



News Now

Mike DeWine, *Governor*
Lori Criss, *Director*



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>>> Ohio Launches Toll-Free 'COVID Careline' to Provide Emotional Support for Ohioans: 1-800-720-9616

The Ohio Department of Mental Health and Addiction Services (OhioMHAS) today joined with Governor Mike DeWine and RecoveryOhio to launch a new, toll-free Careline to provide emotional support for Ohioans who are experiencing stress, anxiety, fear, sadness and loneliness amid the COVID-19 pandemic. Ohioans may call **1-800-720-9616** to connect with trained counselors for 24/7 support. The Careline is staffed by credentialed counselors who have been trained to provide free, confidential support for a wide range of needs, including mental health concerns, substance use, problem gambling, and more. Individuals experiencing an acute crisis can still reach out to the Ohio Crisis Text Line (keyword 4HOPE to 741 741) or the National Suicide Prevention Lifeline (1-800-273-8255). Find more information, and sample social media posts, at <http://mha.ohio.gov/careline>. Read the [full media release](#).



>>> SFY 2021-22 Community Plan Submission Deadline EXTENDED

Due to the ongoing state response to the coronavirus pandemic, OhioMHAS is extending the due date of the SFY 2021-2022 ADAMH Community Plan. With most work environments altered statewide, we hope an extension will provide some extra time to complete the planning process that may have been disrupted during the state's response to limit the spread of the coronavirus. The SFY 2021-2022 Community Plan will now be due **Tuesday, September 15, 2020**.

>>> OCAAR Launches Online Support Group for Peer Supporters

Ohio Citizen Advocates for Addiction Recovery (OCAAR) has announced a new "Peers Helping Peers" online support group for Certified Peer Recovery Supporters. The group will gather online every Thursday at 7:30 p.m. to discuss struggles, successes and strengthen their own recovery journeys. Interested participants can use Zoom Meeting ID: 292 60 1390. For more information, email sthompson@oca-ohio.org.

>>> Intimate Partner Violence and Child Abuse Considerations During COVID-19

As the COVID-19 pandemic continues, Americans are required to stay home to protect themselves and their communities. However, the home may not be safe for many families who experience domestic violence, which may include both intimate partners and children. Violence in the home has an overall cost to society, leading to potentially adverse physical and mental health outcomes. To help families and communities address intimate partner violence and child abuse health concerns, see the Substance Abuse and Mental Health Services Administration's [Intimate Partner Violence and Child Abuse Considerations During COVID-19](#) resource document.

>>> Summit County Rx Drug Disposal Efforts Highlighted at National Conference

Last week, [Summit County Community Partnership](#) Executive Director Darryl Brake participated in a national, online panel discussion focused on "At-Home Disposal: The Critical Step in Drug Abuse Prevention." The presentation was part of the 2020 Rx Abuse & Heroin Summit. The panel was moderated by former U.S. Congresswoman Mary Bono, and also featured Ruth Meirick, foundation director at the Minnesota Farm Bureau and Dr. Deni Carise, chief scientific officer for Recovery Centers of America. Panelists discussed the efficacy of at-home disposal programs in preventing abuse, misuse and environmental contamination, along with evidence-based data and analytics that support drug deactivation and disposal. Click [HERE](#) to watch the presentation. Click [HERE](#) to learn more about the Partnership's Detera Prescription Drug Disposal project.

For more information on Ohio's response to COVID-19, visit coronavirus.ohio.gov or call 1-833-4-ASK-ODH (1-833-427-5634). For behavioral health-specific information, visit: <https://mha.ohio.gov/coronavirus>. For behavioral health-related questions, email covid19BH@mha.ohio.gov. For COVID-19-related OTP questions, email OTP_COVID19@mha.ohio.gov, for Housing questions, email COVID19Housing@mha.ohio.gov and for Telehealth questions, email COVID19BHTelehealth@mha.ohio.gov.

In the News

- 4.21.20 | *WSYX-TV* [Ohio State awarded \\$5.5M grant to study effects of youth vaping](#)
- 4.21.20 | *Loveland Magazine* [Stress, anxiety, loneliness, and feelings of depression can be a trigger for drinking](#)
- 4.21.20 | *The New York Times* [Helping Teens Make Room for Uncomfortable Emotions](#)
- 4.20.20 | *Cleveland.com* [Babe's: Carrying out mental health with coffee to go](#)
- 4.20.20 | *NPR* [Closed schools are creating more trauma for students](#)
- 4.20.20 | *Cleveland.com* [Governor DeWine creates minority task force to examine disproportionate number of African-Americans with coronavirus](#)
- 4.20.20 | *WNWO-TV* [Lockdown could be dangerous for addicts, but also a good time to start recovery](#)
- 4.19.20 | *Cleveland.com* [Sandusky mental health, addiction treatment center identified as coronavirus case cluster](#)

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