted in Cleveland next July.

PICTURED (l-r): Steve Kapela (Zepf Center), Amanda Burke (Townhall II), Mike Rosen (Center for Addiction Treatment), Scott Anderson (OhioMHAS). **Back row:** Michael Mann and William Roberts (Public Health of Dayton & Montgomery County), Heather Chapman (Cleveland VA), Derek Longmeier (Problem Gambling Network of Ohio), Judson Workman (Public Health of Dayton & Montgomery County), Amanda Blackford (Ohio Casino Control Commission), Marilyn Rule (Zepf), Bruce Jones (Maryhaven). **Front row:** Ashley Hartman (Recovery Resources), Shemane Marsh (OhioMHAS), Carla Tricarichi (Ohio Lottery Commission), Krysta Bennett (Prevention Action Alliance), Stacey Frohnafel-Hasson (OhioMHAS), Velerick Watts (Dayton VA) and kneeling is Katie Shaw (Center for Addiction Treatment). Other Ohio attendees included Anthonette Petty and Tammy Scales (Montgomery County UMADAOP), Stephanie Stephens (Public Health of Dayton & Montgomery County), and Lori Rugle (a member of the Ohio Problem Gambling Advisory Board).



2017 OPEC Conference Focuses on Enhancing Access, Quality and Connection

PICTURED: Attendees of the second day of the Ohio Promoting Wellness and Recovery Conference listen to the morning keynote. More than 400 individuals from throughout the state participated in the annual conference held June 26-28 at Miami University in Oxford, Ohio. **View more photos.** Click [HERE](#) to view presenter materials and PowerPoint presentations.



Geauga County Garden Inspires a Harvest of Hope for Mental Illness

A new community garden in Chardon is hoping to harvest a lot more than bountiful selections of herbs, vegetables and perennials.

The ***National Alliance on Mental Illness (NAMI) of Geauga County*** held a groundbreaking ceremony July 6 to introduce its 25-foot-by-25-foot “Planting for Change” community garden on the grounds of Morning Star Friends Church at 12550 Ravenna Road in Chardon. NAMI representatives and volunteers have planted everything from chives, tomatoes and eggplant to fruits, daffodils and a variety of other vegetables and herbs.

“We hope to eliminate stigma surrounding mental illness by offering a nurturing space for the entire community,” said NAMI Executive Director Jenn Bartone. “Our hope is to provide support to individuals living with mental illness and addiction and their loved ones, while bringing mental illness out of the shadows.”

Even those unfamiliar with the mental health community can benefit from the garden, whether it is through learning new skills, making friends or getting some sunshine, Bartone said.

“As the winter months approach, we hope to continue the planting for change project during our Wellness Wednesday programming,” she added.



NAMI of Geauga County held a groundbreaking for its “Planting for Change” community garden on July 6.

“By utilizing container gardening, this program can continue to provide support and skills to those in need, while also preparing for the following season. Additionally, our hopes are to promote healthy eating through the distribution of our produce and sharing of recipes.”

“The garden is a place where anyone can connect with Mother Earth, cultivate the soil and get their hands dirty,” said Mark Colella, Ohio certified peer recovery

supporter and NAMI of Geauga County volunteer.

“My intention for the garden is that it gets utilized by the community and becomes a place of healing and hope — a place where all are accepted and welcomed, a place to make friends and to learn new and improve one’s gardening skills,” he said.

“It’s extremely rewarding.”

Historic Medina County Restaurant Serves Up Hope as Robby’s Voice Recovery Center

When Robby Brandt died of a heroin overdose in October 2011, his father, Rob, created a nonprofit to raise awareness of the dangers of substance abuse. Six years later, the Medina-based ***Robby’s Voice*** organization is taking a direct role in helping people in recovery.

This month, the elder Brandt, along with recovery advocates, treatment providers and community officials, celebrated the grand opening of “Robby’s” Recovery Center. The program occupies a historic building that formerly housed the Medina Steak & Seafood restaurant.

Brandt said the center will be a place where persons in recovery can gather for meetings, discuss problems with counselors and learn a trade. At least in the beginning,



participants will be trained to make crepes and be baristas, making coffee and espresso drinks. Eventually, the hope is that the culinary training program will expand. Robby’s Voice is partnering with ***The LCADA Way*** to provide services and supports.



Peer Supporters Trained in Naloxone Administration
Peer Recovery Supporters in Lancaster were trained this month in the administration of naloxone and given kits through Project DAWN (Deaths Avoided With Naloxone) at The Fairfield Medical Center.

Attorney General Announces \$3M to Expand Drug Abuse/Quick Response Teams to Address Opioid Epidemic

Ohio Attorney General Mike DeWine joined Ohio Senator Randy Gardner (R-Bowling Green) and a host of local officials on July 11 to **announce** details regarding \$3 million in grants that will be used to help replicate or expand Drug Abuse Response Teams (DARTs) and Quick Response Teams (QRTs) to address the opioid epidemic in Ohio. The grant funding will support efforts similar to the QRTs in Colerain Township (Hamilton County) and Summit County, as well as the DART in Lucas County.

Drug Abuse Response Teams and Quick Response Teams are comprised of law enforcement officers partnering with drug treatment providers and others who assist overdose survivors in the recovery process. Team members visit survivors after an overdose and offer counseling and referrals to drug rehabilitation facilities for assessment, detoxification, on-going drug treatment and aftercare. These teams work to reduce overdose-related deaths, reduce repeated overdoses per victim and increase the support network for survivors and their families.

The funding, to be administered by the Ohio Attorney General's Office, is part of the FY 2018-19 state budget. Counties were eligible to apply for funds beginning July 19. At minimum, each applicant should include a local police department or county sheriff's office and a treatment provider. It is strongly encouraged that applicants include other partners, such as fire department personnel, emergency management employees, faith-based leaders and children's services organizations.



OhioMHAS at the 2017 Ohio State Fair
OhioMHAS maintained a high profile at the 2017 Ohio State Fair held July 26-Aug. 6. Above, staff interact with patrons at the Department exhibit. Below, staff joined with partners from the Ohio State Highway Patrol, Ohio National Guard and Girl Scouts to promote the Start Talking! initiative on Family Day.



CommQuest CEO Honored by National Publication

A national publication for behavioral health executives has named **CommQuest Services** President and Chief Executive Keith Hochadel as one of this year's "Behavioral Health Champions."

Behavioral Healthcare Executive will present the award to Hochadel this month at the National Conference on Addiction Disorders in Baltimore.

Hochadel is one of four recipients of the annual award honored "for their unique abilities to influence positive change and help more people on the journey of treatment and recovery," according to the publication.

CommQuest serves more than 19,000 clients annually and has approximately 475 employees.

Hochadel oversaw the merger of Quest Recovery & Prevention Services with Community Services of Stark County in 2015. That same year, CommQuest opened the Regional Center for Opiate Recovery in Massillon. CommQuest also runs the Inmate Addiction Program at the Stark County Jail and is renovating the Metropolitan Centre in downtown Canton to increase outpatient services in the city.



Hochadel

Help Hotline Becomes Help Network of Northeast Ohio

Help Hotline Crisis Center, Inc., is now the Help Network of Northeast Ohio. The agency said the change is the result of a re-branding to better reflect its range of community services.

While many identify the agency as a suicide prevention hotline, Help Network CEO Vince Brancaccio said the organization provides numerous services that affect families and individuals in many other ways, including assistance



to those with mental illness, substance use disorders and homelessness. The agency also provides programs for veterans, seniors, victims and persons with special needs.

"Our new name better reflects the diversity of these services, and will resonate with both those we serve and the many institutions and agencies that support our work," Brancaccio said.

Help Network typically fields about 16,000 calls each month. The rebranding campaign coincides with the launch of the agency's **new website** and logo.

ICAN to Add Housing Complex in Northeast Canton

ICAN Housing is developing a \$2.47 million, 14-unit supportive housing complex in northeast Canton. Arbor Ridge will be the nonprofit's 29th property in Stark County.

Once completed, the project will serve people with mental illnesses who make at or below 50 percent of the area median income.

Funding has come from several federal, state, local and private sources. Canton City Council approved a grant of up to \$570,000 and OhioMHAS gave up to \$500,000 with a local match of \$300,000 from Stark County Mental Health and Addiction Recovery



Wernert Center Breaks Ground on \$2.7M Expansion

Lucas County's **Thomas M. Wernert Center** recently broke ground on a \$2.7 million expansion project. Once completed, the 12,500-square-foot facility will feature a hydroponic garden, greenhouse, fountain, serenity lounge, recreation room, computer area, additional classrooms and a basement.

The project, which has been in the planning stages since 2013, will cost \$2.7 million — funded with at least \$2.2 million from the Mental Health and

Recovery Services Board of Lucas County and \$500,000 from OhioMHAS.

In addition to the planned expansion, they will also be renovating the kitchen of their current building.

The Wernert Center is a peer-operated facility that serves around 600 individuals each week in a safe, welcoming and encouraging environment. The Center provides peer to peer support and educational classes taught by persons with lived experience.

News & Research Roundup

New Trauma Resources from SAMHSA

The Substance Abuse and Mental Health Services Administration (SAMHSA) has announced several new publications.

[*Tips for Survivors: Coping With Grief After a Disaster or Traumatic Event*](#) contains information about grief, the grieving process and what happens when the process is interrupted and complicated or traumatic grief occurs. It also offers tips and resources for coping with both types of grief.

[*Tips for Health Care Practitioners and Responders: Helping Survivors Cope With Grief After a Disaster or Traumatic Event*](#) provides health care practitioners and disaster responders with guidelines for communicating with survivors experiencing grief. The publication also features information about the grieving process and what happens when the grief process is interrupted and complicated or traumatic grief occurs, as well as resources for additional assistance.



44 Million Americans Had Mental Illness in the Past Year

Almost 44 million American adults — 18 percent — had some type of mental illness in the past year, according to a [*new SAMHSA report*](#). Among the states, mental illness estimates ranged from 15.83 percent in New Jersey to 22.72 percent in Oregon, [*HealthDay reported*](#). “The presence of [any mental illness] in every state reinforces that mental illness is a major public health concern in the United States,” the report noted. “Overall treatment levels remain low, and addressing the mental health of U.S. adults remains a concern for state and national public health officials.”

Self-Harm and Suicide

An analysis of Medicaid data found that adults treated for deliberate self-harm were 37.2 times more likely to die by suicide within 12 months than adults in the general population. The patients who died by suicide were more likely to be older, male and white. Those who used violent methods to injure themselves, such as firearms, were at higher risk for dying by suicide in the next 30 days than people who used nonviolent methods, such as poisoning or cutting. Men were more likely to use violent methods than women. The study appears in [*The American Journal of Psychiatry*](#).

New Zero Suicide Evidence-Based Resources

Nine new [*resources*](#) are now available on the [*Zero Suicide website*](#). These include seven documents that describe the evidence base behind each element of the Zero Suicide approach: (1) lead, (2) train, (3) identify, (4) engage, (5) treat, (6) transition and (7) improve. Two additional documents provide evidence for engaging in safety planning and reducing access to lethal means. Each document is two pages and consists of an overview, recommendation, conclusion and citations.

CARF Suicide Prevention Standards Address Public Health Crisis

CARF International (CARF) has [*announced*](#) the release of standards for developing and implementing suicide prevention programs. Based on the findings of a 2016 International Standards Advisory Committee meeting and 2017 field review, CARF has developed a [*standards manual supplement*](#) for comprehensive suicide prevention programs. The publication is designed to be used with the *2017 Behavioral Health Standards Manual*, which took effect on July 1.

National Day of Prayer for Faith, Hope, & Life

The National Action Alliance for Suicide Prevention’s Faith Communities Task Force is promoting a [*National Day of Prayer for Faith, Hope, & Life*](#) the weekend of Sept. 8-10. In honor of [*World Suicide Prevention Day*](#) on Sept. 10, the task force is leading a national movement among faith communities to offer prayers and focus on ways to be there for those in distress. Click [*HERE*](#) to learn more.

Study: Mental Health Court Curbs Recidivism

A new study from Florida Institute of Technology has found that criminal defendants who graduated from mental health court demonstrated substantially reduced re-arrest rates three years following their release, the longest period of post-program behavior examined in a published study involving mental health courts, and the clearest indicator yet of the potential for diversionary programs to ease the burden on the nation’s overcrowded prison system. In addition, the study found that for those who participated in mental health court, prior criminal behavior — no matter how serious — was not an indicator of post-release recidivism. The study, [*The Effectiveness of One Mental Health Court: Overcoming Criminal History*](#), was published online June 21 in the journal *Psychological Injury and Law*.



News & Research Roundup, cont.

Canadian Researchers: Underdeveloped Brain Network After 30 May Impact Mental Health

The underdevelopment of connections in the brain after age 30 may be a predictor of future mental health problems, according to a [new study](#) by researchers from the Rotman Research Institute in Toronto. Their findings indicated that patterns of connectivity differ between early and middle adulthood. Furthermore, patterns of connectivity vary depending on task. The researchers found that study participants older than age 30 who did not exhibit a strong presence of the brain pattern associated with later adulthood had a greater risk of reporting psychological traits connected with anxiety, aggression, attention and depression. The study appears in [The Journal of Neuroscience](#).

NIMH Webinar: RDoC — Fear & Anxiety: From Mechanisms to Implementation

The National Institute of Mental Health Research Domain Criteria (RDoC) Unit, the Delaware Project and the Association for Behavioral and Cognitive Therapies have developed a series of collaborative webinars that focus on the science-to-service pipeline in psychology and psychiatry. The goal of this series is to provide an opportunity to discuss and brainstorm pathways and solutions that connect these approaches and provide a unified vision to move the field forward. Click [HERE](#) to watch the latest webinar examining fear and anxiety.



NAMI “Starting the Conversation” College Guide

As summer winds to a close, tens of thousands of young adults will soon return to college and university campuses throughout the nation. Given that 75 percent of all mental health conditions begin by age 24, the National Alliance on Mental Illness and The Jed Foundation created a guide [Starting the Conversation: College and Your Mental Health](#) and [video resources](#) specifically tailored to college-aged young adults.

New Human Trafficking Resources

The U.S. Department of State recently released the [2017 Trafficking in Persons Report](#), which provides an updated, global look at the nature and scope of human trafficking and the broad range of government actions to confront and eliminate it. Meanwhile, the Ohio Human Trafficking Task Force also released a new [data report](#) of human trafficking cases as reported by state sources in 2016, as well as an [updated chart](#) of cases from 2014-2016.



DEA Launches Website To Target College Drug Use

The U.S. Drug Enforcement Administration has launched [CampusDrugPrevention.gov](#), a new website focused on preventing and addressing college drug use. The website offers information, including data, news updates, drug scheduling and penalties, publications, research, national and statewide conferences and events, state and local prevention contacts and resources available from DEA's federal partners. The site also includes a “Help a Friend” resource to educate and prepare those who plan to talk to their friends or loved ones about drug use concerns.

SAMHSA Releases Report on Adolescent Inhalant Use

SAMHSA has released a new report, [Understanding Adolescent Inhalant Use](#), which utilizes 2015 National Survey on Drug Use and Health data to explore inhalant use in the U.S. among individuals aged 12 and older. The report highlights facts about adolescent inhalant use and the types of inhalants commonly used by teens. According to the report, in 2015, approximately 684,000 adolescents ages 12-17 used inhalants in the past year. Researchers also noted that adolescents were more likely than adults to have used inhalants in the past year to get high.

CDC: Amount of Opioids Prescribed Declined from 2010-2015, But Remains High

There was an overall decline in the amount of opioids prescribed in the U.S. between 2010 and 2015, but the quantity of prescriptions is still extremely high, according to a [new Centers for Disease Control and Prevention report](#). A [New York Times article](#) noted that the CDC reported that the amount of opioids prescribed was three times higher in 2015 than in 1999. Half of U.S. counties have seen a decrease in the amount of opioids prescribed from 2010 to 2015. The highest prescribing counties still dispense six times more opioids than the lowest prescribing counties.



News & Research Roundup, cont.

Medicaid Spending on Opioid Addiction Treatment Has Risen Dramatically

A [new Urban Institute report](#) finds spending on Medicaid-covered prescriptions for the treatment of opioid use disorder and opioid overdose increased dramatically between 2011 and 2016. The largest increase occurred after 2014, according to an [NPR analysis](#) of Medicaid expansion. Between 2011 and 2016, Medicaid spending on opioid use disorder treatment prescriptions for buprenorphine, naltrexone and naloxone increased 136 percent, from \$394.2 million to \$929.9 million. Most of the money went to buprenorphine (sold as Suboxone), for which spending increased 98 percent between 2011 and 2016, from \$380.9 million to \$753.9 million. Medicaid spending on naltrexone (sold as Revia and Vivitrol) rose from \$13.3 million in 2011 to 156.3 million in 2016, while spending on naloxone (sold as Narcan and Evzio) increased from \$0.02 million in 2011 to \$19.7 million in 2016.

Addiction Solutions Campaign Forms in the Wake of the Nation's Opioid Epidemic

The Partnership for Drug-Free Kids has joined with three other leading nonprofits in the addiction field to form a timely collaboration — the [Addiction Solutions Campaign](#) (ASC). Among the first collective initiatives of the new ASC will be a major effort to secure equitable insurance coverage for addiction treatment, which consumers are entitled to under the Mental Health Parity and Addiction Equity Act of 2008 (Parity Act). The campaign partners have launched a [petition](#) to help families get insurance coverage for substance use disorder treatment.

States Report Resurgence of Methamphetamine in Rural Areas

Officials in a number of states are reporting a resurgence of [methamphetamine](#), particularly in rural areas, [NBC News reported](#). In addition to Ohio, Iowa, Minnesota, Montana, Oklahoma, South Dakota and Texas have reported increases in meth use. Law enforcement officials and health workers contend meth doesn't get as much attention as opioids because it kills slowly and at lower rates. However, meth is more potent and cheaper than before, they cautioned. After a U.S. law went into effect in 2006 that placed tight controls on over-the-counter cold medicines used to cook meth, drug production moved to Mexico.



Poison Control Center Calls Involving Dietary Supplements on the Rise

Calls to poison control centers regarding dietary supplements increased by almost 50 percent between 2005 and 2012, according to a new study. A majority of the calls involved children 6 years old and younger, according to [ABC News](#). Researchers reported in the [Journal of Medical Toxicology](#) that the majority of dietary supplement exposures were unintentional. Most exposures occurred at home. "Many consumers believe dietary supplements are held to the same safety and efficacy standards as over-the-counter medications," study senior author Gary Smith, MD, MPH, director of the [Nationwide Children's Hospital Center for Injury Research and Policy](#) said in a [news release](#). "However, dietary supplements are not considered drugs, thus they are not required to undergo clinical trials or obtain approval from the FDA prior to sale, unless the product is labeled as intended for therapeutic use."



Scholastic Launches Free, Evidence-Based "OTC Medicine Safety Program" for Educators

Community Anti-Drug Coalitions of America (CADCA) is promoting the OTC Medicine Safety Program, a free, evidence-based, comprehensive Common Core-ready prevention resource geared toward teachers, health care professionals, families and community leaders. The materials were developed by Scholastic. Click [HERE](#) for more information. Questions? Please contact Molly Stone at 614.728.6866 or email molly.stone@mha.ohio.gov.

The Power of Language and Portrayals Webcasts Now Available

SAMHSA's four-part educational webcast series, [The Power of Language and Portrayals: What We Hear, What We See](#), focuses on substance use disorders (SUD) and how language and portrayals affect perceptions. Developed in partnership with the Entertainment Industries Council, the webcasts are designed to help journalists and entertainment creators use the best possible language in portrayals of people with SUD. Each webcast features panel discussions with behavioral health professionals, entertainment creators and individuals in recovery.

New 'Terminology Guide' Helps Give Context to Behavioral Health Terms

Terms that are associated with addiction and mental health can mean different things to different people. That's why the Behavioral Health Public Relations Committee at the Mental Health and Recovery Services Board of Warren and Clinton Counties, a group of public information officers representing the board and partner provider agencies, has created a [Terminology Guide](#). It offers some context to mental illness and addiction terms. The *Guide* will be updated annually, or more often as needed.

Training Opportunities

CWRU Center for Evidence-Based Practices Trainings

The Case Western Reserve University Center for Evidence-Based Practices has released its schedule of upcoming trainings. Click the links below for more information:

Aug. 31 — [Foundations of Motivational Interviewing — Part 1 \(Akron\)](#)

Sept. 26 — [Foundations of Motivational Interviewing — Part 2 \(Akron\)](#)

Oct. 11 — [Foundations of Motivational Interviewing — Part 1 \(Columbus\)](#)

Oct. 19 — [Motivational Interviewing: Clinical Supervision Tools \(Akron\)](#)

Nov. 8 — [Foundations of Motivational Interviewing — Part 2 \(Columbus\)](#)

August Suicide Prevention Webinars Set for K-12 and Higher Ed

The Ohio Suicide Prevention Foundation (OSPF) and Kognito will host two “Back to School Webinars” for K-12 and Higher Ed:

[HB 543 & Suicide Prevention Training for K-12 Schools](#) | Aug. 10 at noon

This webinar will feature guest Speaker Jill Jackson with the Ohio Department of Education (ODE) who will share on the importance of the Jason Flatt Act (HB543). The webinar will feature resources available through ODE and OSPF to help schools effectively prevent suicide.

[HB 28 & Suicide Prevention Planning for Ohio Higher Ed](#) | Aug. 18 at noon

This webinar will feature guest speaker Valerie Connolly-Leach from OhioMHAS who will share on the significance of HB 28 for Ohio higher education. The webinar will feature resources available through OhioMHAS and OSPF to help Ohio institutions create effective suicide prevention plans.

Both webinars will review the free, online [Kognito trainings](#) available for Ohioans to use in K-12 and Higher-Ed. Shawna Hite with OSPF will share how Kognito trainings can be used to supplement organization’s plans to help prevent suicide within both schools and higher-ed institutions. OSPF also offers free Kognito gatekeeper trainings for teachers, staff and administrators. Click [HERE](#) for more information.

“Strike Out Addiction” With the Lucas County UMADAOP and Toledo Mud Hens — Aug. 9

The Urban Minority Alcoholism and Drug Abuse Outreach Program of Lucas County, in partnership with the Mental Health and Recovery Services Board of Lucas County and the Toledo Mud Hens Minor League Baseball team, will host the second annual “Strike Out Addiction” event at Fifth Third Field during the Mud Hens’ Aug. 9 game against Syracuse. Gates open at 6:35 p.m. RSVP to Geof Allan at 419.255.4444 or email gallan@umadaop.org.

2017 Summit for Kids Professional Symposium — Aug. 18

Summit for Kids, in partnership with Summit County Children Services, will host “[The Opiate Epidemic’s Effects on the Family](#)” on Aug. 18 from 9 a.m.-4 p.m. at the Akron Summit Public Library. Cost is \$50 and includes breakfast and five hours for social workers and counselors and 4.75 Continuing Legal Education hours. For more information, contact Jill Adams at 330.643.2560 or email jadams@summitoh.net.

Symposium on Overdose, Grief & Healing — Aug. 10

The Coalition for a Drug-Free Mahoning County will host a Symposium on Overdose, Grief and Healing on Aug. 10 at the Mahoning County Career and Technical Center in Canfield. The day will feature a [professional development session](#) from 8:30 a.m.-4:30 p.m. followed by a presentation of *Moving Through Grief to Hope: A Program of Healing for Loved Ones* from 6:30-8:00 p.m. Cost for the Workforce Development Symposium is \$45 and includes 6.0 CEUs. The evening event is free and open to the public. Click the link for more details and to register.

State of Mental Health Disparities in the African-American Community Conference — Aug. 18-19

The Northeast Ohio Black Health Coalition will host [State of Mental Health Disparities in the African-American Community Conference](#) “The Case for Correcting Cultural Trauma” Aug. 18-19 at the DoubleTree by Hilton in Beachwood. The conference will examine the state of mental health disparities by exploring its impact on cultural trauma through historical documentation, systems exploration and personal testimonies. View [speaker bios](#). Cost is \$100. Click the link for registration information.

Training Opportunities, cont.

Collaboration Assessment and Management of Suicidality (CAMS) Training — Aug. 25

The Ohio Suicide Prevention Foundation, in collaboration with the Licking County Suicide Prevention Coalition, will host a [CAMS \(Collaboration Assessment and Management of Suicidality\) Training](#) on Aug. 25 from 8 a.m.-4:30 p.m. at the Double Tree by Hilton Hotel—Newark. Cost, which includes lunch, CEUs and registration, is \$30. For more information, contact Shawna Hite at 614.429.1528 ext. 402 or email Shawna.hite@ohiospf.org.

Dayton VA Medical Center 2017 Mental Health Summit — Aug. 25

The Dayton VA Medical center will host its 2017 Mental health Summit “Providing Hope for Our Community, Prevention, Education and Healing” on Aug. 25 at Sinclair Community College Conference Center in Dayton. Topics will include veterans access, suicide prevention and opioids and pain control. For more information, contact Audrey.Lockhart@va.gov.

Fourth Annual Families of Addicts (FOA) Rally 4 Recovery — Aug. 27

Families of Addicts ([FOA](#)) will partner with [Mahajan Therapeutics](#) to host the Fourth Annual FOA Rally 4 Recovery from 3-6 p.m. on Aug. 27 at Dayton Courthouse Square in downtown Dayton. For more information, contact Lori Erion at 937.307.5479 or email info@FOAfamilies.org.

Save the Date: Fourth Annual Statewide Suicide Prevention Conference — Sept. 8

The Ohio State University Department of Psychiatry and Behavioral Health, in partnership with OhioMHAS, will host the Fourth Annual Statewide Suicide Prevention Conference on Sept. 8 at the Ohio Union Performance Hall. Click [HERE](#) to receive conference updates.

NAMI Geauga County: Miles for Mental Health & Wellness Walk & Symposium — Sept. 9

NAMI Geauga County will host its 2017 Miles for Mental Health & Wellness Walk and Symposium from 9 a.m.-3 p.m. on Sept. 9 at Berkshire High School in Burton. The Symposium will focus on eight key areas of health and wellness: emotional, environmental, intellectual, nutritional, financial, social, physical and spiritual. Attendees will have the opportunity to speak with local businesses and health experts, partake in health related activities like depression screenings and join group workshops where they'll have the chance to learn valuable skills. Click [HERE](#) for more information.

Cincinnati Children's Pediatric Mental Health Symposium — Sept. 11

Cincinnati Children's Hospital will host its 2017 Pediatric Mental Health Symposium on Sept. 11 at Great Wolf Lodge in Mason. Cost is \$125 (if registered by Aug. 1) and \$150 (Aug. 2 through Sept. 1). Click [HERE](#) to register.

Ohio's 2017 Recovery Conference — Sept. 11-12

The Ohio Association of County Behavioral Health Authorities, in partnership with OhioMHAS, will host [Ohio's 2017 Recovery Conference](#) on Sept. 11-12 at the Hyatt Regency in Columbus. In an effort to strengthen the recovery community in Ohio, this conference will offer education on topics relevant to recovery from a mental illness and/or addiction. The target audience for this conference will be individuals in recovery from a mental illness and/or addiction, family members, peers working in the field and allied professionals. For more information, please contact Alaina Herrel at 614.224.1111 or aherrel@oacbha.org.

Acting Out Arts Festival for Mental Health and Addiction Awareness — Sept. 13-16

Join founder and Cleveland-area artist Derek Hess for ACTING OUT! — a four day series of public art events, including film, visual art, music, comedy and panel discussion, Sept. 13-16 in Cleveland. The mission of ACTING OUT! is to break down stigmas and create awareness of mental illness, dual diagnosis and addiction. All performers and artists featured have lived experience with mental illness and/or addiction. Click [HERE](#) for more information.

Promoting Mental Health in Today's LGBTQ Youth — Sept. 14

Mental Health America of Franklin County will host their annual Children's Mental Health Conference - “Promoting Mental Health in Today's LGBTQ Youth” on Sept. 14 from 8:30 a.m. - 4:45 p.m. at the Ohio Department of Transportation (ODOT) Auditorium. Gain important knowledge needed to better serve the current generation of LGBTQ youth. Program will feature presenters from Equitas Health Institute for LGBTQ Health Equity and Nationwide Children's Hospital's THRIVE Program. Cost, which includes continental breakfast, is \$119. Click [HERE](#) for more information.

Training Opportunities, cont.

FASD Annual Forum — Sept. 15

The Ohio Fetal Alcohol Spectrum Disorders Steering Committee will hold its annual forum “Coming Together for Ohio’s Families” Sept. 15 at the Ohio Department of Natural Resources, 2045 Morse Road #E, Columbus, 43229. The forum will feature keynote remarks from Kathleen Mitchell, vice president of the National Organization on Fetal Alcohol Syndrome (NoFAS) and special guest former First Lady of Ohio Hope Taft. The forum is free and open to the public. CEUs have been applied for. Click [HERE](#) to register. For more information, contact Karen.Kimbrough@mha.ohio.gov or call 614.752.8355.

Central Ohio “Out of the Darkness Walk” — Sept. 24

The Central Ohio Chapter of the American Foundation for Suicide Prevention (AFSP) will host an [Out of the Darkness Community Walk](#) at Alum Creek State Park (Beach Pavilion) from noon-4 p.m. on Sept. 24. The event seeks to raise awareness and funds that allow AFSP to invest in new research, create educational programs, advocate for public policy and support survivors of suicide loss. For more information, contact Molly Boggs at 614.205.9614 or molly.boggs92@gmail.com.

OhioMHAS Fall Housing University — Sept. 25-26

OhioMHAS will host a [Housing University](#) on Sept. 25-26. The audience for the two-day event includes Adult Care Facility, Recovery Housing and Permanent Supportive Housing owners, managers and operators, as well as anyone else who has a desire to learn the nuts and bolts of the housing environments. The training will be held at the Marriott Columbus on Olentangy River Road in The Ohio State University Area. Sessions will focus on best practices including: budgeting, business planning, operations, tenant landlord law, fair housing and management practices that promote operational sustainability and facility quality. Cost is \$50. Click [HERE](#) to register.

15th Annual NADD: State of Ohio IDD/MI Conference — Sept. 25-26

The National Association for the Dually Diagnosed (NADD) will host the 15th Annual State of Ohio IDD/MI Conference “Mental Health Aspects: Treatment and Support” Sept. 25-26 at the DoubleTree by Hilton Columbus. Click [HERE](#) for more information.

28th Annual UMADAOPs of Ohio State Conference — Sept. 26-28

The Ohio Federation of Urban Minority Alcoholism and Drug Abuse Outreach Programs (UMADAOP) will host its 28th Annual State Conference on Sept. 26-28 at the Mid-Ohio Conference Center in Mansfield. This year’s theme is “A Call to Action: Restoring and Strengthening Our Communities.” Click [HERE](#) for more information or call Gwendolyn Woods at 614.915.9716.

2017 Ohio Rally for Recovery — Sept. 29

Ohio Citizen Advocates for Addiction Recovery will host the 2017 Rally for Recovery on Sept. 29 at the West Plaza of the Ohio Statehouse from 11 a.m.-4 p.m. In addition to fellowship, food, speakers, exhibits, and other activities, rally attendees are invited to advocate for individuals in recovery by meeting with local legislators. For more information, contact cjifford@oca-ohio.org. Click [HERE](#) for information about exhibit tables.

Pat Risser RSVP Conference — Oct. 4

The Mental Health and Recovery Board of Ashland County is partnering with Disability Rights Ohio to sponsor the 10th Annual Pat Risser RSVP Conference “Trauma, Resiliency and Recovery” on Oct. 4 in Ashland. Topics include: understanding and altering trauma’s impact on self-esteem, mindfulness and aromatherapy in the recovery process and finding your voice by writing, among others. Cost is \$45 with CEUs and \$20 without. For more information, call Hillary Wertman at 419.281.3139 or email hwertman@ashlandmhrb.org.

Save the Date: The Ohio Council’s 2017 Annual Conference & Exhibit Hall — Oct. 19-20

The Ohio Council of Behavioral Health & Family Services Providers will hold its Annual Conference & Exhibit Hall Oct. 19-20 at the Hilton Columbus/Polaris. Please visit www.theohiocouncil.org or contact Brenda Cornett at cornett@theohiocouncil.org or 614.228.0747 for more information.

Training Opportunities, cont.

Private Psychiatric Inpatient Provider Conference — Oct. 20

The OhioMHAS biennial Private Psychiatric Inpatient Provider Conference will be held Oct. 20 at the Quest Conference Center in Columbus. This year's conference theme is "Innovation in Behavioral Health Care — What's New?" Topics will include: decriminalizing individuals with a mental illness, treatment refractory patients, substance abuse issues, bullying and social media, threat assessment and trauma, peer support, LGBTQ awareness, suicide prevention, specialized care for first episode psychosis, and more. Details and registration information will be forthcoming.

ICCA 25th Annual International Research Conference — Oct. 29 - Nov. 1

The International Community Corrections Association (ICCA) will host its 25th annual research conference *[Doing What Matters: Integrating Public Health and Criminal Justice Reform](#)* Oct. 29-Nov. 1 in Seattle, Wash. Keynote speakers include Faith Lutze, Ph.D., professor, Washington State University Department of Criminal Justice and Criminology, and Richard Cho, director of Behavioral Health at the Council of State Governments Justice Center.

Save the Date: Annual Forensic Conference — Nov. 1

Hold the date! OhioMHAS will hold its Annual Forensic Conference Nov. 1 at the Dublin Embassy Suites Hotel. Joel Dvoskin, Ph.D., will serve as keynote speaker. More information will be available soon.

4th Annual Current Concepts in Integrated Healthcare — Nov. 4

Save the Date! Northeast Ohio Medical University, in partnership with the Ohio Osteopathic Foundation, Oriana House and the Summit County Alcohol, Drug Addiction and Mental Health Board will host the 4th Annual Current Concepts in Integrated Healthcare conference Nov. 4 at the *[Cleveland Clinic Akron General Health & Wellness Center—Bath in Akron](#)*. This training is designed for physicians, nurses, physician assistants, psychologists, pharmacists, counselors, social workers and anyone with an interest in addiction and mental health. Click [HERE](#) for vendor information.



**Have a news story or training opportunity you'd like to share with colleagues?
Please forward submissions to Eric.Wandersleben@mha.ohio.gov for consideration.**