



News Now

Mike DeWine, *Governor*
Lori Criss, *Director*



Sept. 25, 2020

>>> OhioMHAS, ODE Partner to Launch “ABCs of Mental Health”

School is starting up again, and this year, it looks and feels very different. COVID-19 continues to be a backdrop for the activities and tasks people are facing every day. You may notice more stress, anxiety, sadness or anger in yourself or those around you. To assist educators, the Ohio Department of Mental Health and Addiction Services (OhioMHAS) and the Ohio Department of Education (ODE) are offering the ABCs of Mental Health:

- Ask yourself how you are feeling
- Be aware of signs & symptoms
- Care for yourself and others

People feeling lonely and overwhelmed with emotions such as sadness, depression, anxiety are encouraged to call the Ohio CareLine at 1.800.720.9616 to speak with a licensed mental health professional. In addition, resources, including social media graphics, a [sample news release](#), and a [sample op ed](#) for your use, are available on the OhioMHAS website at mha.ohio.gov/ABC. Please share these resources with educators in your community.



>>> Ohio Council Announces Fall 2020 Virtual Training Schedule

The Ohio Council of Behavioral Health & Family Services Providers has scheduled a [series of webinars](#) to be held this Fall. The virtual series includes:

Sept. 29 | *Compliance Part 1 – Audit Risks, CARE Act Funding, COVID-19 Waivers & Telehealth, 43 CFR Part 2 Updates* presented by Vorys, Sater, Seymour & Pease, LLP.

Oct. 14 | *Clinical Strategies for Client Engagement through Telehealth* presented by Bart Andrews, Ph.D., chief clinical officer, Behavioral Health Response and Dr. Carolyn Rekerdres, northeastern region medical director, East Texas Behavioral Network.

Oct. 23 | *State of Behavioral Health – A State and Federal View; Ohio Council Annual Meeting* presented by Teresa Lampl, CEO, The Ohio Council; Lori Criss, director, OhioMHAS; Chuck Ingolia, president and CEO, National Council for Behavioral Health.

Oct. 29 | *Compliance Part 2 – Clinical Documentation Compliance* presented by Jennifer Riha, VP of Performance Improvement & Service Delivery, I Am Boundless Inc.;

Oct. 29 | *Building Compliance into your Electronic Health Record (EHR)* presented by Chelsea Kohler, lead EHR implementation and billing project manager, Behavioral Health Billing Solutions.

Nov. 6 | *Cultural Humility & Implicit Bias: I.N.C.A.S.E. of Bias Emergence Framework* presented by Preshuslee Thompson, B.A., training & development specialist, The Kirwan Institute for the Study of Race and Ethnicity at The Ohio State University.

Continuing Education Credit will be awarded for each training. Please visit the [2020 Ohio Council Virtual Training Schedule website](#) or contact Brenda Cornett, cornett@theohiocouncil.org, 614.228.0747 for more information.

>>> Improving Access to Mental Health Services to Hispanics/LatinX Community – Oct. 14

The National Hispanic and Latino Mental Health Technology Transfer Center and the Ohio Latino Affairs Commission are partnering to provide a free Culturally Responsive Programs to Improve Access to mental Health Services to

Hispanics/LatinX Community virtual training on Oct. 14 from 3-4:30 p.m. Led by Marilyn Sampilo, Ph.D., M.P.H., this training will focus on culturally responsive programmatic efforts to improve access and utilization of behavioral health services among the Hispanic/Latinx community. The session will also describe how these programs and strategies reduce disparities by addressing often cited barriers and promote behavioral health equity. The concept of cultural brokering and its use in across settings will be discussed and considerations and implementation of community mental health navigator programs will be described. This session will also outline lessons learned from implementation and recommendations for future work. Click [HERE](#) for more information and to register online.

>>> NEOMED Announces Virtual Health Care Leadership Discourse



Northeast Ohio Medical University is launching a health care leadership speaker series titled “[VITALS: Visionary Health Leadership in Action.](#)” The monthly series will feature a diverse range of innovative leaders in the medical sector. The first event will be held Thursday, Oct. 1 via Zoom Video Webinar. Each speaker will have 17 minutes — the same length of time of the average physician-patient visit — to offer disruptive solutions to health care’s biggest problems. Approaches may cover any of the six components of VITALS: Value-based, Innovation, Technology, Advocacy, Leadership and Service. The speaker will then engage in discourse with attendees for the remainder of the hour. Speakers will range from regional University partners — public, private and health care systems — to national peers, alumni and thought leaders — including the series’ first speaker William H. Considine, M.S., CEO Emeritus of Akron Children’s Hospital. Continuing education credits will be available through Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) and the Accreditation Council for Pharmacy Education (ACPE) through the sponsorship of Northeast Ohio Medical University. Visit neomed.edu/vitals to register and learn more about the free series.

>>> MHAOhio Occumetrics Workplace Wellbeing Assessment Program



Mental Health America of Ohio (MHAOhio) is seeking agencies interested in participating in its free [Occumetrics Workplace Wellbeing Assessment Program](#) for SFY 21. Through the Occumetrics process, MHAOhio helps businesses and organizations of all sizes assess their overall health through the lens of employee wellbeing and recommends improvements in identified areas of concern. The process helps agencies quickly identify, understand, and address employee concerns with customized improvements to create an engaged and productive workforce. MHAOhio launched the program in 2016 with funding support from OhioMHAS. Free assessments are available to up to 13 agencies each year. So far, MHAOhio has conducted 47 free assessments with 35 organizations with more than 8,500 employees sharing their experiences. And, according to MHAOhio’s reassessment data, the process is producing results. Follow-up assessments with nine agencies showed workplace wellbeing scores improved 91 percent of the time, and turnover decreased in each case. For more information, contact Maggie Hallett at mhallett@mhaohio.org.

>>> Sandusky Artisans 7th Annual (Virtual) Recovery Walk – Sept. 26

Sandusky Artisans Recovery Community Center will host its [7th Annual Recovery Walk](#) via Zoom on Sept. 26 from 10 a.m.-Noon. The event will feature uplifting recovery stories, remarks from local recovery organizations, prizes and more. Click [HERE](#) for more information and to register. Free T-shirts are available to the first 300 registrants.

Pop-Up Testing Sites

WANT TO GET TESTED FOR COVID-19?

ANYONE CAN GET A NO-COST TEST AT THESE LOCATIONS WEEK OF SEPT. 27 – OCT. 3

SEPT. 27 Cincinnati Hamilton County Sheriff's Office Parking Lot (Maslow's Army) 1000 Sycamore St. Cincinnati, Ohio 45202 10:00 a.m. – 2:00 p.m.	SEPT. 28 Springfield Rocking Horse Community Health Center 851 S. Limestone St. Springfield, Ohio 45505 9:00 a.m. – 7:00 p.m.	OCT. 1 Youngstown Congregation Roof Shalom 1119 Elm Street Youngstown, Ohio 44502 10:00 a.m. – 2:00 p.m.	OCT. 3 Cleveland* South Pointe Hospital 20000 Harvard Ave. Cleveland, Ohio 44128 10:00 a.m. – 2:00 p.m.
SEPT. 30 Proctorville Lawrence County Fairgrounds 7755 County Road 107 Proctorville, Ohio 45669 1:00 p.m. – 6:00 p.m.	Columbus PrimaryOne Health 2300 W. Broad St. Columbus, Ohio 43294 9:00 a.m. – 1:00 p.m.	Saint Clairsville Ohio University Eastern Campus Parking Lot 45428 National Rd. W. Saint Clairsville, Ohio 43950 10:00 a.m. – 2:00 p.m.	Cincinnati Winton Hills Academy 5300 Winestave Avenue Cincinnati, Ohio 45222 10:00 a.m. – 2:00 p.m.

*Pre-registration required
Registration is open Sept. 21-23, 9:00 a.m. – 4:00 p.m. at www.events.clevelandohio.gov or by phone at 216-762-4404.
Primary insurance will be billed if you have it; you can still be tested without insurance. No out of pocket charge for testing.

coronavirus.ohio.gov

For more information on Ohio's response to COVID-19, visit coronavirus.ohio.gov or call 1-833-4-ASK-ODH (1-833-427-5634). For behavioral health-specific information, visit: <https://mha.ohio.gov/coronavirus>. For behavioral health-related questions, email covid19BH@mha.ohio.gov. For COVID-19-related OTP questions, email OTP_COVID19@mha.ohio.gov, for Housing questions, email COVID19Housing@mha.ohio.gov and for Telehealth questions, email COVID19BHTelehealth@mha.ohio.gov. COVID Careline 1-800-720-9616. Click [HERE](#) for a list of pop-up COVID-19 Testing Sites and [HERE](#) for the latest SAMHA COVID-19 training and technical assistance resources.

In the News

- 9.25.20 | *WTOL-TV* [Out of the Darkness virtual walk to raise awareness and honor lives lost to suicide](#)
- 9.24.20 | *WCMH-TV* [DeWine addresses mental health problems caused by pandemic](#)
- 9.24.20 | *Defiance Crescent News* [Ohio Children's Hospital Association announces partnership to prevent youth suicide](#)
- 9.24.20 | *Cincinnati Enquirer* [Positive drug tests rising with coronavirus pandemic, report shows](#)
- 9.24.20 | *WTOV-TV* [QPR suicide prevention training available in Jefferson County](#)
- 9.23.20 | *Norwalk Reflector* [Thanks to all front-line workers](#)
- 9.23.20 | *WKBN-TV* [Local therapists ready to bring those struggling with addiction back to inpatient services](#)
- 9.23.20 | *The New York Times* [How memes and a good laugh can help people in recovery](#)
- 9.22.20 | *The New York Times* [Healing the whole family](#)
- 9.22.20 | *Sandusky Register* [Recovery Walk set for Saturday](#)
- 9.22.20 | *The New York Times* [How burnout became the norm for American parents](#)
- 9.22.20 | *Cleveland Scene* [Three Ohioans are cycling from Cincinnati to Cleveland to raise awareness about suicide prevention](#)
- 9.22.20 | *Lake County News-Herald* [Matt Sabo named 2020 CARES Award winner, Lake County ADAMHS announces](#)
- 9.22.20 | *Wooster Daily Record* [Holmes commissioner receives CARES Award](#)
- 9.22.20 | *Lorain Morning Journal* [Lorain Municipal Recovery docket certified by Ohio Supreme Court](#)
- 9.21.20 | *WTOL-TV* [Local treatment facility 'busier than ever before' amid pandemic](#)
- 9.21.20 | *WTOV-TV* [SMART program aiding teens, young adults with recovery](#)



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