

# RESILIENCE PROJECT

**FISCAL AGENT: GREATER CINCINNATI BEHAVIORAL HEALTH  
IN PARTNERSHIP WITH:**

- ❖ HAMILTON & CLERMONT BOARDS OF DD
- ❖ CLERMONT AND BUTLER FAMILY & CHILDREN FIRST
- ❖ CHILD FOCUS, INC.
- ❖ FAMILIES CONNECTED OF CLERMONT COUNTY

## WHO WE SERVE

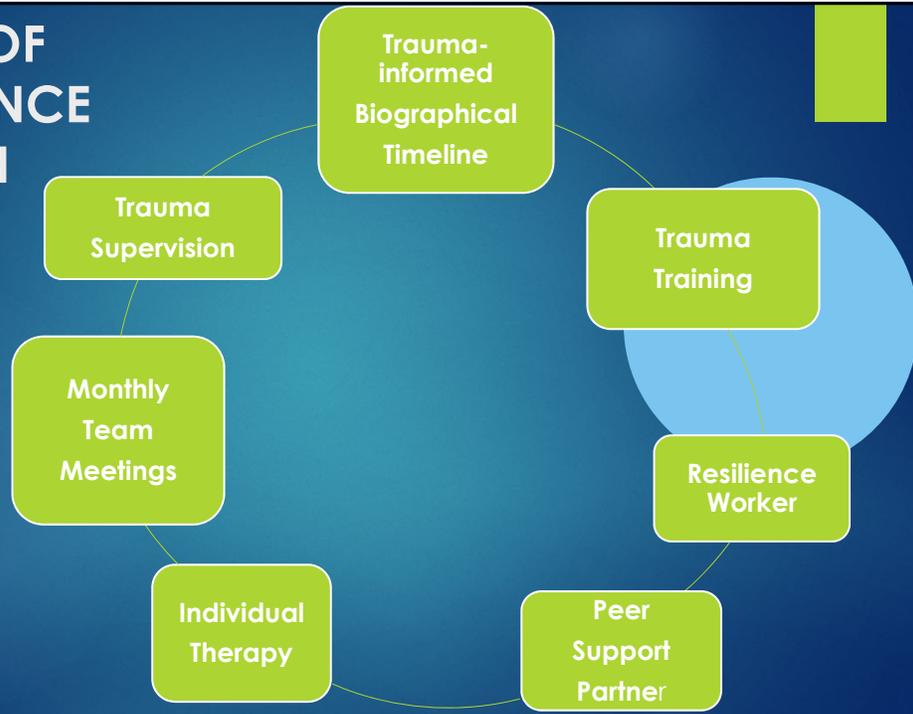
- ▶ CHILDREN AND YOUNG ADULTS (8-24)
- ▶ SIGNIFICANT TRAUMA HISTORY
- ▶ ELIGIBLE FOR SERVICES FROM COUNTY BOARD OF DD AND MENTAL HEALTH AGENCY
- ▶ AT RISK FOR OUT-OF-HOME PLACEMENT

## PURPOSE

### BUILD FIVE RESILIENCE FACTORS

- ▶ Positive Connections with Safe Adults
- ▶ Belonging
- ▶ Self-Esteem
- ▶ External Supports
- ▶ Voice, Choice, Control

# ELEMENTS OF THE RESILIENCE APPROACH



# APPROACHES FOR BUILDING RESILIENCE FACTORS



PRACTICAL & TRAUMA RESPONSIVE

## DATA COLLECTION

- ▶ Assessment
  - ❖ Trauma-Informed Biographical Timeline (TIBT)
  - ❖ ACE Score (average score =7)
  - ❖ Resilience Factors at start of project (Adaptive Resilience Scale)
  
- ▶ Annual Data Collection
  - ❖ Growth in # of Resilience Factors (Adaptive Resilience Scale)
  - ❖ Number of moves/living situations over the year

## DATA COLLECTION

- ▶ Training Outcomes
  - ❖ Retrospective Training Evaluation: on a scale of 1-5:
    - ✓ What did you know before training about \_\_\_\_ (learning objective)
    - ✓ What do you know now about \_\_\_\_ (learning objective)
  
  - ❖ Use feedback to learn what training approaches are effective & to plan future training

## ACCOMPLISHMENTS

- ▶ REPLICABLE TRAUMA-INFORMED APPROACH FOR THOSE WITH MOST COMPLEX SITUATIONS
- ▶ PEER SUPPORT MODEL FOCUSED ON BUILDING FAMILY RESILIENCE
- ▶ LOCAL COMMUNITY COLLABORATION
  - \* TWO FULL DAYS OF TRAINING IN LOCAL SCHOOL SYSTEM
  - \* FULL DAY FOR FAMILIES IMPACTED BY TRAUMA; HOSTED AT CHURCH – IN PARTNERSHIP WITH FAMILIES CONNECTED
  - \* STAFF TRAINED FROM MANY DD AND MH AND CHILD-SERVING AGENCIES

## ACCOMPLISHMENTS PROJECT MATERIALS IN USE STATEWIDE

- ▶ TRAUMA-INFORMED BIOGRAPHICAL TIMELINE (TIBT) USED IN
  - COUNTY BOARDS, MENTAL HEALTH AGENCIES, FCFs
  - DEVELOPMENTAL CENTERS
  - NECCO
  - CHILDREN'S SERVICES
- ▶ ON-LINE RESILIENCE APPROACH VIDEOS
- ▶ MATERIALS USED IN STATEWIDE THEORY –TO-PRACTICE TRAINING
- ▶ PSP RESOURCE GUIDE (COMING SOON!)

## SUSTAINABILITY

- ▶ PSPs HAVE COMPLETED TRAINING AND ARE IN PROCESS OF SECURING OHIO PEER RECOVERY SUPPORTERS CERTIFICATION
- ▶ RESILIENCE WORKERS BILL CPST FOR A PORTION OF THEIR WORK
- ▶ CLERMONT AND HAMILTON COUNTY BOARDS OF DD HAVE CONTRACTS WITH GCBH AND TRAUMA CONSULTANTS

## SUSTAINABILITY

- ▶ HUNDREDS TRAINED ACROSS MULTIPLE SYSTEMS
- ▶ ON-LINE TRAINING VIDEOS & FAMILY VIDEOS
- ▶ E-BOOK COMPLETED BY JUNE 30
- ▶ Trauma-informed Biographical Timeline (TIBT) Cohort
  - ▣ 24 participants: 7 agencies - 4 counties
  - ▣ Greater competence and confidence to facilitate

## POSSIBILITIES WITH ADDITIONAL FUNDING SUPPORT:

GREATER FOCUS ON PREVENTING OUT OF HOME PLACEMENT & RETURNING FROM PLACEMENT

- INTENSIVE WORK TO PREVENT PLACEMENT
- WORK WITH RESIDENTIAL TREATMENT CENTERS
- “RESILIENCE TRANSITION WORKERS”
- PARTNER WITH “RISE” RESPITE GRANT
- DEVELOP BETTER WAYS TO TRACK OUTCOMES RELATED TO PLACEMENT PREVENTION

## POSSIBILITIES WITH CONTINUED FUNDING SUPPORT:

- ▶ CONTINUE TO EXPLORE AND ADAPT FCF BEST PRACTICES (E.G. MULTI-SYSTEM TEAM FACILITATION)
- ▶ SERVE BABIES AND YOUNGER CHILDREN (e.g. NEO-NATAL ABSTINANCE SYNDROME) & THEIR FAMILIES
- ▶ DEVELOP BETTER MECHANISMS FOR MEASURING WHAT FAMILIES SAY SUCCESS LOOKS LIKE (TO THEM) AND CAPTURING DATA TO SUPPORT THIS