



News Now

Mike DeWine, Governor
Lori Criss, Director



Jan. 22, 2021

>>> Trauma Informed Care Trainings for Housing Providers

Through a partnership with American Institutes for Research in the Behavioral Sciences (AIR), the Ohio Department of Mental Health and Addiction Services (OhioMHAS) will host an introductory webinar on trauma and trauma-informed care for agency leadership and staff for Recovery Housing, Adult Care Facilities, and related agencies and stakeholders. This free webinar will provide participants with a foundational understanding of trauma and its effects on service recipients and providers, and core elements of trauma-informed care. This training is open to providers of all housing types. Residential Facility Class 2 Operators and staff will receive 2 hours of mental health training towards licensure and certification.

Please sign up for ONE class:

Feb. 11 | Noon-2 p.m. | [Register](#)

March 18 | 1-3 p.m. | [Register](#)

March 31 | 11:30 a.m.-1:30 p.m. | [Register](#)

April 14 | 11 a.m.-1 p.m. | [Register](#)

April 29 | 10 a.m.-Noon | [Register](#)

>>> Photos Requested for “Hope in Help” Display

There is "hope in help." The Ohio Suicide Prevention Foundation (OSPF) needs your help in spreading this life-saving message. OSPF is partnering with NBC4 to honor the lives of those who have died by suicide and share hope in getting help for those struggling with mental health issues. OSPF is looking for participants willing to contribute photos honoring those who have died by suicide. OSPF is asking for a photo of the survived to be holding a photo of the loved one who died by suicide, and if possible, to share the person's name and year they died. For example, a picture of a mother holding a photo of her daughter who died by suicide in 2018. These photos will be in black and white with audio of common things that loved ones say once someone has taken his or her life.



Secondly, OSPF is seeking photos of individuals who have had suicidal thoughts and/or survived a suicide attempt. For your safety OSPF asks that you have not had acute care in the past three months. These photos will be displayed as a collection of colored photos – representing that there is help out there and people who care. Accompanied with these photos will be words of encouragement for loved ones and those struggling. The goal is that the number of colored photos outweighs the number of those lost. Please keep in mind these ads will be aired on TV and digitally, so by agreeing you are saying that you are okay with people seeing your image. Please help share this campaign with your partners to expand reach across the state. If you or someone you know has any questions or is interested in participating in this campaign, please contact/send photos to Keiko.talley@ohiospf.org.

>>> OhioMHAS Guide to Financial Literacy and Education Resources

Last July, OhioMHAS released a [Guide to Financial Literacy and Education Resources](#) in response to a request from Ohio's behavioral health provider community. With the latest round of stimulus checks going out, the Department would like to take this opportunity to remind our partners of the availability of these resources. The document contains links to information, coaching sessions, and training on a variety of topics, including: budgeting, money management, financial planning, understanding benefits, credit counseling, debt reduction, and more.

>>> **Project ECHO: Overdose Fatality Investigation Techniques (OD-FIT)**

The Association of State and Territorial Health Officials (ASTHO) is recruiting coroners and medical examiners in Ohio to participate in a new training and technical assistance opportunity



[Project ECHO: Overdose Fatality Investigation Techniques \(OD-FIT\)](#). The purpose of this opportunity is to train coroners and medical examiners on investigating and completing the death certificate for overdose deaths through a hub and spoke model known as ECHO. From January to June, participants will join monthly virtual sessions held on the last Tuesday of the month from 3-4:30 p.m.. Each session will include a didactic presentation, case presentations from participants, and time for peer-to-peer discussion. Please share this opportunity with coroners and medical examiners in your community. Questions? Please send an email to Rachel Redding at rredding@astho.org.

>>> **Creative Techniques Using Internal Family Systems and Play Therapy – March 18**

The Tri-State Trauma Network (TTN) is hosting a play therapy training, "Creative Techniques Using Internal Family Systems and Play Therapy" on March 18 from 9 a.m.-4 p.m. This virtual workshop will bridge Internal Family Systems theory, a parts therapy, and play therapy to help promote healing. This training is highly interactive and experiential and provides Play Therapy credit hours in addition to the usual social service credit hours. Therapists will leave this session with expressive arts and play interventions that can be used immediately. Cost is \$75 for TTN members; \$100 for non-members. Click [HERE](#) to register.



>>> **Improving Health of Communities: A Learning Network Approach – April 27**

As part of the Safe Families, Strong Communities initiative, OhioMHAS will partner with the Ohio Department of Developmental Disabilities to host [Improving Health of Communities: A Learning Network Approach](#) on April 27 from 9-10:30 a.m. Presented by Dr. Uma Raman Kotogal, a Senior Fellow at Cincinnati Children's Hospital Medical Center and Professor of Pediatrics Obstetrics and Gynecology at the University of Cincinnati, this session will focus on approaches to improve outcomes for children in Ohio using a Learning Network Model. The presentation will describe the use of improvement methods to create system change across sectors (such as schools, Health Care, and Communities). The session will highlight the use of data as well as building improvement capability and capacity to demonstrate impact. The webinar is free and will include CEUs. Click [HERE](#) for more information and to register.

For information on Ohio's response to COVID-19, visit coronavirus.ohio.gov or call 1-833-4-ASK-ODH (1-833-427-5634). For behavioral health-specific information, visit: <https://mha.ohio.gov/coronavirus>. For behavioral health-related questions, email covid19BH@mha.ohio.gov. For COVID-19-related OTP questions, email OTP_COVID19@mha.ohio.gov, for Housing questions, email COVID19Housing@mha.ohio.gov, for Telehealth questions, email COVID19BHTelehealth@mha.ohio.gov, and for Vaccine questions email BHCOVID19vaccine@mha.ohio.gov. Ohio Careline 1-800-720-9616. Click [HERE](#) for a list of pop-up COVID-19 Testing Sites and [HERE](#) for the latest SAMHSA COVID-19 training and technical assistance resources.

In the News

1.22.21 | *WTOL-TV* [NAMI Wood County offers support for people and families managing life with a mental illness](#)

1.22.21 | *SpectrumNews1* [Gavarone introduces bill improving access to mental health](#)

1.21.21 | *Cincinnati Enquirer* [Suicide in Cincinnati region was near or at 5-year lows despite COVID-19 pandemic](#)

1.21.21 | *WTOV-TV* [For students, concern increasing about mental health as the pandemic drags on](#)

1.21.21 | *SpectrumNews1* [Yoga studio aims to aide in freedom, recovery from addiction](#)

1.21.21 | *WVXU 91.7* [Hamilton County Heroin Task Force wants to take fight 'to next level'](#)

1.21.21 | *WFIN 1330* [New ADAMHS resource guide now available](#)

1.21.21 | *The New York Times* [Will the pandemic result in more suicides?](#)

1.20.21 | *WTOL-TV* [Local mental health experts seeing increase in mental health challenges as pandemic continues](#)

1.20.21 | *HealthDay* [Two-drug combo may help fight methamphetamine addiction](#)

1.20.21 | *Hamilton Journal News* [Anti-smoking programs encouraged as Ohio tobacco sales increase during pandemic](#)



- 1.20.21 | *HealthDay* [Pot use ups odds for suicide in young people with bipolar disorder](#)
- 1.19.21 | *STAT* [Startups should focus on innovations that truly improve mental health](#)
- 1.19.21 | *New Philadelphia Times-Reporter* [Anti-Drug Coalition encourages awareness](#)
- 1.19.21 | *Parentology* [Study: Why some kids with mood disorders have higher suicide risk](#)
- 1.19.21 | *WKBN-TV* [Need for addiction treatment increases as people turn to substances to cope with pandemic](#)
- 1.19.21 | *WFMJ-TV* [Community Action Agency opens East Liverpool pharmacy](#)
- 1.19.21 | *WOIO-TV* [Mental health experts urge those struggling with depression, suicidal thoughts to reach out for help](#)
- 1.19.21 | *Columbus Dispatch* [Workers at Franklin County nonprofits who assist homeless are among early recipients of COVID-19 vaccine](#)
- 1.19.21 | *ABC News* [Mental health care workers stretched thin to address urgent need in pandemic](#)
- 1.19.21 | *WVXU 91.7* [Miami U leading statewide K-12 mental wellness and health initiative](#)
- 1.18.21 | *Wooster Daily Record* [COVID-19 exacerbates Wayne County's top health problems](#)

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