

July 3, 2018

>>> July is Minority Mental Health Month

July was designated as [Minority Mental Health Awareness Month](#) in 2008 to bring awareness to the unique struggles that underrepresented groups face in regard to mental illness in the U.S. While the term 'minority' is traditionally associated with racial, ethnic, or cultural minorities within the US, Mental Health America (MHA) is focused on expanding this term to include individuals from a wide-range of marginalized and underserved communities, including those who may identify as part of the LGBTQ+ spectrum, refugee and immigrant groups, religious groups, and others who are often overlooked. In recognition of July as Minority Mental Health Month, Mental Health America is highlighting and validating the voices and experiences of individuals from across a range of communities through its [#MyStoryMyWay](#) campaign. Download MHA's [2018 Minority Mental Health Month Toolkit](#) and join the conversation today.



>>> 29th Annual UMADAOP State Conference – Sept. 12-14

The Urban Minority Alcoholism and Drug Abuse Outreach Programs of Ohio, in partnership with the Ohio Department of Mental Health and Addiction Services, will host the 29th annual [UMADAOP State Conference](#) "Ubuntu: Creating and Sustaining Healthy Communities" Sept. 12-14 at the Airport Embassy Suites in Columbus. Ubuntu, "*I am because we are,*" is used to describe the universal bond that connects all of us. As community leaders, social service providers and stakeholders positioned to work in and with urban communities, our ability to work together can maximize resources to create sustainable, lasting change. This year's conference features tracks on substance abuse prevention, treatment, recovery, faith and re-entry. Click the link for more information and to register. Questions? Please contact umadaop2018@gmail.com.

In the News

7.2.18 | *Ashtabula Star Beacon* [Ashtabula earns certification for Recovery Court](#)

7.2.18 | *The New York Times* [Preventing Suicide Among College Students](#)

7.2.18 | *The Washington Post* [From apps to avatars, new tools for taking control of your mental health](#)

7.2.18 | *Newark Advocate* [Opioid recovery center opens in Heath](#)

7.1.18 | *Columbus Dispatch* [Ohio U and University of Toledo team up on health issues, including opioids](#)

7.1.18 | *Youngstown Vindicator* [Officials credit naloxone for fewer OD deaths](#)

7.1.18 | *Canton Repository (Editorial)* [Start talking about issues of mental health](#)

7.1.18 | *The Plain Dealer (Opinion)* [Let's start to decriminalize behavioral health disorders: Tara Britton](#)

6.30.18 | *Toledo Blade* [Mosaic shines light on mental health, homelessness](#)

6.29.18 | *Dayton Daily News* [Q&A: Learning from addicts, and helping families](#)

6.29.18 | *The Plain Dealer* [Starting Sunday, Ohio Medicaid brings managed care insurance companies into mental health, addiction treatment](#)

6.29.18 | *The Plain Dealer* [City Club of Cleveland panelists discuss state behavioral health services and Medicaid](#)

6.29.18 | *Youngstown Business Journal* [Mental Health Board forms 'Preferred Care Network'](#)

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