



Learn about Telehealth

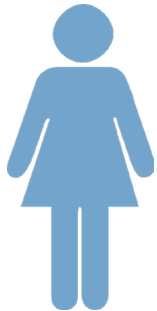
Mike DeWine, Governor
Lori Criss, Director

Telehealth means using phones or video chats by computer to provide health care and health-related education. You see your care provider using a computer or phone instead of in-person. Here is more to know about telehealth:



1. Find internet access at a secure spot. If you need access to the internet, try a library. All Ohio public libraries have Wi-Fi that can be accessed from the parking lot.

2. The software that providers use is secure. Ask your provider to explain the security measures that they use.



3. You will talk to a real person. Licensed practitioners can treat you via telephone or video chat. You will not be talking to an automated system or a call center.

4. Telehealth services are often covered by your health insurance. Check with your insurance plan to learn about your coverage.



5. Practice with your current mental health or substance use disorder provider. If you would like to use telehealth, but feel unsure, ask your provider to practice with you at an appointment.

6. It's easy to keep telehealth appointments! You don't need to leave the house to meet with your provider.

