

Tracking Expectations at Local Board and Agency Levels to Monitor and Track Transitions between the Child and Adult Public Mental Health Systems

Recommendation: Local mental health boards and providers are encouraged to work together to develop a profile of the youth/young adults in transition in their county. The data elements below can be used to develop this profile. In addition, data collected could support future planning and resource management efforts.

1. Amount of service - tracked by units/dollars spent by age groups, diagnosis, type of service
2. Number of youth/young adults (under age 25) admitted to state mental health hospitals
3. Number of youth/young adults (under age 25) incarcerated (juvenile or adult system)
4. Number of youth/young adults served in the child mental health system, but not served in the adult mental health system. Why (relocation, did they have good outcomes and no longer need mental health services, etc.)?
5. Number of youth/young adults transferring from the child system to adult system and how long are they staying. Define and track their outcomes.
6. Number of youth/young adults that have transitioned into adulthood with some success. Success could be measured by employment, independent housing (or secure), completion of primary education, engagement in secondary education and/or vocational training.
7. Determine method to track the youth/young adult who has successfully graduated out of mental health system
8. Number of youth/young adults accessing non Medicaid services (housing, vocational training, employment, peer mentoring, etc.)
9. Develop relationship with system partners to track/share data on how many youth/young adults in transition are receiving mental health services (DYS, DJFS, BVR). Develop a data sharing agreement.

Available Data Sources Include: Multi-Agency Community Service Information System (MACSIS), Behavioral Health Modules (BH Mod), URIP (Utilization Review of Patient Admits), local Job and Family Services/children's services, Department of Youth Services/juvenile court, Department of Rehabilitation and Corrections/adult court, PCS (Patient Care System), board and agency level data.

Recommendations for use of youth/young adult data:

- Strategic Planning/Guide decisions
- Quality of Care and Utilization Management
- Cost/Benefit and Resource Allocations
- Ongoing Monitoring of Outcomes
- Funding, grants, general assembly advocacy

Sample Data Report: A snapshot of Transition Age Youth Served by Public Mental Health Providers in Ohio in State Fiscal Year 2008:

<http://mentalhealth.ohio.gov/what-we-do/promote/research-and-evaluation/publications/evaluation-reports.shtml>