



Tell ME

To Boost My Self-Esteem

- I make you proud
- I am important
- I will do great things
- My feelings matter
- What to expect from my day so I feel secure



When you
tell me these
things, you help
protect me from
the risk of later
drug use.

Start Talking!
Building a Drug-Free Future



StartTalking.Ohio.Gov



BoldBeginning.Org