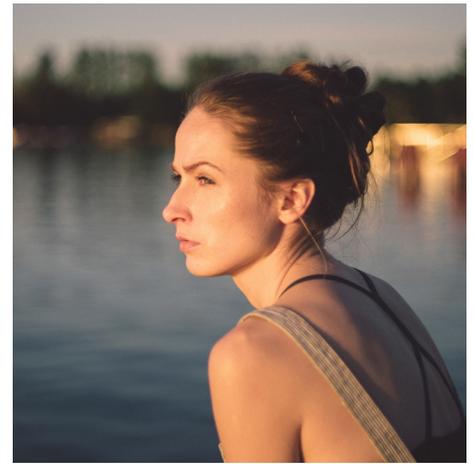




SUICIDE PREVENTION

for Behavioral Healthcare Providers

The Ohio Department of Mental Health and Addiction Services, along with you, your partners and caring citizens throughout the State share in the goal of reducing suicide in Ohio.



SUICIDE IS CLOSELY LINKED TO MENTAL HEALTH AND SUBSTANCE USE DISORDERS. **WHAT CAN YOU DO?**

KNOW THE SIGNS of emotional distress & suicide

- Personality changes
 - Uncharacteristically angry, anxious, agitated, or moody
 - Withdrawal or increased isolation
 - Poor self-care and/or engaging in risky behavior
 - Hopeless or overwhelmed by their situation

SUPPORT

- ▶ **National Suicide Prevention Lifeline**
1-800-273-8255
- ▶ **Crisis Text Line**
text 4hope to 741 741

TAKE ACTION

- ▶ **Establish** protocols for screening, assessment, intervention, and referral
- ▶ **Train** staff in suicide care practices & protocols
- ▶ **Connect** with primary health care providers

RESOURCES

INFORMATION, TOOLS & TRAINING for Behavioral Healthcare Providers

- ▶ **Suicide Prevention Resource Center**
sprc.org/settings/behavioral-health-care
- ▶ **Ohio Suicide Prevention Foundation**
ohiospf.org/
- ▶ **Zero Suicide in Health & Behavioral Healthcare**
zerosuicide.sprc.org/
- ▶ **Assessing and Managing Suicide Risk**
sprc.org/training-events/amsr
- ▶ **Collaborative Assessment & Management of Suicidality**
cams-care.com/
- ▶ **Dr. Hurst's Firearms and Mental Illness Memo**
mha.ohio.gov/Portals/0/assets/Prevention/Suicide/Firearms-and-Mental-Illness-Memo-2018.pdf
- ▶ **Ohio Department of Mental Health & Addiction Services**
mha.ohio.gov/suicideprevention



FOR A LIFE-THREATENING EMERGENCY, CALL 911