



***Creating Environments of Resiliency and Hope in Ohio
Trauma-Informed Care (TIC) Statewide Initiative***

Infiltration of TIC in Regional Psychiatric Hospitals (RPHs)

Goal:

RPH infrastructure will support cultural and environmental changes that support effective care and excellent outcomes. RPHs will be recovery-oriented; trauma-informed; culturally and linguistically competent; and address health and wellness.

Progress to date:

- June 2013: Initial training of MHAS Central Office and Regional Psychiatric Hospital (RPH) leadership in TIC
- On-site training of clinical and support staff at all RPHs 2013-2014
- Continued consultation from the National Center for Trauma-Informed Care (NCTIC) on next steps in Hospital Services
- Rewrite of Orientation and Continuous Ed Curriculums through a “trauma-response” lens
- Community Support Network on-site staff training on *Trauma Informed System of Care: Changing Our Perspective*
- Nursing Leadership Forum – moving from “as is” to “TIC desired state”
- Activities occurring in RPHs
 - Quarterly TIC Newsletters;
 - Care Committee Food Trucks;
 - Recovery Cafés;
 - Value based interview questions;
 - SAFTI - SAFTI initiative – Staff Assistance From Trauma Incident;
 - Staff Reflection Rooms;
 - Participation in Local County TIC Collaborative;
 - Patient Empowerment meetings; incentive programs; employee de-stress methods; vocational training;
 - Unit based TIC training;
 - Trauma-informed approach training upon hire; Empowerment Council; Regional TIC Conference “Looking Through the Trauma Informed Lens;” and, Revamping policies to reflect trauma perspective

Infiltration of TIC in Department of Developmental Disabilities and (DODD) Developmental Centers (DCs)

Goal:

DCs become trauma aware, knowledgeable and responsive to the impact and consequences of traumatic experiences for residents, families and their communities.

Progress to date:

- Initial training of all Developmental Centers completed in FY 2015
- Plans for subsequent visits and consultation from NCTIC

- Consultation on the impact of secondary/ vicarious trauma on staff at Montgomery and Youngstown Developmental Centers scheduled to close in 2017
- Five part TIC webinar training series: impact of trauma, how to respond to it, how to support a person as they recover, and how to become an agency that specializes in applying TIC practices; over 2,200 participants over the webinar series; Available at:
 - <http://dodd.ohio.gov/Training/Pages/Webinar-Catalog.aspx>
- Theory-to-Practice: advanced training in TIC practices for 100 persons
- Person Centered Planning
 - How a person wants to live his or her life
 - What is required to make that possible
 - A snapshot of how someone wants to live today, giving direction for how to support them tomorrow
 - Organizing and communicating what is important to and important for a person
 - Making sure the person is heard, regardless of disability
- DODD – “Developing Capacity through Trauma-Informed Care” HCBS residential provider agencies who have adopted and implemented a trauma-informed approach and are willing, able and committed to serving people with complex support needs using this approach
 - Community Supports, Inc. (CSI)
 - CRSI
 - Wood Lane
 - Buckeye Community Supports
 - Rosemary Center
- Addition of *Introduction to Trauma-Informed Care* module to the required Direct Support Provider Training
 - The training is an on-line course which can be accessed at DODD MyLearning <https://mylearning.dodd.ohio.gov>

Infiltration of TIC in Ohio communities

Goal:

Expand opportunities for Ohioans to receive trauma-informed interventions by enhancing efforts for practitioners, facilities and agencies to become competent in trauma informed practices.

Progress to date:

- Train-the-trainer model – 170 trainers available throughout the state; as of May, 2017 over 10,500 have been trained in trauma-informed approaches at over 268 trainings
- Content focused on system infrastructure and infiltration
 - Understanding trauma
 - Trauma-informed approaches
 - Principles of trauma-informed approaches
 - Guidance and implementation
 - Healing and recovery
- Repository of expertise, knowledge, and shared resources to assist in dissemination of information and support the implementation of TIC throughout the state, assuring that TI learning opportunities are available everywhere
 - <http://mha.ohio.gov/traumacare>
 - <http://dodd.ohio.gov/Initiatives-and-Partnerships/Pages/default.aspx>
- Train-the-Trainer; *Trauma-Informed Approaches: Key Assumptions and Principles*

- Update of 2015 trainer pool and curriculum
- 128 new trainers as of September 2017

TIC Communication Plan/MHAS/DODD organizational and administrative commitment to TIC

Goal:

Develop an educational and communication campaign on trauma and its association to health that encourages the adoption of trauma-informed practices among facilities, agencies and practitioners to support both their customers and their workforce in achieving better health. Commit to agencies and organizations becoming trauma-informed.

Progress to date:

- MHAS website developed as a “clearinghouse” for information related to TIC distributing up-to-date information about TIC to the field, including materials for clinicians and health professionals, those who may have experienced trauma and other interested individuals
- <http://mha.ohio.gov/traumacare>
- TIC Principles of Care posters developed in collaboration with NCTIC and SAMHSA
- Center for Evidenced-Based Practice, Case Western Reserve University educational materials
- Development, production and posting of TIC videos available at:
 - *Perspectives on Trauma and Hope for Healing* – impact of past trauma on recovery housing residents
 - <http://mha.ohio.gov/Default.aspx?tabid=842>
 - *Perspectives on Trauma and Hope for Healing* - trauma and its implications for children and adults
 - <http://mha.ohio.gov/Default.aspx?tabid=842>
 - *Perspectives on Trauma and Hope for Healing* – trauma and the process of recovery
 - <http://mha.ohio.gov/Default.aspx?tabid=842>
 - *The Neurobiology of Trauma* - Dr. Brian Sims, NASMHPD, Medical Director
 - <http://mha.ohio.gov/Default.aspx?tabid=104>
 - *Persons With Lived Experience Panel*
 - <http://mha.ohio.gov/Default.aspx?tabid=104>
 - *Perspectives on Trauma and Hope for Healing* - Athens County Deputy Sheriff talks about the impact of past trauma on individuals he encounters
 - <http://mha.ohio.gov/Default.aspx?tabid=878>
 - *Perspectives on Trauma and Hope for Healing* - Director of Early Childhood programs talks about trauma and its implications for children and adults.\
 - <http://mha.ohio.gov/Default.aspx?tabid=878>
 - *Perspectives on Trauma and Hope for Healing* – persons with lived experience share their story and healing journeys
 - <http://mha.ohio.gov/Default.aspx?tabid=878>
 - *Perspectives on Trauma and Hope for Healing* - persons with lived experience share their story and healing journeys
 - <http://mha.ohio.gov/Default.aspx?tabid=878>
 - *Compassion fatigue* – helping the helpers build resilience while supporting others
 - *The Role of Trauma-Informed Care in Incident Investigations and Planning*

Fourth Annual Trauma-Informed Summit

Goal:

Identify promising practices and share feedback and continuous learning and form the basis for more advanced work in developing trauma-informed environments and practices.

Progress to date:

- *Creating Environments of Resiliency and Hope in Ohio*
- May 1, 2017 – *Trauma-Competent Care*
- May 2, 2017 – *Helping the Helpers; Workforce Resilience*
- Attendance: 500+ both days
 - Hyatt Regency Columbus
- Save-the-Date – Fifth Annual Trauma-Informed Care Summit
 - May 18 and 19, 2017
 - Marriott Columbus University Area

Alternatives to Seclusion and Restraint (S/R) Initiative

Goal:

Initiate a statewide quality/performance improvement and trauma-informed strategy in responding to, reducing and eliminating the use of seclusion and restraint incidents in children's residential facilities.

Progress to date:

- 2015 - Alternatives to Seclusion and Restraint Forum
- 123 participants: ODJFS children's residential and/or OhioMHAS children's residential centers, licensed inpatient facility or a facility providing services to young persons with developmental disabilities
- World café model used to identify:
 - *What accomplishments do agencies have to build upon to create coercion and violence free settings?*
 - *What can be accomplished together that agencies cannot accomplish alone in order to move alternatives to seclusion and restraint to the next level?*
 - *What policy challenges exist that prevent the overall reduction in the use of seclusion and restraint or other aversive practices in children's residential programs?*
- Trauma-Informed Approach training – combined ODJFS and OhioMHAS Licensure and Certification staff training

Partnership Work

Goal:

Support the implementation of trauma-informed care systems and trauma-specific services across Ohio's social services systems.

Progress to date:

- Partner with the Ohio Department of Health on their Early Childhood Comprehensive Systems (ECCS) Grant – MHAS, Bureau of Children and Families: *Understanding Toxic Stress*
- Partner with Attorney General's Office VOCA (Crime Victim's Fund) programming
- Combined TIC training for ODJFS and OhioMHAS Licensure and Certification staff
- Combined OhioMHAS, DODD, Attorney General's Office, ODJFS, ODE and ODH Central Office staff training: *Trauma-Informed Approach: Key Assumptions and Principles* (200 staff, February 2016)
- Partner with Department of Aging to roll out *Trauma-Informed Approach: Responding to Older Adults*

- Leadership Immersion June 6 & 8, 2017
 - Phase One – nursing homes
- Partner with Ohio Veterans Homes to implement trauma-informed care within nursing homes and domiciliary; all staff training in October and December 2016
- Partner with Ohio Peace Officer Training Academy (OPOTA) to roll out critical subject Trauma-Informed Policing training (6 hrs.) for law enforcement basic and advanced professional development training January 2017. To date, over 1,800 law enforcement officers have participated in the six-hour Trauma-Informed Policing course
- Training and technical assistance to Ohio START - an intervention program that will provide specialized victim services, such as intensive trauma counseling, to children who have suffered victimization with substance abuse by a parent being the primary risk factor

Regional Trauma-Informed Collaboratives

Goal:

Expand opportunities for Ohioans to receive trauma-informed interventions by enhancing efforts for practitioners, facilities and agencies to become competent in trauma informed practices, and facilitate cultural change within organizations, addressing gaps and barriers and taking effective steps based on the science of implementation.

Progress to date:

- Staffed by MHAS and DODD Regional Liaisons
- Transitioning to local leaders
- <http://mha.ohio.gov/traumacare>
 - Click on TIC Regional Collaboratives
- Southwest Region - Specialized Training - “Trauma-Informed Organizations: Beginning the Discussion”
- One-time funding of up to \$7,000 to support the work of the TIC Regional Collaboratives in SFY16

Northwest

- Two regional trainings that target primary health care providers regarding the importance of understanding TIC when working with patients and their families

Lower Northeast – Stark County ADAMH

- Provide Trauma-Informed Care (TIC) training to direct service staff and supervisors in the Lower Northeast Ohio Region

Southeast – Athens 317 Board and Muskingum Area ADAMH Board

- Develop and produce educational and marketing materials to advance the awareness of trauma and the impact of trauma on individuals and families

Southwest – Montgomery County ADMAH

- Develop video interviews with individuals who have “lived experience”, family members, residential providers, and DD employees to how trauma/toxic stress is experienced at a variety of levels with the individuals, families, and systems involved.
- Continued funding of up to \$6,000 in SFY17

Central

- Regional trainings - *Trauma-Informed Care: An Introduction*

Southeast

- Produce educational and marketing materials to advance the awareness of trauma and the impact of trauma on individuals and families; display and traveling kit
- *SETICC Website (South East Trauma Informed Care Collaborative)*
 - Update website to include trauma-competent providers
- Trauma Competency 101: For staff, peers and volunteers

- June 4, 2017
- Ron Luce and Micki Lamb
- Strategic Planning – October 2017

Southwest

- Understanding Complex Trauma and Innovative Approaches
 - June 22, 2017
 - Joseph Spinazzola, Trauma Center and Justice Resource Institute

Upper Northeast

- Trauma-Informed Conference
- May 22, 2017
 - *Healing Trauma in the 21st Century – New Insights for Rapid Recovery*
Eric Gentry, PhD, LMHC, CEO, Compassion Unlimited
 - *Trauma Informed Care: A System Transformation*
 - *Trauma-Informed Approach: Responding to Older Adults*
 - *Mitigating the Risk of Compassion Fatigue through Building Resiliency*
- Sponsorships
 - Southwest General Hospital
 - ADAMHS Board of Cuyahoga County
 - ADM Board of Summit County
 - The Center for Health Affairs
 - DD Board of Cuyahoga County
 - Carrington Behavioral Health
- Organizational meeting – August 2017

Lower Northeast

- Development of video on compassion fatigue/secondary trauma
 - Carol O'Connell
 - Robin Tener
- Development of video on role of TIC in incident investigations and prevention planning