



Tell  
**ME**

To Boost my  
**Self-Esteem**

**My feelings  
matter**

**I am  
important**



**I make  
you proud**

**I will do  
great things**



**I am loved**



**When you tell me these things, you help  
protect me from the risk of later drug use.**

**Start Talking!**  
*Building a Drug-Free Future*



[StartTalking.Ohio.Gov](http://StartTalking.Ohio.Gov)

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