

# Emergency and Disaster Plan

## Emergency Call 911

### Facility Staff Contact Information

Facility Name: \_\_\_\_\_ House Phone: \_\_\_\_\_  
 Operator Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Staff Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Staff Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 First Aid Kit is located : \_\_\_\_\_

Fire: \_\_\_\_\_  
 Police: \_\_\_\_\_  
 EMS: \_\_\_\_\_  
 Poison Control: \_\_\_\_\_  
 Behavioral Health Crisis Line: \_\_\_\_\_

### Fire

In the event of a fire, remember that every second counts, residents and staff must always be prepared. Escape plans help you get out of the home quickly.

**When the smoke detector or fire alarm sounds, or you become aware of a fire, leave the home immedi-ately.** If the alarm has not already sounded, shout "FIRE" so that all residents are aware of the fire.

**Call 911 once you are safely outside of the facility.**

Staff onsite will leave the home using the designated escape routes while assisting all residents to safety. Leave the building using the designated escape routes on the evacuation plans that are posted in the facility.

If you can't get to someone needing assistance, leave the home and call 911 or the fire department. Tell the emergency operator where the person is located.

Go to the designated meeting area outside the home; the area is:

\_\_\_\_\_

Staff onsite will perform a headcount to ensure all residents have exited the home, residents can assist as appropriate.

Listen to authorities for information and instructions. Remain outside until the fire department or staff announces that it is safe to reenter the facility.

### Tornado

#### IF YOU ARE UNDER A TORNADO WARNING, FIND SAFE SHELTER RIGHT AWAY

Tornadoes can destroy buildings, flip cars, and create deadly flying debris. Tornadoes are violently rotating columns of air that extend from a thunderstorm to the ground.

Know the signs of a tornado, including a rotating, funnel-shaped cloud, an approaching cloud of debris, or a loud roar – similar to a freight train.

Sign up for your community's warning system, the Emergency Alert System. If your community has sirens, become familiar with the warning sound.

Go to a safe room, basement, or storm cellar. If you are in a building with no basement, then get to a small interior room on the low-est level. Stay away from windows, doors, and outside walls.

Go to the designated area inside the home; the area is:

\_\_\_\_\_

Keep listening to Emergency Alert System, NOAA Weather Radio, and local authorities for updated information. Listen to authorities for information and instructions. Leave the tornado shelter room or area only when authorities say it is safe.

### Floods

#### IF YOU ARE UNDER A FLOOD WARNING, FIND SAFE SHELTER RIGHT AWAY

Gather supplies in case you have to leave immediately, or if services are cut off. Keep in mind each person's specific needs, including medication. Obtain extra batteries and charging devices for phones and other critical equipment.

Do not walk, swim, or drive through flood waters. **Turn Around, Don't Drown!** Just six inches of moving water can knock you down, and one foot of moving water can sweep your vehicle away.

Depending on where you are, and the impact and the warning time of flooding, go to the safe location that you previously identified. Evacuate if told to do so and/or move to higher ground as instructed. If trapped in a building, then go to its highest level. Do not climb into a closed attic. You may become trapped by rising floodwater. Go on the roof only if necessary. Once there, signal for help.

Go to the designated flood area of the home; the area is:

\_\_\_\_\_

Keep listening to Emergency Alert System, NOAA Weather Radio, and local authorities for updated information. Listen to authorities for information and instructions. Return home only when authorities say it is safe.

### Winter Storm Warning

#### IF YOU ARE UNDER A WINTER STORM WARNING, FIND SHELTER RIGHT AWAY

Gather food, water and supplies in case you need to stay home for several days without power. Keep in mind each person's specific needs, including medication. Have extra batteries for radios and flashlights.

Prepare your home to keep out the cold with insulation, caulking, and weather stripping. Learn how to keep pipes from freezing.

Limit your time outside. If you need to go outside, then wear layers of warm clothing. Watch for signs of frostbite and hypothermia.

Keep listening to Emergency Alert System, NOAA Weather Radio, and local authorities for updated information. Listen to authorities for information and instructions

### Earthquake

**Prepare:** Secure items, such as televisions, and objects that hang on walls. Store heavy and breakable objects on low shelves.

If in bed, stay there. If outdoors, stay outdoors. Do not get in a doorway. Do not run outside.

**Practice "Drop, Cover, and Hold On "** with staff and residents. Drop to your hands and knees. Cover your head and neck with your arms. Crawl only as far as needed to reach cover from falling materials. Hold on to any sturdy furniture until the shaking stops.

Keep listening to Emergency Alert System, NOAA Weather Radio, and local authorities for updated information. Listen to authorities for information and instructions.

### Nuclear Power Plant Emergency

If an accident at a nuclear power plant were to release radiation in your area, local authorities would activate warning sirens or another approved alert method. They also would instruct you through the Emergency Alert System on local television and radio stations how to protect yourself.

Minimize your exposure by increasing the distance between you and the source of the radiation. If you are told to evacuate, keep car win-dows and vents closed; use re-circulating air. If you are advised to remain indoors, turn off the air conditioner, ventilation fans, furnace and other air intakes.

Public shelters are locally managed and

operated in response to events. If you have been told to evacuate or you feel it is unsafe to remain in your home, go to a designated public shelter. To find the nearest open shelter in your ar-ear, text SHELTER + your ZIP code to 43362 (4FEMA), example: shelter 12345.