

Planning Council Minutes
Friday, January 26, 2018
Columbus Developmental Center

Members Present: Dan Arnold (for Nichole Small), Walter Asbury, Stephen Banks, David Caperton, Lisa Carter, Brittany Cotrell, Bob Cross, Karen Dickerson, Lee Donoho, Cynthia Ferran, Liz Gitter, John Heer, Ahmed Hosni, Emilia Jackson, Maura Klein, Jennifer Koontz, Brittany Koza, Diane Mang, Dustin McKee, Tamisha McKenzie, Alissa Otani-Cole, Evi Roberts, Michelle Shock, Joey Supina, Sue Williams (by phone)

Members Absent: Greg Collier, Craig Comedy, Cheryl Crayden, Starla Doty, Lisa Janacovich, Emily Jordan, Brian Jones, Sandra Keyes, Kimberly Meals, Jennilee Mohler, Donna Thomas

Guests: Scott Harhager, CommQuest Services (prospective member);

Speakers: Kathy Coate-Ortiz, Chief of Mental Health Services, OhioMHAS; Jamie Carmichael, Acting Deputy Director of Public Affairs, OhioMHAS;

OhioMHAS staff: Sanford Starr, Lynette Cashaw-Davis, Wilma Townsend,

Call to Order, Introductions, Approval of Minutes

David Caperton Chairperson of Planning Council called the meeting to order at 10:05. After a brief introduction of participants, and a review of the meeting rules document, the December meeting minutes were approved unanimously by voice vote.

Suicide Reduction Initiative – Kathy Coate-Ortiz, LISW, Chief of Mental Health Services at OhioMHAS

- National Partners:
 - National Association of State Mental Health Program Directors
 - Substance Abuse Mental Health Services Administration
 - Suicide Prevention Resource Center (SPRC)
 - National Strategy for Suicide Prevention
 - National Action Alliance for Suicide Prevention
- State Partners & Local Partners:
 - Governor Kasich
 - Ohio Departments of Health, Medicaid, Veteran's Affairs, etc.
 - County Behavioral Health Boards and Provider Organizations
 - Ohio Suicide Prevention Foundation
 - Regional Psychiatric Hospitals
 - Ohio Hospital Association
 - Ohio Firearms Association
 - Buckeye State Sheriff's Association
- Ohio suicide deaths Have Increased 35% in the last ten years. In 2016 – 1,706 lives were lost to suicide. In Ohio, data (2007-2016) indicate that white males (25%)* have the highest rates of suicide followed by black Males (12.6%). Males ages 25-34 and over age 75 have the highest rates of suicide.

- Workforce Development Initiatives
 - Zero Suicide Framework
 - Assessment and Management of Suicide Risk (AMSR)
 - Cognitive Behavior Therapy (CBT) Pilot
 - Dialectical Behavior Therapy (DBT)
 - Counseling on Access to Lethal Means (CALM) free on-line
 - Collaborative Assessment and Management of Suicidality OSPF
 - Mental Health First Aid (NAMI-O and Board Association)
 - Question, Persuade, Refer (QPR)
 - Conferences focused on Prevention and Suicide Prevention
 - Ohio Prevention and Education Conference
 - OSU Suicide Prevention Conference
- Prevention Initiatives
 - HB 28 -Institutes of Higher Education: state institutions of higher education shall have suicide prevention programs
 - Ohio Suicide Prevention Foundation
 - Be Present Campaign
 - Crisis Text Line
 - Crisis/Behavioral Health Hotlines
 - Ohio Suicide Prevention Foundation

Workforce Development in Behavioral Health – Jamie Carmichael, Acting Deputy Director of Public Affairs, OhioMHAS

- New Initiative/New Website to recruit psychiatrist and other staff:
 - OhioMHAS has an initiative to increase the number of psychiatrists and other licensed treatment providers which has a new web page <http://workforce.mha.ohio.gov/>
 - Jamie gave statistics on number and wages of mental health counselors, social workers, and psychiatrists; need more licensed clinicians, especially psychiatrists.
 - Ohio has only about 1,000 psychiatrists for 11,000,000 Ohioans.
 - Steady decline of medical students going into psychiatry---lower paid and status than other specialties
 - Trying to leverage concern about opioid ODs to elevate conversation on work force.
- Funding of workforce development initiative:
 - Plan is to budget \$2 million each of next 2 years ---for initiative for agencies to recruit staff.
 - Also funded grants to 62 agencies, which could be used for staff to get education, and keep clinicians.
 - Are there funds to add peer support to state plan? (asked by member)
 - In state Medicaid plan for substance use disorder, but is very limited for mental health.
 - Dustin, NAMI, would like to see persons in recovery have access to peer support.
- Implementation strategies:
 - Communicate with public hospitals, participate in job fairs and college visits; Work with universities to tell students about careers in behavioral health.
 - Working on incentivizing psychiatrists by reducing student loans for serving in underserved areas

- Recommend trying to encourage psychiatrists who graduate from med schools and residency programs in Ohio to provide treatment in Ohio after graduation.
- What are other incentives that psychiatrists need rather than money?
 - o Discussion about psychiatrists limiting appointment time to 20 minutes, and being under pressure to see clients
 - o Working to expand number of primary care physicians to write MAT prescriptions to treat opioid addiction.
 - o One provider is using Advance Nurse Practitioners to fill the gap
 - o NAMI successfully advocated to remove prior authorization for prescriptions by APNs and physician assistants
- Partnerships
 - Collaboration with medical director or provider and medical schools working
 - o Critical to partner to maintain Medicaid expansion that increased number of persons with insurance which allowed OhioMHAS to put money into recovery supports and workforce development
 - With general physicians; 57% of persons who committed suicide had seen physician within 90 days----so have been trying to reach out. MDs report that they don't know how to connect with behavioral health
 - o ODJFS – has Minds Matter info on web – guidance on use of psych meds for kids
- Website review:
 - o Jaimie reviewed behavioral health workforce initiative webpage on OhioMHAS web site which has resources for each stakeholder group <http://workforce.mha.ohio.gov/>
 - o Website is the first step is a data base of treatment providers created by family advocate
 - o Encourage providers to add their websites;
 - o Recommend adding recovery support services
- Working on series of videos on Governor's Action Team in stigma reduction.

OhioMHAS Update – Director Tracy Plouck

Update on SAPT Grant

Received feedback from SAMSHA regarding the distribution of these funds to re-bid long standing grant to focus on evidence based practices for treatment and prevention services.

Focus on evidence based practices for \$15 million (out of \$65 million SAPT) in rebidding some funding

- o \$10.7 million go to Boards for local prevention activities (same as previous years)
- o The remaining \$4.5 million have been legacy grants – Urban Minority Alcoholism and Drug Abuse Outreach Projects (UMADAOPs), Prevention Action Alliance, OPEC Conference (Miami University), Ohio University Youth-led Prevention Programming
- o Proposing for FY 19: recast UMADAOPs spending approach that focuses on the use of evidence based practices (will receive the same amount as they're currently receiving)
- o Re-bid 1.4 million that goes to community programs (up to 100,000 each). They must use evidence based practices; recipients can include Community Coalitions. Tracy will send document list of current agencies receiving funding.
- o Will streamline the number of grants requiring administration and potentially make more funding available

- Request for Proposals (RFP) will go out 2/5; Bidders conference is scheduled for 2/12.

BH Redesign:

- Some providers are still working on submitting claims and being paid successfully; Medicaid is reaching out to provide technical assistance to those having difficulties.
- Some providers still working with their vendors to be able to bill all at once.
- On July 1, we will move to managed care; a webinar will be available on 1/31 to talk about where the state is in care coordination planning. The department has been working with a small group of community providers and managed care plans to troubleshoot coordinated care.

Opioid – State Treatment Response (STR) Grant (also known as “CURES grant”)

- \$26 million CURES Act STR: Now 9 months into the 1st year. Sandy Starr’s office manages this grant. Created a survey tool that Boards use to count the number of individuals served. Also, provides aggregate demographic information.
- MAT-PDOA (Medication Assisted Treatment – Prescription Grant: Awarded 10/17. The purpose is to increase availability of medication assisted treatment (MAT) in Ohio – 9 additional boards targeted that are not currently receiving CURES STR grant funds. (3rd tier of overdose deaths group)
- Funding Quick Response Teams (QRTs), re-entry programs, expansion of MAT prescribers.
- Grant is 3 years - \$2 million/yr. Hope to be fully operational in all 9 board areas by 2/1/2018.
- Offering ECHO model to provide training and support to prescribing physicians. ECHO uses case conferences using video similar to those used to train new physicians in residency programs in combination with short lectures on treatment.
- Working on report update on status of board projects. Our funding system is working as catalyst to get folks to the table that weren’t there before. Technical assistance opportunities monthly via conference call. Schedule/content available on OhioMHAS website
- Evaluation – using client level data for participation (GPRA), satisfaction surveys
- We have a site visit scheduled with the feds in 2 weeks. Will be visiting 3 of the 9 board areas. Grant and evaluation tools all available on OhioMHAS website

Planning Council Business - David Caperton, Planning Council Chair

- Executive Committee priorities – includes election of secretary – David. Diane Mang is nominating Tamisha McKenzie. Walter Asbury moved/John Heer 2nd. Tamisha was unanimously elected.
- Membership Committee – Diane Mang- working on getting folks from the Southeast region. Lynette will send electronic version of Planning Council brochure to members. Anyone interested in being on the Membership committee is welcome; meeting is the 1st Tuesday of month at 4:00 pm. Ahmed Hosni suggested reaching out to the Collegiate Recovery Community (CRC) at Ohio University
- Announcements of statewide activities - Planning Council members:
 - Ohio Legislative Day for Prevention Coalitions 3/21
<https://preventionactionalliance.org/connect/statewide-prevention-coalition-association/>

- Next meeting March 24 at OhioMHAS - Send suggestions for meeting topics.
 - Lynette reminded council of previous discussion around advocacy as a future topic

2018 Meeting Dates & Locations – *please mark your calendar*

- **Saturdays: March 24, August 25 and December 1** at OhioMHAS, 30 East Broad Street, 8th floor – room 806, Columbus, Ohio 43215
- **Fridays: June 8 and October 19** at Twin Valley, 2200 West Broad Street, Columbus, Ohio 43223 – use separate door for Northwest Conference Center at rear of building; follow signs at rear of building