

# RESILIENCE PROJECT

GREATER CINCINNATI BEHAVIORAL HEALTH SERVICES  
IN PARTNERSHIP WITH CLERMONT AND HAMILTON COUNTY BOARDS OF DD, CLERMONT AND BUTLER  
COUNTY FCF, CHILD FOCUS, AND FAMILIES CONNECTED OF CLERMONT COUNTY

## OUTCOMES

- REPLICABLE TRAUMA-INFORMED APPROACH FOR MULTI-SYSTEM YOUTH WITH TRAUMA HISTORIES
- NEW FRAMEWORK FOCUSED ON BUILDING RESILIENCE TO MITIGATE THE IMPACT OF TRAUMA (NOT BEHAVIOR OR DEFICIT-FOCUSED)
- PRACTICAL, TRAUMA-INFORMED APPROACHES THAT ALL STAFF AND FAMILIES CAN USE
- NEW FRAMEWORK FOR 'ASSESSMENT': TRAUMA-INFORMED BIOGRAPHICAL TIMELINE (TIBT)
- PEER SUPPORT PARTNERS BUILD FAMILY RESILIENCE
- HUNDREDS TRAINED IN RESILIENCE APPROACHES LOCALY & STATEWIDE
- TRAINEE EVALUATIONS REPORT SIGNIFICANT GROWTH IN SKILLS & KNOWLEDGE
- USER-FRIENDLY PRODUCTS & RESOURCES: SHORT TRAINING VIDEOS & SIMPLE HANDOUTS
- PEER SUPPORT GUIDE FOR BUILDING FAMILY RESILIENCE
- E-BOOK FOR COMPREHENSIVE ENGAGEMENT

## HISTORY/COLLABORATION/NUMBERS SERVED

- PHASE ONE (2013-15): SEVEN LOCAL AGENCIES DEVELOPED PROJECTS FOCUSED ON TIC
  - ONE OF THESE PROJECTS WAS THE RESILIENCE PROJECT (10 MULTI-SYSTEM YOUNG ADULTS)
- PHASE TWO (2015-17) RESILIENCE APPROACH FRAMEWORK DEVELOPED & REFINED
  - 2 MENTAL HEALTH AGENCIES AND 2 COUNTY BOARDS (+15 YOUNG ADULTS)
- PHASE THREE (2017-19) RESILIENCE APPROACH EXPANDED TO INCLUDE CHILDREN & STRENGTHEN FAMILY FOCUS
  - ADDED TWO FCFs, CHILD-SERVING MENTAL HEALTH AGENCY, AND PEER SUPPORT PARTNERS (+ 25 CHILDREN AND YOUNG ADULTS)

## LOCAL IMPACT

- HUNDREDS TRAINED ACROSS REGION AND STATE
- LOCAL SCHOOLS REQUESTING TRAINING; RESIDENTIAL CENTERS REQUESTING TIMELINES
- INCREASED APPRECIATION ACROSS MULTIPLE AGENCIES OF THE IMPACT OF TRAUMA ON FAMILIES
- INCREASED ATTENTION ON TRAUMA-INFORMED SUPPORT TO PREVENT PLACEMENTS
- PRODUCTS AND MATERIALS AVAILABLE ONLINE

## MARKETING/COMMUNICATION

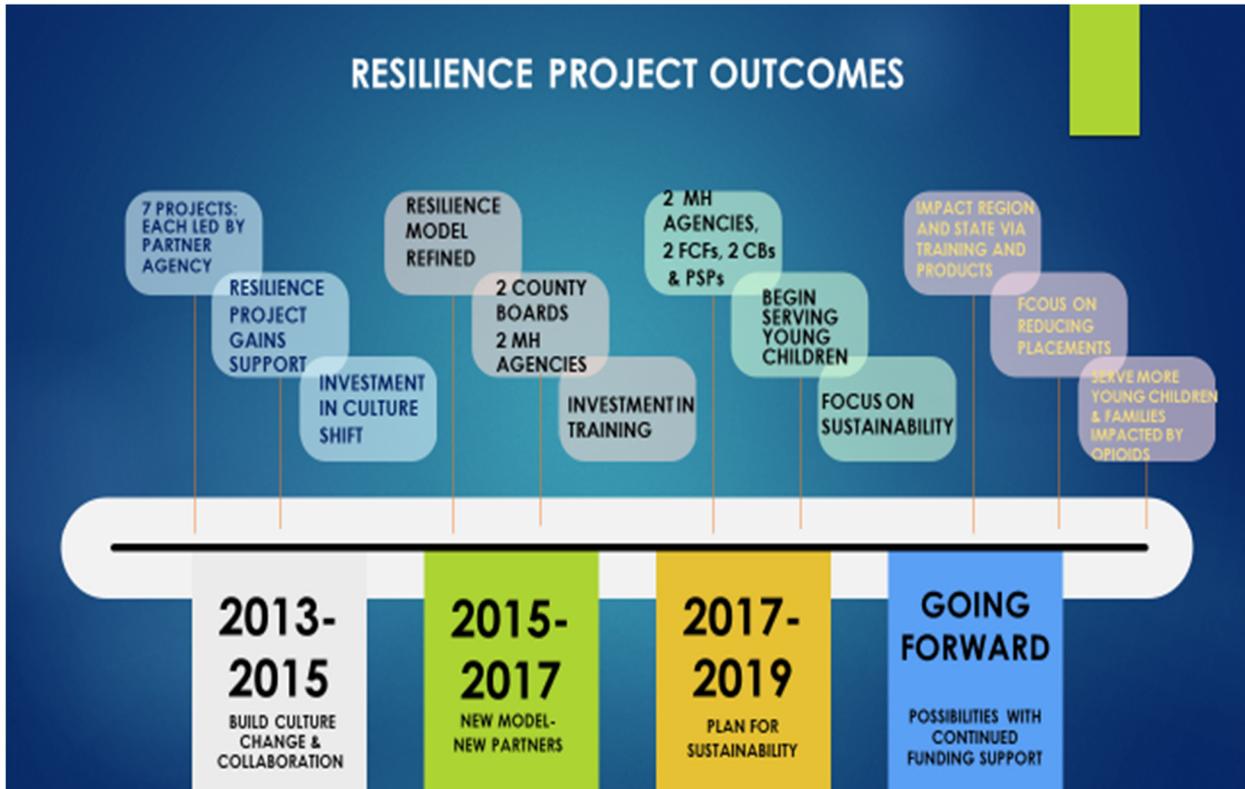
- RESILIENCE APPROACH INSTRUCTIONAL VIDEOS AND FAMILY/PARTICIPANT VIDEOS ONLINE
- E-BOOK IN PROGRESS

## SUSTAINABILITY

- RESILIENCY WORKKERS BILL CPST
- PSPS ARE SECURING OHIO PEER RECOVERY SUPPORTERS CERTIFICATION
- HAMILTON AND CLERMONT COUNTY BOARDS HAVE CONTRACTS WITH GCB/TRAUMA CONSULTANTS
- TIBT COHORT- 24 STAFF; 7 AGENCIES; 4 COUNTIES
- TRAINING OPPORTUNITIES POSTED ON MULTIPLE AGENCY WEB SITES

**THE RESILIENCE PROJECT IS FUNDED BY OHIO DODD AND OHIOMHAS  
AND ADMINISTERED BY GREATER CINCINNATI BEHAVIORAL HEALTH SERVICES**

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