



First Episode Psychosis

Promoting Wellness and Recovery

John R. Kasich, Governor
Mark Hurst, M.D., Director

State Fiscal Year '19

Through dedicated funding from the Substance Abuse and Mental Health Services Administration, the Ohio Department of Mental Health and Addiction Services has worked with local communities to support First Episode Psychosis (FEP) programs. FEP programs provide services to individuals ages 15-35 who are within two years of their first psychotic episode. These programs are available in various areas of the state (see map on second page). Research sponsored by the National Institutes of Health/National Institute of Mental Health encourages early intervention for persons experiencing psychosis to offer better long-term outcomes for these individuals and their families.

Highlights of the FEP programs:

- FEP teams are comprised of staff representing various backgrounds and disciplines, but all have experience working with individuals in this age range.
- Clients are provided with case management, supported employment, supported education, psychotherapy, family education and support, pharmacotherapy, and in some areas, peer support.
- Team members are encouraged to coordinate services with the client's primary care provider.
- The programs are person-centered and commit to working with the youth and young adults for up to two years.
- Each program offers community education that includes more specific information about its referral process, services and outcomes.
- Programs that include peer support, family involvement and comprehensive integrated care offer the best long-term outcomes for these individuals.

Who qualifies:

- Individuals who are youth, young adults and adults, ages 15–35 who are within two years of experiencing their first psychotic episode.
- Individuals must have one of these following diagnoses: Brief Psychotic Disorder, Schizophreniform Disorder, Bipolar Disorder with Psychotic Features, Major Depression with Psychotic Features, Schizoaffective Disorder, Delusional Disorder or Schizophrenia. Individuals considered for the programs may have a co-occurring addiction and would not be outside the criteria if a qualifying mental health diagnosis is present.



First Episode Psychosis Project Providers



Lucas and Wood counties

Zepf Center
<http://www.zepfcenter.org>
(419) 255-1625

Allen, Auglaize, Hardin, Portage and Stark counties

Coleman Behavioral Health Care
<http://www.colemanservices.org>
Portage County: (330) 676-6859
Stark County: (330) 541-1877

Butler, Clermont and Hamilton counties

Greater Cincinnati Behavioral Healthcare
<https://www.gcbhs.com>
(513) 354-7337

Greene and Montgomery counties

TCN Behavioral Healthcare
<https://www.tcn.org>
(937) 376-8700

Franklin County

North Central
<http://www.ncmhs.org>
(614) 299-6600

Fairfield County

New Horizons
<http://www.newhorizonsmentalhealth.org>
(740) 475-0849

Fayette, Highland, Pickaway, Pike and Ross counties

Scioto Paint Valley
<https://www.spvmhc.org>
(740) 947-7783, ext. 240

Athens, Gallia, Hocking, Jackson, Meigs and Vinton counties

Hopewell
<http://www.tcmhcs.org>
(740) 637-7505

Coshocton, Guernsey, Morgan, Muskingum, Noble and Perry counties

Allwell Behavioral Health Services
<http://allwell.org>
(740) 454-9766

Lorain County

The Nord Center
<https://www.nordcenter.org>
(440) 233-7232

Cuyahoga County

Catholic Charities
<http://ccdocle.org>
(216) 339-1438

Summit County

Child Guidance and Family Solutions
<https://www.cgfs.org>
(234) 788-1646

Mahoning County

Alta Care Group
<http://www.altacaregroup.org>
(330) 793-2487