

# FOCUS

TVBH

## IN FOCUS • IN FOCUS

TVBH's Strategic Plan Teams Moving Forward.....	pgs. 1 & 2
Featured Department – The Psychology & SAMI Department.....	pgs. 1 - 7
Hail and Farewell - Dr. Alan Freeland.....	pg. 2
2016 Excellence in Nursing Awards .....	pg. 3
TPW Preceptor Program .....	pg. 3
New Faces & Leadership Appointments .....	pg. 4
Culturally Speaking.....	pg. 5
In Appreciation of Volunteers .....	pg. 6
2016 July Fest.....	pg. 6
The Dorothy J. Simonds Award.....	pg. 7
NAMI Walks Franklin County.....	pg. 8

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TWIN VALLEY BEHAVIORAL HEALTHCARE

Summer 2016

## TVBH's Strategic Plan Teams Moving Forward



**Veronica Lofton**  
TVBH CEO

In this edition of the *Focus* I would like to share the many accomplishments the Twin Valley Behavioral Healthcare Strategic Plan Teams have implemented.

### Strategic Plan Priority 1 – *Develop a Community of Respectful Engagement that Makes Everyone Feel Valued.*

Many of you at your staff meetings have been introduced to the finalized TVBH Respect Charter which established the core means of how staff are to engage with each other, with patients, and visitors. The Respect Charter was disseminated to all staff at all levels of the organization. The Respect Charter will be incorporated into the annual performance evaluations during the next upcoming cycle.

Priority 1 has developed a curriculum to instruct staff on assertively and respectfully engaging patients. The focus will be the benefits of being assertive, when to be assertive, and how to be consistent when engaging with patients.

Finally, Priority 1 developed and received feedback and approval for Unit Agreements that will be posted on all units and shared with patients upon admission. The Agreement identifies the patients' role in maintaining a safe and therapeutic environment and employees' commitment to assuring the safety and respect of all on the unit.

### Strategic Plan Priority 2–

#### *Promote Community Collaboration to Optimize Resource Use.*

Informational presentations are posted on the TVBH homepage to describe the services that TVBH provides in central Ohio. This information will be placed on the TVBH eZone soon.

Many clinical staff have seen amazing new and ongoing use of Telehealth Services. In the near future there is a plan to survey hospital staff and external customers to garner their opinion on the service for any improvements that should be considered.

The addition of a Patients Benefits Coordinator is part of this Priorities' objective to collaborate with the community providers for improvement of the patient discharge processes.

The document, "Plan for Coordination of Patient Services" has been developed as a tool to promote discussion with community partners in terms of specifying and clarifying responsibilities, roles and communication processes in activities requiring service coordination. This document will be used in orienting staff of both organizations (TVBH and community partners) about the working relationship to be followed by hospital and community providers.

*TVBH's Strategic Plan Teams Moving Forward continued on page 2.*

### Featured Department–

## The Psychology and SAMI Department

Twin Valley would like to recognize the Psychology and SAMI department for its expertise and services in the treatment areas of clinical, forensic and substance abuse. The psychologists and the SAMI clinicians are treatment team members who provide individual and group therapy, competency-to-stand-trial and sanity evaluations, risk assessments to facilitate patient movement, SAMI assessments and overdose risk evaluations for the DAWN (Death Avoidance with Naloxone) Kit participation, in addition to working on a wide range of hospital committees and patient recovery-centered events.

The SAMI clinicians provide individualized substance abuse patient inter-



Seated (left to right): **James Raia**, PhD, LICDC-CS; **Aracelis Rivera**, LISW-S, PsyD.; **Tim Coon**, PhD, LICDC-CS; **Jane Welch**, PhD; **Lisa Douglas**, LISW, LICDC; and **Craig Fernandez**, PhD. Standing (left to right): **Anthony Imagie-Douglas**, MA, LICDC; **Robyn Schaffer**, PhD; **Lisa Gordish**, PsyD, LICDC-CS; **Janice Vidic**, PhD; **Lisa Foulk**, PsyD; **Marjorie Kukor**, PhD; **Lori Bowsher**, PA; and **John Dye**, MRC, LICDC-CS. Not pictured: **Anne Joliot**, PhD, LICDC; **Nancy Johnson**, PhD; **Dennis Eshbaugh**, PhD; and **John Tilley**, PsyD, ABPP.

*Featured Department continued on page 2.*

*TVBH's Strategic Plan Teams Moving Forward continued from page 1.*

### **Strategic Plan Priority 3–**

***Become a Learning Community for Staff and Patients.***

As you may have noticed, significant notifications have been coming through email regarding opportunities for learning. This has been one of the most significant outcomes for Priority 3. TVBH's goal is to be a leader in opportunities for professional learning. If you are not receiving the notifications please see your supervisor.

The DAWN Kit research findings from the post-discharge survey suggests that The DAWN Kit does save lives, either those of the ex-patient, or of someone the ex-patient has shared the DAWN Kit with. A second patient care research project is now in process: the development of an OSU-TVBH-Central Ohio Best Medication Practices Collaborative with the first project being the establishment of a community based clozapine clinic for attendance by TVBH patients upon discharge.

In March 2016, a formal "Patient Orientation and Education Program" was conducted by the Kosar TPW staff on each Kosar unit with the goal to increase staff and patient work and care satisfaction.

Training staff in TIC continues with ongoing orientation of "What is Trauma and How does it Affect People", and the implementation of the Module 1 Training of the Engagement curriculum through Central Office for all clinical employees.

As you have read, each Priority Team has been active in pursuing efforts towards the TVBH Strategic Plan. If you are interested in learning more about each Priorities' activities or are interested in joining a Priority Team, please contact your supervisor.

Respectfully,



Veronica Lofton, Chief Executive Officer

*Featured Department continued from page 1.*

ventions and substance abuse group therapy that are focused for the special needs of the acute and forensics patients in the form of Dual Recovery Anonymous and Recovery Skills groups. These groups are primarily conducted on Kosar Unit K4, adjacent to the SAMI and Recovery Resource Center. Since 2014, the SAMI staff have treated 738 patients admitted with opiate abuse problems, providing them with the option of receiving the DAWN Kit upon discharge, with a post-discharge survey reporting that 77 discharged patients used the DAWN Kit to save their or another life during an opioid overdose episode. The SAMI clinicians are experts employing the SBIRT (Screening, Brief Interventions and Referral to Treatment) model, which emphasizes SAMI discharge linkage in the form of continued outpatient and/or residential continuity of care services.

James Raia, PhD, LICDC-CS serves as the department's director. Dr. Raia also functions as the hospital's Research and Education Committee chairperson, a leader for the TVBH Strategic Priority "Becoming a Learning Community for Patients and Staff", and is a member of the forensic review team (FRT) which evaluates treatment team requested patient movement levels. The department consists of fifteen (15) clinical and forensic psychologists and three (3) SAMI clinicians, who are licensed independent chemical dependency counselors (LICDC). Lori Bowsher is the Program Administrator for the department. She organizes and accomplishes the numerous administrative functions crucial to the functioning of the department, as well as many organizational TVBH responsibilities such as maintaining the TVBH weekly room schedules and is the recorder for the OhioMHAS Forensic Services and Risk Management committee.

*Featured Department continued on page 4.*

## **Hail and Farewell – Dr. Alan Freeland**

After eleven eventful years at Twin Valley I am leaving for new adventures in July. Family considerations are taking me to Southern California, where, in addition to providing outpatient care in the clinics of the Ventura County Behavioral Health Department, I have designs on a larger sailboat than Hoover Reservoir accommodates.

The years at Twin Valley match the time I spent at Harding Hospital as the longest chapters in my professional career and trace the evolution of hospital care for mental illness in our health care system. When I began at Harding in 1989, the psychoanalytically based, long-term treatment of mental illness in a hospital setting remained an accepted and valued form of care for certain patients who were not successfully recovering. Today the hospital is a limited resource that is used only in circumstances of imminent dangerousness for crisis stabilization.

In one sense this represents an advance in the promotion of autonomy for people with mental illness, a recovery focus and the fiscally responsible use of an expensive form of care. In another sense it reflects a continued shrinking of the resources our health care system commits to treatment of mental illness despite growing demand, and the recognition of the prevalence of mental illness and need for care. This despite laws enacted for "parity", frequent editorials bemoaning a "broken" mental health care system, escalating attention to violence in our society with concern about its association to mental illness and addictions, and recognition that our jails and prisons have become primarily institutions for the mentally ill and addicted.

However, it must also be recognized that in a third sense it has always been so. Change is a constant. The social response to mental and behavioral disturbance has always been complicated by limits to our understanding, and the cultural impulse to judge and exclude those who are different in ways that we don't understand. Twin Valley exists as an institution in a long history of asylum, as a manifestation of our society's better nature in response to the outcast and underprivileged.

During my years here as an attending psychiatrist and physician administrator I've had the opportunity to work with an outstanding group of clinicians from many disciplines. I've benefited from the mentorship of a succession of hospital leadership and enjoyed the steadfast support of a dedicated administrative staff. I'm fortunate to be able to pass the baton to an even more accomplished and experienced clinician, teacher and administrator in Dr. Ann Morrison, who has been nominated to assume the role of Chief Clinical Officer. With her guidance and support I'm confident that TVBH will continue to grow as a place of hope through the expression of compassion and respect to our patients, to each other and to the community we serve. Thank you for granting me your leadership these past few years.

— Dr. Alan Freeland, TVBH Chief Clinical Officer

## 2016 Excellence in Nursing Awards–

# Nurse of the Year and TPW/PAT of the Year Announced

During National Nurses Week Twin Valley Behavioral Healthcare celebrated our nursing staff with a celebration and the announcement of the annual Excellence in Nursing Awards. This celebration recognizes the contributions of the nursing staff in delivering the highest level of quality care to TVBH every day. The ceremony is also a forum to identify one nurse and one TPW/PAT who exemplified the highest standards for their respective roles. Nominations for this honor are made by their peers.

It is with honor that we present the 2016 Excellence in Nursing Award to Dawn Miller. The following is the criteria for the Nurse of the Year Award:

- Demonstrate a commitment to consistent, clinical decision-making, excellence in nursing care and a passion for psychiatric nursing.
- Serve as an effective advocate for patients and their families.
- Show exceptional teamwork, leadership, and ability to deal with challenges and changes.
- Be a licensed RN or LPN in a non-managerial role.

It is with honor that we present the 2016 Therapeutic Patient Worker/Patient Activity Therapist (TPW/PAT) of the Year Award to David Siggers, TPW. The following is the criteria for the TPW/PAT of the Year Award:

- Show exceptional teamwork and ability to deal with challenges and changes.
- Routinely utilize TIC principles when engaging with patients.
- Be an effective role model for peers, patients and their families.
- Maintain professional, respectful and therapeutic interactions with staff, patients and their families.

We also wanted to acknowledge all of the nominated staff. This year's TPW/PAT of the Year nominations included **Miatta Abu, Lucas Gunn, and Roselan Williams**. The nominations for the Excellence in Nursing Award included **Nancy Berlin, Erica Carter, Ron Carter, Jennifer DeBoe, Aaron Destadio, and Doug Wyse**. Thank you for your continued hard work and dedication to our patients.

## TPW Preceptor Program

The TPW Preceptor Program began in March 2016 in an effort to provide a structured and consistent orientation experience for new employees that is positive and thoughtful. The purpose is to promote retention of employees new to their respective roles through the provision of clear expectations for performance and behavior. This will be accomplished through the assignment of specific peer staff that has the capability and desire to model the desired behaviors.

Preceptors are identified as leaders amongst their peers. They perform all of the assigned duties according to protocol but also exhibit a positive work ethic. Preferred qualities of a preceptor include:

- A positive mental attitude
- The ability to take direction and incorporate readily into practice
- The desire to treat patients and peers with respect and compassion
- A dedication to the concept of teamwork
- A sense of pride in assuring the provision of quality work

Once desired participants are identified, each person is personally approached. The role is voluntary, and there is no financial incentive or compensation. However, it is honorary. Each preceptor is identified with a special light blue "TPW Preceptor" badge tag, as well as a photo on a photo board in the Central Nursing Office. Preceptors evaluate a new employee's performance and behaviors at the end of their assigned time. The employee will evaluate the experience received with the preceptor as well. Feedback will be given to both.



**Dawn Miller, RN**

**Dawn Miller, RN** has worked at TVBH since 2009, beginning on third shift, and currently is assigned as first shift nurse on our admission unit – K9. Dawn is a true unit leader and works collaboratively and respectfully with her team members. Dawn has found that special place of caring for psychiatric patients providing compassionate yet firm direction in their care to assist them on their road to recovery. She works hard to manage her necessary nursing duties allowing time to listen to patient concerns and needs. She advocates for patient care needs to interdisciplinary team members. Dawn deserves the Excellence in Nursing Award because she makes the demanding job of a psychiatric nurse look easy as it is done with respect for others, co-workers and patients alike.



**David Siggers, TPW**

**David Siggers** joined the TVBH nursing department in 2012 as a TPW. David has shown exemplary focus on the needs of our patients and always has a good attitude toward his work. He possesses a strong work ethic and is a leader on the patient care units. He is involved in the TPW Preceptor Program and is a positive influence on his peers as well as the patients he serves. David Siggers is a true asset to TVBH.



**Miatta Abu**



**Jill Adkins**



**Bryce Bardelang**



**Coral Cogar**



**Lucas Gunn**



**Tess Haubrich**



**Matt Hunter**



**Eboni Jackson**



**Rodney Jackson**



**David Lille**



**Taushua Mehler**



**Harvey Neal**



**Johnson Roberts**



**David Siggers**

The current group of TPW Preceptors consists of: **Miatta Abu, Jill Adkins, Bryce Bardelang, Coral Cogar, Lucas Gunn, Tess Haubrich, Matt Hunter, Eboni Jackson, Rodney Jackson, David Lille, Taushua Mehler, Harvey Neal, Johnson Roberts, and David Siggers**.

## New Faces & Leadership Appointments



**Bria Saddler, MSCJ**

**Bria Saddler, MSCJ** was awarded the position of Patient Benefits Coordinator in May 2016. She has been with Twin Valley since 2006 and has held several positions including Therapeutic Program Worker, Account Clerk, and Administrative Professional. She has a bachelor's degree in Psychology from Wilberforce

University and her Masters of Science in Criminal Justice from Kaplan University. In Bria's new role she is responsible for assisting patients in applying for Medicaid Presumptive Eligibility and Standard Medicaid. She also works closely with managed care companies to serve patients and organize resources so they are successful once they enter back into community.



**Andron Charleston, BSN, RN-BC**

**Andron Charleston, BSN, RN-BC** officially accepted his new role at TVBH as the Medical Clinic and Admissions Supervisor in May 2016. Andron brings to his new position nursing experience working in psychiatric, long-term care, addictions, wound care, and home health-

care. Through the American Nurses Credentialing Center (ANCC), Andron is board certified as a psychiatric/mental health nurse and has worked in outpatient and inpatient settings in various nursing supervisory roles. Andron received his associate degree in nursing from Fortis College, his bachelor's degree in nursing from Indiana Wesleyan University, and is currently completing his master's degree in nursing. Congratulations Andron!

## Other Staff Appointments & Changes

TVBH welcomes new staff on board including Danielle Mather, Psych/DD Nurse; Gloria Pointer, TPW; James Robson II, TPW; Mahad Shire, TPW; Aimee Benton, TPW; David Corde, TPW; Mary Dew, TPW; Abu Nasser, Custodial Worker 1; James Carsby, TPW; Megan Homsy, Social Work 2; Michelle Mathews, TPW; Mary McKean, Social Work 2; Amber Oelker, Adjunctive Therapy-MHA1; Laurie Grove, TPW; Jameelah Hassan-Nasser, PAT; Keiko Lundenga, TPW; Jerell Lyles, PAT; Peggy Stephens, Telephone Operator 1; Jonathan Agyei, LPN; Sighan Konglim, PAT; Patricia Miller, TPW; Jared Truxall, Police Officer 1; Conner Malone, PAT; Alison Nolder, Corrections Officer; James Beadle, Psych/DD Nurse; Mohamed Kuyateh, Psych/DD Nurse; Dr. Suseela Nalluri, Psychiatrist; Jeffrey Risner, Police Officer 1; Amanda Nelson, HIT 2; Michael Lafferty, Police Officer 1; and Margaret Delongchamp, LPN.

TVBH extends best wishes to those staff that retired including Michael Benner, PAT; Dr. Daniel Powell, Psychologist; and Dr. James Wasserman, Psychiatrist.

*Featured Department continued from page 2.*

Graduate doctoral students from The Ohio State University and Wright State University train under the supervision of the psychology staff. Psychologists who provide doctoral supervision are adjunct faculty members at OSU and WSU. The SAMI staff engages and supervises two of the TVBH peer support specialists in the provision of substance abuse support services and works closely with the social work staff in terms of discharge linkage services.

The SAMI staff provide services primarily on the Kosar Units and, upon request, work with the more challenging SAMI patients in Moritz and at the Community Support Network (CSN). Tony Image-Douglas, MA, LICDC engages the patients on Kosar Unit K9; Lisa Douglas, LISW, LICDC works with the treatment team on Kosar Unit K7; and John Dye, MRC, LICDC-CS works with the patients on Kosar Unit K6. They share responsibility for the SAMI patients on Kosar Unit K8. The SAMI staff help screen all admissions on a daily basis for the various types of substance abuse problems, and then discuss the appropriate SBIRT intervention for each SAMI patient at their unit's check-in meeting. In addition to the provision of individual therapy, DAWN Kit assessments and the Dual Recovery Anonymous and Recovery Skills groups, the SAMI staff offer their expertise by participating in the Lunch and Learn continuing educational events, thereby engaging community resources to present their AOD programs, e.g., CompDrug and Salvation Army. The SAMI staff visit and establish links with new AOD services in the community, attend ADAMH AOD meetings, participate in statewide AOD presentations, and maintain the SAMI Resource Center on Kosar Unit K4. Two of the hospital peer support specialists, Thomas Hayes and Jason McGill, work closely with the SAMI staff and patients, providing guidance, encouragement, and support to patients during their recovery process.

The psychology staff provides services in Kosar, Moritz, and CSN and for the outpatient competency restoration program. Dr. Marjorie Kukor is the clinical and forensic psychologist on the new forensic/acute care unit, Kosar Unit K8. She also serves as the chairperson of the Wellness Committee and works with the TVBH Strategic Priority "Developing a Community of Respectful Engagement." Dr. Craig Fernandez, the Kosar Unit K7 acute care psychologist, additionally works with the hospital's Research and Education Committee, planning CEU events and reviewing research proposals for approval. Dr. Nancy Johnson is an active member of the TVBH Cultural Diversity Committee and functions as the acute care psychologist on Kosar Unit K6. One of the leaders of the successful "Team TVBH/NAMI Walks", the NAMI Franklin County fundraiser, is Dr. Janice Vidic, the Kosar Unit K3 forensic care psychologist. Dr. Anne Joliot, the Kosar Unit K2 forensic psychologist, recently earned her LICDC and is now assisting with the screening of the Kosar opiate patients for the DAWN Kit. Functioning as a member of the OhioMHAS planning committee for the 2016 Statewide Forensic Conference, and providing psychological services on the CLEAR Kosar Unit K4, is Dr. Lisa Foulk. Dr. Dan Powell recently retired as the psychologist on Kosar Unit K9, where he was recognized for his creative group therapy sessions and his expertise teaching the benefits of Tai Chi for stress management.

The TVBH Competency Restoration Manager is Dr. Lisa Gordish, who functions as a leader for both the OhioMHAS' Hospital Services Behavior Therapy Committee and Trauma Informed Care Memberships. She works together with Dr. Tim Coon, the Moritz Unit D psychologist, to maintain the Outpatient Competency Restoration Program. Both Dr. Gordish and Dr. Coon are also licensed as LICDC-Clinical Supervisors; Dr. Coon completes the SAMI assessments for all patients admitted to Moritz.

*Featured Department continued on page 7.*

**Culturally Speaking –**

## **Cuba: The Pearl of the Antilles**



*Left: Cultural Competency Council members Iya Ngalla and Mike Frazee with volunteer Heidi Mallory (center) serving the many delicious restaurant dishes donated for the Cultural Food Banquet.*

*Below: The talented musicians of the Russell Myers Quartet provided Afro-Cuban jazz for this year's celebration.*



Sponsored by the hospital's Cultural Competency Council (CCC), the 2016 TVBH Celebration of Cultures took place on May 18, 19, and 20 (at Moritz, Kosar, and CSN, respectively); and I'm happy to report that this year's version of the annual festival was truly an exciting event, one that was enthusiastically received at each of its three venues.

The unifying theme was "Cuba: *The Pearl of the Antilles*", and a number of exhibits and activities, created, arranged, and presented by employees, elaborated on that theme in a variety of entertaining and instructive ways. One of the week's highlights was a musical program featuring the Russell Myers Quartet; talented instrumentalists who embody the very best of Afro-Cuban jazz. As always, cultural education and tasty cuisine for our clients figured into the mix; and predictably, our wonderful volunteers made their kind and dedicated presence felt just as they have done countless times before.

The CCC's focus on Cuba was prompted by the recent relaxation of tensions between the U.S. and that Hispanic land to the south with which we have been at odds for more than a half century. For decades, our two countries have been embroiled in a very public feud marked by fiery hostility and icy scorn for one another and until now, animosity and threats on both sides have made reconciliation virtually impossible.

These days, our governments are making wary overtures that could be characterized as non-combative, perhaps even amiable. There appears to be a sincere effort to build on these early gestures of peace, the beginnings, we hope, of a new era of cooperation and camaraderie between the two distrustful nations. And this triumph over the ill will, suspicion, fear, and rage that fueled the swift unraveling of a past friendship might remind us of the rifts in our own lives – wounds that we too are capable of healing if only we are willing to rise above resentment and say with integrity and sincerity, "Then was then, and now, truly, can be now."

Both Cuba and America stand to gain from this revived relationship – economically, recreationally, artistically, and athletically. Clearly, we are neighbors – neighbors who have experienced a longtime quarrel but who seem ready to move forward extending olive branches in the hope of being on better terms.

In nature, when a grain of sand becomes embedded in an oyster, the mollusk inside the shell experiences discomfort and indigestion – and this internal struggle leads to the creation of a pearl. To be sure, the people who dwell in the so-called "*Pearl of the Antilles*" also have endured great distress having been subjected to the

pressures and deprivations of one dictatorship after another. But this beautiful land and its buried treasure of vibrant people have persevered; and once again, we have the opportunity to rediscover Cuba, to become reacquainted with this long-hidden pearl, a geographical gem that's worthy of appreciation, respect, and freedom.

It was a genuine pleasure for the CCC to produce and oversee this festival. I extend special thanks to the members of the CCC who actively participated in the proceedings.

—Chaplain Jack Schwarz for the Cultural Competency Council



*Mount Carmel College of Nursing students provided helping hands with serving!*

**Thank You to the following local restaurants for their generous support of the annual cultural buffet.**

Aladdins Eatery – Clintonville  
 Firdous Express – North Market  
 Flavors of India – North Market  
 Florentine Restaurant  
 Mark Pi's Feast of the Dragon  
 Milo's Catering & Banquet Service  
 Sarefino's Pizzeria & Italian Deli  
 Schmidt's Sausage Haus & Restaurant  
 Talita's Mexican Restaurant – Grove City

## In Appreciation of Volunteers



Presidential Bronze Level Award Honorees  
Heidi Mallory and Darrell Herrmann.

As part of National Volunteer Week, we recognized 69 individual volunteers and 139 members from 18 groups whose combined efforts make a lasting difference in our patient's mental health and addiction recovery. These volunteers provided services during April 1, 2015 - March 31, 2016. Our volunteers enjoyed Johnson's ice cream sundaes, and a presentation about TVBH's Cemetery Reclamation Eagle Scout Project efforts by Samuel Myers, Troop 28. Certificates were presented to our valued volunteers, and this year the hospital awarded the Dorothy J. Simonds Excellence in Volunteering Award, and three President's Volunteer Service Award – Bronze Level. This last award honors volunteers who have completed 100 - 240 volunteer service hours over a course of a twelve month period. This year's honorees were Darrell Herrmann, Education Services, Heidi Mallory, Volunteer Service Council, and Holly Swanagin, Volunteer Services Assistant. Door prizes were generously provided by the Columbus Clippers, deMoyné's Greenhouse, Home Depot - West Broad, Keller Farms, Meijer - Hilliard, Oakland Nursery, Strader's Garden Center - West Broad, and Trader Joe's - Sawmill. This recognition event was generously sponsored by the Volunteer Service Council.



Right: Spiritual Life Volunteer  
Delores Green with  
Carolyn Hancock and Marie Holland  
of St. Philip Lutheran Church  
K2 Group.



Left:  
Samuel Myers, Eagle Scout Troop 28



Mentor Volunteers  
Laurel Myers  
and Vivian Hodges

Volunteer Services would like to thank our dedicated volunteers and staff members who contributed to the success of our annual summer celebration for our patients. A special thanks to our 2016 July Fest community sponsors:

Hilltop Kiwanis Club, Community Service Committee  
Telecom Pioneers, John D. Burlie Club  
Volunteer Service Council of TVBH  
West Columbus Civitan Club  
White Castle Systems



## The Dorothy J. Simonds Excellence in Volunteering Award

The Dorothy J. Simonds Excellence in Volunteering Award is given by the hospital to an active volunteer who has demonstrated a high standard of excellence and caring commitment to the patients and clients in Twin Valley Behavioral Healthcare's care. The 2016 recipient of this inaugural award is **Patti Mettle**. Patti Mettle encompasses the core values of Twin Valley – Hope, Respect and Compassion in both her volunteer work behind the scenes with the Volunteer Service Council (VSC) and in her work with patients/clients during special events.

Patti Mettle has been volunteering with the Volunteer Service Council of TVBH since 2001 and in 2008 she took over the added responsibilities of treasurer which she has held ever since. She brings a non-profit financial literacy and transparency to her work as a board member and treasurer. She completes her work with attention to detail, a willingness to ask questions and an interest in keeping current with financial trends in non-profit philanthropy. The VSC sponsors many events and special requests and Patti ensures the VSC is on a solvent path to continue funding these patient events/programs. She is very active on the council's fundraising committee and the holiday gift program committee. She willingly steps up to help with staffing



*The Dorothy J. Simonds  
Excellence in Volunteering Award*  
**Patti Mettle**, Volunteer Service Council

special events, or creating reports to assist in the guiding of special events and fundraising efforts throughout the year. During the holidays, Patti volunteers weekly in processing donations and plans ahead to ensure funds are available for the purchasing of gift items and food items for the many events.

Throughout the year, Patti can be seen assisting at all the CSN special events – including Celebration of Culture, Summer Picnic, Halloween Party, and with the Thanksgiving and Christmas luncheons. She also assists in kind with our Kosar and Moritz special events. She brings a confidence to her volunteer work and easily interacts with patients, staff and volunteers with respect, kindness and humor. Patti advocates quietly through her work behind the scenes to guide and ensure special events are delivered with high quality and care. Her consistent commitment and support is vital in bringing enriching events and experiences to our patients/clients. Patti

has displayed excellence in volunteering and for the above reasons is deserving of this inaugural volunteer award.

— Maureen Fahy, MA, ATR  
TVBH Volunteer Program Administrator

### Featured Department continued from page 4.

Dr. Aracelis Rivera performs an extensive range of clinical, forensic and teaching functions for Kosar, Moritz and the outpatient competency restoration program. In addition to her forensic assessment duties, which include completion of competency-to-stand-trial and sanity evaluations, Dr. Rivera is involved with forensically training and orienting newly hired psychology staff and providing coverage for other psychologists. Dr. Rivera is the training coordinator for the TVBH-Wright State University School of Professional Psychology and organizes placement for their doctorate level psychology students.

Dr. Rivera and Dr. Joliot are bilingual psychologists providing services to the TVBH Hispanic patient population.

Newer psychology staff members are Dr. Robyn Schaffer and Dr. Jane Welch who provide services on the Moritz Units

along with Dr. Tim Coon. These Moritz psychologists work with other treatment team members to offer creative and different group therapies each module, such as "Empathy and Insight", "Positive Matters", "Walking/Couch to 5K" and "Finding the Calm". Drs. Schaffer and Welch bring a wealth of different experiences to TVBH having previously worked with the Ohio Department of Rehabilitation and Correction. Additional to his psychology and SAMI assessment services on Moritz Unit D, Dr. Coon has been the primary psychologist and creative planning resource for the outpatient competency restoration program during its development since 1999.

Two of the department's psychologists provide services as contractors. As the CSN contractor, Dr. Dennis Eshbaugh provides outpatient services to the CSN patients and clinical risk assessment con-

sultations to the community-based treatment teams; he additionally completes the mandatory forensic status reports for all CSN patients on conditional release, working closely with the CSN forensic monitors. Dr. John Tilley is the department's contract psychologist to assist with the completion of the inpatient forensic evaluations and reports and the outpatient competency restoration program needs.

Congratulations and appreciations are extended to the TVBH Psychology and SAMI department for their outstanding clinical, forensic, substance abuse, educational and committee membership services.

— James Raia, PhD, LICDC-CS  
Director of Psychology and SAMI

## Team TVBH - NAMIWalks Franklin County

Twin Valley Behavioral Healthcare (TVBH) staff, patients, family, and friends participated in the 2016 NAMIWalks hosted by NAMI of Franklin County. The walk took place on Saturday, June 25, 2016, at Wolfe Park, with many enthusiastic TVBH supporters in attendance. Supporters of the canine variety also barked and wagged their tails to champion the cause of NAMI and the invaluable services it offers. This year Team TVBH raised \$2,200 for NAMI Franklin County, which represents a 25% increase over the previous year's total donations. Donations from the walk directly fund NAMI FC's year-round classes, support groups, referral services and advocacy work.

Team TVBH fundraising coordinators for 2016 included Anthony Brown, Payroll; Shadira Davis, TPW; Lindsey Doty, Music Therapist; Ricky Kenerly, TPW; and Dr. Vidic, Psychologist. Fundraising events - including the sale of breakfast items and NAMI paper shoes to "Stomp out Stigma" - were held, and TVBH staff and Administrative Leadership generously

*Bottom: TVBH Fundraising coordinators Dr. Vidic, Lindsey Doty, and Ricky Kenerly in front of the "Stomp Out Stigma" project.*



supported these events through donations of time, money, and resources. At the first breakfast, TVBH staff had the opportunity to purchase donated bagels, donuts, and coffee. For the second breakfast, members of the Employee Appreciation Committee, the Wellness Committee, and other TVBH staff members, as well as Administrative Leadership, did an outstanding job through their donations of breakfast foods, time, and energy. Way to go TVBH! In addition, individuals who donated to the NAMI/Team TVBH effort were able to sign their names to NAMI paper shoes. A portion of a wall in the Kosar lobby was filled with these paper shoes.

— Dr. Vidic, Team TVBH – NAMIWalks

*Top: TVBH NAMIWalk Coordinators receive fundraising support from members of the TVBH Employee Appreciation Committee, NAMI-FC, and the TVBH Wellness Committee. Front row (left to right): Anthony Brown, Payroll; Chrissy Havach, Wellness Committee; and Rachel Lieberman, NAMI-FC Walk Manager. Standing (left to right): Dr. Vidic, Psychologist; Shadira Davis, TPW; Marcia McKeen, EAC; Dr. Kukor, Wellness Committee Chair; and Lindsey Doty, Music Therapist.*