

Planning Council
Friday, January 27, 2017
OhioMHAS Room 806

Present: Walt Asbury, Dave Caperton, Lisa Carter, Lisa Clark, Greg Collier, Craig Comedy, Cheryl Crayden (phone), Liz Gitter, Sandy Keyes (phone), Diane Mang, Dustin McKee, Jennilee Mohler (phone), Mark Smith, Sarah Smitley, Sam Stull, Donna Thomas, Sue Williams

Guests: Roma Barickman, Jaime Carmichael, Michelle Caswell, Alisha Clark, Kathryn Coxe, Jackie Doodley, John Hudgens (phone), Jessica Linley, Jody Lynch, Tracy Plouck, Sandy Starr, Mindy Vance

Recorder: Lynette Cashaw-Davis

Welcome and Introductions

- Brief introductions of members, review of rules – David Caperton, Chairperson of Planning Council
- Approval of 12/3/16 meeting minutes – Donna Thomas moved/Mark Smith 2nd; motion carried

Recovery Housing – Roma Barickman & Alissa Clark, OhioMHAS Office of Treatment and Recovery

- Recovery Housing Definition:
 - Housing for individuals recovering from substance use disorders (SUD) that provides an alcohol and drug-free living environment, peer support, assistance with obtaining addiction services, and other recovery assistance where the length of stay is not limited to a specific duration.
 - Non-certified, non-licensed system of support
 - Supports home, health, purpose and community
 - Medication-assisted treatment may be allowed in recovery housing
- Access to Recovery Grant:
 - Provides recovery housing, transportation, employment skills training, peer support
 - 7 Counties included – Cuyahoga, Franklin, Hamilton, Lorain, Montgomery, Stark, Summit
- Recovery Residences – 4 Levels of Support:
 - I. Peer Elected (Peer run, democratically)
 - II. Peer Monitor
 - III. Staff Supervised
 - IV. Residential Treatment

Recovery Supports Update – Mindy Vance, OhioMHAS Chief Bureau of Recovery Supports

- Employment for young adults (transition age youth) with SUD
- State has started a statewide supported employment program - expanded to work with SUD providers
- Philosophy of zero exclusion
- Ohio Means Jobs – screening tool identifies folks who might need a heightened level of services are referred to providers in the community providing employment training or readiness services geared for that individual
- IPS Supported Employment (IPS is “Individual Placement & Support.)
- Peer Support: Peer Run Organizations:

- Ohio has 15 structured RCOs (Recovery Service Organizations) which are led by persons in long term addiction recovery
- OCAAR is working with them to assure they have a transition age youth component
- Focus on Friend (Hancock County); Sandusky Artisans (Erie County) have strong prosocial programming
- Wellness Programming (5 Counties)
- Suggestion to bring Sarah Thompson in to talk about RCOs
- State has updated the Consumer Operated Services (COS) certification rule in ORC; “Peer Run Organization” rule is now out for public comment
- Ohio Association of County Behavioral Health Authorities (OACBHA) is facilitating a Toolkit for Peer Run Organizations
- Consumer operated service (COS) organizations led by persons in mental health recovery have formed a 501(c)3 non-profit corporation known as “OCOSA” (Ohio Consumer Operated Service Association) whose membership is COS Board Directors
 - largely board funded
 - Will be encouraging them to invite RCO directors to join as well

Opioid Treatment Grant Application, Budget and Updates – Director Tracy Plouck

- Introduced Jaime Carmichael, Interim Deputy Director for Public Affairs
- MBR (state) Budget
 - Structural balance is a priority
 - Recommendations to the House next week
 - OhioMHAS will host a webinar next week re: their budget priorities
- 21st Century Cures Act
 - Federal allocations: \$500 million for this FY; 500 million for next FY
 - Funding based on highest number of overdose deaths
 - Ohio due to receive \$26 million per year for 2 years
 - Purpose: increase access to treatments, reduce unmet need and reduce opioid overdose related deaths
 - 80% must be used for treatment & recovery supports, 20% may be used for prevention and administrative services
 - Provide treatment transition and re-entry services
 - Provide peer support services
 - OhioMHAS areas of focus:
 - ✓ Medication assisted treatment
 - Workforce development
 - Immediate access
 - ✓ Primary prevention
 - ✓ Screening, Brief Intervention, and Referral to Treatment (SBIRT)
 - ✓ Recovery supports, including peer
 - ✓ Addressing secondary trauma amongst first responders
 - Cannot be used for room and board or for institutional (prison) services
 - Funds will flow through the boards to contract with providers
 - Funding due to states in late May
 - Inputs to this process:
 - ✓ Existing data
 - ✓ Public survey (417 responses)
 - ✓ Feedback/dialogue with ADAMH boards

- ✓ Briefings and Q/A (question/answer) with statewide organizations
- Crisis Text Line
 - Stark County Mental Health & Recovery Services Board initiated use of the text line with support from Ohio's Strong Families, Safe Communities program
 - OhioMHAS taking the program to scale statewide
 - OACBHA is working on outreach
 - Text 4HOPE to 741 741
- Trauma Informed Care
 - To date, more than 8,000 Ohioans have been trained
 - Ohio Peace Officers Training Academy includes trauma in its curriculum beginning this month, which will reach 30,000+
 - This training investment is being used regularly throughout our state
 - Emerging area of focus: vicarious trauma related to opiate epidemic

Technical Assistance Consultant - John Hudgens, Advocates for Human Potential

- Reported out of the results of the work done at the last meeting
- Review of development of Mission, Vision and Values and identification of Strengths, Weaknesses, Opportunities and Threats
- Have not currently adopted guiding principles (Rules/Meeting guidelines may be a good source for this document)
- Next steps:
 1. Complete environmental scan
 2. Use SWOT and environmental scan to identify priorities for Council action
 3. Translate priorities to goals and outcomes
 4. Develop strategies to achieve goals
 5. Adopt and implement strategic plan
 6. Review progress and update

Strategic Planning Continued: Environmental Scan – Sandy Star, Deputy Director, Office of Quality, Planning and Research

- Purpose of the environmental scan is to capture trends or factors, things that may influence or impact our Planning Council work
 - Social/Demographic
 - Economic
 - Leadership
 - Legal/Legislative
 - Political
- Flip Chart Notes
 - Move to integrated treatment
 - Clinician shortages (mentioned by 3 people)
 - Technology have and have nots
 - Building bridges by identifying common outcomes
 - Reciprocity on master's degree in Psychology
 - Have inclusive topic area that applies to diversity of communities
 - Access plan for diverse populations including increasing workforce knowledge
 - Whole person

- Homelessness
- Economic factors contribute to substance abuse and mental illness, foster care
- Demographics – Southeast Ohio needs outreach
- Impact of substance abuses and mental illness on recidivism of offenders (criminal justice)
- Cycle – no support, use substance, go to jail – need resources to break cycle
- Clinician shortage
- Offenders being released lose focus on recovery; focus on housing, survival needs
- Need info inside prison
- Need to protect Medicaid and insurance gains – recommend contacting Senator Portman and congressman
- Health disparities and cultural differences
- Service population views health disparities
- Telehealth billing important
- Assist provider credentialing
- Scope of practice for prescribers
- What are evidenced based practices?
- Use of psychotropic meds and MOMS (program for pregnant women with opioid addiction) develop prescribing guidelines
- Move from “get out of jail” to “stay out of jail”
- Consumer would like email communication with providers; telephone has no accountability
- Clinical responsibility to protect private health info
- Health info exchange lacking (electronic health record)
- Need recovery supports because of poverty
- CPST, case management and housing needed
- Early identification of children’s mental health issues
- Early intervention could reduce later substance abuse
- Transportation in rural area – barrier
- Transition-age priority for SUD
- Recovery supports – is abstinence and employment
- Different with mental health; voice/choice sometimes triggers relapse employment?
- Vicarious trauma on communities
- Sexual assault triggers substance abuse and impacts communities
- Consumer/family experience different from professionals
- Trauma often factor in mental health and substance use disorder
- Tom Price
- OARS statewide pharmacy data base on prescriptions factor in heroin/fentanyl
- Impact of heroin addiction on children in foster care system
- Focus on billing by providers
- Need to decrease need for services and focus on recovery
- Behavioral Health Redesign and Managed Care
- Foster parents need support
- Behavioral Health Redesign provides opportunity – will monitor for focus on clinical outcomes and access to enough service
- Ohio has definition of recovery
- Need to focus on ROSC (Recovery Oriented System of Care)
- Consumer voice/driven treatment

- Economic impacts of treatment and recovery on other systems
- Inclusion of family – as defined by client – in treatment
- Ensuring job training is up-to-date to meet industry needs
- Technological

Announcements of statewide activities - Planning Council members

- On the Office of Health Transformation web site you can find a copy of Governor Kasich's letter to Congress
- Reminder to consumers
- Reminder that spring will bring more opportunities for health/information fairs so let us know at the next Council meeting (March 25th) about events in your area that Planning Council might be a presence (We have brochures available for folks to share.)
- Email Liz Gitter if there are things we did not cover in today's discussion that you'd like to add

Meeting Adjourned 2:55pm

2017 Meeting Dates: March 25, May 12, August 26, October 20, December 2

Planning Council Minutes
March 25, 2017
OhioMHAS

Present: David Caperton, Greg Collier, Cheryl Crayden, Liz Gitter, Alaina Herrel, Emilia Jackson, Noribo Kantake (for Walter Asbury), Nichole Small (for Daniel Arnold), Diane Mang, Dustin McKee, Kimberly Meals, Jennilee Mohler, Alissa Otani-Cole, Michelle Shock, Cynthia Fernan

Absent: Meghan Arnold, Lisa Carter, Lisa Clark, L. Craig Comedy, Bob Cross, Sandra Keyes, Barbara Miller, Mark Smith, Sam Stull, Donna Thomas, Gail Thomas, Sue Williams

Guests: Jackie Doodley, Jim Ryan, Daniel Schreiber, Sanford Starr

Call to order and Introductions

David Caperton called the meeting to order. Those present introduced themselves and who they represented.

Approval of minutes

Members reviewed the minutes of the previous meeting. Jenny Mohler moved to approve the minutes. Cheryl Crayden seconded. Minutes were approved

Women's SUD Treatment

Jackie Doodley presented the Ohio Women's Network (OWN). The OWN is a group of professionals and programs that provide leadership in the provision of women's gender specific and gender competent alcohol, tobacco and other drug rehabilitation programming for women. Jackie assists women who call the department with finding treatment services. Services may include specialized recovery supports such as childcare and peer support for mothers addicted to opiates. Representing the department, she provides monitoring and technical assistance to the SAPT Block Grant funded programs.

Most agencies are OhioMHAS funded (through the SAPT Block Grant) but some agencies may not be, but also provide services and share the mission of OWN. OWN is a 501(C)(3). This enables it to apply for funds beyond the Block Grant awards of its individual members.

Jackie presented the OWN website (www.ohiowomensnetwork.org) to the Council. The Network Directory enables individuals to see where and what type of service is available through the funded programs. The network map highlights outpatient, residential, prevention and certified opiate services. Jackie demonstrated the interactive map, clicking on providers. The OWN holds regularly scheduled meetings that are open. Council members are welcome to attend. (Note: the Women's SUD Treatment program has a federally required \$10.9 million set aside in the Substance Abuse Block Grant.)

NAMI (National Alliance on Mental Illness)

Dustin McKee, presented an overview of NAMI; Dustin is Policy Director for NAMI-Ohio and a Planning Council member. Dustin's presentation covered the history, purpose and programs of NAMI. NAMI was founded in Madison, Wisconsin. In Ohio, NAMI has 40 local affiliates covering 83 of 88 counties. NAMI is responsible for Education, Advocacy and Support.

Education programs include twelve week courses for Family to Family, Peer to Peer, and NAMI Basics which are taught by a trained family member or person in recovery. NAMI Basics is for parents of children who have been diagnosed with mental illness. Peer to Peer is for adults with a serious mental illness, and Family to Family is for their families. Support programs include Connection – a help line, and Family Support Group. More recent is a program directed at veterans – Home Front Program. For more information, see: http://www.namiohio.org/mental_health_support/family_support

NAMI also provides CIT (Crisis Intervention Training) for law enforcement, and is a national leader in this effort. The goal is to train law enforcement officers to act more like social workers when intervening with adults with serious mental illness and their families, and consider treatment rather than jail when appropriate. CIT also addresses trauma-informed approaches to law enforcement. NAMI is awarded a \$75,000 grant from the Attorney General's office and in turn uses this award to provide mini grants to law enforcement.

Dustin's slide presentation also described advocacy efforts. NAMI is involved with Stepping Up which brings judges, local mental health and NAMI together to find ways to divert individuals with mental illness from the criminal justice system.

Dustin's reviewed recent and current state advocacy issues including SB 43 which enabled court ordered outpatient treatment as a diversion strategy, and described advocacy strategies with the state legislature and Ohio courts. For more information, see http://www.namiohio.org/mental_health_advocacy/Legislative_Advocacy_Tools_and_Resources

Planning Council Discussion of NAMI presentation:

David Caperton described CIT programming in Medina County. One can tell which officer are trained in CIT by their response to individuals, which he observes through his work at the jail.

Alaina commented that someone in a uniform saying how helpful CIT training is helps to facilitate stigma reduction.

Cheryl described experiences in Wayne County and commented on the issue of needing to give up custody to get children treatment.

David Caperton asked which six counties did not participate in NAMI. Dustin was not certain of the counties but indicated that it could be challenging to get programs started in rural areas.

Sanford Starr provided a slide presentation on the 21st Century Cures Act and Ohio's grant application for \$26M for each of two years to address Ohio's opiate epidemic.

Dan Schreiber, OhioMHAS Chief Financial Officer, provided an update on audit findings. The state auditors come in September to complete a standard financial audit and a single financial audit. The standard financial audit report is not yet available, however the single financial audit which addresses federal money, including the SAMHSA Block Grants, is complete. The Single financial audit had two findings. In a review of payroll transactions, 13% did not have final supervisor approval. This has been rectified through implementation of internal procedures. Second, Block Grant funding must be spent within a 24 month period (Period of Performance). When these time limited dollars are not spent by the provider, they are sent back to the department. The department can then push the dollars back out for other allowable purposes. However, if the funds are received back at the department too late to send back into the system within the Period of Performance, then the funds must be returned to the federal government. The auditor found one occasion where the funds were sent back out to the field beyond 2 year period of performance. New protocol has been implemented to prevent a recurrence.

Planning Council Business:

Membership Committee:

Diane Mang accepted chair of Membership Committee. Jody Morgan has resigned from the Planning Council and was former chair of the Membership Committee.

An interviewee for Recovery Community seat was recommended for inclusion by unanimous voice vote.

Cynthia Fernan will be regular member representative from Youth Move.

There are 6 vacancies on Planning Council. Looking for young people, family of youth.

Strategic Plan:

David Caperton provided a summary of the executive committee discussion and his thoughts on priorities from the SWOT analysis moving forward. A two page written summary was included in the member's meeting packets.

The Council's strengths are that it is a safe place to express opinions, and members truly have a desire to make a difference. The Council's weaknesses are maintaining young adult membership, and tapping into initiatives. The Council could tap into initiatives such as ROSC (Recovery Oriented System of Care). Recovery can have a voice. For more information, see http://www.oacbha.org/recovery-oriented_systems_of_c.php. The impact of the Affordable Care Act may impact how the Council does its work and fulfills its mission. Examples of significant change and opportunities within the service delivery system will be important including Ohio's Behavioral Health Redesign, early intervention approaches and related technologies, and "get out of jail/stay out of jail."

Based on a review of these key observations, the Executive Committee identified the following priorities for the Council's consideration to move forward with developing its strategic plan:

1. Improve Council effectiveness and sustainability.
2. Monitor and review service delivery system for quality and recovery oriented results.
3. Remain apprised and prepared for action (as appropriate within the Council's scope) in response to state and federal political, legislative, and funding developments that impact behavioral health services and citizens who need those services.

At David's request, Liz Gitter will disseminate the SWOT Analysis and External Factors reports to the Council members for review and discussion at next meeting.

Comments from council members:

- People that start brainstorming things we can do – when it comes to apathy of folks on council and strengthening council – could be addressed by providing new members (especially young people) with a mentor, a friendly face that could reach to them with a phone call of welcome and to help engaging them at their first meeting, etc.
- Feel free to shoot Dave an email if you have any thoughts or comments as folks review these documents over the next 2 months.

Announcements of statewide activities:

Alaina: OACBHA is holding its 8th annual opiate conference which goes live in April for registration. Second annual recovery conference will be Sept 11-12; and has no registration fee.

The Rally for Recovery will be on September 17th.

Southeast Ohio – Integrating Professionals for Appalachian Children IPAC Ohio will hold a professional conference and town hall meeting on April 18 at the Lodge at Hocking College. Details can be found at <http://www.ipacohio.org/townhall>

Meeting adjourned at 2 pm.

Planning Council Minutes
May 12, 2017
Twin Valley Hospital – North Wing Conference Center

Present: Dan Arnold, Dave Caperton, Lisa Carter, Lisa Clark, Craig Comedy, Cheryl Crayden, Bob Cross, Alaina Herrel, Emilia Jackson, Sandra Keyes, Diane Mang, Kimberly Meals, Jennilee, Mohler, Alissa Otani-Cole, Sam Stull, Donna Thomas, Gail Thomas

Absent: Meghan Arnold, Walter Asbury, Greg Collier, Cynthia Fernan, Wayne Ford, Dustin McKee, Barbara Miller, Jim Ryan, Michelle Shock, Mark Smith, Sue Williams

Guests: Joyce Calland, Doug Day, Lee Donoho, Jackie Doodley, Zandia Galvin, Grace Kolliesuah, Jennifer Koontz, Chris Nicastro, Nichole Small, Sandford Starr, Mindy Vance

Call to order and Introductions

Chairperson David Caperton called the meeting to order and called attention to the Meeting Rules document. Those present introduced themselves and who they represented.

Approval of minutes

Members reviewed the minutes of the March 25th meeting. There was one correction – need to add Cheryl Crayden as present. Minutes were approved with the stated correction (Jenny Mohler moved/Sandra Keyes seconded).

Sarah Thompson, Executive Director, Ohio Citizen Advocates for Addiction Recovery: Recovery Community Organizations (RCO)

Definition: RCOs are independent, nonprofit, led and governed by people in recovery family members, friends and allies.

- Core Principles: Recovery vision, authenticity of Voice, accountability to the Recovery Community
- Core Strategies: Public Awareness and Education, Advocacy, Peer Based and other recovery support services and activities.
- RCO's: Develop leaders, Advocates for meaningful representation and voice, Asses needs, Assess strengths, assets and resources, Educate the public, policy makers, and service providers, Develop human and fiscal resources, Support research

RCO Statewide Survey and RCO Network:

- Top Three Areas of Interest: Fundraising, Human Resources and Staffing, Board Development
 - Will be scheduling monthly webinars focusing on these areas
 - Listing of webinars on the website
 - Listing of RCO sites on the website
 - CARA based SAMHSA grant – to implement recovery 200,000 to 13 communities – must provide match

Angie Bergefurd and Jody Lynch – Behavioral Health Redesign of Medicaid Benefit Updates:

BH Redesign and the Budget:

1. Started a few years ago with the elevation of Medicaid up to the state to assure benefit and access consistency; (State Department of Medicaid rather than county ADAMH Boards is responsible matching federal funds.)
 2. Medicaid Expansion – want to preserve and maintain services
 3. Modernization of Medicaid Program – administrative, coding, payment. Also, augment and expand needed additional services family psychotherapy and intensive services. Modernization includes implementing American Society of Addiction Medicine “ASAM” levels of care for addiction services. Funds more intensive MH team-based services for adults: Assertive Community Treatment (ACT) and Intensive Homebased Services (IHBT) for youth
 4. Move to Managed Care: Promotion of Integration – Substance Use Disorder “SUD” with Mental Health “MH” services along with Primary Care Services.
 5. Maintain state psychiatric hospital services, as well as community mental health services
 6. Maintain community services – reentry services, court involved, jails prison – treatment services, medication assisted treatment (MAT) for opioid addiction, prevention and early childhood mental health (ages 0 – 5), Strong Families/Safe Communities, Crisis Hotlines – Crisis Text lines, and Workforce development
- Proposed budget has been submitted – House has made their adjustments; budget will go to Senate

Have begun testing process for providers to get paid for Medicaid claims using new process. Medicaid has a Rapid Response Team that will be available to assist with questions or problems.

BH Redesign Triage process:

- Medicaid Consumer Hotline
- Medicaid Beneficiary Ombudsperson
- OhioMHAS Client Rights and Advocacy Resources (Toll Free Bridge)
- NAMI (National Alliance on Mental Illness) Ohio
- OACBHA (Ohio Association of County Behavioral Health Authority Board Directory)

21st Century CURES Act funds Opioid STR (State Treatment Response) grant

Ohio will receive \$26 million per year in 2017 and 2018. Funds are budgeted as follows:

- \$5 million– Evidence based prevention services (local coalition development, Life skill PAX, school based programs, local evidence base practices)
- \$5 million -MAT and workforce development
- \$1 million – drug take back, SBIRT, Trauma informed practices, Child welfare
- \$14.3 million – actionable program from boards

Medicaid Reimbursement for Freestanding Psychiatric Hospitals

- Available beginning July 1st
- Reimbursed through managed care

For all things BH Medicaid Redesign: BH@medicaid.ohio.gov

Membership Committee Reports

- Committee recommended Council accept the following new members:
 - o Lee Donaho – representing persons in Addiction Recovery
 - o Jennifer Koontz – representing family member of person in addiction recovery
 - o Sandra/Cheryl to accept – motion carried
- Bylaws Updates – want to streamline and reword sections to make the membership requirement less stringent for age requirements:
 - o 10 seats in recovery - 5 from MH and 5 from addiction
 - o 6 family seat – 3 for addiction and 3 for MH recovery (2 required to be children under 18 due to federal statutory requirements)
- Required state agencies combining social services and child welfare
- Jenny/Sandra move to accept recommended changes.
- Election of officers – recommended slate:
 - o Dave Caperton – Chair
 - o Jenny Mohler- Vice chair
 - o Lisa Clark – Secretary
 - o Walt Asbury – Parliamentarian
- Motion to approve – Cheryl Crayden moved/Lisa Carter seconded. Motion carried.
- Recruitment table at Opiate conference and Peer Conference

Strategic Planning

Council discussed the draft recommendations of priorities for consideration:

1. Enhance to council effectiveness and sustainability
2. Monitor and review service delivery system for quality and recovery oriented results.
3. Remain apprised and prepared to respond (as appropriate within the council's scope) to state and federal political, legislative, and funding developments that impact behavioral health services and citizens who need those services.

Motion to adopt Planning Council Strategic Plan – Sandra Keyes moved/Cheryl Crayden seconded. Motion carried.

Other PC Business:

- Dan – Medicaid is transitioning to Nicole Small as representative (Replacing Dan Arnold)
- Young adult member, Sam Stull will be moving to Baltimore to take a new job.
- Aug 26 - OhioMHAS
- Oct 20th Twin Valley Hospital is not available – will be at OhioMHAS
- Dec 2nd – OhioMHAS

Next Steps:

Send out Sarah Thompson's presentation on Recovery Community Organizations and weblink to CURES grant.

Planning Council Minutes
August 26, 2017

Present: Dan Arnold (sitting in for Nichole Small), Stephen Banks, Dave Caperton, Lisa Carter, Walter Asbury, Greg Collier, Craig Comedy, Cheryl Crayden, Bob Cross, Liz Gitter, Alaina Herrel, Ahmed Hosni, Emilia Jackson, Sandra Keyes, Jennifer Koontz, Diane Mang, Jennilee Mohler, Alissa Otani-Cole, Michelle Shock, Donna Thomas, Gail Thomas, Sue Williams

Absent: Lisa Clark, Cynthia Ferrnan, Wayne Ford, Dustin McKee, Kimberly Meals, Barbara Miller, Jim Ryan, Mark Smith

OhioMHAS Staff: Sandford Starr, Lynette Cashaw-Davis

Call to order and Introductions

Chairperson David Caperton called the meeting to order and called attention to the Meeting Rules document. Everyone introduced themselves and who they were representing.

Approval of minutes

Members reviewed the minutes of the May 12th meeting. Council unanimously approved minutes from the May meeting.

Federal requirements for Planning Council – Liz Gitter, OhioMHAS Block Grant staff

Block Grant Plan/Application

- Application for 2 Block Grants
 - Substance Abuse Treatment & Prevention - \$64 million
 - Mental Health Treatment - \$12 million
- Non-competitive grant to states
- Ohio does a combined Application/Plan every 2 years due Sept. 1
 - Short application for second year (even-numbered years)
- Separate implementation reports due Dec. 1 every year
- Step 1: Address the needs of the system
- Step 2: Identify the unmet service needs and critical gaps by using data
- Step 3: List priority program areas
- Step 4: Priority areas and annual performance indicators
- Step 5: Environmental factors and plan

Block Grant Committee recommendations – Jenni Mohler, Committee Chairperson

- Jenni recognized the hard work of the Block Grant committee: Walt Asbury, Dave Caperton, Greg Collier, Cheryl Crayden, Lisa Clark, and Lisa Carter
 - Discussion of the SFY 2018 Block Grant Plan Recommendations
 - Recommendation added:
 - Encourage and fund efforts to increase education, cooperation, and inclusiveness for populations at higher risks for suicide.
- Motion to accept recommendations passed unanimously.

OhioMHAS Updates – Sanford Starr, Deputy Director of Quality, Planning & Research

- Block Grant Data: State Epidemiological Outcomes Workgroup (SEOW) data available on MHA website or google Ohio's Network of Care <http://state.oh.networkofcare.org/mh/>
- CareSource Dashboard provides information regarding the Community Transitions Program (CTP) on MHA website: Treatment – CJ involvement – Reentry – Community Transitions Program - Related Materials
<https://www.caresource.com/members/ohio/community-transition-program/>
- Specialty Dockets – Medication Assisted Treatment (MAT) with Drug Courts – Addiction Treatment Program (ATP) evaluation is on our website. Findings show better outcomes with the use of MAT in drug courts than without and a significant cost savings with use of MAT.
- Medication Assisted Treatment Prescription Drug and Opioid Addiction (MAT-PDOA) is a new grant we just applied for.
 - To extend the use of MAT. An extension of the State Targeted Response (STR) grant. Funds 9 board areas (17 additional counties) to provide specific treatment and recovery services projects that assist them with the Opiate epidemic. Based on the rates of deaths and those needing but not receiving treatment – Tier 2 counties
- CURES Grant – State's Targeted Response (to opioid crisis)
<http://mha.ohio.gov/Default.aspx?tabid=889>
 - Funds county board projects in Tier 1 and Tier 2 counties (based on highest overdose death rates and needing but not receiving treatment) – \$15 million
 - 4 months into project– have created a data collection instrument (SNAP). Maintaining monthly contact with the boards. Also, phone calls regarding the development of learning communities
 - Funds prevention, treatment, recovery supports
 - Prevention goals:
 - promote PAX Good Behavior and the Botvin LifeSkill's Training games in schools across Ohio
 - Implement community impact model for change

- Workforce and Treatment Goals:
 - o Physician training – initial waiver training (to prescribe buprenorphine)
- Outcomes data:
 - o Ohio Substance Abuse and Monitoring Network (OSAM) is developing a protocol to go into Tier 1 and 2 counties to get understanding about how services are playing out.

Planning Council Business – David Caperton

- Membership Committee - Diane Mang, Committee Chairperson
 - Have interviewed 11 people in last 2 week. Have 5 to recommend for approval:
 - Brian Jones, filling seat for adult with AOD
 - John Heer – filling seat for adult with AOD
 - Ahmed Hosni – filling seat for family of adult with AOD
 - Steven Banks – filling seat for adult with MH
 - Tamisha McKenzie – parent of child with MH
- Walt Asbury moved to accept the above individuals/Cheryl Crayden 2nd - Motion carried
 - Committee still needs to interview and individual to fill parent of a child with MH – Council approves (by consensus) to assign the Executive committee the authority to accept the Membership committee selection prior to the next Council meeting.
- Committee sign up – Looking for additional membership to serve with Diane Mang (chair), Jenni Mohler, Cheryl Crayden, Dave Caperton, Liz Gitter
 - Please see Diane to participate on committee:
 - Need representation from SE Ohio
 - Responsible for advocacy out in the community
 - Need to coordinate staffing Planning Council information table at the Rally for Recovery at the Statehouse in Columbus on Sept. 29 10am – 12pm.

New Business

- Announcements:
 - Recovery Conference – participants include individuals in MH and SUD recovery, family members and allies. Hyatt Regency downtown Sept. 11-12, 2017. Sponsored by OACBHA
 - Still time to reserve table for Rally for Recovery – Contact Sarah Thompson at OCCAAR. Also, taking donation of shoes to line the statehouse steps – representing a community in motion, those in recovery and those we have lost.
- Next Steps – suggestion to follow up with today’s discussion around MAT advocacy and education. May need to plan an opportunity to discuss further.
- Next meeting: Twin Valley - October 20, 2017 10am – 3pm.
- Meeting adjourned at 2:50pm.

August 26, 2017

Dr. Elinore McCance-Katz
Substance Abuse and Mental Health Services Administration
5600 Fisher Lane
Rockville, MD 20850

Re: Ohio's Substance Abuse and Mental Health Block Grant Application

Dear Dr. McCance-Katz,

The Ohio Community Recovery Support Planning Council reviewed the Ohio Mental Health and Addiction Services' fiscal year 2018 - 2019 application for Substance Abuse and Mental Health Block Grants. After reviewing the application, the Block Grant Committee developed the attached list of recommendations that was reviewed and approved by the Planning Council. These recommendations will be shared with Director Tracy Plouck and other management staff. Additionally, the Council has met with Director Tracy Plouck and other management staff of OhioMHAS to discuss Ohio's mental health and addiction services.

Sincerely,

David Caperton
Chair
Ohio Community Recovery Support Planning Council

Attachment

Cc Tracy Plouck
Angie Bergefurd
James Lapczynski
Jody Lynch
Mark Hurst, MD
Daniel Schreiber
Sanford Starr
Liz Gitter

SFY 2018 Block Grant Plan Recommendations

1. Increase service availability for children with high intensity service needs, and supports for their families, including in rural areas. Services needed include wraparound, Intensive Home Based Treatment, coordination of services, and Family and Children First.
2. Grow early intervention and prevention for children; expand the Good Behavior Game to all school districts.
3. OhioMHAS should address the shortage of child psychiatrists.
4. For transitional-age youth, take what is working, and spread it around the state. Include young adults who provide peer support.
5. For persons involved with the criminal justice system, early assessment provides the best opportunity for treatment.
6. Increase court diversion to divert from jail to substance use disorder (SUD) and mental health treatment.
7. Increase transitional programs for those exiting the criminal justice system with SUD and mental health issues.
8. Put peer supporters into community hospital emergency rooms (ER).
9. Increase peer support training and placement, peer mentoring and recovery supports.
10. **Recovery housing providers should have required professional development, Narcan on site, and require reports of major unusual incidents.**
11. **With attention opioids are receiving, the Council encourages OhioMHAS to continue efforts for all substances of abuse; we've had increase in ER visits for Cocaine and chemically sprayed cannabis. Alcohol related deaths are at an all-time high.**
12. Transportation and housing are needed as a recovery support, especially in rural areas.
13. Expand the number of qualified treatment providers, especially child psychiatrists.
14. Encourage and fund efforts to increase education, cooperation, and inclusion of populations at higher risk for suicide.

Planning Council Minutes

October 20, 2017

OhioMHAS

Present: Walt Asbury, David Caperton, Stephen Banks, Lisa Carter, Simone Crawley, Cheryl Crayden, Bob Cross, Karen Dickerson, Starla Doty, Liz Gitter, John Heer, Ahmed Hosni, Lisa Janacovich, Jennifer Koontz, Dustin McKee, Tamisha McKenzie, Kimberly Meals, Donna Foster (for Alissa Otani-Cole), Evi Roberts (for Jim Ryan), Nichole Small, Donna Thomas, Susan Williams

Absent: Lisa Clark, Greg Collier, Craig Comedy, Lee Donoho, Cynthia Ferran, Wayne Ford, Emilia Jackson, Brian Jones, Sandra Keyes, Diane Mang, Jennilee Mohler, Michelle Shock, Mark Smith

Guests: Lynette Cashaw-Davis, Holly Jones, Chris Nicastro, Sandy Starr

Call to Order and Introductions

Dave Caperton, Planning Council chairperson, opened the meeting with introductions and referenced the meeting rules document for review.

Approval of Minutes

Members reviewed the minutes of the previous meeting. Walt Asbury motioned to approve the August 26, 2017 meeting minutes, and Bob Cross seconded. Motion carried.

Addiction Treatment Program (ATP) - Chris Nicastro, OhioMHAS Chief Bureau of Criminal Justice

Presenter: Chris Nicastro, Chief of the Bureau of Criminal Justice, OhioMHAS (Ohio Department of Mental Health and Addiction Services). Bureau of Criminal Justice manages OhioMHAS funding for treatment and recovery supports provided by drug, mental health and veterans courts. This office also staffs programs which provides linkage to community treatment services for offenders leaving prisons with addiction and/or serious mental illness

- ATP is embedded in drug courts across Ohio.
- 65 courts participating
- MAT (medication assisted treatment) for clients interacting in Drug Court
- Provides funds, for treatment services including MAT and recovery support services such as transportation, child care services (for drug court appearances), recovery housing
- Started with 5 counties in 2014 expanded to 13 in 2017 and additional 9 counties in 2017 based on counties with highest overdose deaths 2018 addition 9 counties (total of 31 counties)
- Criteria – drug court or family dependency court. Court must offer MAT for offenders with diagnosis of opioid use disorders
- Suboxone, Vivitrol and Methadone; Naltrexone for alcoholism
- Peer support can be covered as either a treatment or recovery support
- Funds are allocated to ADAMHS Board quarterly and boards pass the funds to ATP providers.

- Courts now receive 5% of 2018 funds for administrative costs (allocated based on program participation rates).
- Treatment Research Institute (TRI) conducts program evaluation

ENGAGE and Other High Intensity Services for Youth - Holly Jones, OhioMHAS, Bureau of Children and Families

Presenter: Holly Jones, Project Director for ENGAGE, Bureau of Children and Families, OhioMHAS. This bureau promotes effective treatment of children and youth with mental health and addiction, and manages grant funding for these programs.

ENGAGE is Engaging the New Generation to Achieve their Goals through Empowerment) that provides High Fidelity Wraparound services for transition-aged youth ages 14 – 21 with behavioral health and addiction disorders.

- ENGAGE 1.0 (2014 – 2017) –\$1 million/year SAMHSA Federal award
 - Developed Youth & Young Adult Advisory Council
 - Enrolled more than 400 youth in wraparound services
 - Developed Family Advisory Council
 - Purchased a comprehensive data tracking system
 - Provided facilitation trainings and training curriculums
 - Developed Youth in Transition Family toolkit – Available on Red Treehouse website
- ENGAGE 2.0 (2017-2021) – \$3 million/year Federal (\$1 million State match) for 4 years
 - Kickoff meetings in NW and SW regions of state (coordinated by boards in those areas)
 - Expectations – services are available and accessible across a region
 - Local leadership – families and youth as experts
 - Multi-system needs (mental health, substance use disorders, juvenile justice, homelessness, developmental disabilities, children services)
 - Mobile Response Services System (MRSS)
- Strong Families, Safe Communities - (2013 –present) \$ 4million/year for 2017-2019
 - response to Sandy Hook and Chardon school shootings
 - Counties submitted proposals to provide crisis stabilization and other services to youth
 - Collaboration between OhioMHAS and DODD (Ohio Department of Developmental Disabilities)
 - Crisis Text Line – text 4hope to 741 741 (OACBHA coordinates marketing)
- State Youth Treatment Implementation grant - \$800,000/year SAMHSA 2017-2021
- Adolescent Treatment and DYS Aftercare Grants

Opioid State Treatment Response (CURES Grant) – Ellen Augspurger, OhioMHAS, CURES Grant Director

Presenter: Ellen Augspurger, Project Director of Ohio’s CURES grant which provides \$26 million per year of SAMHSA funding for two-years for a statewide treatment response to improve access to opioid treatment.

- Resource Assessment – sent out to counties and boards and physicians on how to engage

- Focus groups around four county board areas (rural and urban)— re: stigma re: MAT; law enforcement perception, physician perceptions – will be repeated at 6 month intervals with various groups (family members, individuals, etc.)
- State evaluation – treatment data, prevention data in year prior vs what we’re doing no
 - first formal grant report; upcoming \$15 million to ADAMH boards for quick response teams (QRT); technical assistance; working in collaboration with SBIRT; 9 boards (\$1.6 million) have QRT
- MAT - \$7 million
- Recovery housing (provide technical assistance re: MAT) working with jails/prisons (1:44)
- Rate MAT services with physical health, behavioral health, dental, etc.
- Peer recovery supports – 13 different boards
- Maternal health case management
- Prevention training programs (Botvin Life Skills Program, Pax Good Behavior Game)
- Community level program to develop coalitions, provide trauma services
- Stigma reduction at community level
- Workforce development to train physicians to provide MAT
- Vicarious trauma conference for first responders (e.g. police, fireman)

OhioMHAS Updates - Tracy Plouck, OhioMHAS Director

Planning Council Recommendations to SAMHSA are highlighted

- General Revenue Fund: a little more in this biennium than last; Regional psychiatric hospitals maintained funding; additional Medicaid resource for folks moving back into community
- Increases in Naloxone for first responders - \$750,000/year
- Ohio Department of Health - Project DAWN increased \$1 million
- Recovery housing \$20 million for expansion in capital funds (for building) – 12.8 million requested by boards so far (600 additional beds) already funding approx.1,000 beds)
- Stabilization Centers – 6 million for substance use disorder crisis stabilization centers; 1.5 million for mental health crisis stabilization centers
- ADAMH Board Subsidy - \$75,000/year per county to each local board
- Ongoing suicide prevention work – \$500,000 this year (1 million this year and last million)
- Residential State Supplement – adds \$1 million in each year for a total annual investment of \$16 million; this program provides funding for supports for persons with mental health and co-occurring disabilities
- Be Present Ohio (new suicide prevention program)
- Specialized docket support for courts to provide treatment and recovery supports - \$5 million/year
- MAT Drug Court Program - \$8/year
- Criminal justice and Behavioral Health Linkage grants - \$4 million/year
- New investments: Pilot program – MH courts \$500,000/year

Behavioral Health “BH” Redesign

- Timeline: Rules finalized effective Jan. 1, 2018 and will move to new code and rate structure use
- July 1, 2018 Medicaid managed care takes effect
- Beta Testing (required by law) – starts this fall (120 out of 44 providers currently signed up for Beta testing)
- Health Homes services will continue through June 30, 2018

- Stakeholder Engagement – more than 5,000 individuals involved with training, 38 trainings statewide on BH redesign; also providing webinars; managed care provider forums
- Community Opiate Outreach Meetings - ongoing throughout state
- Prescribers – 7-day prescription limit for adults; 5-day limit for children and teenagers; anticipated to reduce doses prescribed by another 109 million.

21st Century CURES (also known as Opioid State Treatment Response grant)

- Medication Assisted Treatment – Prescription Drug and Opioid Addiction Grant, referred to as “MAT-PDOA” – complements MAT and Recovery supports \$2 million/year for 3 years (Cures Act Tier 1 and 2 boards, MAT-PDOA next level boards)
- Prevention – Youth - \$5 million CURES – PAX Good Behavior Games; HOPES curriculum incorporates prevention messaging into regular lessons; tips for faith leaders to incorporate prevention messaging
- TakeChargeOhio.com – CDC (Center for Disease Control) grant

Planning Council Business:

- Dave Caperton reported that the Rally for Recovery at the statehouse went well – with more than 750 people in attendance
- Donna - OOD –Youth Leadership forum for students with disabilities – one week during the summer
 - Go to OhioYLF.com
- Dustin – OSU Penn State and Michigan State - Sober Tailgates in Larkins Plaza
- Liz reviewed requirements for the Block Grant Implementation Plan report - due Dec. 1st
 - John Heer and Ahmed Hosni have volunteered to join the Block Grant Review committee
- Membership Committee meets 1st Tuesday of month
 - Welcome to new members - have filled all but one seat
 - Karen Dickerson has volunteered to join Membership Committee
- Executive Committee meets last Thursday of the month; this committee includes all elected officers, and the chairpersons of standing committees (Membership and Block Grant)
- Liz reviewed the Community Family Partnership Team (CFPT) form for new members
- Suggestions for future agenda items:
 - Missy Craddock, Governor’s office lead on Medical Marijuana and Prevention Action Alliance
 - Students who are high risk – Educational Success Plans (Mark Smith, presenter)

Meeting adjourned at 2:40pm. Next Planning Council meeting is scheduled for Saturday, December 2, 2017 at OhioMHAS, Room 806.

**Planning Council Minutes
December 2, 2017
OhioMHAS**

Present: Walter Asbury, Stephen Banks, Brittany Cotrell, David Caperton, Lisa Carter, Greg Collier, Craig Comedy, Bob Cross, Karen Dickerson, Starla Doty, Liz Gitter, John Heer, Emilia Jackson, Emily Jordan, Sandra Keyes, Diane Mang, Dustin McKee, Tamisha McKenzie, Jennilee Mohler, Alissa Otani-Cole, Michelle Shock, Nicole Small, Sue Williams (by phone)

Absent: Cheryl Crayden, Lee Donoho, Cynthia Ferran, Ahmed Hosni, Lisa Janacovich, Brian Jones, Jennifer Koontz, Kimberly Meals, Jim Ryan, Donna Thomas

Guests: Danielle Gray (speaker), Evi Roberts (representing Jim Ryan, ADAPO)

OhioMHAS staff: Andrea Boxill (speaker), Sanford Starr

Call to Order, Introductions, Approval of Minutes

David Caperton called the meeting to order at 10:05. Participants introduced themselves. Minutes were approved by voice vote. There was one abstention.

Combating the Opiate Crisis in Ohio - Andrea Boxill, Deputy Director for Governor's Cabinet Opiate Action Team

Andrea highlighted the TakeChargeOhio.Org website, and described this social media campaign. This is an interactive website for the community and professionals. Andrea's presentation covered brain functioning, signs and symptoms, the state response to the crisis, and the need for expanded medication assisted treatment. She will send the PowerPoint used in the presentation to Liz Gitter for dissemination to Planning Council.

Sue Williams reiterated the importance of MAT for pregnant women to avoid acute withdrawal of newborns from opioids.

Ohio Recovery Housing – Danielle Gray, Director

Danielle Gray presented on Ohio Recovery Housing. She covered what the organization does, provided the state definition of Recovery Housing and describe levels of recovery housing. Four housing levels differ with regard to structure and staffing. Danielle also covered quality standards and described gaps in services. Ohio Recovery Housing offers 1) help finding housing, 2) advice for operators and 3) a process to address complaints.

Applicants are offered assessment and quality improvement processes, individual technical assistance and learning opportunities including trainings and workshops.

Scholarships are available to associates to offset membership fees and workshops/trainings. Associates are offered advertising, mentorship and networking, outcomes tools and advocacy services.

Counties are offered no cost general technical assistance, individualized technical assistance on a contract basis, and outcome tools and data.

Lunch break - informal networking

Block Grant Implementation Reports – Liz Gitter, Block Grant Planner/Coordinator

Liz Gitter provided an overview of the Block Grant Reports for MH and SAPT. The report includes data on services, expenditures and outcomes for persons in recovery. OhioMHAS met most of its performance targets for SFY 2017. The report was also reviewed by the Block Grant Committee on behalf of Planning Council. Additionally, the review process was documented in a letter from Dave Caperton, chairperson. Liz thanked the Planning Council for assisting Ohio in meeting this federal grant requirement.

Ellen Augspurger provided an update on the CURES Opioid STR grant. A 6 month progress is being prepared for submission to SAMHSA. It will be posted on the website following submission for all to access. In addition to the approximately 1200 individuals served to date, there is a focus on linkages and system change. Ellen provided examples of linkage and system change. For example, the Warren-Clinton board has a kinship navigation program that has helped to forge partnerships between local systems.

Other updates include training of MAT prescribers and improved linkage to treatment from emergency departments. This is being driven by the use of certified peer supporters. Roughly two thirds of clients remain connected to their peer supporter.

Regarding vicarious trauma, a grant to support community level groups is being affected. This will enable work with coalitions, first responder and others in the community to provide technical assistance and support. Prevention activities are also on-going. Teachers have been trained on the PAX Good Behavior Game, an evidenced-based practice to promote good behavior in the classroom. Site visits have been undertaken. The Visiting Nurses Association in Cleveland is providing home-based services such as ambulatory detox. In terms of the website, maps are being developed to make it easier to see what services are being funded in each county. The telehealth contract has just been awarded.

Sanford Starr updated the Planning Council on MAT-PDOA, further making medication assisted treatment available in counties not funded directly through the CURES State Treatment Response grant.

Membership Committee: Diane Mang updated the Council on membership gaps. The Committee is looking for a person to represent consumer operated services, and would prefer someone from southeast Ohio where the Council is under represented. The lack of response from email has resulted in membership committee deciding to call each of the consumer operated services in the state to market the Planning Council

David Caperton's update included the request to fill the Secretary vacancy on Planning Council. This position would be a member of the Executive Committee. The commitment includes attending all Council meetings, as well as the executive committee monthly phone conferences.

Next Planning Council meeting is January 26 at the State Office Tower (the room is being used at Twin Valley Behavioral Health). The Council requested that Liz Gitter look into alternative meeting location for January.

Member Updates and Announcements:

Emily Johnson updated the Council on Project Aware Ohio and the Project Aware website.

<https://education.ohio.gov/Topics/Other-Resources/School-Safety/Building-Better-Learning-Environments/PBIS-Resources/Project-AWARE-Ohio>

Evi Roberts provided information about Be Present Ohio campaign and the Be Present Ohio website. This campaign empowers young people to step up and help peers with issues like depression, stress, anger, and similar problems. Superintendents of school system are being sought to host events. <http://bepresentohio.org/>

Alissa Otani-Cole stated that OOD and OMHAS are working together to train teams who are providing IPS-SE services to individuals. The training will include Vocational Rehabilitation (VR) Staff, VR Contractors, and Supervisors, as well as providers who have met fidelity to provide IPS-SE Services and who have submitted information to OOD to be a provider of Supported Employment Job Development.

Jennilee Mohler updated on Girl Power and “Sign Up for Know” which can be accessed through the Start Talking website <http://starttalking.ohio.gov/>

Miami County is seeing a surge in methamphetamine.

Walter Asbury updated on new treatment centers opening in central Ohio.

Tamisha McKenzie stated that NAMI of Franklin County is partnering with Concord Counseling to provide respite services for family members starting in January.

<http://www.namifranklincounty.org/programs.html>