



News Now

Mike DeWine, Governor
Lori Criss, Director

April 13, 2020

>>> Ohio Launches “Strive for 5” Challenge Aimed at Reaching out to 5 People a Day During the COVID-19 Crisis

As Ohioans begin week five at home amid the coronavirus crisis, the Ohio Department of Mental Health and Addiction Services (OhioMHAS) today joined with Governor Mike DeWine, Recovery Ohio, and local behavioral health partners to launch “Strive for 5” -- a new, statewide awareness campaign to help individuals and families cope with feelings of stress, anxiety, and isolation by connecting with others.



The campaign, which will be unveiled as part of OhioMHAS Director Lori Criss’ “Mental Health Monday” video on social media, encourages all Ohioans to reach out, connect and comfort each other while we all work our way through the COVID-19 crisis and physical distancing. The challenge is simple: individuals find five people in their life who they will check-in with via phone, email, chat, social media, video, etc., during each of the next 30-days. The state has made a variety of social media messages and other campaign resources available at: OHSTRIVES5.org, or by sending an email request to: creativeservicesteam@mha.ohio.gov. Use the hashtag #OHStrive5.

The Strive for 5 Challenge was developed by the New York Coalition for Behavioral Health and brought to Ohio by the Mental Health, Addiction and Recovery Services Board of Lorain County. Read the [full media release](#).

>>> Improving Access to Care using The National Guidelines for Crisis Care – A Best Practice Toolkit Webinar

The Substance Abuse and Mental Health Services Administration (SAMHSA) is sponsoring a webinar on **April 14 at 1:30-3 p.m.** to review its new [National Guidelines for Mental Health Crisis Care: A Best Practices Toolkit](#). The guidelines are intended to assist states and communities with the development and implementation of effective crisis services and systems. The webinar, *Improving Access to Care using The National Guidelines for Crisis Care – A Best Practice Toolkit*, will showcase these national guidelines in crisis care within a toolkit that supports program design, development, implementation and continuous quality improvement efforts. It is intended to help mental health authorities, agency administrators, service providers, state and local leaders think through and develop the structure of crisis systems. Click [HERE](#) to register for the webinar. Questions? Please contact Kelle Masten via email at kelle.masten@nasmhpd.org.

>>> National Council for Behavioral Health: COVID-19 Guidance for Residential Facilities

The National Council for Behavioral Health has released [COVID-19 Guidance for Behavioral Health Residential Facilities](#). This additional 20-page guidance to behavioral health residential facilities will help them improve infection control and prevention practices to prevent the transmission of COVID-19, including guidance for visitation.

>>> National Health Service Corps Loan Repayment Program for SUD Treatment Providers Extension: May 21

The application period for Health Resources and Services Administration’s National Health Service Corps (NHSC) Loan Repayment Program for Substance Use Disorder Treatment Providers has been extended to **May 21, 2020**. Click [HERE](#) to view a toolkit and [HERE](#) to view a fact sheet on the program.

>>> Pacific Southwest MHTTC Virtual Learning Guide

The Pacific Southwest Mental Health Technology Transfer Center (MHTTC) has released the [MHTTC Virtual Learning Guide](#) – a resource that aims to provide high-quality professional development for the mental health and school mental

health workforce. The guide was created to support both learners and leaders who use virtual platforms to support the mental health and school mental health workforce as more people shift to new forms of distance learning.

- This guide is based on guidance from the Center for Applied Research Solutions (the umbrella organization of the PS MHTTC).
- It is hoped that this Guide can be a launchpad for agency, organization, or team's navigation of virtual learning.
- This guide can be adapted, adopted, and made your own, and disseminated as is useful.
- This is a walkthrough of both the technical (platforms) and the interactive (the pedagogy) strategies and

approaches to virtual learning.

- It is written for facilitators and presenters who are leading professional development and group learning online.

For more information on Ohio's response to COVID-19, visit coronavirus.ohio.gov or call 1-833-4-ASK-ODH (1-833-427-5634). For behavioral health-specific information, visit: <https://mha.ohio.gov/coronavirus>. For behavioral health-related questions, email covid19BH@mha.ohio.gov. For COVID-19-related OTP questions, email OTP_COVID19@mha.ohio.gov, for Housing questions, email COVID19Housing@mha.ohio.gov and for Telehealth questions, email COVID19BHTelehealth@mha.ohio.gov.

In the News

- 4.13.20 | *Columbus Dispatch* [Ohio crisis hotlines see uptick, hospitals see spike in mental health telehealth](#)
- 4.13.20 | *Youngstown Business Journal* [Mental Health Boards aid congregating settings in virus outbreak](#)
- 4.13.20 | *Youngstown Vindicator* [Mental health on the line](#)
- 4.13.20 | *Salem News (Column)* [Preventing suicide during the COVID-19 pandemic](#)
- 4.12.20 | *Dayton Daily News* [How to sew a face mask in 7 steps](#)
- 4.12.20 | *Ironton Tribune* [Health workers take services online](#)
- 4.11.20 | *Marietta Times (Column)* [Peer Recovery Support: Providing a powerful recovery connection](#)
- 4.10.20 | *HealthDay* [Coronavirus could be serious threat to those who smoke or vape](#)
- 4.10.20 | *Columbus Dispatch* [Telehealth options at Cornerstone: make mental health a priority](#)
- 4.9.20 | *Dayton Business Journal* [OneFifteen launches 24/7 crisis stabilization services in Dayton](#)
- 3.26.20 | *WTOL-TV* [Addiction recovery a delicate balance during COVID-19](#)
- 2.26.20 | *The Lancet* [The psychological impact of quarantine and how to reduce it: rapid review of the evidence](#)

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