



# News Now

Mike DeWine, Governor  
Lori Criss, Director



May 28, 2021

## >>> Director Criss Featured in Ohio Opioid Education Alliance Video on Mental Health Month

OhioMHAS Director Lori Criss joined with Alcohol, Drug Addiction and Mental Health Services Board of Franklin County CEO Erika Clark Jones to discuss the importance of mental health in a [new video](#) produced by the Ohio Opioid Education Alliance in observance of May as Mental Health Month. The two executives provide their thoughts on the connection between mental wellness and physical health, and provide tips for healthy coping and self-care.



## >>> Workshop Proposals Sought: 2021 UMADAOP Conference – Sept. 15-17

Save the date! The Urban Minority Alcoholism and Drug Abuse Outreach Programs (UMADAOP) of Ohio will host its 2021 Statewide Conference, "Umoja: Unity -- To strive for and maintain unity in the family, community, nation, and race," on Sept. 15-17. The conference planning committee is currently [accepting workshop proposals](#) from interested presenters. For more information, please email Jill Frost at [jfrost@limaumadaop.com](mailto:jfrost@limaumadaop.com).

## >>> Transportation Access for Ohioans with Disabilities Survey

The Ohio Colleges of Medicine Government Resource Center and the Ohio Developmental Disabilities Council invite Ohioans ages 19 and older with a disability to participate in a [transportation access survey](#). Paper and telephone versions of the survey are available. Please email [ann.robinson@osumc.edu](mailto:ann.robinson@osumc.edu) to learn more.

## >>> Recording of Facebook Live Event with Dr. Steven Jewell

Did you miss the May 26 Facebook Live Event with Akron Children's Hospital Director of Pediatric Psychiatry and Psychology Dr. Steven Jewell? Dr. Jewell and a panel from the NAMI Ohio Children's division discussed the impact COVID-19 has had on children and families and steps we can take to help address the fear and anxiety around returning to "normal." Click [HERE](#) to view a recording.

## >>> Trauma-Focused Cognitive Behavior Therapy Training



The Tri-State Trauma Network is hosting a four-day, virtual Trauma-Focused Cognitive Behavior Therapy (TF-CBT) training on July 8, 9, 15 and 16. The four half-day trainings will be followed by 12 months of consultation required for TF-CBT certification. TF-CBT is an evidence-based treatment for children and adolescents (ages 3-18) who are experiencing negative impacts following any type of traumatic event. Through this training, therapists will learn how to implement the model with fidelity, how to assess

for and identify trauma related symptoms, and how to know who is appropriate for this treatment. Cost is \$400 for TTN members, \$430 for non-members. Click [HERE](#) for information on pre-requisites, objectives, presenter bio, CEUs, and registration. For more information, email Melissa Adamchik at [madamchik@tristatetraumanetwork.org](mailto:madamchik@tristatetraumanetwork.org).

## >>> NIAAA Brain Research: A Focus on Childhood Trauma and Alcohol Misuse

News reports of college drinking tragedies, and concerns about increased access to alcohol in the home during the pandemic, make clear that COVID-19 has provided no reprieve from the problems of underage drinking. A perennial public health priority, alcohol misuse by young people increases the likelihood of myriad serious consequences, including altered brain development, academic problems, unsafe sexual behavior, physical and sexual assault, traffic

crashes, injuries, overdoses, and alcohol use disorder (AUD). The National Institute on Alcohol Abuse and Alcoholism (NIAAA) explores these issues in depth in the [Spring 2021 edition](#) of its *NIAAA Spectrum* newsletter.

For information on Ohio's response to COVID-19, visit [coronavirus.ohio.gov](https://coronavirus.ohio.gov) or call 1-833-4-ASK-ODH (1-833-427-5634). For behavioral health-specific information, visit: <https://mha.ohio.gov/coronavirus>. For behavioral health-related questions, email [covid19BH@mha.ohio.gov](mailto:covid19BH@mha.ohio.gov). For COVID-19-related OTP questions, email [OTP\\_COVID19@mha.ohio.gov](mailto:OTP_COVID19@mha.ohio.gov), for Housing questions, email [COVID19Housing@mha.ohio.gov](mailto:COVID19Housing@mha.ohio.gov), for Telehealth questions, email [COVID19BHTelehealth@mha.ohio.gov](mailto:COVID19BHTelehealth@mha.ohio.gov), and for Vaccine questions email [BHCOVID19vaccine@mha.ohio.gov](mailto:BHCOVID19vaccine@mha.ohio.gov). Ohio Careline 1-800-720-9616. Click [HERE](#) for a list of pop-up COVID-19 Testing Sites and [HERE](#) for the latest SAMHSA COVID-19 training and technical assistance resources.

### In the News

- 5.27.21 | *Findlay Courier* ['Sky's the limit': Health department celebrates new mobile clinic](#)
- 5.27.21 | *Ohio Capital Journal* [Rewrite of Ohio Laws Would Remove Stigma Against those with Disabilities, Advocates Say](#)
- 5.27.21 | *ThisWeek* [Helpline of Delaware-Morrow Counties: Agency answers calls to year's ups and downs](#)
- 5.26.21 | *Zanesville Times-Recorder* [Ohio telehealth program to serve 15 rural districts with mental health care](#)
- 5.26.21 | *WKEF-TV* [Community event planned to break stigma surrounding mental illness](#)
- 5.26.21 | *Hillsboro Times-Gazette* [Re-entry project highlighted by drug coalition](#)
- 5.26.21 | *WTOL-TV* [Pandemic linked to rise in eating disorders for both teens and adults](#)
- 5.26.21 | *WCPO-TV* [Mason schools finding new ways to address students' mental health amid pandemic](#)
- 5.26.21 | *EurekAlert!* [UC research: Opiate overdoses linked to poor mental health](#)
- 5.26.21 | *WKYC-TV* [NE Ohio authors release new children's book: 'Ezra's invisible Backpack' focuses on hidden struggles](#)
- 5.25.21 | *WCPO-TV* [Local family hopes to fight addiction one haircut at a time](#)
- 5.25.21 | *Highland County Press* [Scioto Paint Valley Mental Health Center awarded third SOR grant](#)
- 5.24.21 | *WXIX-TV* [Tri-State widow fighting crisis of PTSD, depression in first responders](#)
- 5.24.21 | *WCMH-TV* [Using humor to bring awareness to bipolar disorder](#)

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