



News Now

Mike DeWine, *Governor*
Lori Criss, *Director*



Sept. 16, 2020

>>> Developing a Comprehensive School Based Suicide Prevention Program – Sept. 25

As part of Suicide Prevention Month, the Ohio Department of Mental Health and Addiction Services (OhioMHAS) Office of Prevention is pleased to bring Ohio's educators and community partners a suicide prevention training designed to help build a multi-level school program. Comprehensive School Suicide Prevention describes a set of school-based strategies aimed at preventing and addressing adolescent suicide on multiple levels. Effective comprehensive school suicide prevention programs consist of policies, strategies and procedures within these levels- all necessary to address adolescent suicide. Click [HERE](#) for more information and to register.

>>> Addressing Stigmas and Disparities in Minorities with SUD: Train the Trainer – Sept. 25

The Ohio Association of Counselors is sponsoring a free "Addressing Stigmas and Disparities in Minorities with Substance Use Disorders" train-the-trainer virtual workshop on Sept. 25 from 1-3 p.m. This workshop will introduce a promising practice a community education protocol developed by the National Institute on Minority Health and Health Disparities (NIMHD) to increase awareness of mental health issues experienced by African American males and females to encourage these individuals to seek help for their problems, entitled: Brother, You're On My Mind (BYOMM). This educational tool kit provides materials help to introduce the conversation about substance use disorders (SUD'S) and normalizes addiction in terms that can be acceptable for minorities without causing more shame. Click [HERE](#) for more information and to register.

>>> Ashland County Suicide Prevention & Awareness Virtual Walk – Sept. 21-27

The Mental Health and Recovery Board of Ashland County is hosting its fourth annual (virtual) Suicide Prevention & Awareness Walk on Sept. 21-27. Click [HERE](#) for complete details.

>>> Portraits of Recovery – Sept. 29

Amethyst, Inc., an Alvis recovery program, is hosting a [Portraits of Recovery Drive-In event](#) on Sept. from 6-7 p.m. at Easton Town Center in Columbus. Portraits of Recovery provides critical funding for a wide range of treatment and recovery services for women who are struggling with addiction, mental health issues and trauma. The event will also be livestreamed for individuals who prefer to participate from home. Click [HERE](#) for more information.

>>> Human Trafficking, Substance Use Disorders, and Trauma – Sept. 29

The Ohio Human Trafficking Task Force is hosting Human Trafficking, Substance Use Disorders and Trauma webinar on Sept. 29 from 1-2:30 p.m. This webinar will look at the intersection of human trafficking, substance use disorders, and trauma. The webinar will *also* discuss ways to support survivors through the provision of trauma-informed care, peer support, and comprehensive direct services. Click [HERE](#) for more information and to register.

>>> Reduce Suicide Risk with A.I. Powered Listening – Oct. 7

The Ohio Suicide Prevention Foundation is hosting a Reduce Suicide Risk with A.I. Powered Listening webinar on Oct. 7 from 10-11 a.m. Jennifer Wright-Berryman, Ph.D., will discuss the importance of bringing quantitative data and objective metrics into clinical care. [Clarigent Health](#) will demonstrate Clarity, a new clinical decision support tool that analyzes speech with artificial intelligence (AI) trained to identify suicidal risk. Click [HERE](#) to register.

>>> Building Resiliency in Children of Addicted Parents – Nov. 6

The Collaborative for Children of Addicted Parents will host [Building Resiliency in Children of Addicted Parents](#) on Nov. 6 from 8 a.m.-3:15 p.m. This training will explore: substance use effects on parenting abilities and school success; creating protective factors and resiliency; how to obtain an accurate parental substance use history; early Interventions/infant mental health; and preventing future substance abuse. Cost is \$50 for physicians; \$25 for non-physicians. Click [HERE](#) for more information and to register.

>>> The 7th Annual Current Concepts in Integrated Health Care – Nov. 7

Summa Health System will host its virtual [7th Annual Concepts in Integrated Health Care](#) on Nov. 7 from 8 a.m.-5:15 p.m. Topics will include: analyzing the impact of COVID-19 on addiction medicine; determining how to individualize a patient's suicide risk; reviewing updated information and best practices in medication-assisted treatment; summarizing updated information regarding medical marijuana, CBD products and hemp; defining toxicology updates relevant to substance abuse; discussing local and national updates in human trafficking; and explaining Northeast Ohio Medical University's Project ECHO.

>>> Online Peer Recovery Support Training for Appalachian/Southern Ohio Counties

In an effort to address the opioid crisis and expand the certified Peer Recovery Supporter workforce in Southern Ohio, the Gallia-Jackson-Meigs Alcohol, Drug Addiction and Mental Health Services Board and Appalachia Unite have partnered to offer a 40-hour online Peer Recovery Supporter Training to residents of the following counties: Gallia, Jackson, Meigs, Pike, Scioto. To be eligible to attend, participants must be in recovery from a mental health and/or substance use issue. Trainings will be held from 10 a.m.-3 p.m. on the following dates in 2021: Jan. 9-10, 16-17, 23-24, 30-31 and Feb. 6-7. For information and to register, please e-mail: appalachiaunite@gmail.com.

>>> New Fact Sheet on Binge Drinking

The National Institute on Alcoholism and Alcohol Abuse (NIAAA) this week released a [new fact sheet](#) on binge drinking. NIAAA defines binge drinking as “a pattern of drinking alcohol that brings blood alcohol concentration (BAC) to 0.08 percent — or 0.08 grams of alcohol per deciliter — or higher. For a typical adult, this pattern of excessive alcohol use corresponds to consuming four or more drinks (female), or five or more drinks (male) in about two hours.” Research shows that fewer drinks in the same timeframe result in the same BAC in youth; only 3 drinks for girls, and 3 to 5 drinks for boys, depending on their age and size.

For more information on Ohio's response to COVID-19, visit coronavirus.ohio.gov or call 1-833-4-ASK-ODH (1-833-427-5634). For behavioral health-specific information, visit: <https://mha.ohio.gov/coronavirus>. For behavioral health-related questions, email covid19BH@mha.ohio.gov. For COVID-19-related OTP questions, email OTP_COVID19@mha.ohio.gov, for Housing questions, email COVID19Housing@mha.ohio.gov and for Telehealth questions, email COVID19BHTelehealth@mha.ohio.gov. COVID Careline 1-800-720-9616. Click [HERE](#) for a list of pop-up COVID-19 Testing Sites.

In the News

- 9.15.20 | *WKBN-TV* [Suicide Prevention Month reminds people to keep in touch with loved ones](#)
- 9.15.20 | *Highland County Press* [Paint Valley ADAMH Board announces 'Behavioral Health Heroes'](#)
- 9.15.20 | *WTOP-TV* [Strategy shows promise in preventing military suicides](#)
- 9.15.20 | *WKYC-TV* [Recovered drug addict lost everything; now sober, he's helping others through pandemic](#)
- 9.14.20 | *Cleveland.com* [Lorain County's mental health board salutes first responders Sept. 20-26](#)
- 9.14.20 | *WTOL-TV* [September is Suicide Prevention Month](#)

Please share widely and encourage your colleagues to subscribe to *OhioMHAS eNews* on our [website](#). Also, be sure to join us on [Facebook](#), [Twitter](#), [YouTube](#), [Flickr](#) and [LinkedIn](#)!



#MasksOn