

Planning Council Minutes
March 24, 2018
OhioMHAS Central Office, 30 East Broad Street

Members Present: Walt Asbury (phone), Stephen Banks, David Caperton, Lisa Carter, Britney Cotrell, Cheryl Crayden, Liz Gitter, Scott Harhanger, John Heer, Sandra Keyes, Britany Koza, Jenni Mohler, Evi Roberts, Michelle Shock, Nichole Small, Joey Supina, Susan Williams (phone)

Members Absent: Craig Comedy, Bob Cross, Karen Dickerson, Lee Donoho, Starla Doty, Ahmed Hosni, Emilia Jackson, Lisa Janacovich, Brian Jones, Emily Jordan, Jennifer Koontz, Emily Jordan, Diane Mang, Dustin McKee, Tamisha McKenzie, Alissa Otani-Cole, Donna Thomas

Speakers: Molly Stone, Lisa Carter

OhioMHAS staff: Sanford Starr, Wilma Townsend

Call to Order, Introductions, Approval of Minutes

Dave Caperton, Chairperson, called the meeting to order. Members introduced themselves briefly. The minutes were approved by a voice vote, with Joey Supina making the motion and John Heer seconding it.

Dave announced that Liz Gitter, staff to Planning Council, would be retiring June 30. He also suggested that Planning Council elect a chairperson for next year to facilitate transition. Dave suggested Jenni Mohler for chairperson, and asked for a motion to hold the election today. Joey Supina made the motion, and John Heer seconded. Members were informed that additional nominations could be made from the floor, and that the election would be held after lunch to give members an opportunity to talk among themselves.

Foundations of Prevention – Molly Stone, LSW/OCPC, OhioMHAS, Chief, Bureau of Prevention

Molly discussed what prevention is, and what prevention is not. Prevention is a proactive multifaceted, multi - community sector process involving a continuum of culturally appropriate prevention services. It empowers individuals, families and communities to meet the challenges of life events and transitions. Prevention addresses physical, social, emotional, spiritual, and cognitive well-being and promotes safe and healthy behaviors and lifestyles. Prevention includes direct services to groups to influence individual change, and indirect services to contribute to community-level change. Universal primary prevention is targeted to a whole community population

which does not have an identified risk (e.g. all teens). The presentation also discussed the distinction between primary prevention and secondary/tertiary prevention. Ohio uses Strategic Prevention Framework which includes assessment, capacity building, planning, implementation and evaluation. Be Present – Suicide Prevention is one example of prevention in Ohio. www.BePresentOhio.org

How do we encourage people to get into prevention? Through the work of community coalitions and schools.

The Substance Abuse Block Grant requires that 20% be expended on prevention, which is about \$15 million annually in Ohio. About \$10.7 million is allocated to county Alcohol, Drug Addiction and Mental Health Boards, and \$4.5 million is awarded in grants for UMADAOPS (minority outreach), higher education, community coalitions, youth-led programs and community prevention (e.g. suicide prevention). Additional prevention funding is from SAMHSA discretionary grants and the state legislature, as well as local county tax levies.

Implementing Behavioral Health Redesign – Provider Perspective

Lisa Carter, South Community, Montgomery County and Planning Council member

Lisa provided an overview of South Community which serves youth and adults, and described how South Community had successfully met the challenge of one phase of behavioral health redesign. The redesign was needed to modernize billing codes, to include the rendering provider (individual clinician) and to move from a carve-out to a carve-in model. (This means moving to integrate Medicaid for behavior health services with Medicaid for all medical services.) The new billing is tied to individual clinical staff, and their clinical licensure. Provider staff were required to learn new terminology, change coding to bill services, and change electronic health records, as well as update their information systems. This required a tremendous amount of work by staff, and training of all staff. South Community is in the post-implementation phase, and volunteered to share some of its documentation with the OhioMHAS Children's Office.

Question: Did Planning Council members who are consumers and family members experience a difference? Planning Council members reported not experiencing a difference (which is what we had hoped would happen.)

Ohio Legislative Day – Evi Roberts, Planning Council member (prevention)

The Ohio Drug Prevention Coalition held a legislative day on March 21. Members had half hour conversations with legislator after some preparation from the coalition. Drug Free Stark County Coalition was highlighted as example. Talking Points were mental wellness, youth suicide, and substance misuse.

Executive Committee Priorities for next meeting:

- Federal budget
- Peer Recovery Supporters – Disqualifications by Medicaid vs. OhioMHAS
- Pain Management and Addiction – Training needed for pain management specialists
- Next Administration (after new governor is elected)
- HB Redesign Update – Managed Care

Speakers for Next Meeting (Friday, June 8):

- Network of Care <http://state.oh.networkofcare.org/mh/> - Lara Belliston, Ph.D. Data used for Block Grant needs assessment; can use for advocacy
- Consumer Satisfaction & Outcomes (mental health) Carol Carstens, Ph.D. or Jessica Linley, Ph.D. (postponed because 2018 survey won't be ready)

Announcements by members:

- Rally for Recovery Sept 29
- NAMI May 4-5 scholarship still available
- Walter Asbury: Disability resource center has valuable information; there is one for self-advocacy and one for legislation.
<http://www.disabilityrightsohio.org/resource-center>
- Sue Williams: National Governors Association in town to learn about MOMS program (opioid treatment for new moms). Five states are attending: AZ, AK, WV, MO, RI.

Voting for chairperson:

No other persons were nominated. The Council used a voice vote to elect Jenni Mohler as chairperson, starting July 1. The vote was unanimous with no abstentions.

Next meeting: Twin Valley Psychiatric Hospital on June 8.