

FOCUS

TVBH

IN FOCUS • IN FOCUS

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TWIN VALLEY BEHAVIORAL HEALTHCARE

Summer 2014

Death Avoidance with Naloxone— An Opioid Recovery Initiative with Successful Outcomes

During the first six months of 2014, over one hundred patients have been admitted to TVBH with opioid substance abuse problems. The primary opioid abused was heroin. Prescription pain medications such as oxycodone (Percocet), hydrocodone (Vicodin) and methadone were the next most often abused opioids. As part of their recovery process, patients who abuse opioids are offered participation in the DAWN KIT project which focuses on the assessment of high risk behaviors and the prevention of opioid overdose related deaths.

The DAWN KIT is an opioid overdose toolkit that contains the medication naloxone, which reverses an overdose caused by any opioid substance. After proactive education and hands-on training, patients can choose to receive

a DAWN KIT upon discharge. In case of a future opioid overdose in the community, either they or a bystander can use the DAWN KIT to administer the lifesaving naloxone by means of a simple, nasal spray method.



DAWN is an acronym for “Death Avoidance with Naloxone.” Naloxone (also known as Narcan) is a medication that can reverse an overdose caused by any opioid drug. The most serious potential harm from opioid overdose is trouble breathing, called “respiratory depression.”

Following an overdose on an opioid, a person’s breathing can slow to the point that they do not get

Death Avoidance with Naloxone continued on page 5.

Veronica Lofton Named Chief Executive Officer

Veronica Lofton has been named Chief Executive Officer at Twin Valley Behavioral Healthcare effective May 5, 2014. Ms. Lofton began her career at TVBH (known then as COPH) in 1987 as a social worker on the K4 unit, which was an all-male 36 bed unit. Since then, she has held several clinical and leadership positions at the hospital, including Risk Manager/Patient Safety Coordinator, Director of Quality Assurance, Director of Patient Services and most recently, Acting CEO. Her vision is to advance Twin Valley Behavioral Healthcare as a mission-driven organization focused on outcomes that provides the highest quality of care for those in need of inpatient and outpatient services. Lofton holds a Bachelor of Arts in Sociology from Elizabeth City State University and a Masters in Social Work from The Ohio State University.



Veronica Lofton
CEO at TVBH

Featured Department TVBH Division of Corrections

The Corrections Division in the Timothy B. Moritz Forensic Center is unique to Twin Valley and the State of Ohio. As the only maximum security mental health hospital in the state, TBMFU serves all 88 counties. The department consists of 5 Corrections Lieutenants, 26 full time Officers, and currently 1 ETA, of which is overseen by the Chief of Police of Protective Services. Corrections provide 24-hour coverage to maintain the safety and security of patients, staff, visitors and the facility while balancing a therapeutic environment. In addition to the continuous interior and exterior patrols of Moritz, Corrections also conducts regular testing of safety and security alarm systems, conducts regular searches of patient living areas, monitors control of high priority keys, provides patient transport for off ground trips and appointments, responds to emergency codes and provides assistance to nursing staff as needed.

TVBH Division of Corrections continued on page 3.

New Faces & Leadership Appointments

Medical Department Welcomes



Patricia Forman, MD received her Master's in Clinical Psychology in 1971 from St. John's University, Jamaica, Queens, New York. She then went on to earn her Doctor of Medicine degree from The Ohio State University in 1978. Staying in the Columbus area, she completed her psychiatry residency in 1984 at Ohio State. Her storied work experience includes being a Medical Director at Concord Inc. and Mound-builders Guidance Center and more recently an attending psychiatrist at Southern Ohio Medical Center and staff psychiatrist at The Center for Balanced Living in Worthington. She was named Physician of the Year by Licking County Mental Health Association in 1996 and was an Exemplary Psychiatrist for the National Alliance for the Mentally Ill in 1992. She is board certified by the American Board of Psychiatry and Neurology. Dr. Forman started at TVBH in April and has been making positive differences in our patients' care on every unit she has been assigned.

As we continue to face the challenges of increasing admissions and patient acuity, the medical staff is proud to announce the addition of three Advance Practice Nurses to our staff.



Lillian Hastrup, APRN is a graduate of the University of Toledo with a Master of Science in Nursing. In 2012, Lillian proceeded to garner a post graduate certificate as a Clinical Nurse Specialist in Adult Psychiatric and Mental Health Nursing with an esteemed 3.92 GPA. During her time at the University of Toledo, she won the Dean Academic Achievement Award. She is a member of Sigma Theta Tau International-Honor Society of Nursing and is a Life Member of Phi Kappa Phi. She did her internship at Harbor Behavioral in Toledo and comes to us from the Toledo VA Community Based Outpatient Clinic where she diagnosed, interviewed and evaluated mental status using her knowledge of psychiatry in care of those suffering with mental illnesses. Lillian has already created positive outcomes in patient care on K-7 at TVBH.

New Faces & Leadership Appointments continued on page 6.

Community Outreach Day 2014

During these difficult times it is important to collaborate with different sectors of society to work at resolving some of the challenges we are facing. During the month of April the Ohio Department of Mental Health and Addiction Services (OhioMHAS) takes an opportunity to partner with the faith-based community.

April is Minority Health Month. In recognition of the occasion, on Saturday, April 26, 2014 staff from Central Office and Twin Valley Behavioral Healthcare participated in Outreach Day at St. Paul African Methodist Episcopal Church.

Dr. Marjorie Kukor, PhD from TVBH provided information and screenings for anxiety and depression. She also provided resource information for those who were interested in more detailed information and follow-up, in addition to brochures on stress management and relaxation.

Sue Berry from TVBH managed the registration table. She partnered with Rachelle Martin, Director, Franklin County National Alliance for Mental Illness (NAMI FC) to supply information regarding NAMI family support groups and community resources. Ms. Berry assisted the participants to navigate the health fair and offered participants free gift bags that included vegetable seeds and information on health related issues.

Anne White, RD, LD and **Janice Lonsdale, MS, RD, LD**, from TVBH, provided nutrition handouts and advice. Topics included, basic healthy eating guidelines, home food safety, healthier choices at fast food restaurants, as well as, more specific information regarding diabetes, heart disease, etc. They also shared their 5 pound fat model, which is always an eye opener and conversation starter.

Dr. Lori Kneisly, PharmD from TVBH, discussed the need to adhere to medications as prescribed by the medical professional, potential drug-drug interactions and when to contact your health care professional for medication related issues.

Marcia McKeen, Human Resource Director from TVBH assisted in providing a nourishing meal on a monthly basis to those in need.

Karen Kimbrough, LCDCII, from The OhioMHAS Office of Prevention and Wellness, Licensed Chemical Dependency Counselor provided information on tobacco, alcohol and other drugs. She provided helpful suggestions to parents and concerned adults on the signs and symptoms of children using drugs or alcohol, what to do about it, and prevention strategies.

This event is held annually in April. If anyone would like to participate or has additional ideas for OhioMHAS and TVBH to contribute to community events, please contact Karen Kimbrough, LCDCII at karen.kimbrough@mha.ohio.gov.



Seated (left to right): Karen Kimbrough and Janice Lonsdale. Standing (left to right) Anne White, Dr. Lori Kneisly, Sue Berry, Marcia McKeen and Dr. Marjorie Kukor.

Featured Department - TVBH Division of Corrections continued from page 1.



1st Shift: (left to right): **Chris Fought, Regina Morrison, and LT John Powell.**



1st Shift: Seated (left to right): **Victor Payne, LT April Fointno, and Jeff Klopstein.** Standing (left to right): **Mike Tallarico, Jerry Davis, Jeff Egger, and Brian Johnson.**



2nd Shift: Seated (left to right): **Andre Tanyhill, Dale Smith, Tim Latham, and Carlos Page.** Standing (left to right): **Dave Harper, Anthony Henry, LT Norm Smith, Kevin Miller, and Tim Page.**



3rd Shift: Seated: **Colleen Hisle and Kristin Williams.** Standing (left to right): **Jimmie Milbry, Jason Nichols, Tracey Moffitt, and LT Shaun DeVoll.**

Animal Assisted Activities & Therapy Partnership

TVBH will be partnering with Angel Paws Animal Assisted Activities & Therapy a registered Pet Partners (formerly Delta Society) affiliate organization to implement standards based Animal Assisted Activities & Therapy to the patients in our care. Carefully screened, trained and evaluated animal/handler teams will volunteer their time and expertise to provide the many benefits associated with pet therapy such as:

- A lifting of spirits and lessening of depression
- Encourages communication
- Provides comfort
- An increase in socialization
- Reduces boredom
- Lowering of anxiety
- Creates motivation for the client to recover faster
- Reduces loneliness



All Angel Paws volunteer teams are registered and insured. They receive extensive standardized training to assure they conduct themselves with sensitivity and professionalism and go through detailed preparation for each visit. Angel Paws is located in Licking County and are expanding their services to offer Animal Assisted Activities & Therapy services in Franklin County. If you are interested in becoming a qualified animal/handler volunteer, contact Patti Shanaberg at www.AngelPawsTherapy.org. Stay tuned for more details as this partnership progresses!

Culturally Speaking

The continuing objective of the TVBH Cultural Competency Council (CCC) is to infuse each calendar quarter with timely, culturally significant activities; for we believe that “cultural competency” – which we define as an acceptance of and respect for difference, as well as the ongoing development of cultural knowledge and its integration into specific clinical standards, service approaches, and treatment techniques – is absolutely imperative in the context of patient care.



Left to right: **Laura Hauser**, MT-BC (Kosar Choir); **Ed Desmond**, CSN Director and AT Director (CSN Band – Trial and Error); and **Mark Thunderwalker Camden** (center) with band members.

Black History Month, February 2014, was a case in point. During that month, the CCC sponsored the premier installment of our CCC Brown Bag Movie Series for staff, which we envision as quarterly lunchtime screenings that involve a cultural theme. We were pleased to show “I Can Tell the World,” a documentary that focuses on a multiracial, multigenerational choir; this group performs traditional Negro spirituals to great acclaim, and the film includes interviews with people from all backgrounds who have been deeply affected by the music and the friendships that the performances have forged. We have plans to screen other movies about the arts in other countries and, for September 11, a PBS documentary called “Faith and Doubt at Ground Zero”, a series of interviews with survivors and clergy from different religions regarding the transformative power of that tragic event in their lives.

The following calendar quarter, the CCC chose as its theme “Sports and Games Around the World”, and we explored the concept in a few different ways.

We changed the CCC’s approach to the traditional Kosar booths at the 2014 Celebration of Cultures (May 14-16). The aim this year was to blend the cultural theme of “Sports and Games Around the World” with the goals of the Wellness Committee. The tables that were staffed by TVBH employees reflected a mix of international flavor with an athletic current: e.g., there were tables that introduced visitors to Ireland/Rules Football, Israel/Maccabiah (Jewish Olympics), and England-Greece-Italy/Wrestling.

These “tourist attractions” offered patients enlightening conversation and informative handouts about the origins of the activity, the essence of the sports, and the locations around the globe where it is popular today. A special table was set up to represent the TVBH Wellness Committee, and volunteers distributed information about key recreational benefits such as fitness, relaxation, and self-esteem. Leading up to this event, Mt. Carmel College of Nursing students, lead board game activity on the units. The CCC

provided them with prominent games that are international in scope, including Ludo, Mancala, Chinese checkers, and Loteria. We are grateful for their assistance, and we hope to continue this working relationship.

As always, a sampling of tasty international cuisine was served to the patients at all three campuses; Thornton Meacham Awards and Honorable Mention Certificates were presented to a slate of very deserving nominees; and the festival was graced with the artistry of both the Patient Choir (at Kosar) and the Trial and Error band (at CSN).



Handcrafted flutes by Mark Thunderwalker Camden.

This year, our featured musical guest at Kosar, Moritz, and CSN was Mark Thunderwalker Camden, an Ohioan who is part Cherokee and who self-identifies as Native American. An extraordinary flute player and recording artist (and a woodcarver who creates his own instruments), Mark performed with a talented guitarist and a gifted percussionist; his playlist was punctuated with bits of folklore, descriptions of the flute-making process, and information about the healing properties of spirituality and music in the Native American tradition. It was a wonderful concert, tranquil and hypnotic.

Finally, I’d like to mention that for a couple of months, we were blessed with a group of four Catholic seminarians from Pontifical College Josephinum who generously led weekly Bible study sessions as volunteers at Kosar and Moritz. Two of the four are bi-lingual, and that prompted the Spiritual Life department to obtain a healthy supply of pamphlets about positive thinking (by Norman Vincent Peale) that are translated into Spanish. These have been useful for many patients who don’t speak English.

The CCC is proud of its accomplishments thus far, and with the recent addition of some new members, we are confident that our programs in the months to come will remain fresh and exciting. We invite hospital employees to contact us if they want the Council to cover any subjects of particular interest that would advance our collective mission.

— Chaplain Jack Schwarz

Thank You!

Thank you to the following local restaurants for their generous support of the annual cultural buffet.

Aladdins Eatery
 Firdous Express
 Flavors of India
 Florentine Restaurant
 Mark Pi’s Feast of the Dragon
 Milo’s Deli & Café
 Sarafino’s Pizzeria & Italian Deli
 Schmidt’s Sausage Haus & Restaurant
 Talita’s Mexican Restaurant, Grove City

Reaching Safety Together

Reaching Safety Together (RST) is a culture change initiative of Twin Valley Behavioral Healthcare. Begun in 2010 as a performance improvement project in response to escalating utilization of seclusion and restraint, RST has evolved into an organization-wide effort to establish goals that lead to a safer, more therapeutic environment for patients and staff.

ideas generated in the small groups. These themes were then captured for later grouping with the responses from other sessions. Overall themes that emerged emphasized safety, teamwork and open communication in an environment that values trust, respect and appreciation. These values and priorities are well aligned with the aims of RST, confirming the importance of continued focus on Reaching Safety Together.

Progress continues toward the five strategic goals established by the RST performance improvement team related to the hospital's disciplinary process, support for injured staff, staff appreciation and recognition, integration of RST into the hospital and development of a recovery toolkit for patients. Action plans have been developed and implementation is anticipated in the coming weeks.



World Café discussion groups.

In early 2014, a staff engagement initiative was planned to help inform current and future RST goals and objectives. The structure of this process was adapted from methods known as World Café. Sessions were planned on all shifts and in all TVBH facilities to generate as much participation from both direct care and non-clinical staff as possible. A total of 12 sessions were held between April 22 and June 20. Approximately 280 staff participated.

Each session was structured around three small group conversations in response to these questions: 1) What am I like on my best day at Twin Valley? 2) What is my team like on our best day? and 3) What specific things can all of us do together to be like this all the time? After each small group conversation, a large group discussion was held to link and connect themes and



After each small group discussion, ideas were captured into themes.

Death Avoidance with Naloxone continued from page 1.

enough oxygen. The lungs may fill with fluid or the person might inhale and choke on their own saliva or vomit, causing a worsening of breathing problems. Action must be taken quickly or the person may suffocate, pass out, and stop breathing entirely. When naloxone is administered during an opioid overdose, this medication blocks the effects of opioids on the brain, quickly restoring breathing and preventing death.

Naloxone has been used safely by emergency medical professionals for more than 40 years and has only this one critical function: to reverse the effects of opioids in order to prevent overdose death. Naloxone has no potential for abuse. If naloxone is given to a person who is not experiencing an opioid overdose, it is harmless. If naloxone is administered to a person who is dependent on opioids, it will produce withdrawal symptoms. Withdrawal, although uncomfortable, is not life-threatening. Naloxone does not reverse overdoses that are caused by non-opioid drugs, such as cocaine, benzodiazepines (e.g., Xanax, Klonopin and Valium), methamphetamines, or alcohol.

The TVBH DAWN KIT project began March 1, 2014. Since its inception, 51 patients have recognized the significant value of the DAWN KIT and thus accepted to participate in the project. This is 2/3 of the patients who were screened. The TVBH DAWN KIT project is led by the SAMI clinicians who evaluate the patients in terms of opioid usage and associated risks as well as their

eligibility for participating in the project. Upon acceptance into the project, the SAMI clinicians provide prescribed "Opioid Overdose Prevention Training and Education" to each patient to assure the appropriate use of the DAWN KIT. The treatment team members attempt to engage the patients in recovery interventions which are coordinated with opioid substance abuse services. Patients do not have to accept referral to ongoing substance abuse treatment to receive the DAWN KIT.

The DAWN KIT project is one of the major Ohio initiatives to directly address and prevent the heroin drug overdose epidemic. Drug overdose deaths continue to be a public health crisis in Ohio with a 366 percent increase in the number of deaths from 2000 to 2012. Unintentional drug overdoses caused 1,914 deaths to Ohio residents based on the most current data (2012). This is the highest number of yearly deaths on record for drug overdose and surpasses the previous highest number (1,765) in 2011 by 8.4 percent. In 2012, five Ohioans died every day from unintentional drug overdose, or one every 5 hours. Unintentional drug overdose continues to be the leading cause of injury-related death in Ohio, ahead of motor vehicle traffic crashes, suicide and falls.

Authors of article:

- Justin Trevino, MD, CCO, Director of Clinical Services
- James Raia, PhD, LICDC-CS, Director of Psychology and SAMI

Nurse and TPW Recognized for Compassion and Commitment to Patient Care

National Nurses Week is celebrated annually from May 6, also known as National Nurses Day, through May 12 which is the birthday of Florence Nightingale the founder of modern nursing. Florence passed away in 1910 at the age of 90. Over 100 years later, we still celebrate her work and her devotion to the nursing profession. Florence set an example of compassion, commitment to patient care and diligent and thoughtful hospital administration. This year, we recognized a TPW and a nurse that mimic the compassion and commitment to patient care that Florence held.



Harvey Neal, TPW

It is with honor that we present the 2014 TPW/PAT of the Year Award to **Harvey Neal, TPW**. The following is the criteria for the TPW/PAT of the Year Award:

- Shows exceptional teamwork and ability to deal with challenges and changes.
- Routinely utilizes TIC principles when engaging with patients.
- Is an effective role model for peers, patients and families.
- Maintains professional, respectful and therapeutic interactions with staff, patients and their families.

Harvey consistently goes above and beyond his job duties. He provides quality care to our patients as he utilizes TIC principles during all interactions and maintains respectful, therapeutic and professional communications at all times. He is exemplary in regards to de-escalation techniques by using therapeutic communication. He is notable for developing trusting relationships with our patients while also completing the daily unit tasks.

Thank you to Harvey for your continued commitment and devotion to providing quality care to our patients.



Nina Gaiton, RN

It is with honor that we present the 2014 Excellence in Nursing Award to **Nina Gaiton, RN**. The following is the criteria for the Nurse of the Year Award:

- Demonstrates a commitment to consistent, clinical decision-making, excellence in nursing care and a passion for psychiatric nursing.
- Serves as an effective advocate for patients and families.
- Shows exceptional teamwork, leadership and ability to deal with challenges and changes.

Nina consistently demonstrates these criteria on a regular basis. She has been known to make sound clinical decisions even during a time of crisis. She provides excellent nursing care to all patients and is always going above and beyond to ensure they receive the care they deserve. She is a leader on her unit and communicates effectively to all disciplines. She truly shows that she has a passion for psychiatric nursing and spends a lot of her day creating trusting relationships with the patients on her unit. During crisis situations she remains calm and employs TIC principles. A QA/PI staff member commented "She goes above and beyond to help her peers and her patients. She is able to frequently de-escalate situations often avoiding the use of restraint and seclusion. She advocates for her patients and is not afraid to ask for what they need. Thank you to Nina for her continued commitment and devotion to providing quality care to our patients."

We also wanted to acknowledge all of the nominated staff because we had so many quality nominations! This year's TPW/PAT of the Year nominations included Aaron Stewart, David Williams, Herbie Carson, and Matt Hunter. The nominations for the Excellence in Nursing Award included Kim Phillips, Becky Landes, Sheng Liu, Joy Drafton, Aaron Destadio, and Stacey Holder. Thank you for your continued hard work and dedication to our patients.

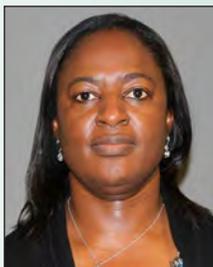
— Danielle L. Henry, RN, BSN

New Faces & Leadership Appointments continued from page 2.



Tina Kuba, APRN

Tina Kuba, APRN graduated with a Bachelor of Science in Nursing from Chamberlain College of Nursing, garnering a prestigious 4.0 GPA. She then earned her Master of Science in Nursing from the University of Cincinnati. While there, she acquired another elite GPA score of 3.9. In 2001, she won an Excellence in Nursing Award. She worked at Mount Carmel West Hospital in several different roles including hospital registration, mental health counseling, and psychiatric nursing. She has significant experience in finance and marketing. She is a member of the Ohio Association of Advanced Practice Nurses, the American Psychiatric Nurses Association and is a current board member of Employment for Seniors. Tina has already begun making a positive impact in psychiatric patient care on K-8 at TVBH.



Ellis Opusunju, APRN

Ellis Opusunju, APRN graduated with a Bachelor of Science in Nursing in 2007 from The Ohio State University and then went on to earn her Master of Science in Nursing as a Family Nurse Practitioner from there in 2013. Her work experience from August 2005 - October 2013 was at The Wexner Medical Center at The Ohio State University where she provided dedicated nursing care for a 19-bed neurological/trauma step-down unit. Most recently, she worked at Mount Carmel St. Ann's Medical Center where she provided pre and post-operative care for patients undergoing spine surgery. She is a member of the Ohio Association of Advanced Practice Nurses, the American Association of Critical Care Nurses and American Academy of Nurse Practitioners. Ellis joined our medical clinic in June and we look forward to the positive contributions she will bring to our patients' medical care.

Twin Valley extends a warm welcome to our newly hired staff

Kendra Cox, Psychiatric Attendant; Rhonda Williams, License Practical Nurse; Alexandria Woodruff, Police Officer 1; Paraja Thakuria, Psychiatry; Joe Kovacs, Custodial Worker 1; Kary Mosley, Telephone Operator 1; Maisie Stuck, Health Information Tech 1; Delaney Smith, Psychiatry; Karizma Harrell, Therapeutic Program Worker; Ra'shem Jordan, Therapeutic Program Worker; Heidi Reitmire, Psychiatric Attendant; Jeremy Browning, Corrections Officer; Eric A. Ratliff, Police Officer 1; Miatta Abu, Therapeutic Program Worker; Diane Merritt, Psychiatric Attendant; Roger Tangkiang, CSN Therapeutic Program Worker; Laura Mullins, Account Clerk 3; Micheal Gorgon, Therapeutic Program Worker; Tyler Mahle, Therapeutic Program Worker; Jeremy Boyd, Therapeutic Program Worker; Shannon Donley, Therapeutic Program Worker; Michael Evans, Custodial Worker 1; Jemima Jayjohn, Psychiatric Attendant; and Julie Willoughby, Psych/MR Nurse.

In Appreciation of Volunteers

As part of National Volunteer Week, we recognized 66 individual volunteers and 145 members from 15 groups whose combined efforts make a lasting difference in our patient's mental health and addiction recovery. These volunteers provided services during April 1, 2013 – March

Celebrate Service

31, 2014. Our volunteers enjoyed Johnson's ice cream sundaes, remarks by our Chaplain Jack Schwarz and Chief Executive Officer Veronica Lofton, and a presentation by our Peer Support Team - Kevin Butler, BA, CPS-A/MH; Joe Fields, CPS-A/AH; Thomas Hayes, CCLS, CPS A/MH; and Susan L. Cross, M.S. Ed.P.C., Client Rights Specialist. Certificates were presented to our valued volunteers and this year, the hospital awarded one President's Volunteer Service Award – Bronze Level. This award honors volunteers who have completed 100 - 240 volunteer service hours over a course of a twelve month period. This year's honoree was Darrell Herrmann, Education Services.

Door prizes were generously provided by deMoyné's Greenhouse, Home Depot (West Broad), Keller Farms, and Strader's Garden Center (West Broad.) This recognition event was generously sponsored by the Volunteer Service Council.



Above: Darrell Herrmann recipient of the Presidential Bronze Award and wife Kristen Herrmann a member of the Volunteer Service Council member.



Remembered Patient Sponsors Patty McLoughlin and Steve McLoughlin. The McLoughlin family has 3 generations participating in this program.



St. Stephen's Episcopal Church and Holiday Project People members Ted Asakura, Deb Scott-Asakura, Don Farrow, Carolyn Farrow, Paulette Rosen and Michael Rosen.



Volunteer Services would like to thank our dedicated volunteers and staff members who contribute to the success of our annual summer celebration for our patients.

A special thank you to our July Fest community sponsors:

**Hilltop Kiwanis Club, Community Service Committee
Telecom Pioneers, John D. Burlie Club
Volunteer Service Council of TVBH
West Columbus Civitan Club
White Castle Systems**



St. Philip Lutheran Church Group Dolorise Bray and Marie Holland.

Save the Dates

In the upcoming months, the Volunteer Service Council (VSC) has many opportunities for you to support the work they do on behalf of the patients/clients of Twin Valley.

Kroger Rewards Program: It's time to renew your Kroger Community Rewards designation. Our rewards number is 91196. Visit krogercommunityrewards.com and register your Kroger Plus Card today. Each time you shop, Kroger will donate a percentage of your purchase to benefit the VSC.

Books R Fun Sale: A book and gift sale will be held in the Kosar lobby on September 29 - 10:00 am - 4:00 pm. September 30 - 7:00 am - 4:00 pm and December 17 - 10:00 am - 4:00 pm.

Holiday Greens Sale: Preorder your fresh holiday wreaths and garland by November 10, 2014. Orders will be ready for pickup between November 29 – December 5, 2014.



Paulette Oylar, Betty Kletrovets and Carolyn Collins representing the Civitan Club of West Columbus.

TVBH Supports NAMIWalk 2014

This year the NAMIWalk was held on Saturday, June 14. The co-chairs for Team Twin Valley were **Sue Berry**, **Loretta Marvicsin** and **Roberta Moore**. They worked hard to register participants for the NAMIWalk and to educate our staff about the mission of NAMI. The money raised is used to benefit our clients and their families' right here in Franklin County. The TVBH team consisted of approximately 25 participants, including clients and an additional mascot, a Pembroke Corgi, by the name of Cora. Ed Desmond again designed the TVBH Team t-shirts, which are always a big hit. We collected a total of \$1,368 in donations for NAMI Franklin County (more than any previous year) and would like to extend a huge thank you to all participants and contributors!

— Team Twin Valley Co-Chairs
Loretta Marvicsin, Roberta Moore and Sue Berry



Photo Credits: Ed Desmond and Dr. James Raia