

**The ARMIDILO-S and Team  
Considerations for Reviewing Risk  
and Managing Risk Factors**

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**Jeff Marinko-Shrivers, PhD  
Psychology Supervisor  
Franklin County Board of  
Developmental Disabilities**

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**Risk and Risk Management**

- There are major factors related to risk that are studied and quantified for various measures of risk and for risk management tools.

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**Major Risk & Needs Factors  
“The Central Eight”**

1. Hx of Antisocial Behavior
2. Antisocial Personality Pattern
3. Antisocial Cognition
4. Antisocial Associates
5. Family / Marital Issues
6. School / Work
7. Leisure / Recreation
8. Substance Abuse

Source: Andrews & Bonita (2010) Psychology of Criminal Conduct, 5<sup>th</sup> Ed.

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### The Central Eight extended to IDD

- History of Antisocial Behavior --- Having a Hx of Delinquency
- Antisocial Personality Pattern – Committing Violent Offenses
- Antisocial Cognitions – Antisocial Attitude
- Antisocial Associates – Being susceptible to the influence of others
- Family / Marital Issues - Social Skills Deficits / Few Natural Supports
- School / Work Issues -- Academic difficulties; high rate unemployment
- Leisure / Rec -- Social Skills deficits; impulsivity regarding sexually acting out
- Substance Abuse – Substance Abuse or dependence

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### Additional Special Issues to People with IDD

- Psychiatric Illness
- Poor response to treatment efforts
- High Static Risk Factors

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### Need for Tools to Identify Risk and Manage Risk

- Sexual Re-offense in IDD is difficult to quantify. Rates vary in literature. Some studies = high rate of 25-30% but are limited by broad definitions of recidivism to include any violent act.
- Recidivism for sexual re-offense appear low (4-9%) in non-US samples. No one wants to see a re-offense.

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### Why ARMIDILO-S?

- **A**ssessment of **R**isk and **M**anageability of **I**ndividuals with **D**evelopmental and **I**ntellectual **L**imitations who **O**ffend - **S**exually
- Designed for people with ID.
- Provides a Structured Professional Judgement Framework
- Assesses the impact (positive or negative) of the person's team
- Useful for Supervision Planning
- Assumes a well-informed, well-functioning team can reduce risk.

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### It is a Focus on Team Work

- One of the most important aspects of treatment for the person with IDD is the Team
- Good Communication among team members is essential
- Everyone needs to be informed and clear on their role
- If there are restrictions in place through the courts, assist the person in adhering to those requirements
- Make sure probation conditions are in ISP
- Help person in therapy get their homework done
- Assist the person in modifying a daily schedule so as to avoid risk environments

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### Stable Items

- Supervision compliance
- Treatment compliance
- Sexual deviance
- Sexual preoccupations
- Emotional coping
- Relationships
- Impulsivity
- Substance abuse
- Mental health

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### Acute Items

- Individual's compliance with supervision or treatment
- Sexual preoccupation
- Victim-related behaviors
- Emotional coping
- The use of coping strategies

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### Stable Environmental Factors

- Staff's attitude towards the individual
- Communication among support persons
- Specific knowledge by the support person
- Consistency of supervision

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### Acute Environmental Factors

- Changes in monitoring
- Changes in social relationships
- Situational changes
- Changes in victim access

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Let's Look at the Scoring Template  
and Scoring Manual

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