

Planning Council Minutes
Saturday, August 25, 2018
Twin Valley Behavioral Healthcare Hospital

Present: Stephen Banks, Jordan Ballinger, Lisa Carter, Greg Collier, Britany Cotrell, Craig Dunson, Tracey Ballas for Scott Gary, John Heer, Emilia Jackson, Sandra Keyes, Brittany Koza, Tamisha McKenzie, Jennilee Mohler, Alissa Otani-Cole, A. Jay Pullen, Evi Roberts, Michelle Shock, William Schwochow, Joey Supina, Donna Thomas, Mark Allen Williams, Sue Williams

Absent: Brian Borczia, Craig Comedy, Bob Cross, Karen Dickerson, Starla Doty, Scott Harhanger, Ahmed Hosni, Emily Jordan, Dustin McKee, Samantha Riley, Nichole Small, Debra West

OhioMHAS Staff: Lynette Cashaw-Davis, Sandy Starr

Guests: Wilma Townsend, Office of Prevention & Wellness, OhioMHAS

Call to Order and Introductions

Jennilee Mohler, Planning Council chairperson, opened the meeting with introductions and referenced the Meeting Rules document for review.

Approval of Minutes

Members reviewed the minutes of the previous meeting. Greg Collier motioned to approve the August 25, 2018 meeting minutes/ Joey Supina 2"d. Motion carried.

Wilma Townsend. ENGAGE 2.0 Project Director. OhioMHAS Office of Prevention & Wellness

System of Care Development in Ohio for Children

- SAMHSA grant: Expansion and Sustainability of the Comprehensive Community Mental Health Services for Children with Serious Emotional Disturbances Program (aka Children's Mental Health Initiative)
- Goal: improve outcomes for children, youth, and young adults with SED and their families
- System of Care Guiding Principles:
 - The system for delivering care to children, youth and young adults must be restructured and expanded
 - There should be a single point of entry and a common assessment
 - Greater emphasis must be placed on providing services in the least restrictive setting possible to assure safety
 - Families and youth must play a more active role in systems planning and in planning for their own services
 - Appropriate and timely sharing of data/information across systems (e.g. centralized, interoperability of EH Rs)
 - Integrated care is the most effective approach to caring for individuals with multiple health care needs (e.g. physical and behavioral health)

- SAMHSA SOC Awards:
 - Total funding: \$72.5 million nationally
 - Ohio is one of 7 awardees (Engage 2.0)
 - Total annual funding for Ohio 2017-2021:
 - \$3 million Federal and \$1 million state match
 - NW Region (Lucas, Wood, Hancock, Putnam, Allen, Auglaize, Hardin, Erie, Seneca, Wyandot and Sandusky Counties)
 - SW Region (Butler, Clermont, Preble, Warren and Clinton Counties)

- Grant Goals:
 - The counties are to work together to improve outcomes for children, youth, and young adults with presenting behavioral health problems, ages 0 through 21 and their families,
 - creating mobile response stabilization services and utilizing individualized strategies
 - services, supports, service coordination, wraparound, informal supports, peer supports, respite and other community and in-home supports
 - Development of both short-term and longer-term follow-up to stabilization.

- Population of Focus:
 - Ohio's population of focus is children and youth birth to 21 with a severe emotional disturbance (SED) diagnosis or disability that have multi-system involvement expected to last more than 1 year. Ohio intends to focus on those children with significant behavioral health needs that are becoming involved in the child welfare and juvenile justice systems.

- Ohio Interagency Council for Youth:
 - Representatives from the Department of Youth Services and the National Alliance on Mental Illness Ohio serve as co-chairs
 - Youth and Family Subcommittee -Includes parents of youth and youth with lived experience:
 - Mental health and/or substance use disorders
 - Behavioral Health and co-occurring developmental disabilities
 - Multiple systems involvement
 - Workgroups:
 - Social Marketing and Communications
 - Data and Evaluation
 - Workforce Development
 - Funding for Youth Behavioral Health Services
 - Direct Services

- Service Array:
 - Behavioral & Clinical Services (assessment, crisis intervention, IHBT, SUD tx, medication mgmt, partial hospitalization, individual therapy)
 - Appropriate Determination for Placement Services (foster home, group home, crisis residential, supported independent living, acute hospitalization)
 - Supportive Services (mentors, job placement, job search assistance, tutor, transportation, Parent Peer, Youth Peer)

- Service Coordination (care coordination)
 - Respite (crisis respite, short-term residential - < 2 weeks)
 - Discretionary (child care, educational expenses, housing assistance, YMCA membership)
 - Other supports (camp, after school, equine therapy, professional consultation)
- 2018 Systems of Care Summit: It's About People Who Care
 - September 14 - September 15, 2018
 - Hilton Polaris, Columbus, Ohio

FFY 2019 Block Grant Plan: Sandy Starr, Deputy Director. Office of Quality. Planning & Research. OhioMHAS

- Sandy updated the council on the prepared submission of the Block Grant application based upon the review and input of the Block Grant committee. The cover letter was included in the updated information.

Block Grant Committee Recommendations -Jennilee Mohler. Block Grant committee chairperson

- Council chairperson presented the draft Block Grant application recommendations for council's review and approval, to be included with the Block Grant application and cover letter. Council provided input and updates to the recommendations and approved the final version below:
 1. Increase service availability for children with high intensity service needs, and supports for their families, including in rural areas. Services needed include wraparound, Intensive Home-Based Treatment, coordination of services, and Family and Children First.
 2. Grow early intervention and prevention for children; continue to expand the Good Behavior Game to all school districts. Expand the use of Mental Health First Aid in school systems. Emphasize a focus on at risk youth in terms of identification and referral to prevention services for selected and indicated populations.
 3. For transitional-age youth, take what is working, and spread it around the state. Include young adults who provide peer support. Expand youth-led programming such as Youth Move. Expand participation in youth programs to collage age/up to 25 years old as well as those young adults who age out of foster care.
 4. For persons involved with the criminal justice system, early assessment provides the best opportunity for treatment. Continue to expand the availability of specialty dockets including MAT drug courts, family drug courts, mental health courts, veterans' courts.
 5. Identify best practices and share knowledge.
 6. Increase court diversion to divert from jail to substance use disorder (SUD) and mental health treatment. CIT and Quick Response Teams are valued components of this effort. Evaluation of Quick Response Teams. Determine how many law enforcement officers have been trained in CIT.
 6. Increase transitional programs for those exiting the criminal justice system with SUD and mental health issues. Significant progress has been made in providing continuity of services from state prisons to the community with the Community Transition

Program. Provide resources and support to local systems for persons incarcerated in county jails to provide treatment and community supports such as housing and employment assistance.

7. Integrate peer supporters into community hospital emergency rooms (ER) and other settings with a Recovery Oriented Systems of Care framework
8. Increase peer support training and placement, peer mentoring and recovery supports, as well as peer run organizations. Provide training to potential employers of peer supporters to facilitate placements by demonstrating value of improved outcomes and improved agency bottom line.

CURES (Opioid-State Treatment Response) Update - Ellen Augspurger, CURES Director. OhioMHAS

- Ellen gave an update on the CURES STR grant activities

Planning Council Business - Jennilee Mohler. Chairperson

- Membership - committee hopes to have orientation package ready by next meeting; will send by-laws to Planning Council and check to see if they are posted on OhioMHAS website
- Announcements - council gave announcements of upcoming events including:
 - Rally for Recovery in Columbus, on September 29, 2018 at Huntington Park. Tickets are required but are free and can be obtained at www.OCA-Ohio.org
 - Britany Koza announced the Recovery Conference at Hyatt Regency in Columbus, October 1 and 2, 2018. Registration is free and CFPT funds are available for overnight accommodations. Job fair on day 2. Information at www.OACBHA.org
 - Joey Supina announced the 5th annual Recovery Walk Sept. 5; Opening 48 bed women's residential right next to new detox center.
 - Tamisha McKenzie announced - NAMI Franklin County Annual Meeting - Oct. 11, 2018 including the Trailblazer award; schedule has added a new support group for families
 - Disability Rights Ohio - setting agenda for 2019 - listening sessions Toledo and Marietta; also sending out a survey re: important issues Sept/Oct
 - Lynette is working to get 2019 dates scheduled
 - Prevention Action Alliance-Sept 17-18 Prevention Rising conference

Meeting adjourned 2:05 pm