



Promoting Wellness and Recovery

John R. Kasich, *Governor*
Tracy J. Plouck, *Director*

Private Psychiatric Inpatient Provider Conference

October 20, 2017

Tracy J. Plouck, Director

In Our Office...

wellness.



find it here.™

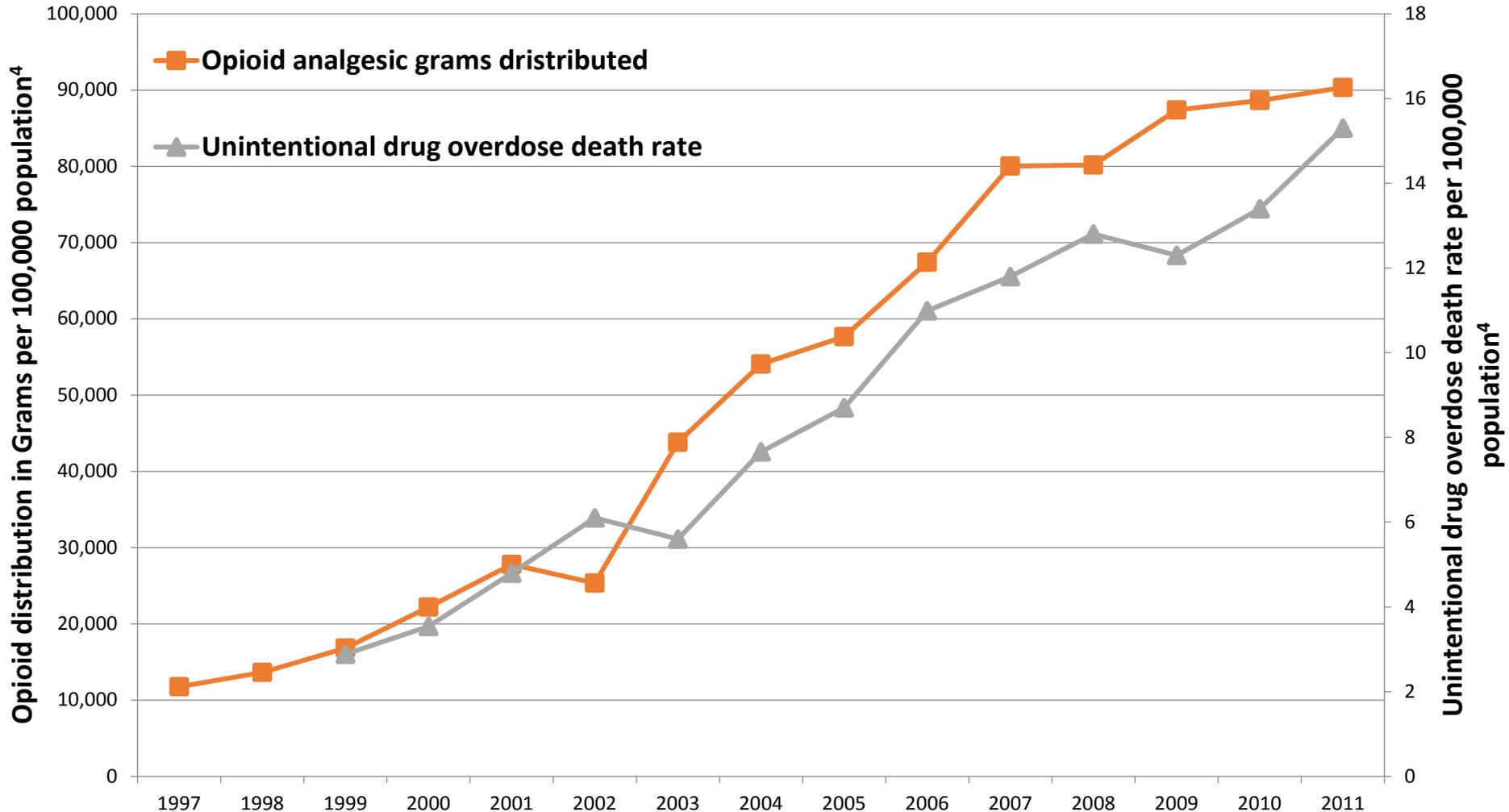
mha.ohio.gov

How Did We Get Here?

- Significant increase in prescription drug availability over a period of years
- Increased availability of cheap illicit drugs
- For some individuals:
 - Hopelessness
 - Trauma
 - Social isolation



Unintentional Drug Overdoses & Distribution Rates of Prescription Opioids in Grams per 100,000 population, Ohio, 1997-2011¹⁻³



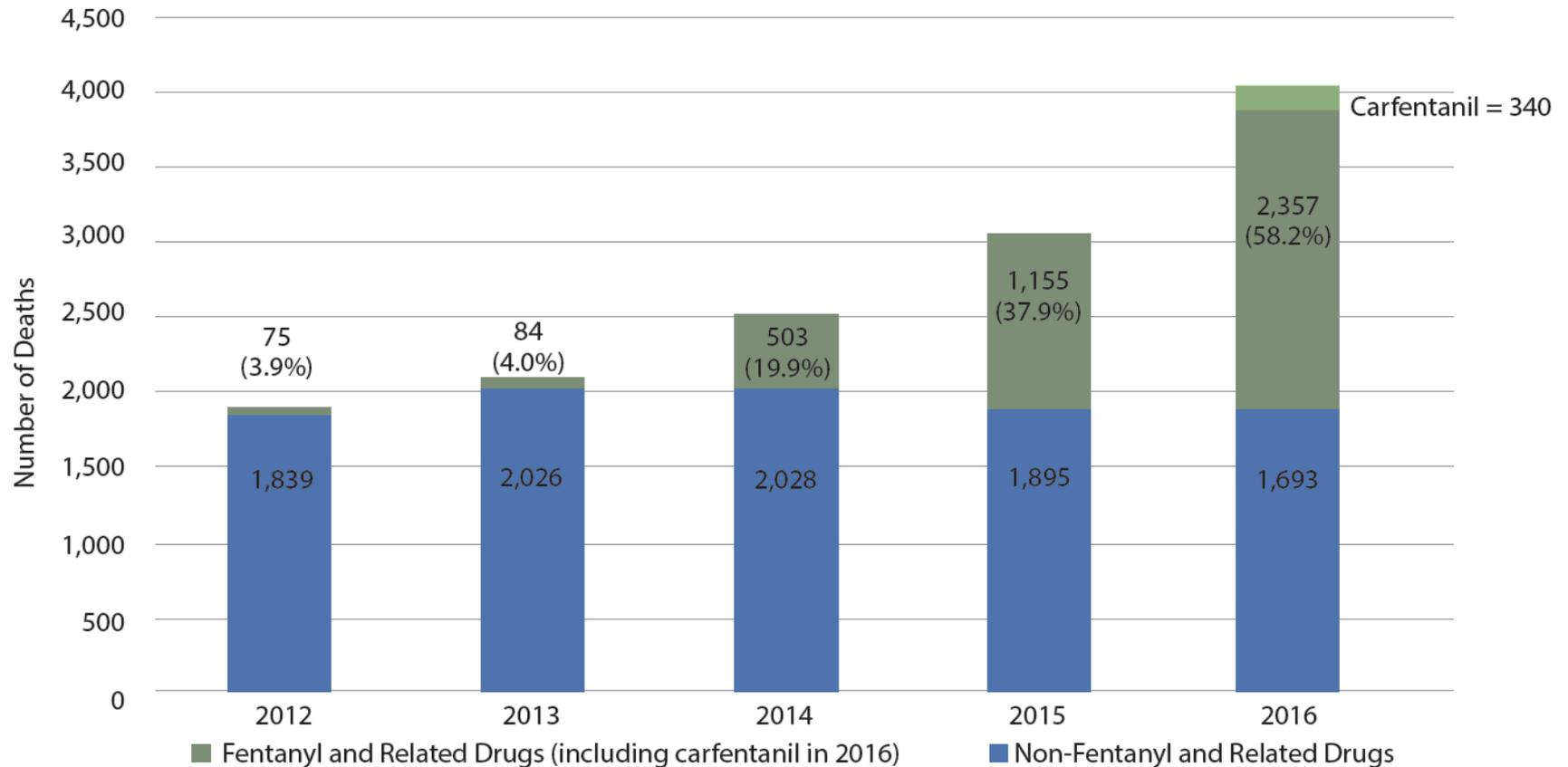
Sources: 1. Ohio Vital Statistics; 2. DEA, ARCOS Reports, Retail Drug Summary Reports by State, Cumulative Distribution Reports (Report 4) Ohio, 1997-2011 http://www.deadiversion.usdoj.gov/arcos/retail_drug_summary/index.html; 3. Calculation of oral morphine

Ohio's Overdose Deaths

Year	All Unintentional OD Deaths	% Opioid Related*
2011	1,772	65.6%
2012	1,914	66.4%
2013	2,110	72.9%
2014	2,531	79.8%
2015	3,050	84.9%
2016	4,050	86.3%

Overdose Deaths

Figure 1. Number of Fentanyl and Related Drug Deaths and Percentage of Unintentional Overdose Deaths, by Year, Ohio, 2012-2016



Source: Ohio Department of Health, Bureau of Vital Statistics; analysis conducted by ODH Violence and Injury Prevention Program. Includes Ohio residents who died due to unintentional drug poisoning (underlying cause of death ICD-10 codes X40-X44).

Comprehensive Response

- Prevention
 - Prescribers
 - Youth & Community
- Early Intervention
- Treatment
- Recovery Supports
- Life Saving Measures
- Interdiction

FY16 Statewide Assistance to Support Fighting Drug Abuse and Addiction

Health Care for Ohioans with Drug Addiction/Behavioral Health Issues	\$ 650,200,000.
Department of Mental Health and Addiction Services	\$ 88,768,265.
Programs in Ohio's Prisons	\$ 31,411,160.
Department of Public Safety	\$ 11,069,452.
Medical Board	\$ 5,257,526.
Pharmacy Board	\$ 4,232,963.
Bureau of Workers' Compensation	\$ 2,900,000.
Department of Youth Services	\$ 2,827,469.
Department of Health	\$ 262,025.
Department of Job and Family Services	\$ 138,238,777.
Adjutant General	\$ 4,068,190.
GRAND TOTAL	\$ 939,235,827.*

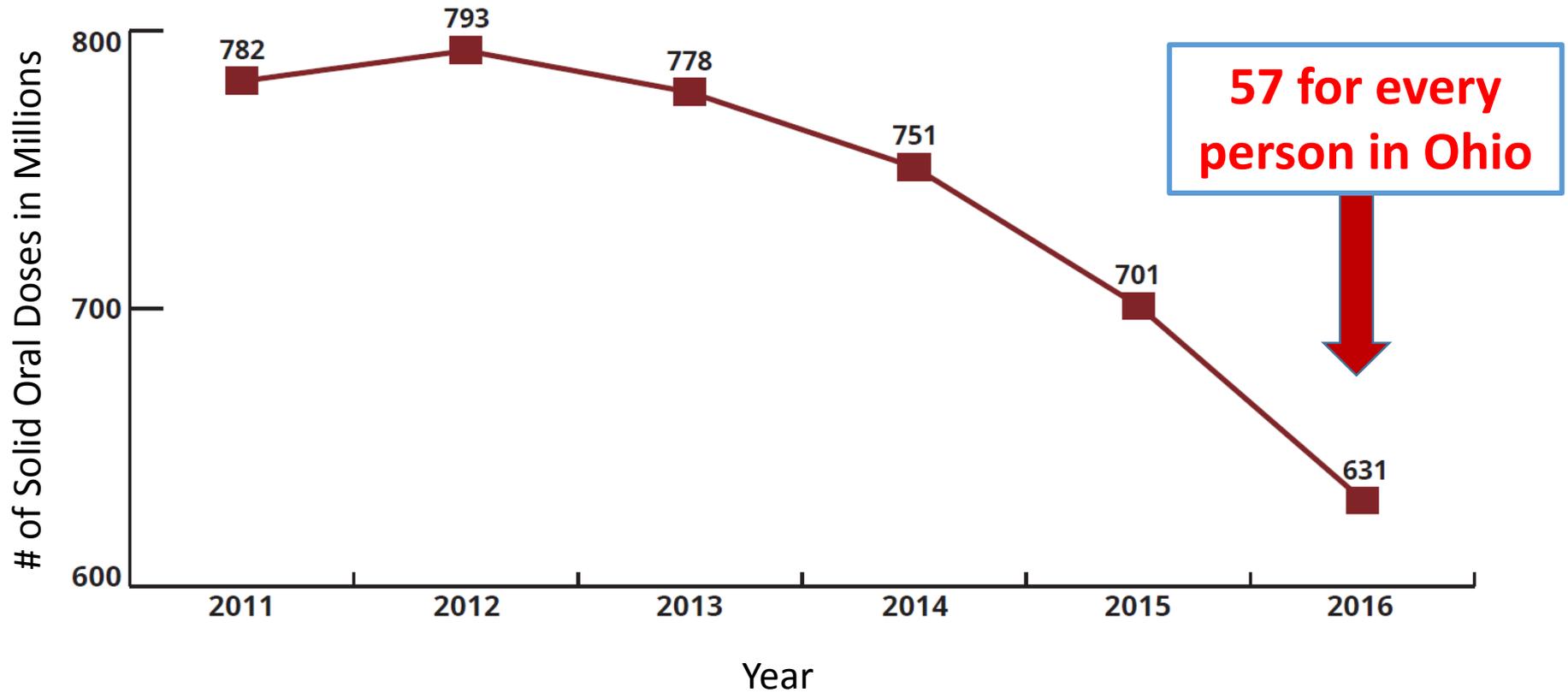
*Does not include Ohio Highway Patrol, Attorney General and Ohio Supreme Court funding

Prevention - Prescribers

Ohio's voluntary opiate prescribing guidelines:

- Emergency departments
 - Acute care
 - Chronic care
-
- Total number of opiate doses dispensed to Ohio patients decreased by 20.4% between 2012 and 2016 (decrease of 162 million doses)
 - Doctor shopping: Number of individuals who saw multiple prescribers to obtain controlled substances illegally between 2012 and 2016 decreased by 78.2%

Opioid Solid Doses Dispensed to Ohio Patients, by Year



Prescribers

- New prescribing rules for acute care became effective August 31, 2017
- 7 days prescription for adults, 5 days for children and teenagers
 - Ability for prescribers to exceed limits in certain situations
 - Regulatory boards will monitor & enforce
- Anticipated to reduce doses prescribed to Ohioans by another 109 million

- Ohio's prescription drug monitoring program (OARRS) is now a required reference:
 - The number of queries OARRS has received has increased by more than 1,250 percent from 2011-2016.
 - The American Medical Association has listed Ohio as the top state when it comes to monitoring prescription drugs. Ohio processed more than 24 million queries from doctors and other health professionals last year through OARRS.
- Kasich Administration purchased a voluntary interface between OARRS, pharmacies and prescribers' electronic medical records

- Yesterday the State of Ohio Board of Pharmacy announced the NarxCare platform upgrade, which will give users the ability to:
 - Calculate whether potential patients are at risk of overdose or addiction;
 - Receive red flags to alert of potential patient safety issues;
 - Interact with prescription data through visualization;
 - Communicate with other healthcare providers; and
 - Search for addiction treatment providers in their areas.
- Usage of NarxCare comes at no cost to all Ohio healthcare providers accessing OARRS via electronic health records or through the OARRS website.

Prevention is Imperative!

- Start Talking!
- Community coalitions
- Youth-led network



Start Talking!

- Governor Kasich's signature program to educate parents & students of risks related to prescription drugs
 - Know! email tips
 - Five minutes for life
 - Community meetings
- Over 100,000 students
- Over 60,000 parents



Prevention - Youth

Start Talking!

Building a Drug-Free Future



<http://www.starttalking.ohio.gov/>

Prevention - Youth

- Self-regulation in the classroom: PAX Good Behavior Game regional training available for teachers this year
- Free HOPES curriculum available for teachers to incorporate prevention messaging into their regular lessons
- Free tips on how faith leaders can meld prevention messaging into their sermons
- Support for local prevention coalitions & youth led organizations

TakeChargeOhio.com

For patients & the general public:

TakeChargeOhio
Manage Pain.
Prevent Medication Abuse.

More Pain Pills Means More Risk.

Keep Yourself & Others Safe:

- Ask your doctor about alternatives to pain medication, such as physical therapy and non-opioid treatments.
- If prescribed pain meds, ask about how to safely store and dispose of medication to eliminate the risk of others taking your excess pills.

Learn more how to create a safe home environment at TakeChargeOhio.com

Ohio
Department of Health

For prescribers:

TakeChargeOhio
Manage Pain.
Prevent Medication Abuse.

How can I make a difference?

Before prescribing medication, discuss other ways to manage pain with your patient:

- Healthy Alternatives to Pain Management
- Patient Education on the Dangers of Addiction
- A Safe Pain Management Plan

It's time to take charge, Ohio.
Educate patients on medication safety at TakeChargeOhio.com

Ohio
Department of Health

Early Intervention



- Screening, Brief Intervention & Referral to Treatment
- Medicaid (and some other payers) reimburse doctors to spend more time with a person who may be at risk for substance use disorder
- 68,000 screenings conducted

Treatment

- Stabilization & withdrawal management
- Effective psychosocial treatment
- Pharmacological treatments (all forms of Medication Assisted Treatment)
- Drug testing
- Physical health care

Medicaid in Ohio



Recovery Supports

- 1,000+ units of recovery housing
- 1,800 peers have been trained to become peer supporters



SFY 2018 Community Innovations Criminal Justice Linkages Grant Recipients



Community Transition Program

- An estimated 80 percent of offenders have documented histories of substance use disorders
- OhioMHAS contracted with CareSource in FY 2017 to expand community capacity to facilitate treatment and recovery services for individuals with substance use disorders who are reentering the community from a DRC facility
- CTP providers reimbursement for treatment services if the individual does not have Medicaid

21st Century Cures Act

- Medication assisted treatment
 - Workforce development
 - Immediate access
- Primary prevention
- Screening, Brief Intervention, and Referral to Treatment (SBIRT)
- Recovery supports, including peer
- Addressing secondary trauma amongst first responders

MAT-PDOA

- A Targeted Capacity Expansion grant from SAMHSA
- Medication-Assisted Treatment – Prescription Drug and Opioid Addiction
- Ohio was awarded \$2M/year for three years
- Working with selected counties to expand or enhance access to MAT services, peer and other recovery supports for people with an opioid use disorder to decrease use and risk of overdose

Life Saving Measures

- Has been used safely by emergency medical professionals for more than 40 years and has only one critical function: to reverse the effects of opioids in order to prevent overdose death
- No potential for abuse
- Available over the counter at 77% of Ohio pharmacies (List of pharmacies can be found here: <http://pharmacy.ohio.gov/Licensing/NaloxonePharmacy.aspx>)
- State support for county health departments to purchase for first responders



Project Deaths Avoided with Naloxone (DAWN)

Project DAWN is a community-based overdose education and naloxone distribution program

Project DAWN participants receive training on:

- Recognizing the signs and symptoms of overdose
- Distinguishing between different types of overdose
- Performing rescue breathing
- Calling emergency medical services
- Administering intranasal naloxone



Trauma Informed Care

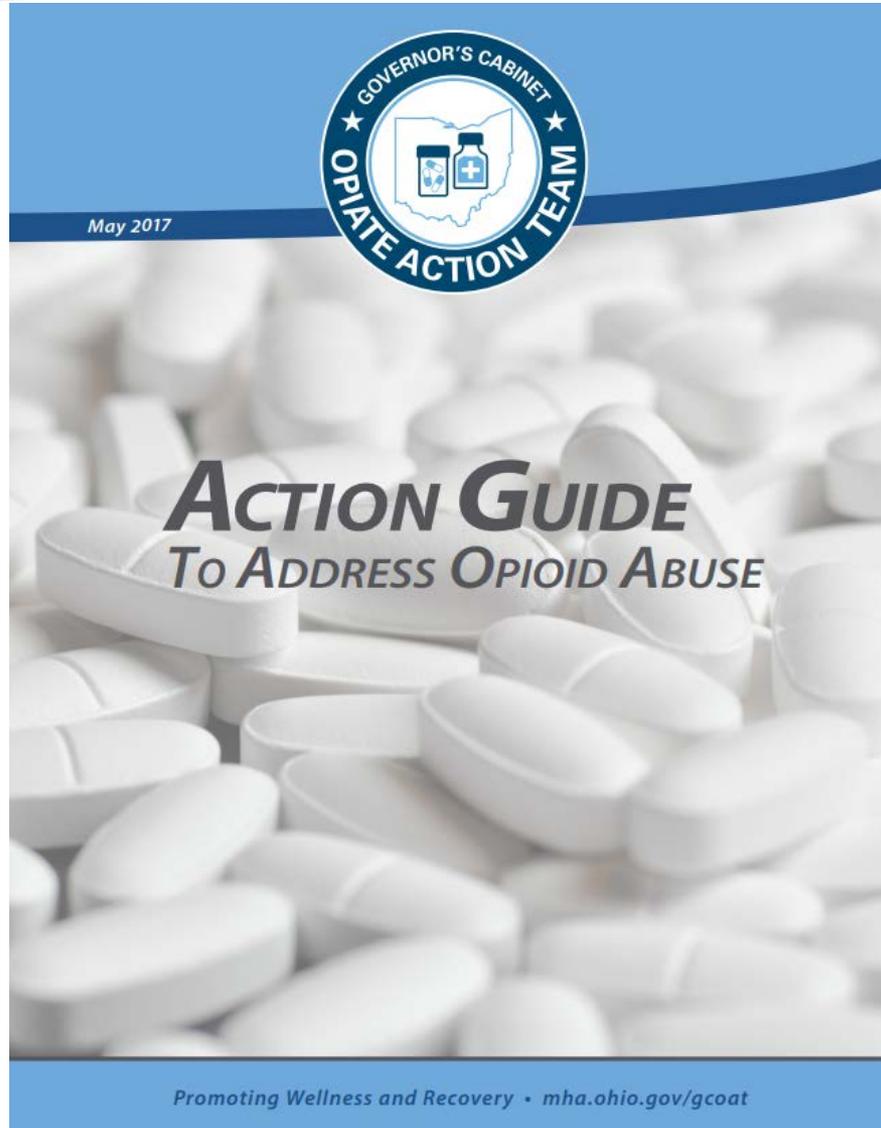
- To date, more than 8,000 Ohioans have been trained
- Ohio Peace Officers Training Academy includes trauma in its curriculum beginning this month, which will reach 30,000+!
- This training investment is being put to use regularly throughout our state
- Emerging area of focus: vicarious trauma related to opiate epidemic

What can we do?

- Talk to children about drugs
- Help children build resiliency
- Clean out your medicine cabinet
- Delay/eliminate exposure to any drug of abuse (Tobacco, alcohol, marijuana, opiates)
- Work with your doctor on effective and low-risk pain management
- Be part of a comprehensive community response
 - What does each of us have to offer?
- Understand that addiction is a chronic, relapsing disease, & relapse is part of the illness – not a failure

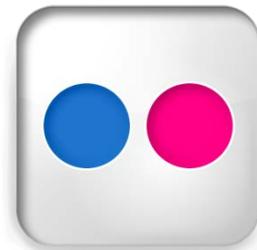
FIGHT STIGMA!

More information



More information

Find us on:



<http://www.mha.ohio.gov/>

Join our OhioMHAS e-news listserv for all of the latest updates!