



# News Now

Mike DeWine, *Governor*  
Lori Criss, *Director*



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## >>> Adult Advocacy Centers “Wish List” Project Benefits Patients in State Hospitals

The Adult Advocacy Centers and a group of partner organizations have launched a “[Wish List Project](#)” to help provide encouragement and support to persons receiving care in Ohio’s six regional psychiatric hospitals amid the coronavirus pandemic. The Centers and its partners have assembled [Amazon Wish Lists](#) that include items like coloring supplies, journals, crafts, games and other forms of entertainment.

Click the links below to access wish lists for each hospital:

[Appalachian Behavioral Healthcare](#)

[Heartland Behavioral Healthcare](#)

[Northcoast Behavioral Healthcare](#)

[Northwest Ohio Psychiatric Hospital](#)

[Summit Behavioral Healthcare](#)

[Twin Valley Behavioral Healthcare](#)



**Adult Advocacy  
Centers**

## >>> OhioMHAS Hospital Services Policy Updates

**Guidance for Pink Slips for Involuntary Admissions:** During COVID-19 scanned, copied, and validated electronic signatures are acceptable forms of written statement under [ORC 5122.10 \(B\)](#) for admissions to OhioMHAS Regional Psychiatric Hospitals

**Health Officer Requirements for CPR and First-Aid:** During COVID-19 it is recommended that health officer requirements in CPR and basic first-aid training be accomplished in a streamlined manner through the use of electronic resources and acknowledgement of review of the training information. This will allow for these important trainings to be provided to health officers in a timely and efficient manner to facilitate both their on-boarding and maintaining health officer status.

Suggested materials to accomplish these trainings (equivalent alternatives would be acceptable) include:

CPR training: Hands-Only CPR: <https://www.redcross.org/take-a-class/cpr/performing-cpr/hands-only-cpr>

Introduction to First Aid: <https://www.healthline.com/health/first-aid>

## >>> Latest Training and Technical Assistance Updates from SAMHSA

The Substance Abuse and Mental Health Services Administration is committed to providing regular training and technical assistance (TTA) on matters related to the mental and substance use disorder field as they deal with COVID-19. Click [HERE](#) to view the updated available TTA resources to assist with the current situation.

## >>> PAA Announces Host for Virtual We Are The Majority Rally

Jade Eilers — a sophomore, member of the Ohio Youth-Led Prevention Network Youth Council, and Miss Ohio High School America — will host this year’s Virtual We Are The Majority Rally on May 15 from 5-6:30 p.m. This free event will continue to celebrate the fact that the majority of teens do not use drugs and alcohol while also supporting youth resiliency and social distancing. Sign up for this year’s rally at [preventionactionalliance.org/watm-rally](http://preventionactionalliance.org/watm-rally). Click [HERE](#) to watch a message from Jade.

## >>> The G.A.P. Network Statewide Summit Goes Virtual – May 6

Prevention Action Alliance will host a virtual G.A.P. Network Summit on May 6 from 10–11:30 a.m. The Summit will provide families grieving the loss of a loved one to an overdose with a place of healing and support. Karen Vadino, a nationally-recognized speaker and humorist, will share practical tips to help parents, families, and loved ones cope with the loss of a loved one due to substance misuse, addiction, or overdose. Together, families will become resilient, work through their grief, find their voice, and turn their grief into advocacy for prevention. Click [HERE](#) for more information and to register.

### **>>> Find Calm in the Storm with Training to Deal with Difficult Emotions**

Prevention Action Alliance is hosting a four-part training series to help people build resiliency and find calm in the storm. This free, virtual series of talks by motivational speaker Brandi Lust will provide participants with steps to remain calm when the outside world is chaotic. By acknowledging and accepting our feelings, comforting ourselves in times of difficult, and recognizing our common humanity, we can weather the difficult challenges that come our way. Click [HERE](#) for more information and to register.

For more information on Ohio's response to COVID-19, visit [coronavirus.ohio.gov](https://coronavirus.ohio.gov) or call 1-833-4-ASK-ODH (1-833-427-5634). For behavioral health-specific information, visit: <https://mha.ohio.gov/coronavirus>. For behavioral health-related questions, email [covid19BH@mha.ohio.gov](mailto:covid19BH@mha.ohio.gov). For COVID-19-related OTP questions, email [OTP\\_COVID19@mha.ohio.gov](mailto:OTP_COVID19@mha.ohio.gov), for Housing questions, email [COVID19Housing@mha.ohio.gov](mailto:COVID19Housing@mha.ohio.gov) and for Telehealth questions, email [COVID19BHTelehealth@mha.ohio.gov](mailto:COVID19BHTelehealth@mha.ohio.gov).

### **In the News**

- 4.28.20 | *Toledo Blade* [Telehealth gaining popularity in mental health, addiction treatment](#)
- 4.28.20 | *Columbus Dispatch* [Columbus teen overcomes violence, accepted into 12 colleges](#)
- 4.27.20 | *Marion Star* [Coronavirus and stress: ADAMH offering suicide prevention training](#)
- 4.27.20 | *Columbus Dispatch* [Coronavirus compounding mental health issues](#)
- 4.27.20 | *Hillsboro Times-Gazette* [Mental health providers expect surge in clients](#)
- 4.26.20 | *Toledo Blade* [Poll: Americans most stressed since 2008](#)
- 4.26.20 | *Canton Repository* [Teachers get creative with trauma program](#)
- 4.25.20 | *WKRC-TV* [Gallagher on mental health services: 'the resources are out there'](#)
- 4.25.20 | *Columbus Dispatch* [Ohio health officials fear coronavirus could trigger rise in drug overdoses](#)
- 4.25.20 | *Marietta Times (Column)* [Behavioral Health Matters: Housing updates](#)
- 4.24.20 | *WKBN-TV* [Exercising good mental health amid the coronavirus pandemic](#)
- 4.24.20 | *Morrow County Sentinel* [Mental health network moves to virtual mode](#)
- 4.24.20 | *WHIO-TV* [Montgomery ADAMHS Board recognized with Everyday Hero Award](#)
- 4.23.20 | *WSYX-TV* [Mail-in naloxone kits taking off during coronavirus pandemic](#)
- 4.23.20 | *Circleville Herald* [Keep calm while staying home](#)
- 4.23.20 | *Pew Charitable Trust* [How states and counties can help individuals with opioid use disorder re-enter communities](#)
- 4.22.20 | *Xenia Gazette* [MHRB offers tips to alleviate stress during pandemic](#)
- 4.22.20 | *PR Newswire* [NAMI Releases Spanish-language COVID-19 Mental Health Resource Guide](#)
- 4.21.20 | *Kaiser Family Foundation* [Implications for COVID-19 for Mental Health and Substance Use](#)

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