MENTAL HEALTH & ADDICTION SERVICES

Ohio

Suicide Prevention

Promoting Wellness and Recovery

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Framework for Comprehensive Suicide Prevention

1. Screening and Assessment
    a. PHQ-9 (Screening Tool)
    b. PHQ-2 (Screening Tool)
    c. Ask Suicide-Screening Questions ASQ (Screening Tool)
    d. Columbia Suicide Severity Rating Scales (Assessment Tools)

2. Clinical Best Practices and Effective Approaches
    a. Zero Suicide Implementation
    b. Cognitive Behavior Therapy for Suicidality (CBT) or CBT-S
    c. Dialectical Behavior Therapy (DBT)
    d. Collaborative Assessment and Management of Suicidality (CAMS)
    e. Assessing and Managing of Suicide Risk (AMSR)
    f. Care Coordination
    g. Caring Contacts
    h. Kognito Training
    i. Signs of Suicide (SOS) Middle School and High School Prevention
        Programs
    j. Counseling on Access to Lethal Means
    k. Safety Plan Development (Stanley and Brown)

3. Substance Abuse and Suicide
    a. Cross walk of Suicide Prevention and Suicide
    b. SPRC Substance Abuse and Suicide Prevention Collaboration
        Continuum
    c. SAMHSA TIP 50: Addressing Suicidal Thoughts and Behaviors in Substance
        Abuse Treatment

4. Comprehensive and Responsive Crisis Services
    a. Encourage affiliation with the National Suicide Prevention Hotline (NSPL)
    b. Crisis Text Line and Crisis hotline numbers

5. Gatekeeper Training
    a. Mental Health First Aid
    b. Question, Persuade, Refer (QPR)
    c. Applied Suicide Intervention Skills Training (ASIST)

6. Post-Vention
    a. Local Outreach to Suicide Survivor (LOSS) Teams
    b. Survivors of Suicide Support Groups
    c. Responsible Reporting by Media