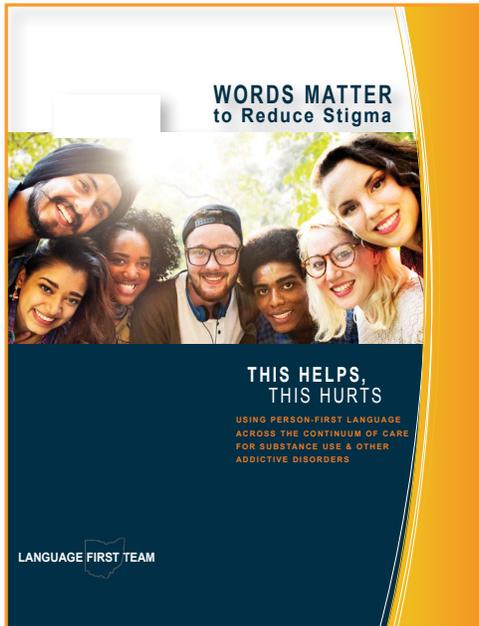


Using Person-First Language Across the Continuum of Care for Substance Use and Other Addictive Disorders: *Words Matter* to Reduce Stigma

Substance use disorders (SUDs) and other addictions are medical conditions, but the general public often associates people with SUDs and other addictive disorders with poor choices and moral failings. As a result, many people with addictive disorders are not treated the same way as people with other chronic physical health conditions, like heart disease and diabetes.

Approximately two years ago the Ohio Department of Mental Health and Addiction Services (OhioMHAS) Prevention and Wellness Roundtable determined that a goal of the Roundtable should be to work towards reducing the stigma that negatively impacts services and recovery for people with SUDs and other addictions and mental illness. As a result, the Language-First Team was created, a group comprised of recovery advocates and other professionals from throughout the state who are passionate about the issue. Marcie Seidel, executive director of Prevention Action Alliance, was chosen by the group to act as chair, and Stacey Frohnapfel-Hasson of OhioMHAS hosts the group.



The first phase of the work is complete and ready to be shared with the public. A [Words Matter brochure](#), [rack card](#) and [white paper](#) are available under the [Workforce Development tab](#) on the OhioMHAS website. Ohio's advocates in the behavioral health and interrelated service agencies are encouraged to download the materials and use them to educate their communities on person-first language to refer to people with SUDs and other addictive disorders. A phase two body of work will provide similar tools for person-first language for people with mental illness and lived experience.

A quantity of the Words Matter rack cards specific to addiction disorders will be printed and distributed on a first-requested, first-served basis. If an organization would like a supply of pre-printed rack cards, email Lynette.cashaw-davis@mha.ohio.gov

and indicate how many you would like in quantities of 100. If the group wants to localize and print the brochure or rack cards, contact Stacey.frohnapfel@mha.ohio.gov.

Ohio One Step Closer to Finding New Solutions in Battle Against Drug Abuse, Addiction

Ohio has reached a milestone in the [Ohio Opioid Technology Challenge](#) with the conclusion of the Idea Phase and the awarding of prize money for the five most innovative concepts to address drug abuse and addiction.



Ohio put out a call for individuals with a technology solution to share their ideas. Hundreds of average citizens, researchers, caregivers and service providers from across Ohio, the U.S. and nine countries participated, submitting bold and creative ideas that identify ways to accelerate solutions.

Recently, Ohio Gov. John R. Kasich called for Ohio Third Frontier funding to accelerate

scientific and technological breakthroughs that could help combat the U.S. opioid epidemic. The Ohio Opioid Technology Challenge leverages \$8 million of a \$20 million commitment to advance new ideas and find new technology-based solutions. The Challenge is a multi-phase, multi-million-dollar prize competition with escalating prize amounts associated with progressive levels of solution development.

The top five ideas received \$10,000 prizes. Winning concepts include: an augmented reality-based interactive coaching system; a screening app for medical professionals to flag at-risk patients; virtual reality technology for preventing

addiction among teens and young adults; using neurological sensors to provide real-time information to patients about brain activity; and digital therapy centered on the psychological theory of mindfulness.

The second stage of the Challenge will begin in late February and run through July 2018, and seek the expertise of the business and innovation community to help advance technology challenges into solutions. In the final phase of the Challenge, the most promising solutions will receive funding to refine and cultivate the solution into a product.

View the [media release](#) to learn more about the winning ideas.



A brief recap of some of Dir. Plouck's recent public activities:

- 1.11 Provided remarks at the Delaware-Morrow Mental Health and Recovery Services Board annual meeting.
- 1.11 Met with officials in Pike County to discuss areas of collaboration around the opioid epidemic.
- 1.19 Provided an update on progress made in the fight to stem the tide of opioid addiction at a meeting of the Jo Ann Davidson Leadership Institute.
- 1.25 Along with Ohio Department of Medicaid Director Barbara Sears, provided testimony before the Joint Medicaid Oversight Committee to update members on behavioral health redesign.
- 1.26 Provided remarks at the quarterly meeting of the OhioMHAS Planning Council.
- 1.29 Met with representatives from the U.S. Department of Agriculture to discuss a potential recovery housing project.
- 1.30 Attended the Ohio Association of County Behavioral Health Authorities President's Award luncheon.

In Memoriam: Valeria Harper, CEO, ADAMHS Board of Cuyahoga County

Valeria Harper, CEO for the Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County, passed away this month following a brief illness. She was 60.

Harper was a staunch advocate for persons living with mental illness and substance use disorders in Cuyahoga County for more than 35 years. She was named CEO at the Board Aug. 1, 2017, following the retirement of William Denihan.

"In her 30-year tenure, most recently as chief executive officer at the Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board, Ms. Harper was a tireless advocate for those struggling with addiction and mental health issue," Cleveland Mayor Frank Jackson said in a statement shared with *The Plain Dealer*. "Her contributions can be felt throughout Northeast Ohio and she will be missed."



Valeria Harper

As CEO, Harper led and oversaw the staff of the ADAMHS Board and was responsible for advocacy, planning and management of a recovery-oriented system of care that delivers quality services through a network of contract agencies. In previous leadership roles, she provided oversight for program planning, development and monitoring in areas including adult and children services, residential programs and vocational/employment services.

She began her career at Northeast Community Mental Health Center (NCMHC) as a social worker. After expressing an interest in housing for individuals living with mental illness, she was promoted to the manager of residential services for group homes throughout the county. During her tenure at NCMHC, she started the first client employment service. She also was recognized as a member of the pioneer team responsible for structuring the case-management system in Cuyahoga County during her work as a supervisor at the Murtis H. Taylor MultiPurpose Center.

Harper completed a bachelor's degree in social work with a minor in psychology from Cleveland State University, and earned her master's degree in counseling and human services from John Carroll University.

She is survived by a daughter and several grandchildren.



New Video Highlights Power of ROSC

The Ohio Association of County Behavioral Health Authorities (OACBHA) recently announced the availability of a new video that showcases the power of Recovery-Oriented Systems of Care (ROSC). The resource features Hancock County Board of ADAMHS Executive Director Precia Stuby discussing how ROSC has been an influential driver in the process and funding decisions for Hancock County. Stuby explained that the ROSC process has helped increase client and family involvement, further community partnerships, and increase the opportunities to hold discussions to eliminate stigma around behavioral health issues. Click [HERE](#) to watch the video on the [Recovery is Beautiful website](#).



Mahoning County Provider Teams With County Extension to Focus on Farmers' Wellness

With support from the Mahoning County Mental Health and Recovery Board, COMPASS Family and Community Services recently conducted a wellness seminar for 30 dairy farmers through the county's OSU Extension Office. Presenter Patricia Taylor, MSMHC, NCC, LPCC, focused on caring for self and family while maintaining a healthy farm business.

2018 Start Talking! Start Recording: Ohio's Youth Got Talent Contest

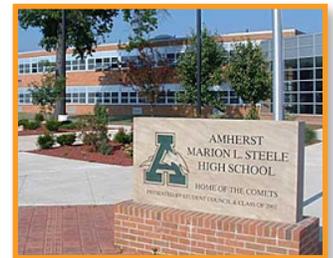
Prevention Action Alliance, in partnership with the Ohio Start Talking! initiative, invites Ohio middle and high school students to promote drug-free lifestyles by participating in the [Start Talking! Start Recording: Ohio's Youth Got Talent competition](#). The top three finalists will perform live on stage at the [2018 We Are The Majority youth rally](#) on April 19 at Genoa Park in Columbus. There, the crowd will choose its favorite performance.



Scholarships, supported by a grant from Verizon, will be awarded to the top three contestants. First place will earn a \$2,500 College Advantage Direct 529 Savings Plan account, second place will receive \$1,500 and third place will receive \$1,000. Video entries will be accepted through Feb. 28. All acts must be less than five minutes in length and include appropriate Start Talking! messaging. Appropriate acts include, but are not limited to: spoken word, singing/instrumental music, magic, ventriloquism, rap, step and interpretive movement. Click [HERE](#) for other contest guidelines and submission rules. View and share the [official contest flyer](#).

Lorain County Students Earn National Recognition for Report on Opioid Crisis

Journalism students from Marion L. Steele High School in Amherst (Lorain County) were recently recognized by the [National Scholastic Press Association](#) for their outstanding student-produced news program highlighting the county's efforts to combat the opioid epidemic.



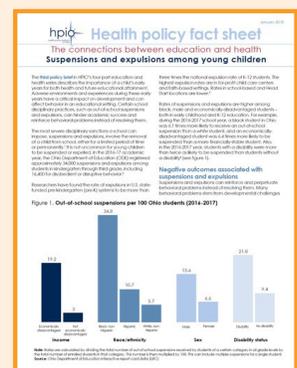
The "Steele News Live" production team, consisting of students Reed Dobo, Michael Rakar, Jacob Kelley and Ben Zahorec, earned the Association's [Broadcast News Story of the Year](#) honors for "Heroin: A Lorain County Epidemic."

Click [HERE](#) to view the students' award-winning work.

New Fact Sheets Illustrate Link Between Education and Health

As part of an ongoing exploration of the links between health and education, the Health Policy Institute of Ohio (HPIO) recently released fact sheets addressing [suspensions and expulsions among young children](#) and [Positive Behavior Interventions and Supports \(PBIS\)](#). The fact sheets are included, along with a series of policy briefs and other education and health resources, on HPIO's online resource page [Intersections between Education and Health](#).

With support from the United Way of Central Ohio, HPIO has explored for the past year the intersections of education and health. In the fall, HPIO released its third policy brief on the subject, titled [The Importance of Early Learning](#). The first brief in the series gave an overview of the [connections between education and health](#) and the second brief examined [health services in schools](#). A fourth brief is planned for early 2018.



Ohio Proposes New Regulations for Prescription Drug Wholesalers

More than 500 wholesale drug distributors will soon be required to flag suspicious orders their customers make for powerful painkillers, according to [new rules](#) from the Ohio Board of Pharmacy. The reporting requirements are the latest in a series of state regulations on prescription opiates intended to reduce abuse and overdose deaths.

“There is nothing in the country like this,” said Gov. John R. Kasich during a Statehouse press event. “These rules are going to be very tough, they’re going to be very specific, they’re going to be very clear and they’ll have to be followed.”

Distributors purchase from manufacturers and sell the drugs to some 20,000 pharmacies, clinics and hospitals throughout the state.

Distributors will have to report orders:

- For more than 5,000 unit doses.
- For a disproportionate mix of controlled and non-controlled substance.
- From purchasers that do not take private or public insurance.
- That are unusually frequent or have an uncommon method of payment or delivery.

The proposed rules would also require distributors to learn more about their customers, pause suspicious orders from being shipped and require signatures from two employees to release a paused order. Distributors that fail to abide by the new rules risk losing their state licenses.



Gov. Kasich discusses proposed rules to better track the flow of prescription opioids in Ohio at a Feb. 1 Statehouse press event.

News & Research Roundup

New Efforts To Advance Evidence-Based Practices in Behavioral Health

The Substance Abuse and Mental Health Services Administration (SAMHSA) has announced [new technical assistance programs](#) to advance evidence-based practices for opioid use and serious mental illness. The Opioid State Targeted Response Technical Assistance (TA) effort will address the specific needs of states and local jurisdictions to address the opioid crisis in their communities and provide TA on evidence-based practices in prevention, treatment and recovery. The program will ensure that Americans suffering from opioid use disorders will gain access to the life-saving, evidence-based, medication-assisted treatment and psychosocial services they need. Further supporting the implementation of evidence-based practices in behavioral health, SAMHSA has also released a [new funding opportunity](#) to develop a national Center of Excellence dedicated to the implementation of evidence-based practices to treat individuals living with SMI. The Clinical Support Services SMI TA Center will provide training and education to providers throughout the country to treat the nation’s most vulnerable populations.

Facing Addiction Announces Merger with NCADD

[Facing Addiction](#) and the National Council on Alcoholism and Drug Dependence ([NCADD](#)) announced plans to merge organizations this month in an effort to create “a national leader in the effort to turn the tide on the addiction epidemic.” For more than 70 years, NCADD has been a resource for millions of people struggling with alcohol and other drug issues, and its 80 Affiliates represent the largest such affiliate network in the addiction field. Since its history-making launch on the National Mall in 2015, Facing Addiction has become a leading voice among the nearly 45 million people and their families whose lives have been directly impacted by addiction to alcohol and other drugs. “Combining these two, far-reaching organizations represents our firm commitment to bring together the best resources in the field in order to reduce the human and social costs of addiction, every year, until this public health crisis is eliminated,” the groups said in a Jan. 12 announcement.

Study: More Children Placed in Foster Care Because of Opioid Crisis

A growing number of children are being placed in foster care as a result of the nation’s opioid crisis, according to a [new study](#) from the University of South Florida’s College of Public Health. Study author Troy Quast told [HealthDay](#) that two out of every 1,000 children in Florida had to be removed from their homes in 2015 due to parental neglect — an increase of 129 percent since 2012. The study found that for each additional 6.7 opioid prescriptions written per 100 people, the removal rate for parental neglect rose 32 percent.

News & Research Roundup, cont.

New Study to Examine Role of Medication-Assisted Treatment Started in the ER

A new study will assess whether starting medication-assisted treatment in the emergency room within hours of an opioid overdose will prevent people from relapsing after they recover. Researchers at Virginia Tech, Carilion Clinic and Inova Fairfax Hospital received a \$1 million grant to conduct the study. Participants treated for opioid overdoses in the emergency room will be asked if they want to participate in the study. If they consent, they will receive an injection of Sublocade, an extended-release form of buprenorphine, a drug that reduces opioid cravings. Sublocade was *approved* by the Food and Drug Administration in November. It is the first ever buprenorphine injection for the treatment of moderate-to-severe opioid use disorder in adult patients.

Public Health Experts Explore How Training Parents Can Help “Inoculate” Children Against Stress

A growing body of research has looked at people who face adversities in childhood, yet somehow grow up without serious problems or illnesses. While a number of factors may be involved in those children growing up able to handle stress, some researchers say the the best possible protection against poor health can be the presence of a consistent, caring relationship early in life. *Politico* profiled a parenting class at Oklahoma State University designed to help mothers “weather the first uncertain weeks with a baby” as a form of “inoculation” against future disease. The article cites Altha Stewart, a community psychiatrist in Tennessee and the president-elect of the American Psychiatric Association, for her work on developing systems of care for children at risk of going into the juvenile justice system and adverse childhood experiences.

Suicides by Drugs in U.S. are Undercounted

The rate of suicides by drug intoxication in the U.S. may be vastly underreported and misclassified, according to a *new study* published online Jan. 10 in the journal *PLOS ONE*. The researchers report that the drug suicide rate in the U.S. rose nearly one-quarter (24 percent) between 2000 and 2016, and the accidental opioid and other drug intoxication death rate increased by 312 percent. This rate gap suggests an increase in suicide undercounting, according to the multidisciplinary international team of researchers led by Ian Rockett of the West Virginia University School of Public Health. The researchers report that suicide notes and psychiatric history, including a prior suicide attempt or diagnosed depression, are much more important in helping medical examiners and coroners identify drug suicides than suicides by more violent and obvious methods. The new research further shows this evidence is absent in a large majority of suicide and possible suicide cases.

Researchers Develop Suicide Risk Screening Toolkit

Researchers in the National Institute of Mental Health have developed a free resource — the *Ask Suicide—Screening Questions Toolkit*. It features a set of screening questions that can help nurses or physicians in medical settings successfully identify youth at risk for suicide. Suicide is a major public health concern in the U.S.: In 2015, more than 5,900 youths between the ages of 10 and 24 died by suicide, according to the Centers for Disease Control and Prevention. Even more common than death by suicide are suicide attempts and suicidal thoughts. Early detection is a critical prevention strategy, according to Dr. Lisa M. Horowitz, Ph.D., M.P.H., a clinician and researcher who led the development of the toolkit. Emergency departments, inpatient medical/surgical unit, and outpatient primary care and specialty clinics offer a promising opportunity for suicide screening and intervention.



“Seize the Awkward” Suicide Prevention Campaign Launches

The American Foundation for Suicide Prevention (*AFSP*), *Ad Council*, and The Jed Foundation (*JED*) have launched the suicide prevention campaign *Seize the Awkward*. This national public service campaign aims to empower teens and young adults to reach out to friends with mental health issues who may be at risk for suicide.

Tackling the Stigma: Copline Hotline Helps Officers Struggling with Mental Health



A national hotline is providing confidential, 24/7 mental health support to law enforcement officers. *Copline* is a resource for officers who are struggling with trauma, depression, or other forms of stress. It is staffed by retired officers who are trained in active listening and peer support. According to experts, high suicide rates among law enforcement officers may be linked to the dangers of their work and a fear that seeking help may cost them their job. To address those concerns, Copline maintains confidentiality, even for callers at high risk, and provides crisis intervention support and referrals to mental health services as needed.

News & Research Roundup, cont.

Free ACT Team-Meeting Tools and Booklet to Support Top-Notch Assertive Community Treatment

The Center for Evidence-Based Practices at Case Western Reserve University has created [new resources](#) and free downloads for its online ACT Team Meeting Tools resource page. Among the new resources is a booklet that provides an introduction to some popular tools that ACT teams use in daily team meetings to organize information about their work supporting the recovery of people with severe mental illness. OhioMHAS and the Ohio Department of Medicaid are supporting the implementation of ACT in Ohio with help from the Center.

Nurse Practitioners and Physician Assistants Now Eligible to Prescribe Buprenorphine

Nurse practitioners and physician assistants will now be eligible to prescribe and dispense the opioid addiction treatment buprenorphine from their offices. The Drug Enforcement Administration said the change will make it easier for residents of underserved areas to receive treatment for opioid addiction. The new rule is a result of the Comprehensive Addiction and Recovery Act (CARA), passed in 2016. The law expanded access to substance use treatment services and overdose reversal medications by extending the privilege of prescribing buprenorphine in office-based settings to qualifying nurse practitioners and physician assistants. CARA requires that nurse practitioners and physician assistants complete 24 hours of training to be eligible to prescribe buprenorphine. OhioMHAS, through the [21st Century Cures Act/State Targeted Response to the Opioid Crisis](#) grant program is sponsoring a series of DATA 2000 prescriber trainings throughout Ohio. Click [HERE](#) for a calendar of upcoming training dates and locations.

Training Opportunities

CWRU Center for Evidence-Based Practices Trainings

The Case Western Reserve University Center for Evidence-Based Practices has released its schedule of upcoming trainings. Click the links below for more information:

Feb. 22 — [Alcohol and Other Drug Treatment Considerations for Individuals with SPMI \(Mentor\)](#)

May 8 — [Alcohol and Other Drug Treatment Considerations for Individuals with SPMI \(Columbus\)](#)

June 6 — [Alcohol and Other Drug Treatment Considerations for Individuals with SPMI \(Fairfield\)](#)

Regional Peer Supporter Trainings

The OhioMHAS Bureau of Recovery Supports has released its schedule of upcoming regional peer supporter trainings. Click [HERE](#) for a schedule. Learn more about peer recovery support training opportunities under the [Workforce Development tab](#) on the OhioMHAS website.

2018 Maternal Depression Trainings

The OhioMHAS Bureau of Children and Families will host a series of regional Maternal Depression Trainings. All trainings are from 9 a.m.-1:15 p.m. Upcoming dates and locations include:

March 7 — Appalachian Behavioral Healthcare, Athens

April 11 — Montgomery County ADAMHS, Dayton

April 19 — Wood County Educational Service Center, Bowling Green

For more information, please contact Karen Kimbrough at 614.752.8355 or karen.kimbrough@mha.ohio.gov.

2018 Assessing and Managing Suicide Risk Trainings

The Ohio Suicide Prevention Foundation has released its schedule of 2018 Assessing and Managing Suicide Risk (ASMR) regional trainings. These trainings are designed to help Ohio behavioral health professionals learn to recognize, assess and support patients with suicidal thoughts or behaviors. Dates include: [May 11](#) (New Albany), [June 4](#) (Archbold), [Sept. 14](#) (Dayton), [Aug. 7](#) (Marietta) and Northeast Ohio TBD. Click [HERE](#) for more information or email austin.lucas@ohiospf.org.

2018 Collaborative Assessment and Management of Suicidality Trainings

The Ohio Suicide Prevention Foundation has released its schedule of 2018 Collaborative Assessment and Management of Suicidality Trainings (CAMS) regional trainings. These trainings will provide counselors, psychologists and social workers with knowledge, skills and practice in the treatment of patients' suicidal risk. Dates include: [April 11](#) (Mansfield), [June 1](#) (Chillicothe), [Aug. 24](#) (Lancaster) and [Sept. 28](#) (Youngstown). Click [HERE](#) for more information or email austin.lucas@ohiospf.org.



Training Opportunities, cont.

Upcoming Problem Gambling Treatment Training Opportunities

Stage 2: Treating the Disordered Gambler is a two-day training that will provide clinicians with 12 hours of gambling-specific education. Designed for the clinician preparing to treat disordered gamblers, participants will gain a better understanding of treating gambling addiction through Cognitive Behavioral Therapy and Motivational Interviewing techniques. They will discuss case reviews, participate in role plays, write treatment plans and discuss disordered gambling as a co-occurring disorder. A prerequisite is Stage 1 Foundations in Disordered Gambling or 12 hours of previous gambling counseling training. This training provides 12 CEUs for social workers, counselors and gambling counselors, as well as 12 RCHs for chemical dependency and prevention professionals. Cost is \$50, which includes breakfast and lunch.

March 1-2, 2018 in Cambridge

Advanced Training in Treating Disordered Gamblers is a six-hour training. Register [HERE](#).

Presenter Bruce S. Liese, Ph.D., will provide an overview of substance use and addictive behaviors, discuss the treatment of addictive behaviors, as well as conceptualize "Addiction Syndrome" and its implications on treatment.

April 26, 2018 — Columbus

April 27, 2018 — Cincinnati

Presenter Chris Tuell, EdD, LPCC-S, LICDC-CS, will examine the role that problem gambling and other behavioral addictions have upon mental health and recovery, the role that the addictive brain plays in this process, and the relationship with co-occurring disorders. Also covered will be the CUBIS Model of addiction and assessment and treatment strategies.

May 24, 2018 — Columbus

May 25, 2018 — Cincinnati

Gambling Clinical Supervision Monthly Conference Calls for gambling treatment qualification will take place on the fourth Friday of the month from noon-1:30 p.m. with Dr. Heather Chapman. These calls are open to licensed social workers, counselors, chemical dependency counselors, psychologists and psychiatrists in Ohio who have attended a minimum of 24 hours of gambling-specific education and are working with disordered gamblers. Participants must register [HERE](#) for the monthly calls.

"Evidence-Based Strategies and Programs Versus Scare Tactics" Regional Learning Collaboratives

The Ohio Coaching and Mentoring Network, as part of the Ohio Strategic Prevention Framework Partnerships for Success (SPF-PFS) project, is partnering with the Alcohol and Drug Abuse Prevention Association of Ohio to present a training and credentialing workshop, "Evidence-Based Strategies and Programs Versus Scare Tactics." This training is geared toward prevention professionals and community members who may also want to work on prevention credentials. CEUs will be offered. The free training will be offered Feb. 12 in Belmont County, Feb. 22 in Wood County and Feb. 27 in Mahoning County. Click [HERE](#) for more information. Questions? Contact jenniferdbenson.ocam@gmail.com.

Star Behavioral Health Provider Program Tier I Training Events

Star Behavioral Health Providers ([SBHP](#)) is offering a series of free Tier 1 trainings to help behavioral health providers receive evidence-based training to help them meet the needs of Ohio's military service members and their families. Providers who complete the training are listed in a registry that identifies them as having completed this training in military issues. [Register](#) today for one of the following upcoming training opportunities: **March 1** (Portsmouth), **April 10** (Lima) and **May 8** (Youngstown). SBHP is an initiative developed in collaboration with the Ohio National Guard, Ohio Department of Veterans Services, OhioMHAS, The Ohio State University, The American Red Cross, OhioCares, the Military Family Research Institute at Purdue University and the Center for Deployment Psychology.

MHA Webinar: Best Practices in Peer Support Training — Feb. 5

Mental Health America, with support from SAMHSA, will host a [Best Practices in Peer Support Training](#) webinar on Feb. 5 at 3:30 p.m. Learn from two national leaders in Peer Support training on the history, fundamentals and best practices in training and how to join the growing network of trained and certified Peer Support Specialists.

Training Opportunities, cont.

Psychotic Disorders: Current Concepts and Therapeutics Webinar — Feb. 13

The Brain & Behavior Research Foundation will host a free “Psychotic Disorders: Current Concepts and Therapeutics” webinar from 2-3 p.m. on Feb. 13. The session will be presented by William T. Carpenter, M.D., a leading researcher and world authority on schizophrenia from the University of Maryland School of Medicine. Click [HERE](#) to register.

Tobacco Treatment Specialist Certification Training — Feb. 26-March 1

The Breathing Association will host a Tobacco Treatment Specialist (TTS) Certification training Feb. 26-March 1 at the Dublin Integrated Education Center. Course content is geared for health care and mental health professionals who plan to deliver clinical services and to those involved or interested in tobacco control administration, program development and education. The curriculum will provide education on evidence-based clinical interventions for the treatment of tobacco dependence and best practice information for the development of tobacco treatment programs. Lecture, group discussion and role play methodologies are utilized in the course to maximize retention, develop clinical skills and provide peer networking opportunities. Click [HERE](#) for more information. Questions? Contact Joyce Johnson at 614.437.1530 or email jjohnson@breathingassociation.org.

OPPA Integrated Care and Telepsychiatry Workshops — March 3

The Ohio Psychiatric Physicians Association will be holding two concurrent workshops on March 3 from 1–5 p.m. at the Hilton Columbus at Easton. Each workshop is approved for 4 hours of Category 1 CME. Click on the titles for complete details: [Applying the Integrated Care Approach: Practical Skills for the Consulting Psychiatrist and Evidenced Based Mental Health Care Delivery in Primary Care Settings](#) and [How to Expand Your Practice with Telepsychiatry](#). Click [HERE](#) to register online.

OPPA Annual Psychiatric Update — March 4

The Ohio Psychiatric Physicians Association’s Annual Psychiatric Update will be held March 4 at the Hilton Columbus at Easton. This year’s program entitled: [Our Most Vulnerable Populations: What we’ve learned and where we’re going](#), will address many important topics, including: Psychiatric Military Issues, Rational Use and Development of Ketamine, Suicide in Teens — Is there a Correlation with Family Opioid Use? and Suicide Risk Assessment and Malpractice Prevention. This program is approved for 5.5 hours of Category 1 CME. Click [HERE](#) for complete details and to [register](#) online.

Save the Date: 2018 Ohio Recovery Housing Annual Conference — April 3-4

Ohio Recovery Housing (ORH) will host its 2018 Annual Conference April 3-4 at the Marriott Columbus University Area. Visit www.ohiorecoveryhousing.org for more information.

2018 We Are the Majority Rally — April 19

The Ohio Youth-Led Prevention Network will host its seventh annual “We Are The Majority” youth rally on April 19 from 8 a.m. - 2 p.m. at Genoa Park in Columbus. Click [HERE](#) for more information.

Second Early Childhood Mental Health Conference — April 23-25

OhioMHAS will host the Second Early Childhood Mental Health Conference “Intentional Transformation Early Childhood Success: Master Plan for Change” April 23-25 at the Hilton — Polaris in Columbus. Dr. Neal Horen from Georgetown University and Dr. Walter Gilliam from Yale will serve as day one keynotes, while Kathleen Mitchell, vice president of the National Organization on Fetal Alcohol Syndrome, will provide day two keynote remarks. Cost is \$125. Register [HERE](#).

Fifth Annual Trauma-Informed Care Summit — May 22-23

OhioMHAS, in partnership with the Ohio Department of Developmental Disabilities, will host the Fifth Annual Trauma-Informed Care Summit “Creating Environments of Resiliency and Hope in Ohio” May 22-23 at the Residence Inn by Marriott Columbus — University Area.

2018 Opiate Conference — June 11-12

The Ohio Association of County Behavioral Health Authorities has announced plans to host the 9th Annual Opiate Conference in Columbus June 11-12. This year’s conference will provide attendees with the latest research on opiates, as well as providing community resources to assist in curbing opiate use in Ohio. Keynote speakers, who will bring new and exciting perspectives



Training Opportunities, cont.

to how we are dealing with the opiate crisis in our state, will be announced in the coming weeks. Click [HERE](#) for more information.

Mental Health America Annual Conference — June 14-16

Mental Health America will host its [2018 Annual Conference: Fit for the Future](#) on June 14-16 in Washington, D.C. Speakers include Olympic Gold Medalist and U.S. Women's Soccer World Cup Champion Abby Wambach, Beachbody Fitness and nutrition expert Autumn Calabrese and Pulitzer Prize-winner Eugene Robinson. Click the link for more information.

Save the Date: 2018 Ohio Promoting Wellness & Recovery Conference — June 25-27

The OhioMHAS Bureau of Prevention and Wellness is pleased to announce that the 2018 Ohio Promoting Wellness and Recovery Conference (OPEC) will take place June 25-27 at Miami University in Oxford. This annual conference focuses on creating access, improving quality and making connections with Ohio's prevention, early intervention, treatment and recovery support workforce for children, families and communities. Cost is \$120. Follow conference-related news at www.OPECconference.com or on Twitter @OPECconference. Workshop proposals will be accepted through Feb. 23. Click [HERE](#) to submit a proposal.

2018 Addiction Studies Institute — July 25-27

Save the date! The Ohio State University Wexner Medical Center Talbot Hall will host the 2018 Addiction Studies Institute July 25-27 at the Greater Columbus Convention Center. Visit <http://www.addictionstudiesinstitute.com/> for conference updates and registration information.



**Have a news story or training opportunity you'd like to share with colleagues?
Please forward submissions to Eric.Wandersleben@mha.ohio.gov for consideration.**