



Ohio's
2017

Behavioral Health Conference

Moving forward in
Recovery-Oriented Systems
of Care

January 10-11
Hyatt Regency
Columbus, Ohio

Hosted By:



In Partnership With:



Ohio's 2017 Behavioral Health Conference

Ohio's 2017 Behavioral Health Conference: Moving Forward in Recovery-Oriented Systems of Care will be hosted by the Ohio Association of County Behavioral Health Authorities (OACBHA), in partnership with the Ohio Department of Mental Health and Addiction Services. This conference, on January 10- 11, 2017, will address professional development in mental health and addiction.

Over two days, conference attendees will have the opportunity to hear from keynote speakers, as well as a general session panel that will include individuals in recovery who will share their successes and the main components of support for their recovery. Furthermore, participants will have the opportunity to select from up to 60 breakout sessions on topics covering prevention, trauma-informed care, recovery-oriented systems of care, reentry and criminal justice, medication management, sustaining and maintaining wellness, working with specialty populations, model programs, community partnerships, and more. In addition to the educational components of this event, this conference will provide professionals from local communities the opportunity to network with others to learn from one-another in an effort to strengthen knowledge, solutions, and resources.

To register to attend Ohio's 2017 Behavioral Health Conference, please visit:

www.oacbha.org

The Ohio Association of County Behavioral Health Authorities would like to extend a special thank you to the following conference sponsors:

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January 10, 2017 Agenda

During day one of the 2017 Behavioral Health Conference, attendees will have the opportunity to hear from keynote speakers as well as attend up to three breakout sessions. Below is a full agenda of the day:

08:00 AM – 10:00 AM	Registration
10:00 AM – 10:15 AM	Welcome and Opening Remarks
10:15 AM – 11:00 AM	Keynote Presentation
11:00 AM – 11:15 AM	Break (Visit Exhibitors)
11:15 AM – 12:15 PM	Breakout Sessions #1-10
12:15 PM – 01:30 PM	Lunch
01:30 PM – 01:45 PM	Break (Visit Exhibitors)
01:45 PM – 03:15 PM	Breakout Sessions #11-20
03:15 PM – 03:30 PM	Break (Visit Exhibitors)
03:30 PM – 04:30 PM	Breakout Sessions #21-30

January 10, 2017 Keynote Speakers



Michael Flaherty, PhD, Clinical Psychologist/ROSC Consultant

Dr. Michael Flaherty is a clinical psychologist with more than 36 years of practice. Seeking to align science, service and police in the 1999 he co-founded the Institute for Research, Education and Training in the Addictions (RETA) and became the Principle Investigator of its HHS/SAMHSA/CSAT funded Northeast Addiction Technology Transfer Center (ATTC). He has authored and overseen over 20 Federal and Foundational grants, more than 50 articles and books on topics ranging from pregnancy and addiction to the chronic disease understanding of addiction; how prevention is the cornerstone of wellness and recovery; and the need for a unified vision for prevention/intervention/ treatment, wellness and recovery in America. He regularly consults on the central role of prevention, wellness and recovery in addressing substance use. While currently dedicating himself to clinical practice he still leads key projects, prepares clinical monographs and researches the importance of understanding further the components of personal recovery. Dr. Flaherty is also committed to translating this knowledge into building a better work force through the building of skilled workers at all levels and in all disciplines addressing the prevention and treatment of substance use.



delfin bautista, Director, LGBT Center at Ohio University

delfin bautista is a native of Miami, Florida and of Cuban and Salvadoran heritage. delfin is a social worker and activist theologian with a Master of Divinity from Yale University and a Master of Social Work from the University of Pennsylvania. delfin's background includes case management, trauma therapy with survivors of domestic violence, hospital chaplaincy, faith-based advocacy, and child welfare/services. Areas of expertise: diversity, LGBTQ, advocacy, intersectionality, education. Preferred pronouns: they/them.

January 10, 2017 Breakout Sessions

11:15 AM - 12:15 PM

01. Red Flags: A Framework and Toolkit for School-based Mental Health Education

Karyn Hall, Director of Community Relations, Mental Health & Recovery Board of Portage County

Penelope Frese, PhD, Executive Director, Red Flags National

Red Flags is a process for school-based mental health education that addresses all three tiers of prevention and lays the foundation for an ongoing culture of mental health within schools. Designed for the entire school community, Red Flags increases mental health literacy, promotes the development of sound mental health habits, and motivates intervention at the onset of a mental health concern. Additionally, without encroaching on time for academics, Red Flags has been shown to improve both teaching and learning. During this session, attendees will learn about Red Flags, the successes inside Ohio's school systems, as well as a toolkit that can be used to implement Red Flags into your community.

02. Be Informed About Guardianship: Alternatives and Rights

Kristen Henry, JD, Staff Attorney, Disability Rights Ohio

Guardianship affects every aspect of a person's life. Often, alternatives to guardianship can provide needed supports without taking away a person's rights. This workshop will provide information about the guardianship process, alternatives to guardianship, and the rights of people who have guardians.

03. Improving Outcomes for Criminal Offenders with Serious Mental Illness

Lorena Fulton, DSW, Assistant Professor of Social Work, Ohio University-Zanesville

Procedure for improving outpatient outcomes in a community must involve both interagency collaboration and advocacy. Ideally, a small group of stakeholders can come together to create a plan that addresses barriers at different system levels. Sometimes advocacy associated with reducing stigma and educating stakeholders is the first step. For other communities, the first step is to determine the conduits for collaboration between agencies. This process requires both a micro and a macro intervention; our efforts to improve collaboration and advocacy must address the system of care simultaneous to addressing the needs of individual persons.

04. Behavioral Addictions: Understanding Compulsive Gambling, Sex, Spending, and the Internet

Chris Tuell, Ed.D., LPCC-S, LICDC-S, Clinical Director of Addiction Services, Lindner Center of HOPE

Behavioral addictions, like chemical addictions, involve behaviors which become compulsive, out of control, and are continued despite the negative consequences. This presentation will address the growing concerns and challenges of assessing and treating the individual with behavioral addictions, as well as the impact it has upon the addiction professional. The role of the internet in contributing to the development of behavioral addiction will also be discussed, along with the power of the internet in maintaining these addictive behaviors. A review of the research will be discussed, along with case studies.

05. How a Recovery Community Organization Utilizes ROSC: a Case Study

Joey Supina, Executive Director, Sandusky Artisans Recovery Community Center

Mary Supina, Assistant Director, Sandusky Artisans Recovery Community Center

Mobilizing the ROSC initiative in confronting substance use and mental health challenges has allowed Sandusky Artisans Recovery Community Center to manage, motivate, and persuade multiple partnerships in their community. This session will provide an overview of those partnerships as well as an explanation and illustration of the necessity of Sandusky Artisans Recovery Community Center's Five Essentials of recovery that help to secure a long-term recovery, and promote advocacy to combat discrimination and stigma.

January 10, 2017 Breakout Sessions

11:15 AM - 12:15 PM

06. Let's Make SBIRT a Vital Sign To Get Patients To The Treatment They Need To Live Healthier Lives

Nickola Ceglia, LISW-S, ACSW, Instructor/SBIRT Trainer, Mercy Health

M. Frank Beck, DDS, FAAHD, MAGD, FIOCI, DSCDA, Dental Residency Program Director, Mercy Health

This session will offer a firsthand experience of training residents, student nurses, and allied health professionals in the use of Screening, Brief Intervention, Referral to Treatment (SBIRT) at a large urban hospital. Attendees will have the opportunity to learn how to use evidence based screening tools to assess patient's substance use and risk, as well as how to provide brief interventions to increase one's motivation to change. Attendees will be presented a model to seamlessly embed SBIRT into a busy ambulatory clinical setting.

07. Help for the Helper: Wellness in Recovery-Oriented Systems of Care

Julie Lenyk, M.S. Ed., LPCC-S, Director of Recovery Support Services, Meridian HealthCare

Diana Wolf, M.S.Ed., LPCC-S, Senior Director, Adult Outpatient Treatment, Meridian HealthCare

Valerie Prevosnak, MS.Ed., LPCC-S, MAT Program Manager, Meridian Healthcare

In order to effectively function in recovery-oriented systems of care, helping professionals need to maintain their own wellness to ensure wellness in others. This course is designed to assist participants in developing and increasing their wellness and resiliency while preventing risk factors that can impact the helping professional. Participants will gain an understanding of trauma-informed, recovery-oriented systems of care, factors that can contribute to decreased wellness in this profession, and examples of best practices that will enhance wellness and resiliency. The presenters will provide interactive discussion, tools for self-assessing well-being, and engage participants in innovative activities that can be used immediately to enhance wellness.

08. Fit to Guide: Equipped for Continued Service

Alycia Taylor, MPA, SSGBC, President, Taylor Consulting Services, LLC

Why is workforce engagement so important? 69% of employees report that engagement is a problem in their organization, and 52.3% report that they are unhappy at work. It is time to take the internal temperature of our employees to ensure that our workforce is well equipped to serve our organizations and communities—mentally, physically, and emotionally. An organization whose employees are well engaged tend to be happier, healthier, more productive, are great advocates to clients and customers, and tend to go the extra mile to complete their work. This session will explore how engaged employees contribute to the improvement of services and the financial success of organizations.

09. Healthy Campus Partners – Changing Campus Culture

Tessa Mircale, MA, Program Manager, Wright State University

Jason Fruth, PhD, Associate Professor of Education, Wright State University

During this session, attendees will learn about The Healthy Campus Partners consortium, which provides multi-campus support that empowers staff, faculty, law enforcement, and students through evidence-based trainings and implementation of a Sexual Assault Response Team. The Healthy Campus Partner consortium also established a Student Leadership Committee and has led to changes in culture related to both prevention and response to sexual violence. This session will provide information related to The Healthy Campus Partners consortium at Wright State University, the successes of the consortium, and lessons learned.

10. Leadership and Supervision Essentials: Roles and Functions for Leaders of Treatment Teams

Deana Leber-George, MeD, LPCC-SC, Consultant/Trainer, Center for Evidence-Based Practices

Leading treatment teams entails being able to operate inside different roles, functions, and styles of leadership effectively. Although we often interchange terms like manager, supervisor, and leader to describe the same position, there are some inherent differences in these roles and functions. Attendees in this session will learn that leading effective teams is about creating conditions in which all of your staff members can perform to their fullest potential independently as well as effectively toward a common objective as a contributing team member.

January 10, 2017 Breakout Sessions

01:45 PM - 03:15 PM

11. Suicide Postvention: Serving the Bereaved by Suicide

Denise Meine-Graham, Executive Director, Franklin County Local Outreach to Suicide Survivors

Has someone you know been impacted by a suicide loss? Were/are you comfortable supporting them? Join this session for a discussion on suicide grief, how suicide grief reactions may differ from other types of grief, some practical do's and don'ts when interacting with the bereaved by suicide, and ideas for implementing services in your community for people touched by a suicide loss.

12. System Partnerships with Behavioral Health Redesign

Terry Jones, LISW-S, Director of Behavioral Health, CareSource

Hy Kisin, PhD, Clinical Director of Behavioral Health, Paramount Health Care

Stephanie Patrick, MSW, LISW-S, Behavioral Health Program Manager, United Healthcare Community Plan

Stephan Young, LISW-S, Clinical Director, Cenpatico Behavioral Health

As Ohio's Medicaid benefit is undergoing a period of change, understanding the role of Managed Care Organizations (MCO's) as well as the partnerships with Boards, providers, and others, to ensure that shared clients are receiving timely access to quality services is crucial. This session will discuss the development of successful partnerships between Ohio's MCO's and the overall system of care.

13. Social Emotional Foundations for Children's Optimal Health

Valarie Alloy, PhD, Early Childhood Mental Health Initiatives Lead, OhioMHAS

This session will focus on topic of Early Childhood Mental Health, specifically "The Importance of Social Emotional Foundations in Reducing Disparity for Children's Optimal Health" through an interactive presentation of leading research, best practices techniques, and implementation strategies to support success in creating social and emotional healthy foundations in children birth to age eight.

14. What Behavioral Health Professionals Need to Know about Traumatic Brain Injury

John D Corrigan, PhD, Professor, The Ohio State University

This presentation will review the epidemiology of mental and emotional problems associated with Traumatic Brain Injury (TBI), including the relationship with onset and severity of injury. Specific characteristics of brain injury will be described and their association with the manifestation of behavioral problems will be presented. Instruction will be provided on how to identify a history of TBI in clients, and suggestions for accommodating the effects of this injury in treatment interactions and treatment planning will be delineated.

15. The Clubhouse Model of Psychiatric Rehabilitation and Recovery in Ohio – Building a ROSC

Lori D'Angelo, PhD, Executive Director, Magnolia Clubhouse

Donnamarie Randolph, Lead Peer Recovery Specialist, Magnolia Clubhouse

Kathy Trick, MPA, Coordinator, Miracle Clubhouse

Thomas Coffman, Member, Miracle Clubhouse

Teresa Conley, LSW, CPRP, Program Manager, Pathways Columbus

Josephine Thompson, Member, Pathways Columbus

Learn about the Clubhouse Model from Cleveland, Dayton, and Columbus Clubhouses. These communities of recovery support employment, education, housing, and promote health wellness. Clubhouse members and staff work in partnership. An international best practice, the model is also found in 37 states and 34 countries. Attendees in this session will to learn more about the Clubhouses' communities of growth, hope, and opportunity.

January 10, 2017 Breakout Sessions

01:45 PM - 03:15 PM

16. Cleveland's Police Challenges are Opportunities for ROISC Transformation

William M. Denihan, Chief Executive Officer, ADAMHS Board of Cuyahoga County

Carole Ballard, MSSA, LISW, CIT Program Officer, ADAMHS Board of Cuyahoga County

Captain James P. Purcell, CIT Coordinator, Cleveland Division of Police

Scott Osiecki, Chief of External Affairs, ADAMHS Board of Cuyahoga County

This workshop will explore the formation of the Mental Health Response Advisory Committee (MHRAC) in Cuyahoga County and its impact on the community. The MHRAC is a committee in charge of settlement agreements between the City of Cleveland and the U.S. Department of Justice in response to the department's investigation of the Cleveland Division of Police. Participants will learn about how the MHRAC is addressing gaps and making improvements to Cuyahoga County's mental health and addiction treatment and recovery system to ensure that the Cleveland Division of Police have necessary resources available.

17. Preventing the Pain: An Early Drug Intervention and Prevention Model

Crystal Cooper, MA, Alcohol and Other Drug Prevention Specialist, Townhall II

During this class attendees will learn about the significance of early intervention and will be introduced to several effective prevention tools and curriculum including, but not limited to, the Too Good for Drugs and Project Alert programs.

18. Getting Started with ACT

Jon Ramos, ACT Director, Center for Evidence-Based Practices

Assertive Community Treatment (ACT) is an evidence-based practice that improves outcomes for people with severe mental illness who are most at-risk-of homelessness, psychiatric hospitalization, and institutional recidivism. ACT is one of the oldest and most widely researched evidence-based practices in behavioral healthcare. Using a multidisciplinary team approach and assertive outreach mechanisms, ACT teams provide services in the community to people with severe mental illness. This session will discuss ACT implementation and the outcomes as result of the implementation of ACT.

19. Integrating Spirituality into Practice within the Context of Addiction

Kristy Blodgett, M.S.Ed., Medication Assisted Treatment Counselor, Meridian Healthcare

Tanisha Miller, M.S.Ed., Medication Assisted Treatment Counselor, Meridian Healthcare

Stephanie Leonard, M.S.Ed., Medication Assisted Treatment Counselor, Meridian Healthcare

Counselors are trained to identify and treat mental and emotional disorders which often impair one's quality of life; however, beyond the best mental health treatment, a sense of emptiness often exists for many clients with an addiction. Another layer of the human condition, often neglected, involves spirituality. Recognition and enhancement of clients' spirituality can help develop additional coping skills, promote emotional/mental growth from arrested development, heal unresolved trauma, and provide additional support for recovery. This presentation will provide an interactive learning environment in which attendees will learn how to incorporate spirituality, as an adjunct, into the counseling session. Attendees will be provided with concrete recommendations with regard to integrating spirituality within mental health/addiction counseling practice, interventions, and treatment planning.

20. Recovery Is Beautiful: Building Recovery-Oriented Systems of Care

Elaine Georgas, Executive Director, Lorain ADAS Board

During this session, attendees will be provided an update on the work of the Recovery Is Beautiful Implementation and Advisory Committees to help local communities implement local Recovery-Oriented Systems of Care. The session will also provide an overview of the principles that build the foundation of the Recovery-Oriented System of Care movement.

January 10, 2017 Breakout Sessions

03:30 PM - 04:30 PM

21. Sharing My Story of Recovery

Individuals in Recovery

This session will offer first hand perspectives of individuals in recovery from an addiction and/or mental illness. During this session, attendees will hear stories about the personal journeys of these individuals in recovery, and how they are able to successfully maintain their recovery.

22. Stepping Up Together: Stark MHAR and Canton Police Partnership

Jeannie Cool, LPPC-S, Forensic Coordinator/Monitor, StarkMHAR

LT. John Gabbard, Commander, Police Priorities Division, Canton City Police Department

Session presenters will describe the different programs and services, trainings, protocol, as well as resources that are currently in place in Stark county, specifically Canton, Ohio, as well as a vision in moving forward. A brief discussion will include already existing programs (i.e. mental health courts, jail liaisons, etc.), but the primary focus will be on new and innovative programs with the Canton Police Department, which will include: ongoing collaboration, delivery of mental health first aid for public safety to all of Canton PD, lead program (law enforcement assisted diversion program, a pre-arrest diversion program), and a newly developed mobile crisis program.

23. Implementing Crisis Text Line Keyword for Ohio

Holly Jones, MSW, LSW, Youth Program Administrator, OhioMHAS

This session will discuss the benefits of having a statewide keyword partnership with the Crisis Text Line organization. This session will also discuss the implementation and rollout of Crisis Text Line resources in Ohio.

24. Making the Case for Assertive Community Treatment

Jon Ramos, ACT Director, Center for Evidence-Based Practices

This session will provide an overview of Assertive Community Treatment (ACT). ACT is an intensive program model in which multidisciplinary team of professionals serves people who do not readily use clinic-based services, but who are often at high risk for psychiatric hospitalization. ACT Teams have a holistic approach to services, help with medications, housing finances, employment, and every problems in living, with most contact occurring in community settings. ACT differs from traditional case management approaches both conceptually and empirically, being one of the best-researched mental health treatment models.

25. Building Recovery Capital in Recovery Oriented Systems of Care

Julie Lenyk, M.S. Ed., LPCC-S, Director of Recovery Support Services, Meridian HealthCare

James Evans, MS. Ed., LPCC-S, Senior Vice President of Planning, Meridian HealthCare

Kristin Kratzer, M.Ed., LPCC-S, Director of Assessment, Meridian HealthCare

Recovery is holistic and occurs through many pathways including an individual's social, environmental, personal, and cultural resources. Using a model based on recovery capital, providers can assist individuals and families in assessing and addressing their needs in all components of their recovery. This course is designed to assist participants in developing and increasing their understanding of recovery-oriented systems of care and ways in which providers can assist individuals in assessing and building recovery capital. The presenters will provide interactive discussion, an assessment tool for assessing recovery capital, and provide examples of interventions designed to enhance recovery in individual's impacted by substance use, trauma, and mental illness. Attendees will be provided with innovative interventions that can be used immediately to enhance recovery capital in recovery-oriented systems of care.

January 10, 2017 Breakout Sessions

03:30 PM - 04:30 PM

26. Your Patient Experience starts with a Phone Call

Barry Himmel, MBA, University of Dayton, Senior Vice President, Signature Worldwide

The phone is a critical part of your operation. Many of your customers will begin their interaction with you with a phone call. That call needs to be serviced in a professional, empathetic, and efficient manner. In this session, the presenter will cover why the part of your operation is so important to the success of your organization. We will also cover the skills necessary to create a great first and lasting impression.

27. Focused on Your Health: Addiction and Behavioral Health Clinical Trials in your Community

Otto Dueno, MD, Medical Director/Principal Investigator, Midwest Clinical Research Center

This session will provide an overview of the progress of recent clinical trials in regards to mental health and addiction, as well as how to utilize research studies as a resource in the community to assist with recovery, treatment compliance, and medication management.

28. Suicide Prevention: Strategies to Impact the Community

Allison Esber, MSSA, LSW, OCPA, Youth Development Coordinator, Stark County MHAR

Tens of thousands of individuals die by suicide every year and this presentation will briefly discuss the impact (state and national), signs, symptoms, and risk factors. Stark County has been working toward developing a strategic plan to strategically address suicide in Stark County. This approach includes prevention and education, treatment and intervention, and finally, aftercare for individuals following hospitalization and post-vention for loved ones after a suicide death. The remainder of this presentation will focus this approach and the strategies that the Stark County Suicide Prevention Coalition and community partnerships will develop and utilize over the next several years to decrease the rate of suicide deaths, attempts, and create a better system of care.

29. Leadership and Supervision Essentials: Roles and Functions for Leaders of Treatment Teams

Deana Leber-George, MeD, LPCC-SC, Consultant/Trainer, Center for Evidence-Based Practices

Leading treatment teams entails being able to operate inside different roles, functions, and styles of leadership effectively. Although we often interchange terms like manager, supervisor, and leader to describe the same position, there are some inherent differences in these roles and functions. This session will enforce that leading effective teams is about creating conditions in which all of your staff members can perform to their fullest potential independently as well as effectively toward a common objective as a contributing team member.

30. Crisis Intervention Team Training in Montgomery County

Jodi Long, Director of Treatment and Supportive Services, Montgomery County ADAMHS Board

Jennifer Cox, Director of Training, Montgomery County ADAMHS Board

A Crisis Intervention Team (CIT) program is a model for community policing that brings together law enforcement, mental health providers, hospital emergency departments, and individuals with mental illness and their families to improve responses to people in crisis. CIT programs enhance communication, identify mental health resources for assisting people in crisis and ensure that officers get the training and support that they need. In this session, attendees will learn about a local CIT program, its implementation, successes, and lessons learned.

Advancing Your Leadership: Knowing How to Work as a Leader

This briskly-paced, two-day workshop is for anyone who wishes to empower their leadership, foster personal skill development, and explore team dynamics. Leadership is about the business of engaging people toward a vision and priorities as well as ensuring the mechanisms are in place for successful execution. Exploring leadership's one-to-many relationship in this interactive workshop setting will help attendees discover their full potential as a leader and generate practical, personal ideas to improve and excel. This training will allow for attendees to: deepen their commitment to lead; learn what effective leaders do; gain insights into team dynamics and how to move an agenda forward; examine and appreciate the vital role communication skills play in maximizing impact; and, explore their individual leadership styles and skill level to develop a growth plan. The learning objectives for this workshop are below:

Learning Objectives:

- Allow participants to gain insight into the elements and skills sets associated with leadership and begin a self-examination of the participant's leadership assets and areas for self-improvement.
- Develop leadership and change management skills for application in current and future roles.
- Grasp the intersection between individual leadership and organizational change, including knowledge of team behavioral cues.
- Study the need for communication to transfer information effectively to others.
- Understand leadership strategy and the importance of strategic thinking and operational planning to obtain results.
- Motivate participants to step up as effective leaders.
- Encourage self-awareness and personal responsibility for personal growth (self-awareness, self-regulation, self-initiative).
- Foster peer networking and support.



To aid in self-discovery, each participant will receive an Everything DiSC Work of Leaders profile. This 23-page, personalized report profiles an individual's basic style and standing on an 18-point, behavioral-continuum that define best-practice leadership. The Work of Leaders report is a research-based, psychometric tool that provides each participant with an opportunity to forge a personal improvement plan.

NOTE: This event will occur simultaneous to the 2017 Behavioral Health Conference. Registration for this event precludes the attendee from participating in other parts of the 2017 Behavioral Health Conference. Individuals who register for this workshop will receive two full-days of leadership training. The cost of this workshop is \$330. The registration will cover attendance at this workshop, meals, and personalized assessment each attendee will receive. Participation in this workshop requires enrollees to spend 20-30 minutes taking the Everything DiSC Work of Leadership electronic assessment approximately three weeks prior to the workshop. This ensures that individualized reports can be shared and utilized during the workshop. The Leadership Workshop will be limited to 50 registrants on a first come, first served basis. To register for the Leadership Workshop, please follow this link:

www.oacbha.org

January 11, 2017 Agenda

During day two of the 2017 Behavioral Health Conference, attendees will have the opportunity to hear from keynote speakers as well as attend up to three breakout sessions. Below is a full agenda of the day:

07:00 AM – 09:00 AM	Registration
09:00 AM – 09:10 AM	Welcome and Opening Remarks
09:10 AM – 09:40 AM	Recovery Story
09:40 AM – 10:30 AM	Morning Keynote Presentation
10:30 AM – 10:45 AM	Break (Visit Exhibitors)
10:45 AM – 11:45 AM	Breakout Sessions #31-40
11:45 AM – 01:15 PM	Lunch
01:15 PM – 02:45 PM	Breakout Sessions #41-50
02:45 PM – 03:00 PM	Break (Visit Exhibitors)
03:00 PM – 04:30 PM	Breakout Sessions #51-57

January 11, 2017 Keynote Speaker



Nancy Lublin, Founder/CEO, Crisis Text Line

Nancy Lublin does not sleep very much. She is currently the Founder & CEO of Crisis Text Line, which has processed nearly 20 million messages in 3 years and is one of the first “big data for good” orgs. She was CEO of DoSomething.org for 12 years, taking it from bankruptcy to the largest organization for teens and social change in the world. Her first venture was Dress for Success, which helps women transition from welfare to work in almost 150 cities in 20 countries. Before leading three of the most popular charity brands in America, she was a bookworm. She studied politics at Brown University, political theory at Oxford University (as a Marshall Scholar), and has a law degree from New York University. She is the author of 4 books and is a board member of McGraw Hill Education. Nancy was named one of Fortune’s “World’s 50 Greatest Leaders” alongside the Pope and Dalai Lama. (She thought that was hilarious.) Nancy is a Young Global Leader of the World Economic Forum (attending Davos multiple times), was named Schwab Social Entrepreneur of the Year in 2014, and has been named in the NonProfit Times Power and Influence Top 50 list 3 times. She is married to Jason Diaz and has two children who have never tasted Chicken McNuggets.



Rick Kellar, President, The Margaret Clark Morgan Foundation

Rick, a native of Hudson, Ohio, attended the United States Military Academy, West Point and was awarded a Bachelor of Science in Nuclear Engineering, and later attended Syracuse University where he received an MBA Summa Cum Laude. He is a US Army Combat Veteran, having served in both Infantry and Special Forces, attaining the rank of Lieutenant Colonel. He served in a variety of leadership positions both tactically and strategically, operational and leadership assignments at the Joint Special Operations Command, and at the Pentagon as the Director of Resourcing for the United States Army Operations and Readiness initiative. Rick joined the private sector in 1998 in the finance industry and came to the Margaret Clark Morgan Foundation in 2005 as President. Born out of personal experience, Rick challenges the status quo, pursuing improvements in access to care, behavioral health capacity, and criminal justice reform as it relates to the mentally ill, believing Ohio can serve as a template for the nation.

January 11, 2017 Breakout Sessions

10:45 AM - 11:45 AM

31. The BeST Kind of Hope: Early Psychosis Intervention

Patrice Fetzer, LISW-S, Director, Best Practices in Schizophrenia Treatment Center, NEOMED

Kathy Coate-Ortiz, LISW, Chief of Mental Health Services, OhioMHAS

FIRST, specialized early identification and outpatient treatment of psychosis programs are offered throughout Ohio through a partnership of the Ohio Department of Mental Health and Addiction Services, community mental health agencies, mental health and recovery boards and the Best Practices in Schizophrenia Treatment (BeST) Center at Northeast Ohio Medical University. This presentation will address the ways in which early intervention can promote a faster, more complete, more hopeful recovery from psychosis. We will also describe ways in which key stakeholders, such as mental health and recovery boards and agencies, can support early identification and treatment of psychosis programs in their communities and returns they can expect from these investments.

32. Generation Q: Youth and the Expansion of Sexual and Gender Diversities

delfin bautista, Director, LGBT Center at Ohio University

This presentation will discuss the generational differences and richness of sexual orientation, gender identity, gender expression, and queerness, with a specific focus on how young people today are expanding and redefining sexuality and gender.

33. Sharing My Story of Recovery

Individuals in Recovery

This session will offer first hand perspectives of individuals in recovery from an addiction and/or mental illness. During this session, attendees will hear stories about the personal journeys of these individuals in recovery, and how they are able to successfully maintain their recovery.

34. Place Matters: Neighborhoods, Trauma and Behavioral Health

Jason Reece, Ph.D., MCRP, Assistant Professor, The Ohio State University

This session will focus on topics of neighborhood based trauma or toxic stress and its implications for behavioral health. The session will also look at the neighborhood or place based factors which impact socio-emotional health and identifying community based strategies for addressing social determinants and improving socio-emotional health. Lastly, a trauma-informed community development practice will be introduced.

35. Community Approach: The Benefits of Combining a NAMI Affiliate and a COS

Helen Walkerly, LISW-S, Executive Director, NAMI Wayne and Holmes Counties

Judy Wortham Wood, Executive Director, MHRB of Wayne and Holmes Counties

Learn how one organization successfully combines consumer needs and programming, as well as provides support and programs for family members. This session will discuss the process of coming together successfully; the benefits of combined work for consumers, family members, and the community; and how they work to find the balance locally.

January 11, 2017 Breakout Sessions

10:45 AM - 11:45 AM

36. Medication Management Program

Ashley Coleman, PharmD, Pharmacy Director, Ohio State University Medication Management Program

Currently, medication use can be very complex. Patients are often dealing with multiple chronic medical conditions requiring a number of medications. They are often seeing multiple providers and shop at multiple pharmacies. The Ohio State University College of Pharmacy, in collaboration with SinfoniaRx, runs a Medication Management Program (OSU-MMP) that provides Medication Therapy Management services designed to optimize health outcomes for individual patients. This session will provide an overview of the program, as well as successes and lessons learned.

37. First Episode Psychosis

Lisa Faber, Director of Integrated Services, Zepf Center

FIRST Lucas & Wood Counties is a comprehensive, evidence based treatment program for individuals who have had a first episode of a psychotic illness. The FIRST Lucas & Wood Counties team members work together to provide treatment, information and support to clients and their families and significant others. The program provides support and education for not only the client but for their family in order to improve recovery, set future goals and reduce chances of relapse. In this session, attendees will learn about this program, its implementation, successes, and lessons learned.

38. Community Transition Program

Kieran Hurley, Director, Criminal Justice Services, CareSource

The Ohio Department of Mental Health and Addiction Services (OhioMHAS) has contracted with CareSource to facilitate continued treatment and recovery support services for individuals with substance use disorder (SUD) who are returning from the Ohio Department of Rehabilitations and Corrections through a Community Transition Program (CTP). The CTP promotes access to continued treatment, including Medication-Assisted Treatment (MAT) to reduce the risk of relapse, and provides recovery supports. Recovery supports may include housing assistance, vocational supports, life skills, transportation and other supportive services.

39. Behavioral Addictions: Understanding Compulsive Gambling, Sex, Spending, and the Internet (repeat)

Chris Tuell, Ed.D., LPCC-S, LICDC-S, Clinical Director of Addiction Services, Lindner Center of HOPE

Behavioral addictions, like chemical addictions, involve behaviors which become compulsive, out of control, and are continued despite the negative consequences. This presentation will address the growing concerns and challenges of assessing and treating the individual with behavioral addictions, as well as the impact it has upon the addiction professional. The role of the Internet in contributing to the development of behavioral addiction will also be discussed, along with the power of the Internet in maintaining these addictive behaviors. A review of the research will be discussed, along with case studies. In this session, attendees will learn about this program, its implementation, successes, and lessons learned.

40. Evidence-based Kernels for Life – Prevention Strategies for Home/Community

Jason Fruth, Associate Professor of Education, Wright State University

Randi Bargo, School Counselor (Springboro Schools), Visiting Instructor (Wright State University)

This session will introduce Evidence-based Kernels for Life – a menu of trauma-informed prevention strategies available through the Ohio Department of Mental Health and Addiction Services and Wright State University and designed for anyone who comes into contact with youth. These strategies have a research base in promoting mental and behavioral health. This session will demonstrate the multi-media options and train-the-trainer universal access to these strategies as community options for home-based or community-based prevention.

January 11, 2017 Breakout Sessions

01:15 PM - 02:45 PM

41. Adolescents with Co-Occurring Disorders: They Are Already In Your Care

Michael Fox, PCC-S, LCDC-III, *Research Associate/Consultant, Case Western Reserve University*

Adolescence is a unique and active period of development. Differential diagnostic understanding and matched treatment is complicated, specialized and vital. Often, protective change and treatment progress can be stalled by unrecognized areas of risk and need. As many as 40% of adolescents with identified mental health needs have co-occurring substance use issues. Identified substance use needs predict co-occurring mental health disorders over 70% of the time. This session will explore engagement of this specialty population.

42. Assisted Outpatient Treatment

Brian Stettin, Esq., *Policy Director, Treatment Advocacy Center*

Betsy Johnson, *Legislative and Policy Advisor, Treatment Advocacy Center*

Assisted outpatient treatment ("AOT") is a form of civil commitment, by which an individual with severe mental illness and a history of difficulty adhering to outpatient treatment is court-ordered to participate in comprehensive outpatient services with intensive case management. Multiple studies establish AOT as a best practice in helping those caught in the "revolving door" avoid repeated hospitalization, criminalization, homelessness, and other tragic outcomes. This session will speak to the origins and aims of AOT, the successes that many jurisdictions across the U.S. (including Ohio) have achieved by implementing AOT, and how the Treatment Advocacy Center can help attendees establish an AOT program in their communities.

43. AoD Treatment Considerations for Individuals with SPMI

Ric Kruszyunski, MSSA, LISW, LICDC, *Director, Consulting and Training, Center for Evidence-Based Practices*

The addictions field continues to advance in regard to the knowledge and skills necessary to deliver effective interventions for those in need of services to promote recovery. Included in these advances are an increased understanding of dynamics that are essential to master in order to have the greatest possible impact on positive client outcomes, unique to particular cross-sections of the population. While the treatment technology associated with best results for addictions treatment among individuals with SPMI has been better understood and articulated for several decades, persistent misunderstanding of the needs of this population, and the nuances of service delivery are still pervasive in many treatment settings.

44. Closing the Gap: An overview in building a Culturally Competent System of Care

Jessica Zavala, *Engagement-Youth Services Coordinator, Stark Mental Health and Addiction Recovery*

The changing natures of our communities and the dramatic challenges surfacing in our System of Care have magnified issues facing communities in access to high quality services. Recognizing the diversity of culture and the different ways to achieve health equity serves as a bridge between communities to access high quality care that is culturally and linguistically appropriate. In this session, attendees will explore similarly focused models for organizational systems with the recognition that health care systems and institutions also operate under complex cultures with specialized languages or lingos, traditions or operations, and codes of conduct.

45. Don't Lose Faith in the Recovery Process

Starlette Sizemore Rice, *Public Benefits Administrator, ADAMHS Board of Cuyahoga County*

Scott Osiecki, *Chief of External Affairs, ADAMHS Board of Cuyahoga County*

The faith-based community is often contacted early on by individuals/families experiencing difficult circumstances involving mental health or substance abuse issues. Spirituality also plays an important role in the recovery process. This session will explore Cuyahoga County's unique faith-based pilot initiative that incorporates spirituality in the delivery of mental health and addiction prevention, treatment and recovery support services. The pilot program is centered on the development of partnerships and strategies that ensure that when a client acknowledges spiritual beliefs through the assessment process, it is integrated in the overall treatment and recovery process.

January 11, 2017 Breakout Sessions

01:15 PM - 02:45 PM

46. ROSC Today – Where is ROSC Today in America and in one Ohio County?

Precia Stuby, LISW-S, Executive Director, Hancock County ADAMHS Board

Michael Flaherty, PhD, Clinical Psychologist/ROSC Consultant, Private Practice

This session will describe the continued progress in America of ROSC and recovery focused care model today and how ROSC is being used to address some of America's most difficult problems, i.e., drug overdose, managed care, workforce development, peer support development, family involvement, etc. This session will also review Hancock County's now three-year effort in transforming its services by building a community led system integration built on ROSC. Initial steps, successes and challenges, and early outcomes will be presented.

47. Trauma-Informed Supervision

Julie Lenyk, M.S. Ed., LPCC-S, Director of Recovery Support Services, Meridian HealthCare

Diana Wolf, M.S.Ed., LPCC-S, Senior Director, Adult Outpatient Treatment, Meridian HealthCare

Valerie Prevosnak, MS.Ed., LPCC-S, MAT Program Manager, Meridian HealthCare

The current opiate epidemic and the high correlation of co-occurring trauma, is leading to unique issues related to vicarious trauma, compassion fatigue, and burnout that are becoming more apparent in the supervision process. Supervisors can take a trauma-informed approach to supervision to ensure well-being and prevent these issues from impacting clinicians, case managers, and individuals providing recovery support services. This course is designed to assist participants with gaining an understanding of a trauma-informed approach to supervision. The presenters will provide interactive discussion and engage participants in supervision activities designed to enhance the well-being and ethical practice of clinicians, case managers, and peer supporters. Attendees will be provided with innovative interventions that can be utilized immediately to accommodate the supervision process.

48. IHBT Implementation: Challenges and Opportunities

Richard Shepler, Ph.D., PCC-S, Director, Center for Innovative Practices, Case Western Reserve University

The Ohio Department of Mental Health and Addictions Services and the Ohio Department of Medicaid have included Intensive Home Based Treatment (IHBT) in the Medicaid Behavioral Health State Plan Services as one of the specialized services that is scheduled to begin on July 1, 2017. IHBT is a comprehensive mental health service provided to a child/adolescent and his or her family with the goal of either preventing the out-of-home placement or facilitating a successful transition back to the home. This presentation will provide an overview of IHBT, the implementation of IHBT, as well as successes and lessons learned.

49. Population Health: A Significant Component of Healthcare

The emergence of "population health" as a significant component of healthcare reform reflects widespread recognition that factors outside of the healthcare system, such as the social, economic and physical environment, must be addressed in order to improve the health of the overall population. This session will explore population health and the impact related to the behavioral health system.

50. OhioMHAS Peer Recovery Supporter Certification

Mindy Vance, Bureau Chief, Recovery Supports, OhioMHAS

The session will provide participants with an overview of the process OhioMHAS is utilizing as it begins formally certifying Peer Recovery Supporters on July 1, 2016. The session will discuss the basics of certification, the integrated peer supporter training, the application process, recertification, and how to remain a certified peer recovery supporter in good standing.

January 11, 2017 Breakout Sessions

03:00 PM - 04:30 PM

51. Social Media & Behavioral Health Care: The Good, Bad and Ugly

Katie Boland, External Affairs Officer, ADAMHS Board of Cuyahoga County

Tonya Birney, MS, LPC, LICDC, OCPS II, Training Officer, ADAMHS Board of Cuyahoga County

Social Media includes personal and professional platforms such as FaceBook, Twitter, LinkedIn, Instagram and YouTube. The very existence of social media has virtually revolutionized the way we interact with one another personally and professionally. The challenge for behavioral health professionals is how to use social media in a responsible, thoughtful, and informative way. This session will discuss a number of social media concerns pertaining to behavioral health such as, professional boundaries, recruitment, privacy and confidentiality, the integrity accountability and trustworthiness of healthcare professionals, and the line between professional and personal identity.

52. “Why Won’t they Listen?” Engaging People in Discussions about Health-Related Changes

Jeremy Evenden, MSSA, LISW-S, Consultant and Trainer, Center for Evidence-Based Practices

Behavioral health professionals often express frustration when the people they work with are not honest about behavior change, don’t follow through with recommendations, and attend appointments sporadically. Stages of Change and motivational approaches are widely recognized across a broad range of professions as critical components to establishing a trusting relationship and engaging the person as a active participant in the change process. This session will discuss how avoiding common conversational traps that impede a collaborative relationship are key to retaining clients throughout the helping process, which often results in improved outcomes.

53. Building a Collaborative Community for Behavioral Health

Greta Mayer, PHD, President/CEO, MHRB Board of Clark, Greene, and Madison Counties

In response to the loss of two youth to suicide, the Jonathan Alder Local School District formed a community support network (CSN) to maximize partnerships between school, family, and community behavioral health entities. The process began when the Superintendent called a meeting among key community leaders to address the tragedy and to strategize how to move from a reactive response during crises to one that would proactively prevent future occurrences. The CSN was guided by the Community Collaboration Model for School Improvement (CCMSI); a process designed to enhance school-family-community partnerships. This session aims to present the CCMSI framework, as well as overview how collaborative partnerships with local Alcohol, Drug, and Mental Health Boards, local behavioral health agencies, and university partners strengthened service delivery to youth in this rural school district

54. Advancing Difficult Mental Health Conversations with the Aide of Virtual Human Avatars

Yvette W. Jackson, DMin, Executive Director, Ohio Suicide Prevention Foundation

Conversations about mental health and wellness can be challenging but life saving! Do you need a jump start? Attendees will be introduced to five avatar-based technologies for hearing student and veteran stories, addressing stigma, and expressing concern for help and hope.

January 11, 2017 Breakout Sessions

03:00 PM - 04:30 PM

55. A Model Program for Treating Adolescents with Significant Behavioral Concerns: Multisystemic Therapy

Maureen Kishna, LISW-S, MST Expert and Program Developer, Case Western Reserve University

This workshop will describe why communities across Ohio, the nation, and the world are utilizing Multisystemic Therapy (MST) to effectively treat adolescents with complex behavioral problems. Key research regarding the causes of such issues in youth will be reviewed. Participants will become familiar with the most effective treatments for addressing such problems in teenage clients. The rationale for a strength-focused, caregiver-driven approach to treatment will become clear. Participants will learn an MST problem solving tool to conceptualize problems in a multisystemic way. Those who attend this workshop will walk away with a practical intervention that can be used when approaching any complex problem that they face in their practice or in their community as a whole.

56. Trauma-Informed Supervision (repeat)

Julie Lenyk, M.S. Ed., LPCC-S, Director of Recovery Support Services, Meridian HealthCare

Diana Wolf, M.S.Ed., LPCC-S, Senior Director, Adult Outpatient Treatment, Meridian HealthCare

Valerie Prevosnak, MS.Ed., LPCC-S, MAT Program Manager, Meridian Healthcare

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57. Prevention and a Recovery-Oriented System of Care

Tammy Collins, PhD, Director of Prevention & Community Engagement, MHRB of Clark, Greene, and Madison Counties

Philip Atkins, PhD, Executive Director, Mental Health and Recovery Board of Union County

Implementing promising prevention programs and strategies provide opportunities for communities to go "up-stream" and address the risk factors and signs of addiction and mental illness before individuals and families enter into a point of crisis. This session will focus on the promotion of prevention and it's importance alongside the framework of recovery-oriented systems of care for the overall wellness of the community.

58. Self-Care For Individuals In The Behavioral Health Workforce: Journey to Wholeness

Landa C. Harrison, LPC, Founder, L. Harrison Associates Inc.

Christy Ellis-Trolan, JD, LPCC-S, LICDC-CS, M.A.Ed., Lead Instructor, Tiffin University

Working in the behavioral health field is physically and emotionally demanding, and many human service workers struggle to find a healthy balance between the demands of the work and the need to pay some attention to their own well-being. This workshop aims to help workers understand the different types of stress associated with their work, recognize the signs of traumatic stress and job burnout and learn self-care techniques to mitigate vicarious trauma the impact of stress in the workplace. We believe that with the right supports and capabilities people can recover and take the lead in their own journey to wholeness.

Who Should Attend?

Social Workers, Psychologists, Physicians, Nurses, Clinicians, Pharmacists, Attorneys, AOD Professionals, Prevention Professionals, Administrators, Medical Professionals, Peer Supporters, Criminal Justice Professionals, Community Leaders, Coalition Members, Parents, and anyone interested.

Overnight Accommodations

If you require overnight accommodations, a confirmation email will provide you with information on nearby hotels that are close to the event venue. You may also access hotel information here: <https://resweb.passkey.com/go/OACBHA2017>

Cancellation Policy

Cancellations must be made in writing to Todd Hollett at thollett@oacbha.org. A cancellation fee of \$10 will be charged for all cancellations received prior to December 30, 2016. The cancellation deadline for a partial refund is **December 30, 2016**. Cancellations received after December 30th will not be refunded.

OACBHA Member Registration

As a member benefit, OACBHA Members will receive the following:

OACBHA Member Boards will receive **two** complimentary registrations to be used by your staff or Board Members for the 2017 BH Conference. Please follow the instructions sent to you by OACBHA to access the two complimentary registrations.

Continuing Education

Continuing Education credits have been approved for Ohio's 2017 Behavioral Health Conference! Below are the approved hours for the following disciplines:

- Chemical Dependency Counselors – 11.00 RCHs (5 for 1/10, 6 for 1/11)
- Nurses (RN/LPN) – 11.00 Contact Hrs. (5 for 1/10, 6 for 1/11)
- Psychologists – 11.00 MCEs (5 for 1/10, 6 for 1/11)
- Counselors – 11.00 CPEs (5 for 1/10, 6 for 1/11)
- Prevention Professionals – 11.00 RCHs (5 for 1/10, 6 for 1/11)
- Social Workers – 11.00 CPEs (5 for 1/10, 6 for 1/11)
- Peer Supporters – 11.00 CEUs (5 for 1/10, 6 for 1/11)

Contact Us

If you have any questions, please contact:

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Ohio's 2017 Behavioral Health Conference: Moving Forward in Recovery-Oriented Systems of Care

January 10-11, 2017

Hyatt Regency Columbus
350 N. High Street
Columbus, Ohio

Registration deadline: December 30, 2016

Register online at:

www.oacbha.org

Package	Cost
Ohio's 2017 BH Conference - January 10, 2017 Only	\$130
Ohio's 2017 BH Conference - January 11, 2017 Only	\$150
Ohio's 2017 BH Conference - January 10-11, 2017	\$230
Advancing Your Leadership Workshop - January 10-11, 2017	\$330

**For this event, registration will be capped at 1,100 participants.
Register early to ensure your slot at the 2017 Behavioral Health
Conference!**

