

## QUESTIONS TO ASK CAREGIVERS WHEN EXPLORING POSSIBLE ABUSE, NEGLECT, AND EXPLOITATION

1. How many hours per week are you with (\_\_\_\_)?
2. Can you describe a typical day?
3. Can you describe a good day?
4. Can you describe a bad day?
5. Are you currently employed? How is it going trying to balance employment and caregiving?
6. Does (\_\_\_\_) have contact with people outside the family? Do you?
7. If you are away, who provides or could provide care?
8. Can you describe other relationships in your life?
9. What are you doing to take care of yourself? Where/how do you get your support? How do you take a break?
10. Do you get enough rest?
11. Have you had difficulties in providing care for (\_\_\_\_)? If yes, can you tell me about it?
12. What are your worries?
13. How do you deal with frustrating situations?
14. What is your understanding of (\_\_\_\_)'s medical conditions? What about mobility issues? What about (\_\_\_\_)'s mind? Does (\_\_\_\_) get easily confused? Unable to remember things? Not able to track activities?
15. Do you sometimes feel you can't do what is really necessary or what should be done for (\_\_\_\_)?
16. What strategies do you use when (\_\_\_\_)—  Repeats the same question daily?  
 Accuses you of doing something you didn't do?  Wanders?
17. What do you do when (\_\_\_\_) is angry or physically or verbally aggressive?
18. In caregiving, do you often do things you feel bad about?
19. Are you sometimes rough with (\_\_\_\_)?
20. Do you find yourself yelling at (\_\_\_\_)?