



# Mental Health and Addiction Resources

*Promoting Wellness and Recovery*

**Mike DeWine**, Governor  
**Lori Criss**, Director

Are you looking for information or services for mental health or addiction? We can help. Our goal is to help Ohioans achieve optimal wellness.

## **Ohio CareLine**

1-800-720-9616

Provides emotional support for callers 24 hours a day, seven days a week

## **OhioMHAS Toll-Free Bridgeline**

1-877-275-6364

Refers callers to treatment, answers questions, and responds to concerns about treatment; available from 8 a.m.-8 p.m. Monday through Friday except state holidays

## **Crisis Text Line**

Text 4HOPE to 741 741

Connects those in crisis with a crisis counselor who can provide emotional support 24/7

<https://www.crisistextline.org/>

## **SAMHSA Mental Health Treatment Locator**

1-800-662-HELP (4357)

An online tool for persons seeking mental health treatment

<https://findtreatment.samhsa.gov/>

## **SAMHSA Addiction Treatment Locator**

1-800-662-HELP (4357)

An online tool for persons seeking addiction treatment

<https://findtreatment.gov/>

## **Suicide Prevention Lifeline**

1-800-273-TALK (8255)

A national network of local crisis centers that provides free and confidential emotional support 24/7

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)



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### **NAMI Ohio Helpline**

1-800-686-2646 or text NAMI to 741 741

Advocacy, education, and support services for those affected by mental illness and their families

### **OACBHA Board Map**

Interactive map that connects users directly to their local Mental Health and Recovery Services Boards

<https://www.oacbha.org/mappage.php>

### **Ohio Department of Aging Staying Connected Program**

833-ODA-CHAT (1-833-632-2428)

Provides check-in services and connection to aging programs for those 60 and older

<https://aging.ohio.gov/wps/portal/gov/aging/care-and-living/get-help/staying-connected>

### **Ohio Housing Finance Agency Ohio Housing Locator**

Helps find all types of housing throughout Ohio

<https://www.ohiohousinglocator.org/>

### **Adult Care Facility Locator**

Helps find group homes that serve individuals with mental illness throughout Ohio

<http://oacfalocator.org/>

### **Assistance for First Responders**

Resource for first responders in need of mental health support and treatment

<https://mha.ohio.gov/Schools-and-Communities/First-Responders>

### **National Domestic Violence Hotline**

1-800-799-7233 (SAFE)

Provides 24/7 confidential support and access to resources for those affected by domestic violence

<https://www.thehotline.org/> (live chat)

