



COVID-19 Behavioral Health Resources for the Public

Mike DeWine, Governor
Lori Criss, Director

If a person calls **threatening to hurt themselves or others** or is **having another mental health emergency**:

- Direct the person to CALL 911 or TEXT Crisis text line to communicate with a mental health professional: "4hope" to 741 741. (See Appendix A for local community crisis lines.)

If a person calls because **they are experiencing increased anxiety or depression related to the coronavirus pandemic**:

- Direct the person to CALL the Disaster Helpline: 1-800-985-5990 or VISIT: mha.ohio.gov/coronavirus. (See Appendix B for local ADAMH Board contact information.)

If a person calls because **they recognize they are experiencing symptoms of mental illness and/or substance use disorder**:

- Direct the person to VISIT the Federal Behavioral Health Treatment Finder site to locate a qualified treatment provider in their area: <https://findtreatment.gov/> or CALL the OhioMHAS helpline at 1-877-275-6364. (See Appendix B for local ADAMH Board contact information.)

If a person calls because **they are having problems getting Medication Assisted Treatment (MAT)** (e.g. methadone, suboxone, vivitrol):

- Direct the person to VISIT the Federal Behavioral Health Treatment Finder site to locate a qualified treatment provider in their area: <https://findtreatment.gov/> or CALL the OhioMHAS helpline at 1-877-275-6364. (See Appendix B for local ADAMH Board contact information.)

If a person calls with **issues involving a possible violation of client rights** by a behavioral health provider:

- Direct that person to CALL the OhioMHAS helpline at 1-877-275-6364 or EMAIL OhioMHAS at askODMH@mh.ohio.gov or Covid19BH@mha.ohio.gov.







